

Welcome to the Winter 2018 Activity Guide!

We hope you enjoy this winter guide, filled with hundreds of programs, classes, events, leagues, and more to energize you through the winter months. It has been a busy fall. In October, the Howard County Department of Recreation & Parks (HCRP) was officially granted re-accreditation from the National Recreation and Park Association's Commission for Accreditation of Park and Recreation Agencies. First accredited in 2001, this is the fourth time HCRP has received the honor. Also, on October 6, HCRP reopened the Baltimore & Ohio Ellicott City Station Museum (page 10).

Come read about community favorites such as the 45th year running our Holiday Mart (page 13), the Snowflake Ball and Daddy-Daughter Sweetheart dances in January (page 14), or one of our popular egg hunts - including one in our Roger Carter Community Center pool (page 15)!

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Allan H. Kittleman

Want to become the next Ninja Warrior (or try some of the same pieces of equipment, like the spider wall)? Check out our new programs at NinjaBe (pages 80-82). More interested in something with an artist flair? We have drama and art classes for all ages. Enjoy meeting people outside of the office? Come join one of our popular sports leagues. Need a new way to have fun with a loved one? Try our popular ballroom dance classes (pages 52-53).

John Bysl

We hope you have a wonderful holiday season and an active, fun winter.

Allan H. Kittleman Howard County Executive

All H Kur

John R. Byrd

Department of Recreation & Parks Director



Howard County Recreation & Parks (HCRP) is accredited through the Commission for Accreditation of Park and Recreation Agencies (CAPRA).

To achieve accreditation, the Department was required to meet 151 standards encompassing all operations contained in leisure services. These professional standards serve as an aid for improving performance and maintaining quality. They provide park and recreation agencies with an ability to evaluate their operation, while achieving and maintaining a level of efficiency and effectiveness. Howard County Recreation & Parks achieved accreditation in 2001 and re-accreditation in 2006, 2012 and 2017. Howard County Recreation & Parks is one of only 167 accredited agencies in the United States.

CAPRA recognizes park and recreation agencies for excellence in operation and service. Charged with providing high quality services and experiences, park and recreation agencies across the United States turn to CAPRA Accreditation as a credible and efficient means of achieving these goals, while providing assurance to the public that the agency meets national standards of best practice. CAPRA accredits departments and agencies that provide park and recreation programs and services.

HCRP Mission: To responsibly manage natural resources; provide excellent parks, facilities, and recreation opportunities for the community; and ensure the highest quality of life for current and future generations.

HCRP Vision: The Department of Recreation and Parks strives to deliver recreation and leisure opportunities that will improve the health and well-being of the community and to serve as model stewards of the environment by managing, protecting, and conserving our resources for a sustainable future.

HCRP Core Values: • Exceptional Customer Service • Professionalism • Accountability • Knowledgeable, Well-trained Staff • Teamwork • Integrity • Trend Setting

How to Register

Howard County residents may register online beginning December 6 at 6pm and by all other methods beginning December 7. Out-of-County residents may register online beginning December 13 at 6pm and by all other methods beginning December 14. Plan ahead! An online account is required and may take up to 48 hours to approve.

For a complete listing of our policies and procedures, consult the "General Information" section beginning on Page 86. Please let us know if you have any questions or suggestions — we always like to hear from you.

On-line: www.howardcountymd.gov/rap

Phone: 410-313-7275 (voice/relay) (8am-4:30pm, M-F)

Fax: 410-313-4658

Mail-in: Howard County Recreation & Parks Headquarters

7120 Oakland Mills Road, Columbia, MD 21046

(Registration form on page 90.)

Walk-in: Howard County Recreation & Parks Headquarters

7120 Oakland Mills Road, Columbia (8am-4:30pm, M-F)

Gary J. Arthur Community Center

2400 Rte. 97, Cooksville

(7am-8:30pm, M-Sa; 9am-5:30pm, Su)

North Laurel Community Center 9411 Whiskey Bottom Road, Laurel (8am-8pm, M-Sa; 9am-5pm, Su)

Robinson Nature Center 6692 Cedar Lane, Columbia (9am-5pm, W-Sa; Noon-5pm, Su)

Roger Carter Community Center 3000 Milltowne Drive, Ellicott City

(6am-10pm, M-F; 7am-10pm, Sa; 7am-9pm, Su)

See pages 86-87 for inclement weather/program status lines.

If you would like this Guide in a larger font, please contact Susan Potts, 410-313-4628.

Is the class you want full? Put your name on the wait list. We try to open new class sections for filled classes.

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Stay active with an assortment of exciting activities at Ultimate Sports & Games.

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Athletic, Community & Nature Centers

- Visit the front desk or call for information about center programs. You can also register in person for any Howard County Recreation & Parks program.
- Children under 16 years old require adult supervision in the facility.
- Those 12-15 years old require adult (over 18 years old) supervision in the facility, except during the after-school TeenZone.
- Inclement Weather/Program Status Line: 410-313-4452.

To see more photos of the centers and playgrounds, visit **Pinterest** /hocorec.



- The Fit4U Package allows you to use our three community centers' fitness facilities and RCCC pool.
- No enrollment fees.
- · Center membership included!

Pricing for 13-49 yrs

Annual	6 Months	3 Months	Monthly	Drop-In
*\$300 (R)	\$180 (R)	\$105 (R)	\$40 (R)	\$5/visit
*\$360 (NR)	\$225 (NR)	\$135 (NR)	\$50 (NR)	

^{*}Annual membership equates to \$25/\$30 per month.

Youth Fit4U (3-12 yrs)

Children, enjoy having access to the pool, gymnasium and walking track, while accompanied by a chaperone over 18 years old. Chaperone must have a valid membership or pay the drop-in rate.

Annual	6 Months	3 Months	Monthly	Drop-In
\$85 (R)	\$55 (R)	\$35 (R)	\$15 (R)	\$5/visit
\$105 (NR)	\$70 (NR)	\$45 (NR)	\$20 (NR)	

Additional Information

- 13-15 year olds, at all centers, parental supervision is required and you must complete a mandatory orientation.
- Discounted rates available for two or more memberships purchased at the same time.

Benefits

- Access to the fitness & dance/aerobics rooms at (non-class) times.
- Use of the gymnasium during open and "drop-in" programs.
- Use of the swimming pool at RCCC during drop-in swim times.
- Access to the game rooms at GJACC and NLCC.
- Discounted Center activities and events.

 $\label{eq:GJACC} \mbox{GJACC} = \mbox{Gary J. Arthur Community Center} \qquad R = \mbox{Resident} \\ \mbox{NLCC} = \mbox{North Laurel Community Center} \qquad NR = \mbox{Non-Resident} \\ \mbox{Non-Resident} \\$

 ${\sf RCCC} = {\sf Roger\,Carter\,Community\,Center}$





Our GO50+ membership packages are designed to enhance the quality of life for the 50+ adult population that lives, works and plays in Howard County.

Live longer, healthier lives... join today!

50+ Centers Membership

Membership includes access to Gary J. Arthur and N. Laurel Community Centers and all Howard County 50+ Centers.

Amenities: Game Room Areas, Gymnasiums, Walking Tracks, Wellness Programs, and Center drop-in activities

Price: FREE

50+ Fitness Membership

Membership includes access to Gary J. Arthur, N. Laurel and Roger Carter Community Centers and all Howard County 50+ Centers.

Amenities: All 50+ Center Benefits, Fitness Rooms, Dance/ Aerobics Studio*

Price: Resident, \$75 per year. Nonresident, \$100 per year.

50+ Pool Membership

Membership includes access to Gary J. Arthur, N. Laurel and Roger Carter Community Centers and all Howard County 50+ Centers.

Amenities: All 50+ Fitness Benefits, Pool Access During Drop-in Swim Hours

Price: Resident, \$175 per year. Nonresident, \$225 per year.

* Dance/Aerobics Studio not available at Ellicott City 50+ Center.

Community Center Membership

All patrons entering the facility must have a center membership or pay the daily admission rate, unless they are a participant in a Recreation & Parks program. The center membership gives you access to the three community centers (does not include the fitness room).

Annual (3 yrs+) \$25 / \$50 (Nonresident)

Card Replacement Fee \$10 Daily Center Pass \$5

Drop-In Fun

Children 15 years and under require adult supervision in the facility. Children 12-15 years old require adult supervision in the facility, except during after-school TeenZone program (Center Membership required). For info and to confirm time, call 410-313-0390 (N. Laurel), 410-313-4840 (Gary J. Arthur) or 410-313-2764 (Roger Carter).

Basketball (Family, 16 yrs + & 50 yrs +)

Join other athletes of all ability levels. Games are self-officiated.

Family	Roger Carter Comm Ctr	8-10pm	M
Family	Roger Carter Comm Ctr	7-9am	Su
16 yrs +	Gary J Arthur Comm Ctr ₁	7-9pm	M
16 yrs +	N Laurel Comm Ctr	6-7pm	Tu
16 yrs +	Roger Carter Comm Ctr	8-10pm	M
16 yrs +	Roger Carter Comm Ctr	7-10pm	Sa
50 yrs +	Gary J Arthur Comm Ctr 1.2	9-11am	M,W,F
50 yrs +	N Laurel Comm Ctr	10am-noon	M,W

1 No full-court games at Gary J Arthur Comm Ctr 2 An Office of Aging and Independence program

Billiards (18 yrs +)

Rack'em up and come play some pool!
Gary J Arthur Comm Ctr 10am-2pm Tu
N Laurel Comm Ctr 10am-2pm Tu

Friday Family Fun Night (Family, All Ages)

It's an open gym for the whole family. Basketball hoops can be lowered for our youngest members. No full court games, so there is space for fun for all.

Gary J Arthur Comm Ctr 5:30-7pm F

Lil' Rascals Recess

Bring your little one indoors to play with a variety of sports equipment, push toys, hula hoops, tunnels, and other gross motor skill activities.

Gary J Arthur Comm Ctr	11am-1pm	Th	Nov-Apr
Gary J Arthur Comm Ctr	10am-noon	Th	May-Oct
N Laurel Comm Ctr	9:30-11:30am	Tu	Sep-May

MAC Pre-K Drop-In Play Page 78

Meadowbrook Ath Comp 9:30am-noon M,W,F

Pickleball (16 yrs +)

Learn and practice your pickleball skills. This sport is fun and combines elements of tennis, badminton and ping pong.

50 yrs +	Gary J Arthur Comm Ctr ,	11am-2pm	Tu, Th	
16 yrs +	N Laurel Comm Ctr	9am-noon	W, F	
2 An Office of Aging and Independence program				

Ping Pong (16 yrs +)

Are you a menace at table tennis?

The you a memace at to	bic terring.		
N Laurel Comm Ctr	All Ages	6-8:30pm	W,Th
N Laurel Comm Ctr	All Ages	Noon-4pm	Sa
Roger Carter Comm Ctr	10-16 yrs	2:30-5:30pm	W,F
	50 yrs +	2:30-3:30pm	Tu
	Family	7-10pm	F

Swimming at Roger Carter Comm Ctr

Full schedule: www.howardcountymd.gov/RCCC

Visit Roger Carter's pool to participate in lap swimming in one of our six lap lanes, open swim, or pre-k swim.

TeenZone

Shoot hoops, play billiards, ping pong, and games, or just hang out!

 Gary J Arthur Comm Ctr
 2:30-5:30pm
 M-F
 12-15 yrs

 N Laurel Comm Ctr
 2:30-5:30pm
 M-F
 12-15 yrs

 Roger Carter Comm Ctr
 2:30-5:pm
 M-F
 11-16 yrs

Volleyball (Family & 16 yrs +)

Join other athletes of various ability levels. Games are self-officiated.

Family	Roger Carter Comm Ctr	7-10pm	W
Family	Roger Carter Comm Ctr	5-7pm	Sa
Family	Roger Carter Comm Ctr	7-9am	Su
16 yrs +	Gary J Arthur Comm Ctr	7-9pm	W
16 yrs +	N Laurel Comm Ctr	5:30-7pm	Th
16 yrs +	Roger Carter Comm Ctr	7-10pm	W
16 yrs +	Roger Carter Comm Ctr	5-7pm	Sa



Celebrate your Birthday with Howard County!

BIRTHDAY MAGIC IS CREATED WHEN YOU HOLD YOUR PARTY
AT A HOWARD COUNTY FACILITY OR PAVILION.
GREAT LOCATIONS! UNFORGETTABLE FUN!

Adventure & Outdoors	410-313-1754
GARY J. ARTHUR COMMUNITY CENTER	410-313-4840
HERITAGE PROGRAMS	410-313-0419
Meadowbrook Athletic Complex	410-313-1163
North Laurel Community Center	410-313-0390
Pavilions in the Parks	410-313-4682
Robinson Nature Center	410-313-0400
Roger Carter Community Center	410-313-2764





2400 Rte 97, Cooksville, MD 21723 Registration: 410-313-4840 Hours: 7am-9pm, M-Sa; 9am-6pm, Su Closed: Nov 23-24, Dec 25, Jan 1 Closing at 5pm: Dec 24, Dec 31 www.howardcountymd.gov/GJACC





9411 Whiskey Bottom Rd, Laurel, MD 20723 Registration: 410-313-0390 Hours: 8am-9pm, M-Sa; 9am-6pm, Su Closed: Nov 23-24, Dec 25, Jan 1 Closing at 5pm: Dec 24, Dec 31 www.howardcountymd.gov/NLCC





3000 Milltowne Drive, Ellicott City, MD 21043 Information/Rentals/Reservations: 410-313-2764 Hours: 6am-10pm, M-F; 7am-10pm, Sa; 7am-9pm, Su Closed: Nov 23 & 24, Dec 25, Jan 1 Closing at 5pm: Dec 24 & 31 www.howardcountymd.gov/RCCC



3300 Norbert's Way, Ellicott City, MD 21042

Info: 410-313-2636 Reservations: 410-313-2637

Center Hours: 8am-5pm, M-Th; 8am-4pm, F

Perfect for meetings, trainings & larger events with a banquet capacity of 200 people. Room dividers can partition the facility into three areas.





5001 Meadowbrook Lane, Ellicott City, MD 21043

Info: 410-313-1161

Facility Rental: 410-313-1163 Recorded Info: 410-313-4452

Inclement Weather/Facility Status: 410-313-4452

Gym Hours: 410-313-4452 www.howardcountymd.gov/MAC

The Meadowbrook Athletic Complex (the MAC) is a destination for indoor basketball, volleyball, field hockey, badminton, jump rope and much more! The facility houses 35,000 square feet of unobstructed gymnasium space designed to serve all ages and levels of play.

MAC Early Risers Walking Package

For one low, annual fee, you can use the walking track from 7-9am, M-F. Info: Matthew Knoerlein, 410-313-1163.

Adults & Youth: \$25

Get Active Package

For one low fee, this membership gives you access to open gym hours at the Meadowbrook Athletic Complex (MAC) and select school gyms (for adults). Info: Matthew Knoerlein, 410-313-1163.

Winter(Jan-Mar)

Adults: \$59, season; \$25, month

*Also includes select local school gym drop-in basketball and volleyball.

Youth: \$25, season; \$10, month





6692 Cedar Lane, Columbia, MD 21044 Info: 410-313-0400 Facility Rental: 410-313-0400 Center Hours: 9am-5pm, W-Sa; Noon-5pm, Su

Closed: Mondays, Tuesdays, Nov 23-24, 2017 & Apr 1, Jul 4, Nov 22-23, 2018 www.howardcountymd.gov/RobinsonNatureCenter

This unique nature center features interactive exhibits, trails, an auditorium, classrooms/meeting rooms, the children's Discovery Room, an outdoor "Nature Place" play area, and the NatureSphere (a state-of-the-art digital planetarium). The nature center offers public programs, field trips, birthday parties, scout programs, LEED tours, room rentals and volunteer opportunities.

Daily General Admission

Adults: \$5

Children (3-17 yrs): \$3 Children (under 3 yrs): Free

Annual and Lifetime Passes

Annual and lifetime pass holders are entitled to complimentary general admission to the nature center, use of its trails, 10% discount in the gift shop, and discounted admission to certain programs. Annual passes expire one year from the date of purchase.

Senior (50 yrs +): \$20 / \$40 (Nonresident)
Student (with valid school ID): \$20 / \$40 (Nonresident)
Individual: \$25 / \$50 (Nonresident)
Family: \$50 / \$100 (Nonresident)
(Family pass includes members of the immediate household.)

Friends of Robinson Nature Center Memberships

Includes an annual pass to the nature center as well as friends-only benefits. Patron, Supporter, Sustainer and Lifetime passes include some complimentary NatureSphere tickets and guest passes. Please call 410-313-0400 for details.

Patron: \$175 Supporter: \$250 Sustainer: \$500 Lifetime: \$1,000

Field Trips

We offer year-round field trip programming for all ages. Programs may be booked Wednesday-Sunday during our hours of operation. Field trips last between 1½ and 3 hours and range between \$9 and \$15 per participant.

Rentals

Robinson has two classroom spaces, an auditorium, an outdoor patio space and the NatureSphere planetarium for birthday parties, meetings and special events. Wedding packages are available. Applicants must be at least 21 years.



Pavilions are perfect for birthdays, family outings, and more.

Pavilion & Facility Rentals

Information/Reservations:

410-313-4682 or www.howardcountymd.gov/pavilions

*For North Laurel Park Pavilion: 410-313-0390

Park/Pavilion Name	Fee (resident/non-resident)
Alpha Ridge Park Pavilion 1 & 2	\$170 / \$203
Centennial Park Pavilion A, B & C	\$165 / \$198
Centennial Park Pavilion D	\$396 / \$429
Centennial Park Pavilion E, F & G	\$165 / \$198
Centennial Park Pavilion H	\$990 / \$1,023
Centennial Park Pavilion 0	\$170 / \$203
Cedar Lane Park East Pavilion	\$352 / \$385
Cedar Lane Park West Pavilion	\$440 / \$473
Guilford Park Pavilion	\$170 / \$203
Hammond Park Pavilion	\$170 / \$203
High Ridge Park Pavilion	\$330 / \$363
Meadowbrook Park Hawksview Pavilion	\$385 / \$418
*North Laurel Park Pavilion	\$330 / \$363
Rockburn Branch Park Pavilion	\$247 / \$280
Savage Park Pavilion	\$363 / \$396
Waterloo Park Large Pavilion	\$170 / \$203
Waterloo Park Small Pavilion	\$143 / \$176
Western Regional Park Pavilion 1	\$220 / \$253
Western Regional Park Pavilion 2 & 3	\$170 / \$203
Western Regional Park Pavilion 4 & 5	\$385 / \$418

Ellicott City Colored School, Restored: 410-313-0420 Gary J. Arthur Community Center: 410-313-4840 North Laurel Community Center: 410-313-0390 Patapsco Female Institute Historic Park: 410-313-0420 Pfeiffer's Corner Schoolhouse: 410-313-0420 Robinson Nature Center: 410-313-0400 Roger Carter Community Center: 410-313-2765 Schooley Mill Activity & Conference Rooms: 410-313-4682 Waverly Mansion: 410-437-5711

Historic Howard County Sites

- Howard County Recreation & Parks Heritage staff offer a variety of educational programs, special events and tours at historic buildings and parks. Some historic sites are available for rent to hold meetings, social occasions and art performances.
- For more information about these sites, visit www.howardcountymd.gov/HistoricalSites.
- To see more photos, visit **Pinterest** /hocorec

Baltimore & Ohio Ellicott City Station Museum

A National Historic Landmark, the museum is the oldest surviving railroad station in the United States. Erected in 1830-31, the station served as the terminus of the railroad's original 13-mile section of track. In service until 1972, the station is now a living history museum offering programs and exhibits that explore the development of transportation in America and the station's role in historical events of the 19th and 20th centuries. Free admission, open Wednesday & Thursday, 10am-2pm; Friday & Saturday, 10am-7pm; and Sunday, noon-5pm. Info: 410-313-1945.

(intersection of Main Street & Maryland Avenue in the Historic District)

Belmont Manor & Historic Park

This pristine setting is one of Howard County's most beautiful sites. This 68-acre natural setting incudes an 18th century manor, historic outbuildings, a cemetery, aqua garden, carriage house, and original barn. Belmont Manor is a great venue for weddings, special events, fund raisers, and meetings. Event rentals include the use of the Manor House, tent, gardens, and grounds. Rental tours are held multiple times each month.

Info: 410-313-0200 or www.belmontmanormd.org. 6555 Belmont Woods Road, Elkridge, MD 21075

Blandair Farm

Blandair takes its name from Theodorick Bland, a colorful figure in early Maryland politics. He served as Chancellor of Maryland from 1824 until his death in 1846. While the property was farmed as early as 1798, most of the existing buildings date from the mid-19th century, and include a granary, a springhouse, some tenant houses and the brick main house. Howard County purchased the property in 1998 and plans to develop the site as a regional park. While public access to Blandair is limited during restoration, occasional heritage programs are held there. The farm was also the site of the 2003 International Preservation Trade Conference.

6651 Route 175, Columbia, MD 21044

Bollman Truss Bridge

The Bollman Truss Bridge is the only known remaining example of the revolutionary all-iron truss system patented by Baltimore engineer Wendell Bollman in the mid-19th century. Constructed in 1869, the bridge was moved to its current site in 1888 and was in use until 1915. Designated a National Historic Landmark in 2000, it is now utilized as a pedestrian bridge connecting Historic Savage Mill with the Mill Trail, a walk linking old mill sites along the Patuxent River.

8650 Foundry Street, Savage, MD 20763



The Baltimore & Ohio Ellicott City Station Museum is now under Recreation & Parks management. Visit the museum for free!

Ellicott City Colored School, Restored

This one-room schoolhouse was constructed in 1880 as the first school built with County funds for African-American children in Howard County. In use as a school until 1953, the building was re-purchased by the County in 1995 and restored with the assistance of private and public funding. The building is set up like a rural classroom of the early twentieth century and houses rotating exhibits about local African-American families who contributed to the history of the area. Tours are offered on Saturdays and Sundays from 1-4pm from May through December. Private and group tours are available year round, weather permitting. Info: 410-313-0420.

Firehouse Museum

Located in the County's first firehouse, the Firehouse Museum houses a wide array of fire apparatus, model toys and an impressive visual history of Howard County's Volunteer Fire Department. The firehouse was constructed by volunteers in 1889. Open Saturday and Sunday from 1-4pm, May through December. Private and group tours are available year-round, weather permitting. Info: 410-313-0420.

3829 Church Road, Ellicott City, MD 21043.

Howard District Original Courthouse

The first courthouse in what was then the Howard District of Anne Arundel County (1840-1842) heard cases twice a year, some challenging the institution of slavery. View a new exhibit about a few of these cases heard in this building and their outcomes. As a result of this history, the site was recognized on the National Park Service's National Underground Railroad Network to Freedom. Rotating exhibits about the African American community are also shown Open year round, every day from 11am-4pm for self-quided tours.

Patapsco Female Institute Historic Park

The Patapsco Female Institute was a refined academy for young women from 1837-1891. It went beyond the scope of a finishing school with a rigorous curriculum including math and science, a rarity for girls in the Victorian Era. The building lived many successive lives including a hotel, summer

theatre, nursing home and private residence before a period of vacancy that led to its deterioration. Today, the stabilized ruins of the Greek Revival structure are open for tours and serve as a captivating setting for special events, weddings, birthday parties, camps and open-air theatre. Tours offered on most Saturdays and Sundays from 1-4pm, May through November. Private and group tours are available year-round, weather permitting. Info/Rental Inquiries: 410-313-0420.

3655 Church Road, Ellicott City, MD 21043

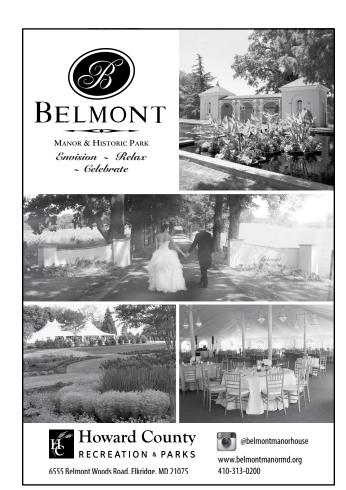
Pfeiffer's Corner Schoolhouse

Originally constructed about 1883, the Pfeiffer's Corner Schoolhouse is one of the very few remaining one-room schools in Howard County. Restoration is now complete. Children were educated within its walls for over 50 years until it was converted into a residence in the 1940s. In 2003, it was moved to Rockburn Branch Park where it illustrates the changes over a 100-year time span of our schools, serves as a historic exhibit and provides space for demonstration classes, interpretive tours and small meetings. Info: 410-313-0420.

6109 Rockburn Branch Park Road, Elkridge, MD 21227

Thomas Isaac Log Cabin

Named after its late 19th century owner, this rustic structure was built circa 1780 as a settler's home of Ellicott Mills. The cabin was reconstructed on the present site in the late 20th Century. Here, visitors can learn about the settlement and development of the region and artisans. Open Saturdays and Sundays, 1-4pm, May through December. Private and group tours are available year-round, weather permitting. Info: 410-313-0420. 8394 Main Street, Ellicott City, MD 21043.





Knit and crochet the 2nd and 4th Wednesday each month at the Community Knitting & Crocheting Group.



Volunteer Opportunities

The mission of the volunteer program is to enhance the programs and services of the Recreation & Parks Department with additional resources while providing an opportunity for the citizens of Howard County to contribute to their community. Volunteer opportunities are available in many areas including preschool and youth programs, sports, senior adult programs, natural resources, outdoor recreation, and special events. To volunteer with Howard County Recreation & Parks, you must meet the following requirements:

- Be at least 18 years old or 13-17 years old with parental consent:
- Complete the Volunteer Application;
- Be a good role model with a positive attitude; and
- If 18 or over, complete a Background Release Form, if required for the position.

To sign up for a volunteer opportunity or to find out what volunteer events are coming: www.hocovolunteer.org. Info: Shawnté Berry, 410-313-4624 or sberry@howardcountymd.gov.

Community Knitting & Crocheting Group

Knit or crochet cozy scarves, snuggly blankets and warm hats for a variety of community service projects. This non-instructional gathering of volunteers meets twice a month. All skill levels welcome. "Acrylic yarn" donations gladly accepted. Please, no wool or cotton. Preregistration required. Info: Linda DiPanfilo, 410-313-4704 or Idipanfilo@howardcountymd.gov.

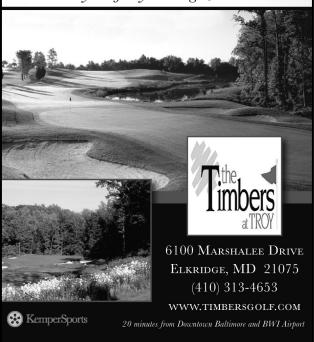
55 yrs + 2nd and 4th Wed of the month

RP3070.601 Kiwanis-Wallas Hall 1-3pm W Free



Rated 4-Stars Best Places to Play by Golf Digest.

Top 100 Must Play Courses of the Mid-Atlantic
by Golf Styles Magazine.





via social media

» Browse current volunteer opportunities

» Sign up easily for opportunities

» Create and monitor your own volunteer profile

» Share volunteer opportunities with your friends

» Access your volunteer commitments anytime, anywhere!



Ring in the holiday season with festivities and a tree lighting at the 3rd annual Christmas in the Park.

Activities for Everyone

Special Events & Family Activities

December

Holiday Train Garden

Enjoy holiday fun provided by train enthusiast Dennis Moore. The layout features four continuously operating trains through an 8'x8' scenic garden. Visitors of all ages delight in the buttons to activate accessories or sounds. Train garden open during center hours. Info: 410-313-4840.

All ages Gary J. Arthur Comm Ctr Nov 19-Jan 14 Free

Midnight Madness at the Historic Sites Dec 1 Page 22

Santa's Workshop at the Thomas Isaac Log Cabin Dec 1 Page 23

Santa Arrives at the Thomas Isaac Log Cabin
Dec 2 Page 23

Holiday Mart flickr

Join us for the 45th year. Find seasonal gifts and merchandise created by 140 juried artisans. Enjoy horse-drawn carriage rides, door prizes, Santa, and a children's craft corner. Shoppers know this is the place to find unique hand-crafted items and home décor. You're sure to find something for everyone on your list! Hot and cold beverages, lunch and snacks available for purchase. Coat and package check also available. Info: 410-313-4840.

All ages \$5, ages 5+; Free, 4 yrs & under Vendors were juried in advance Gary J. Arthur Comm Ctr Dec 2 10am-5pm Sa

Belmont Manor & Historic Park Open Houses

This unique site is not usually open to the public, so come and explore the pristine setting of one of Howard County's most beautiful sites. Belmont Manor's 68-acre natural setting includes an 18th century manor, historic outbuildings, a cemetery, aqua garden, carriage house, and original barn. Enjoy a self-guided walk through the house and a stroll through the gardens. (December open house is decorated for the season.) Info: 410-313-0420 All ages Belmont Manor & Historic Park Dec 3 1-5pm Su Free

Christmas in the Park flickr

Kick off the holiday season with Howard County's Tree Lighting ceremony! Enjoy an evening of caroling and light refreshments, topped off by our magical tree lighting. Visit www.howardcountymd.gov/christmasinthepark for details. Info: 410-313-7275.

All ages Centennial Pk South Dec 5 6-7:30pm Free

NEW! Holiday Decorating Workshops

Design and create your own holiday decorations this year out of sustainably-harvested evergreens and other natural materials. Workshops not only teach participants how to create decorations, but are social celebrations of the season with cider, music and light snacks. Come with a friend or family members! Morning and afternoon workshops are offered. Catered lunch option available. Sign up for the full day, or feel free to attend just one session. As materials must be harvested in advance and seating is limited, **you must register by December 1 to participate**. Info: 410-313-0400.

12 yrs + Robinson Nature Ctr

Holiday Centerpiece

Using a variety of freshly-harvested evergreens, create a beautiful oasis centerpiece adorned with natural materials for your table or mantle. Price is per centerpiece (not per person).

RP4861.501 Dec 9 10am-noon Sa \$45 RP4861.502 Dec 9 1-3pm Sa \$45

Festive Holiday Display on Wood

Paint a festive holiday display on natural wood pieces. This accent piece — featuring your choice of snowmen, reindeer or Santa — is perfect for both indoor and outdoor display! Price is per display (not per person).

RP4861.521 Dec 9 10am-noon Sa \$30

Catered Lunch and Optional Nature Walk

Make a day out of it! Enjoy a catered lunch featuring a baked potato bar with all the fixin's, salad and dessert. For those who want a chance to stretch their legs, a short, after-lunch guided nature walk along the trails is included. Price is per person.

RP4861.531 Dec 9 Noon-1pm Sa \$15

Wreath-Making

Create your own 12-inch wreath using freshly-harvested evergreens for your front door! Price is per wreath (not per person).

RP4861.541 Dec 9 1-3pm Sa \$40

Deer Santa

Santa's reindeer have many skills. Delight in an afternoon of "Reindeer games" that test your skills against those of our four-legged friends in this family-friendly, self-guided adventure. Create holiday crafts, enjoy festive snacks, join us for an optional guided winter walk in the woods, and get a photo with Santa! All adults and children over the age of 1 year must be registered to participate. No online registration. Registration/Info: www.howardcountymd.gov/DeerSanta or 410-313-0400.

All ages \$15, child (over 1 year); \$7, adult; Free, under 1 year \$2 off each individual's registration for Robinson Nature Center members. RP4871.501 Robinson Nature Ctr Dec 10 Noon-4pm Su

"Love the different activities each year. Very fun, REALLY enjoyed."

Holiday Afternoon Tea

Belmont Manor's halls are decked with holiday decor. Enjoy Afternoon Tea during this festive season. Your taste buds are tempted with a bottomless pot of tea, a Manor scone served with clotted cream and jam, tea savories and a delectable assortment of desserts. After taking tea, we invite you on a self-guided tour. Pre-registration is required. Seating is communal. We suggest you arrive promptly at 2pm so you can save seats together for your entire party. Info: 410-313-0200.

12 yrs + Belmont Manor & Historic Park RP9900.501 Dec 10 2-4:30pm Su \$40



Put on your dancing shoes and enjoy a special night out with your little girl at a Daddy Daughter dance.

January

Snowflake Ball for Dads & Daughters flickr

Shake, rock and roll the winter blues away. Dads (or special adult) and daughters, enjoy refreshments, live DJ, dancing, games, crafts, and ice cream sundae bar. Fee includes a professional photo of each couple to take home. Preregistration required. Registration/Info: Christine Lyons, 410-313-4843; GJACC front desk, 410-313-4840.

 4-12 yrs
 \$40, center members (1 child & 1 adult);
 \$16 for additional daughter

 \$50, nonmembers (1 child & 1 adult);
 \$20 for additional daughter

 RP4165.601
 Gary J Arthur Comm Ctr
 Jan 6
 5:30-7:30pm
 Sa

Daddy-Daughter Sweetheart Dance flickr

Escort your princess to a memorable evening of dancing and fun. Dad (or special adult) and your little sweetheart, enjoy dancing with a live DJ, light refreshments, crafts, a souvenir photo, and an ice cream sundae bar. Register early, event sells out fast. Inclement weather date is January 27. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

Roger Carter Community Center \$45 for 1 child & 1 adult;

\$25 for additional daughter

RP1029.601 4-6 yrs Jan 20 4-6pm Sa \$45 RP1029.602 7-11 yrs Jan 20 7-9pm Sa \$45

Frozen Fest

Robinson puts the "cool" in winter with this fun, family-oriented festival. If you and your family have cabin fever, come explore our "Snowball Ally" and all things frozen through fun experiments. Enjoy an ice cream sandwich bar and see an ice-sculpting demo. Create tracks in the snow, and take guided winter hikes along the trails. Check out the cold-blooded creatures that live at the nature center through live animal presentations. Get cozy while watching a movie in the NatureSphere full-dome theater. Meet "frozen" costumed-characters courtesy of the Drama Learning Ctr. Make a fun, winter craft to take home and chase the winter blues away. Preregister to secure your family's spot. (Inclement weather date is January 28.)

All ages \$7, annual pass holder; \$10, nonmember; Free, 0-3 yrs
RP4828.601 Robinson Nature Ctr Jan 21 Noon-4:30pm Su

GJACC Indoor Track 5k

Come in from the cold for a 5K indoors on our 3-lane indoor track. Lanes open from 7:30-10:30am. Last runner must start before 10am. Times are posted on the web. Receive a t-shirt upon check-in. Register three or more people in a group for a 30% discount (use promo code "All In.") Info: Sara Schwab, 410-313-4842.

<u>5 yrs + \$15, center member; \$20 nonmember</u> RP4132.601 Gary J Arthur Comm Ctr Jan 21 7:30-10:30am Su

Afternoon Tea at Belmont Manor Jan 27 Page 23

February

Mommy-Son Valentine's Dance

Make your Valentine's day one to remember! Mothers (or special adults) and sons are invited to an evening jam-packed with fun to include refreshments, live DJ, dancing, games, crafts, a souvenir photo and ice cream sundae bar. Inclement weather date is February 17. Preregistration is required. Registration/Info: 410-313-0390.

3-12 yrs \$40, center members (1 child & 1 adult); \$20 for additional daughter

\$50, nonmembers (1 child & 1 adult); \$25 for additional daughter

RP4401.601 N Laurel Comm Ctr Feb 3 5:30-7:30pm Sa

Afternoon Tea at Belmont Manor

Feb 10, Feb 24 Page 23

Valentine's Day Truffle-Making & Wine-Tasting

Join us for a unique experience at the Robinson Nature Center just in time for Valentine's Day! Celebrate early with a friend or your sweetheart, or come to learn the art of hand-rolling delectable chocolate truffles while discovering more about the plant from which chocolate is made. Enjoy tastings from local winery, Linganore Vineyards, and learn about the sustainable practices used in their business. Each person samples 6 wines and leaves with eight hand-rolled truffles. Special thanks to our partner, Whole Foods, for its help making this event a success.

21 yrs +

 RP4847.601
 Robinson Nature Ctr
 Feb 10
 1-3pm
 Sa
 \$27

 RP4847.602
 Robinson Nature Ctr
 Feb 10
 4-6pm
 Sa
 \$27

I loved experiencing new things with friends. Excellent demonstrations!

Calling All Crafters: Crafter Jurying

You're invited to participate in the jurying process for Holiday Mart 2018. Submit 4 professional photographs of your work (no Polaroid). Images must represent your original, handcrafted art/craft items and display. Selection is based on uniqueness, originality, quality, display, and popularity. Fee is non-refundable. Applications: howardcountymd.gov/holidaymart. Info: Christine Lyons, 410-313-4843, or GJACC front desk, 410-313-4840.

Holiday Mart application deadline Feb 9, 2018 \$20

Victorian For a Day Feb 19, 25, Mar 4, 18 Page 22

NEW! Saturday Night Out

Don't decide between a show, getting dessert or going on a hike for your Saturday night plans. Join us for all three at the Robinson Nature Center! Back by popular demand, Baltimore Improv group performs live — this time, inspired by outer space oddities. Take a guided night hike under winter constellations and warm up with a cozy planetarium show. Enjoy a gourmet s'more bar and hot cider. Buy your tickets early for pre-sale pricing. Space is limited, preregister to secure your spot. (Inclement weather date: March 10.) 18 yrs + Robinson Nature Ctr

RP4874.621 Feb 24 8-10pm Sa \$29, pre-sale; \$35, after Feb 21



Don't miss the 4th annual Kid's Fest for games, sports, crafts, moon bounce, and an egg hunt!

March

Afternoon Tea at Belmont Manor

Mar 10, Mar 24 Page 23

Pool Egg Hunt

Celebrate spring by hunting for eggs in our 25-meter pool. Plastic eggs are filled with surprises, no food or candy and float in the pool. All children must be accompanied by an adult in the water. Bring your own basket! The hunt promptly begins 15 minutes after event start time. Preregistration is required; space is limited. Registration/Info: 410-313-2764.

2-10 yrs Roger Carter Comm Ctr

RP5400.601 Member Mar 10 Noon-1:30pm Sa \$10 RP5400.602 Nonmember Mar 10 Noon-1:30pm Sa \$12

NEW! A to Z Nature Trail Opening

Come join us as we cut the ribbon on our new A to Z nature trail. The trail was created to honor the legacy of Anne Robinson, who loved both reading and the outdoors. This is a collaboration between Robinson Nature Center, the Howard County Library System, community members, and the HCRP's Recreational Licensed Childcare. The trail contains artwork inspired by 26 stories. The books are available to check out through the library. Additional artwork submitted for the trail will be on display in the Nature Center's lobby. Thanks to WR Grace and the Robinson Foundation for their sponsorship of the trail and the event.

All ages Robinson Nature Ctr

RP4828.601 Mar 14 1pm W Free

Columbia Baseball & Softball Fest

Come prepare for the spring season at this 5th annual Fest! The exciting event features a visit from the Oriole Bird, free player clinic, equipment sales, and on-site program registration. Bring a glove; all other equipment is provided. Info: Brian Wyman, bwyman@howardcountymd.gov. 4-14 yrs

RP5990.703 Long Reach High Mar 17 11am-1pm Sa Free

Public Star Parties

Come enjoy the night sky through telescopes set up by The Howard Astronomical League (HAL). At this relaxed, casual, family event, view live images on a big screen as seen through the Watson Telescope in HAL's new observatory. Info/weather updates: www.howardastro.org or 410-313-4372. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

All ages Classes: 1

RP0830.601 Alpha Ridge Park Mar 24 Dusk Sa Free

Spring Egg Hunt at GJACC **flick**r

Celebrate spring and quality family time! Bring your basket to collect eggs and enjoy prizes, refreshments, games, and craft time. Don't forget your camera for a visit with the Easter Bunny. The hunt promptly begins 15 minutes after event start time. Preregistration is required; space is limited. If there is inclement weather, the event will be held indoors.

2-10 yrs \$10, center members; \$15, nonmembers

RP4163.701 Gary J Arthur Comm Ctr Mar 24 10-11:30am Sa

Spring Eggstravaganza for Tots

Hop on down for a tot-friendly adventure through indoor exhibits and paved portions of the trail (weather-permitting). Together, your family enjoys self-guided activities that include spring-themed crafts, music, and a miniature egg hunt. Meet and learn about some amazing bunnies (available for adoption) with the rescue organization Friends of Rabbits! To help ease parking congestion and crowding, we ask that families preregister for one of the following program times and arrive promptly. Program lasts approximately an hour. All adults and children (1 yrs +) must register. No online registration, call 410-313-0400 or register in person at the center.

<u> 1 yrs + Ro</u>	binson Nature Ctr	<u> Mar 25 Su \$6</u>	
RP4858.701	9:30-10:30am	RP4858.707	10:30-11:30am
RP4858.702	9:40-10:40am	RP4858.708	10:40-11:40am
RP4858.703	9:50-10:50am	RP4858.709	10:50-11:50am
RP4858.704	10-11am	RP4858.710	11-noon
RP4858.705	10:10-11:10am	RP4858.711	11:10am-12:10pm
RP4858.706	10:20-11:20am		

Kid's Fest

Have a blast with the entire family at the 4th annual Kid's Fest. Sports instruction, games, activities, arts and crafts, food, and much more await. Preregistration encouraged but not required. For additional information, please visit our website at www.howardcountymd.gov/kidsfest. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov. 2-12 yrs

RP5905.701 Meadowbrook Park Mar 31 11am-2pm Sa \$10

Save the Date

Afternoon Tea at Belmont Manor Apr 7 Page 23

Earth Day

Please join us for an Earth Day reforestation project. Plant, mulch and shelter native trees! All ages welcome. Tools and instruction provided by Natural Resources staff. Volunteers under 16 must be accompanied by parent/guardian. Register by April 14. Info: Linda DiPanfilo, 410-313-4704 or ldipanfilo@howardcountymd.gov. To register, visit www.hocovolunteer.org. All ages Free

Location TBD Apr 21 9AM-noon Sa Free

Spring Outdoor Flea Market at GJACC

Get started on your spring cleaning! Clean out those basements, closets, and garages and haul it down to the Gary J. Arthur Community Center for a fun day of selling and buying. Space available on a first-come, first-served basis. Reservations required in advance. Info: 410-313-4840.

18 yrs+ \$20 per space; \$10 for 6' table; Free for shoppers

RP4141.301 Gary J Arthur Comm Ctr May 5 9am-noon Sa

National Road Yard Sale at Roger Carter

This is the area's longest continuous sale (from downtown Baltimore to St. Louis). Reserve a space by May 26. Registration/Info: Montrez Brown, 410-313-2764 or mjbrown@howardcountymd.gov.

<u> 18 yrs + Classes: 1</u>

RP5400.603 Roger Carter Comm Ctr Jun 2 9am-noon Sa \$15



- All children under 18 must be accompanied by an adult.
- Info: Tracy Adkins, 410-313-7279 or tadkins@howardcountymd.gov.

December

The Lion King at the Hippodrome

Disney presents a musical that brings the much-loved 1994 animated film to life with breath-taking effects, spirit and power, inviting you to explore the African Serengeti and join Simba on the adventure of a lifetime as he grows up and accepts his destiny as the King of the Pride Lands. Tickets go fast!

6 yrs + Long Gate Park & Ride or Bain Ctr

RP4502.501 Dec 3 11:30am-5pm Su \$155

A Beautiful Holiday at Ladew Topiary Gardens

Visit the beautifully-decorated Ladew Topiary Gardens Manor House while it is inspired by the magic of the season. Enjoy a delightful lunch on your own at the Manor House Café. Enjoy their shop that includes stunning, holiday arrangements and handmade decorations. This trip involves a moderate amount of walking.

<u>18 yrs + Long Gate Park & Ride or Bain Ctr</u> RP4520.501 Dec 8 10am-5pm F \$65

A Christmas Carol at Ford's Theater

Visit historic and beautiful Ford's Theater! Join the ghosts of Christmas Past, Present and Future as they lead the miserly Scrooge on a journey of transformation and redemption. This music-infused production captures the magic and joy of Dickens's Yuletide classic.

<u>6 yrs + Long Gate Park & Ride or Bain Ctr</u> RP4513.501 Dec 9 10:30am-4pm Sa \$100

Mrs. K's and the Mormon Temple Visitor's Center

Celebrate the holidays at Mrs. K's Tollhouse Restaurant for over-the-top decorations and a delicious meal! After dining, re-board the bus for the trip to the Mormon Temple Visitor's Center in Kensington, MD. Enjoy a musical presentation, Christmas items from around the world and the gorgeous display of over 450,000 lights! Dinner choices include Pork Loin with Tarragon Mustard Sauce, Chicken Marsala, Grilled Salmon with Lemon Butter or Linguini Pasta with Artichoke Hearts and Tomatoes. Be sure to wear comfortable shoes, as some walking is required.

<u>6 yrs + Long Gate Park & Ride or Bain Ctr</u> RP4511.501 Dec 13 3:30-10:30pm W \$100



Explore significant archaeological discoveries at the Franklin Institute's Terracotta Warriors exhibit.

Holiday Brunch & Music in the Mansion

Spend the afternoon at the Engineers Club in Baltimore at the Christmas Cheer Concert presented by the Concert Artists of Baltimore. Enjoy a delicious brunch at historic Garret-Jacobs Mansion followed by glorious music. 6 yrs + Long Gate Park & Ride or Bain Ctr

RP4512.501 Dec 16 10am-4pm Sa \$130

January

Franklin Institute: Terracotta Warriors

Take a journey to the Franklin Institute in Philadelphia through one of the most significant archaeological discoveries in history. This rare exhibit is a collection of terracotta sculptures depicting the armies of Qin Shi Huang, the first Emperor of China. An educational experience for all ages! Bring your own lunch or purchase onsite.

<u>18 yrs + Long Gate Park & Ride or Bain Ctr</u> RP4503.601 Jan 15 8am-5pm M \$80

On Your Feet! at the Kennedy Center

From their humble beginnings in Cuba, Emilio and Gloria Estefan came to America and broke through all barriers to become a crossover sensation at the very top of the pop music world. *On Your Feet!* takes you inside their reallife story, with some of the most iconic songs of the past quarter century. Enjoy a guided tour of the Kennedy Center before the show! Moderate walking required for this event. Bring your own lunch or purchase onsite.

<u>8 yrs + Long Gate Park & Ride or Bain Ctr</u> RP4505.601 Jan 27 9am-4pm Sa \$100

Diva to Diva: From Ella to Adele

Multi-Platinum selling Broadway star, Ann Hampton Callaway, fuses a unique blend of jazz and pop that keeps her in demand around the world. From Carly Simon to Carole King, Etta James to Ella Fitzgerald, join Ann and the Baltimore Symphony Orchestra for a night to remember! Tickets will go fast for this rare musical event!

<u>12 yrs + Bain Ctr</u> RP4506.601 Jan 28 2-6pm Su \$60

February

Carnival of the Animals

Join Baltimore Symphony Orchestra musicians for an animal-themed program featuring visuals by Maryland Institute College of Art students. Enjoy the beauty of The Butterfly Lovers' Violin Concerto and experience *Carnival of the Animals* like never before with family friendly hip-hop narration by Baltimore's own Wordsmith. Tickets will go fast for this event!

12 yrs + Bain Ctr

RP4507.601 Feb 10 10am-3pm Sa \$60

National Portrait Gallery

This Smithsonian Institute museum hosts the intersection of art, biography, and history as illustrated through images of men and women who have shaped U.S. history. There are prints, paintings, photos, and sculptures of subjects from George Washington to Madonna. Bring your own lunch or enjoy a variety of menu items at the Courtyard Cafe onsite.

8 yrs + Bain Ctr

RP4508.601 Feb 15 11am-4pm Th \$40

Maple Magic at Ladew Topiary Gardens

Come experience the "magic" of maple sugaring in Monkton, Maryland as we head out to Ladew's Nature Walk to identify trees, observe tapped maple trees, and collect some sap! Learn how to make yummy, golden brown syrup while sampling tasty maple snacks. A delicious brunch will be before the tour at the nearby famous Manor Tavern! Menu available upon request. Moderate walking is involved for this educational experience that and is a very popular for all ages!

6 yrs + Bain Ctr

RP4509.601 Feb 18 11am-5pm Su \$100

Hillwood Estate Museum Lunch & Tour

Marjorie Merriweather Post was a leading American socialite and the owner of General Foods who used much of her fortune to collect art, which is now on display at Hillwood, the museum that was her estate. Enjoy a delicious light-fair lunch at the renowned estate cafe and then journey through her final home to experience the many elegant personal touches that made Hillwood one of Washington's most memorable homes.

16 yrs + Bain Ctr

RP4510.601 Feb 23 11am-4pm F \$80

March

The Philadelphia Flower Show:

Wonders of Water

Designed to offer inspiration and conservation, view beautiful fountains, ponds and other water features, plus rain gardens that reflect ongoing work with the Philadelphia Water Department to increase green, storm water-absorbing spaces across the city. Come visit vast acres of gardens, thousands of artistic floral and horticultural displays, and more than 180 shops in the Marketplace. Live entertainment, interactive exhibits, gardening and culinary demonstrations throughout the day all make for this highly popular event. Lunch on your own at the Reading Terminal Market. Be sure to sign up early!

12 yrs + Long Gate Park & Ride or Bain Ctr RP4511.601 Mar 9 9am-7pm F \$125



Take in the beautiful spring sights of the nation's capital at the Cherry Blossom Walking Tour.

Library of Congress Tour

Visit the research library that officially serves the United States Congress and is the de facto national library of the United States. It is also the oldest federal cultural institution in the United States and largest library in the world! This docent guided tour is an enjoyable educational event for all ages. Moderate walking is required. Dine for lunch on your own at the Library of Congress Madison Cafe.

18 yrs + Bain Ctr

RP4512.701 Mar 16 9am-4pm F \$40

Cherry Blossom Walking Tour

Enjoy a beautiful day of blooming Washington D.C. cherry blossoms while touring the WWll Memorial, enjoying a delicious lunch on your own at the Ronald Reagan Building, and visiting the Franklin D. Roosevelt Memorial. Tour is led by Fran Grecourt, member of The Guild of Professional Tour Guides of Washington D.C. Comfortable shoes recommended for this walking tour!

18 yrs + Long Gate Park & Ride or Bain Ctr

RP4513.701 Mar 22 8:30am-4:30pm Th \$60

National Aquarium

Travel to Baltimore's Inner Harbor to visit stunning exhibits and more than 20,000 aquatic animals. One of Baltimore's most popular attractions!

6 yrs + Long Gate Park & Ride or Bain Ctr

RP4514.701 Mar 24 9am-4pm Sa \$85

The Odyssey:

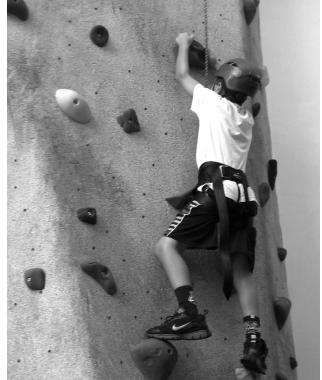
Cherry Blossom Festival Lunch Cruise

Enjoy unparalleled views of Washington D.C. covered in gorgeous cherry blossoms during this two-hour Odyssey lunch cruise with family or the company of great friends. Delight in upscale, sophisticated dining and entertainment during a mid-day cruise on the Potomac River, and take in unparalleled views of DC's greatest landmarks from an all-glass ship! Sign up early!

<u>16 yrs + Long Gate Park & Ride or Bain Ctr</u> RP4515.701 Mar 28 9am-4pm W \$115



Try out the sport of target archery with HCRP. Lil Archers classes forming for the Winter – see you in Spring 2018 for youth and adult programs.



Climb the wall at your next birthday party or Scout event.

Adventure & Outdoors

- www.howardcountymd.gov/adventure
- Custom Adventure and Outdoor Programs available. Let us work with you to design a unique adventure. Gather your scout troop, school group or friends and we'll do the planning and leading. Activity choices include themed birthday parties, campfires, archery, canoeing, rock climbing, kayaking, tubing, camping, and biking.
- Info: Dawn Thomas, 410-313-1754, dthomas@howardcountymd.gov; or Matt Medicus, 410-313-1769, mmedicus@howardcountymd.gov.

We offer many drop-in & one-day programs not listed in this quide! Visit www.howardcountymd.gov/adventure for info.

Nature & Environment Page 20

Archery

- No experience necessary and all equipment is provided for use during a program or class.
- Detailed information is emailed to participants.
- Info: Matt Medicus, 410-313-1769.
- Visit howardcountymd.gov/archery for up-to-date info.

Lil' Archers

Experience the sport of archery in a fun, safe and supervised environment. We use plastic arrows with rubber suction cups to teach the basics of archery. 4-5 yrs Classes: 2

RP9062.601	Roger Carter Comm Ctr	Jan 6	10-11am	Sa	\$35
RP9062.602	Roger Carter Comm Ctr	Feb 3	10-11am	Sa	\$35
RP9062.603	Meadowbrook Ath Comp	Mar 8	3:30-4:30pm	Th	\$35

Rock Climbing & Snow Tubing

Indoor Rock Climbing at the Roger Carter Community Center

Boost your confidence; get a great workout on the 26-foot-tall wall. Open climbs are only \$5 per person! Climbing wall rentals & parties also available; call Dawn Thomas, 410-313-1754. Visit www.howardcountymd.gov/rock climbing for complete information (including open climb times and fees).

Early Dismissal Snow Tubing & Pizza!

Spend the afternoon on the perfectly carved tubing lanes and make new friends while eating pizza. Anyone can tube and families are welcome! Fee includes two hours of snow tubing at a nearby ski resort, pizza dinner, supervision and transportation from the Long Gate Park & Ride. Detailed info is emailed. Transportation from school to program may be available for an additional fee - call Matt for details. Info: Matt Medicus, 410-313-1769, mmedicus@howardcountymd.gov.

11 yrs + Days: 1

RP9433.601 Long Gate Park & Ride Jan 26 1-8pm F \$85

School's Out Slide & Climb!

Zoom down the perfectly carved lanes and relax on the moving carpet as it conveys you and your tube back to the top. You don't have to be an expert skier or boarder to have fun tubing; anyone can tube and have a blast doing it! Retreat inside for a pizza lunch on your way to our indoor climbing wall for rock climbing and team building games. Fee includes snow tubing at a nearby ski resort, lunch, supervision and transportation from Long Gate Park & Ride. Detailed info is emailed. Info: Matt Medicus, 410-313-1769, mmedicus@howardcountymd.gov.

<u>11 yrs + Days: 1</u>

RP9433.611 Long Gate Park & Ride Feb 16 8am-6pm F \$95

Trail Hikes

- Looking for a way to give back to the community and share your love of hiking? Visit www.hocovolunteer.org for more information on how you can become a Trail Hike leader.
- The HCRP Trail Hike program features many historic sights and panoramic views. Trip leaders interpret points of interest and keep a moderate pace.
- Under 16 must be accompanied by a participating parent or guardian.
- Participants should be in good shape, have good balance and depth perception to be able to hike two miles over rocky hills without a break and the ability to complete the distance indicated.
- Fee includes van or school bus transportation from the Park & Ride lot at the intersection of Rte. 100 and Long Gate Pkwy, Ellicott City.
- Detailed info is emailed to participants.
- Info: Matt Medicus, 410-313-1769 or howardcountymd.gov/trailhikes.

Appalachian Trail

The Appalachian Trail crossing Virginia, Maryland and Pennsylvania features historic Civil War sights and panoramic views of mountains and valleys. Earn a certificate and patch by hiking each of the seven sections in the Maryland Appalachian Trail series at least once within a 3-year period. Earn a 100-mile certificate and patch by hiking additional miles on the Pennsylvania and Virginia sections of the Appalachian Trail.

MD AT #3 Wolfsville Rd to Rte 40

Have lunch at the site of the Black Rock Hotel, a 1900s gambling house. Then hike to the panoramic view and fresh-water springs at Annapolis Rocks. Moderately difficult terrain: 9.5 miles.

8 yrs +

RP9180.603 Long Gate Park & Ride Mar 24 8am-4pm Sa \$17

MD AT #4 Rte 40 to Reno Monument

Cross the backpacker's bridge over I-70 and hike through the rolling forest to the Washington Monument. Moderate terrain: 6.5 miles. 8 yrs +

RP9180.601 Long Gate Park & Ride Jan 6 8am-4pm Sa \$17

MD AT #5 Gathland State Park to Reno Monument

Explore the 50 ft-high arch monument built as a tribute to Civil War newspaper correspondents and hike along the wooded mountain ridge. Moderately difficult terrain: 6.5 miles.

8 yrs +

RP9180.602 Long Gate Park & Ride Feb 10 8am-4pm Sa \$17

PA AT #1:Snowy Mountain Rd to Rte 16

Hike south from Snowy Mountain Rd over two climbs and two descents to State Route 16. Relax and eat your lunch at the Old Forge Picnic Area. Moderate terrain: 9.5 miles.

8 yrs +

RP9183.601 Long Gate Park & Ride Mar 10 8am-6pm Sa \$20

Howard County Park App

Find in Howard County Parks...

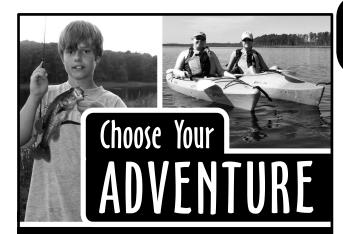
- Nearest park or park amenity (ex: tennis or basketball courts)
- Driving directions
- · Paved pathways
- Pavilions
- Playgrounds
- And more











CUSTOM

Adventure & Outdoor Programs

We will work with you to design a unique adventure!

Gather your scout group, school group, co-workers, family or friends and we do the planning and leading.

Specializing in birthday parties, campfires, fishing, target archery, canoeing, rock climbing, kayaking, river tubing, camping, biking and much more!

Info:

Dawn Thomas, 410-313-1754 or dthomas@howardcountymd.gov.



Visit Robinson Nature Center for a night of astronomy and entertainment at a Family NatureSphere Night or Friday Late Night.



Create a winter memory with your child at our Snowball Tea Party. (Photo credit: Sally Stevens)

Nature & Environment

- Below is in order by date.
- Call 410-313-0400, or go to www.howardcountymd.gov/RobinsonNatureCenter for information on the Robinson Nature Center and its programs, exhibits, field trips, special events, volunteer and scout opportunities, birthday parties, rentable rooms, planetarium, community partners, gift shop, and more.

Adventure & Outdoors Page 18 **Home School** Page 24

Astronomy & Planetarium

- Planetarium programs are held in the NatureSphere, a digital planetarium and dome-style movie theater.
- For planetarium shows, arrive 15 minutes prior to the show time to be seated. Due to dark conditions, we cannot seat you during the show.
- · Sensory-friendly accommodations are available for all planetarium programs upon request. To make a request, contact the Robinson Nature Center no later than one week in advance of the program.
- Previews of planetarium films: www.howardcountymd.gov/RNCNatureSphereFeatures.
- Listed by earliest start date.
- Fee/price is per person.
- Registration/Info: 410-313-0400.

Robinson Nature Center howardcountymd.gov/RobinsonNatureCenter 410-313-0400

Public Star Parties Page 15

Family Fridays Under the Dome

Treat your family to unique evenings at the Robinson Nature Center's Nature-Sphere planetarium. Each program features a full-dome movie preceded by a themed, family-friendly planetarium presentation. See below for show themes, films and age recommendations. No late seating. Robinson Nature Ctr

NEW! Just Passing Through — Learn about meteorites and comets; enjoy the fulldome movie, "Passport". There will be a special opportunity after the show to hold and learn about meteorites that traveled through space and landed here on earth. RP4801.601 7 yrs + Jan 5 6:30-7:30pm F \$6 NEW! Many Moons — Take a closer look at the moons in our solar system, and enjoy the full-dome movie, "Back to the Moon for Good". There will be a special opportunity after the show to view real lunar samples collected during the Apollo missions. RP4801.602 7 yrs + Feb 2 6:30-7:30pm F \$6 NEW! Spring Stars — Learn about the stars and constellations that dominate the spring sky and their place in historical myths and events. Enjoy the full-dome movie, "Earth, Moon & Sun". Feel free to join us after the show for a telescope viewing demo. RP4801.603 5 yrs + Mar 2 6:30-7:30pm F \$6

Friday Late Nights in the NatureSphere

Treat your partner or friends to a unique Friday night experience of top notch astronomy and entertainment at the Robinson Nature Center. This program is held in the Naturesphere planetarium and features a full-dome movie preceded by an adult-level planetarium presentation about current happenings in our night sky and space science. No late seating.

18 yrs + Robinson Nature Ctr 8-9pm F \$6

RP4800.601 Astronomy, 3,000 years of Stargazing

- arrive early to view meteorites

Jan 5

RP4800.602 Impact! – arrive early to view lunar samples Feb 2

RP4800.634 Two Pieces of Glass — arrive early for a telescope viewing demo Mar 2



Enjoy winter outdoors with your family on our Winter Crisp Walk or New Year Nature Hike. (Photo credit: Sally Stevens)

Lil' Stars (Parent/Child)

Let your little one discover outer space through views of the stars and planets, stories, crafts and song. Give your child a special nighttime experience during the day! Each month we focus on a different theme – from the colors of stars, to the stories behind a constellation, to the seasonal changes in the sky. Preregister to secure your seats.

3-8 yrs w/parent Robinson Nature Ctr \$3 a person w/ admission or annual pass

RP4802.601	NEW! Bear's Shadow	Jan 13	10:30-11am	Sa
RP4802.602	NEW! Bear's Shadow	Jan 27	10:30-11am	Sa
RP4802.603	NEW! Super-Duper Stars	Feb 10	10:30-11am	Sa
RP4802.604	NEW! Super-Duper Stars	Feb 24	10:30-11am	Sa
RP4802.605	Stellar Stretching	Mar 10	10:30-11am	Sa
RP4802.606	Stellar Stretching	Mar 24	10:30-11am	Sa

Family & Parent/Child

- Programs in this section require an adult to register with their child and accompany them at all times.
- Registration/Info: 410-313-0400.

First Saturday Discovery Days

Join us for the first Saturday of the month as we introduce a special nature theme through an engaging story. Pick up your free ticket at the front desk. Each month's theme is highlighted for the remainder of the month at the Discovery Room Field Station (7 years +) and during special weekend hours with docent-led activities (all ages).

3 yrs + R	obinson Nature Ctr	Free w	/ admission or ann	ual pass	
RP4803.60	l Seasons	Jan 6	11:30am-noon	Sa	
RP4803.602	2 Trees	Feb 3	11:30am-noon	Sa	
RP4803.603	Baby Animals	Mar 3	11:30am-noon	Sa	

New Year Nature Hike & Cider-sipping

Finish the first week of 2018 with a family-friendly hike along Robinson Nature Center's trails! We'll learn to make kid-friendly wassail (mulled cider) for the cold winter days ahead, then head out on the trails with a naturalist for a guided winter hike. Try a range of winter activities to help your family stay active and keep the kids entertained during the chilly days ahead. Then, return to the Center to warm up with our wassail! Children must be accompanied by a registered adult.

<u>6 yrs + Robinson Nature Ctr \$9 per person</u> RP4815.601 Jan 6 2:30-4:30pm Sa

Lil' Acorns (Parent/Child)

Hold your lil' acorn's hand through an unforgettable morning. In our hibernation program, discover the winter habitats of wildlife. In our Penguin Parade program, discover the life of penguins. Each program contains tot-friendly investigations! These parent/child interactive programs include song, sensory activities, a puppet show and a short walk through the woods.

2-3 yrs with an adult Robinson Nature Ctr \$18 per program (one parent, one

<u>crina)</u>				
RP4817.601	Hibernation	Jan 13	10:30am-noon	Sa
RP4817 602	Penguin Parade	Mar 10	10:30am-noon	Sa

Saturday Puppet Theater

Join us for nature-themed puppet theater presentations at the Robinson Nature Center! Each puppet show portrays a different nature story. After the puppet show, create a simple craft to take home. All children must be accompanied by a registered adult for the duration of the program.

2 yrs + 1	Robinson Nature Ctr \$5	per person		
RP4871.60	1 Tortoise & Hare	Jan 20	11:30am	Sa
RP4871.60	2 Who Needs Vultures?	Feb 17	11:30am	Sa
RP4871.60	3 Luck of the "Iris"	Mar 17	11:30am	Sa

Frozen Fest Page 14

Spring Eggstravaganza for Tots Page 15

Winter Crisp Nature Walk with Campfire Treats

There's nothing like a crisp winter day! Get out and get active with your family on this guided nature hike. Discover how to identify trees in winter, the survival tactics of wildlife, and many more winter wonders. Restore your warmth and energy around a campfire with hearty, cinnamon-spiced, firebaked apples. Children must be accompanied by a registered adult.

All ages \$9 per person RP4815.602 Robinson Nature Ctr Feb 3 2:30-4pm Sa

Snowball Tea Party

Spend a fantastic afternoon with your little one at Robinson Nature Center's snowball tea party. Make a personalized snow globe to take home and participate in winter-inspired activities. Savor an impeccably catered tea service by Sweet Simplici-Tea. Tea service includes tea, lemonade and delightful treats just right for little fingers. Fee includes program, all materials, full tea service and gratuity for service. Children must be accompanied by a registered adult. As this is a catered event, you must register no later than February 11 to attend.

<u>3 yrs + \$27, child; \$22, adult</u> RP4865.601 Robinson Nature Ctr Feb 18 2:30-4:30pm Su

Youth

- For programs listed as "drop-off" programs at the Nature Center, parents are welcome to stay for the duration of the program, but are subject to the Center's \$5 per adult admission fee.
- Listed by earliest start date.
- Fee/price is per person.

Animal Trackers After School with Robinson

Set your backpacks aside and explore fascinating plant and animal mysteries with naturalists from the Robinson Nature Center. Classes incorporate live animal presentations, hands-on investigations, games and more. Make up classes for those cancelled due to inclement weather occur in the two weeks following the initial six classes. Info/Registration: 410-313-0400.

Grades K-4 Classes: 6

RP4812.651 Longfellow ES Jan 31 3:30-4:30pm W \$99

School's Out Wildlife Survival Day Camp

While school is out, join us for an incredible day at the Robinson Nature Center. Explore survival strategies of animals and other wildlife through live animal presentations, movies in our planetarium, crafts and nature hikes. Pack a snack and a non-perishable lunch (no nut products). Extend the fun with after-care. Forms are emailed to participants two weeks prior to camp. 6-12 yrs Robinson Nature Ctr

RP4812.601 Feb 16 8:30am-3:30pm F \$45

RP4812.602 After Care for above program 3:30-5pm F \$10

NEW! How to Find an Owl

Pack a lunch, bring your binoculars, and join Howard County Bird Club Member, Jay Sheppard, and a Robinson Nature Center Naturalist on this winter birding adventure! Learn how to search for roosting owls by habitat and signs. Jay is an expert at finding owls and shares his skills and knowledge as participants search for owl species including Long-eared, Saw-whet, Barred, and Great Horned owls. This program takes place at Patuxent State Park and is weather-dependent (cancelled with refunds issued in the event of heavy rain or snow). Please note there are no restroom facilities. All children must be accompanied by a registered adult.

7 yrs+

RP4805.601 Robinson Nature Center Feb 17 Sa \$5

Adults

Friday Late Nights in the NatureSphere Page 20

Outdoors with Young Children-Growing up WILD

Growing Up WILD is an early childhood education curriculum for ages 3-7 that builds on children's sense of wonder about nature and invites them to explore wildlife and the world around them. Attend this training to receive 27 field-tested, hands-on, nature-based, ready-made thematic units and over 400 experiences in an activity guide that can be used to teach young children outdoors. Must register by Wednesday, January 24.

18 yrs + Classes: 1

RP4833.601 Robinson Nature Ctr Jan 27 9am-12:30pm Sa \$15

Valentine's Day Truffle-Making & Wine-Tasting Page 14

Teaching Children Outdoors- Project WILD

Project WILD provides K-12 educators with wildlife-based conservation lessons that encourage students to foster responsible actions toward wildlife and related natural resources. The curriculum is only provided at trainings facilitated by certified instructors. All participants must attend both days of this workshop to receive the Project WILD curriculum guide. **Register by** February 17.

18 yrs + Classes: 2

RP4833.602 Robinson Nature Ctr Feb 22 & 23 3:30-6:45pm Th-F

NEW! Saturday Night Out Page 14

Robinson Nature Center howardcountymd.gov/RobinsonNatureCenter 410-313-0400

Heritage Programs

- Bring a reusable water bottle, nut-free lunch (when over meal time) and a snack (when over meal time).
- Info: Caitlin Chamberlain, 410-313-0420 or cchamberlain@howardcountymd.gov.

Classes/Programs

Kid's Night in at the Museum

Need a kid-free shopping night during the busy holiday season? We have a fun solution for you! Drop your children off with us at the Baltimore and Ohio Ellicott City Station Museum while you do some holiday shopping and dining on Main Street. Participants have a blast from the past doing historic holiday themed crafts and go on a detective mission to uncover historical facts about the Ellicott City Station. Let them get their hands dirty making applesauce and cinnamon ornaments, candle making, scent sachets, and more! Drop-ins are welcome! Info: Caitlin Chamberlain, 410-313-0420.

<u>5-11 yrs B8</u>	<u> kO Museur</u>	n: Ellicott (City St	<u>ation</u>	Classes: 1
RP9976.601	Dec 7	4-9pm	Th	\$15	
RP9976.602	Dec 8	4-9pm	F	\$15	
RP9976.603	Dec 9	4-9pm	Sa	\$15	
RP9976.604	Dec 14	4-9pm	Th	\$15	
RP9976.605	Dec 15	4-9pm	F	\$15	
RP9976.606	Dec 16	4-9pm	Sa	\$15	

Victorian For a Day

Have you ever wondered what it was like to be alive in the 1800s? Explore what kids did for fun and the activities and games that were a part of their daily lives in the Victorian Era. Dress up and time travel for a few hours as you play games, read from a diary of a student who attended the Patapsco Female Institute in the 1850s and enjoy an authentic tea party. Learn how to dance like a Victorian and try some crafts that you get to take home with you. Info: Caitlin Chamberlain, 410-313-0420 or cchamberlain@howardcountymd.gov.

7-11 yrs Cla	asses: 1				
RP9095.601	Waverly Mansion	Feb 19	1-4pm	M	\$12
RP9095.602	Waverly Mansion	Feb 25	1-4pm	Su	\$12
RP9095.603	Waverly Mansion	Mar 4	1-4pm	Su	\$12
RP9095.604	Waverly Mansion	Mar 18	1-4pm	Su	\$12

Special Events

Info: Caitlin Chamberlain, 410-313-0420 or cchamberlain@howardcountymd.gov.

NEW! Holiday Model Train Gardens

This holiday season, the model trains return to the Baltimore & Ohio Ellicott City Station Museum. Enjoy viewing a display of LEGO® trains, N gauge & O gauge models. Don't miss your chance to visit this local winter tradition.

All ages Baltimore & Ohio Ellicott City Station Museum

Nov 24-Jan 28 10am-4pm Th-Su Free

Midnight Madness at the Historic Sites

Take a break from shopping during Midnight Madness and join us as we kick off the 2017 holiday season in historic Ellicott City! We have stories to share of winters past and the brave actions of our fire department at the Firehouse Museum. Make your way down to the Baltimore & Ohio Ellicott City Station Museum to see what's new in the station for the holidays and do some holiday-themed crafts for the whole family.

All ages Dec 1 6-10pm

Fire House Museum, B&O Museum: Ellicott City Station Free



Have your letters to Santa ready for when Santa Arrives at the Thomas Isaac Log Cabin in Old Ellicott City.

Santa's Workshop at the Thomas Isaac Log Cabin

Join Santa and his elves on this magical evening as the Thomas Isaac Log Cabin is transformed into a magical winter wonderland! Santa, with the help of some elf friends, allow you to take a glimpse into his workshop that promises to captivate children of all ages.

All ages Thomas Isaac Log Cabin Dec 1 4-8pm

Santa Arrives at the Thomas Isaac Log Cabin

See Santa arrive by sleigh! If you missed Santa at Midnight Madness, come ready to share your holiday wish list with him at the start of the holiday festivities in the historic district. If Mrs. Claus is done with her baking, she may come too. Bring your camera... that perfect shot for your holiday greeting card is waiting.

All ages Thomas Isaac Log Cabin Dec 2 Noon-4pm

Ghostly Guides

Gain exclusive after-hours access to popular historic sites in Howard County and see what eerie adventures await you! Use ghost hunting equipment to ask unseen residents questions, take photos and observe changes in the electromagnetic field to help detect supernatural activity. The night begins with a historic tour of either Waverly Mansion or the Baltimore and Ohio Ellicott City Station Museum. After a brief orientation you have the opportunity to wander the building with the professional ghost hunting gear. Bottled water and snacks are included.

<u>8&0 Museun</u>	<u>n: Ellicott Ci</u>	<u>ty Sta</u>	<u>tion</u>	Classes: 1
Jan 6	8-11pm	Sa	\$25	
Feb 10	8-11pm	Sa	\$25	
Mar 10	8-11pm	Sa	\$25	
	Jan 6 Feb 10	Jan 6 8-11pm Feb 10 8-11pm	Jan 6 8-11pm Sa Feb 10 8-11pm Sa	180 Museum: Ellicott City Station Jan 6 8-11pm Sa \$25 Feb 10 8-11pm Sa \$25 Mar 10 8-11pm Sa \$25

Paranormal Investigations Page 54

Afternoon Tea at Belmont Manor

Enjoy a traditional English Afternoon Tea in the stately Belmont Manor, built in 1738. Your taste buds will be tempted with a bottomless pot of tea, a Manor scone served with clotted cream and jam, tea savories, and a delectable assortment of desserts. After taking tea, we invite you to take a self-guided tour of the Manor. Seating is communal. We suggest you arrive promptly at 2 PM so you can save seats together for your entire party. Info: 410-313-0200.



Enjoy a traditional English Afternoon Tea in the stately Belmont Manor, built in 1738.

12 yrs +	Belmont	2-4:30pm	Sa	\$35	/person
RP9900.601	Jan 27	R	P9900	.701	Mar 10
RP9900.602	Feb 10	R	P9900	.702	Mar 24
RP9900.603	Feb 24	R	P9900	.703	Apr 7

Holiday Afternoon Tea Dec 10 Page 13

NEW! Living History Day at the Ellicott City Station

You won't want to miss the opportunity to talk with Civil War Reenactor Ed Gantt from the 23rd Regiment USCT. Mr. Gantt will share information on the contributions of the United States Colored Troops to the Union efforts during the American Civil War. There will also be a display related to those African Americans from Howard County who served in the USCT, including Congressional Medal of Honor winner, Decatur Dorsey.

All ages Baltimore & Ohio Ellicott City Station Museum
Feb 17 10am-4pm Sa Free

Julius Rosenwald:

A Great Man We Hardly Know

In honor of Black History Month, join us as we enjoy afternoon refreshments and a lecture about a great man America hardly knows about, Julius Rosenwald. The lecture is presented by local historian and docent Mattie Hayes. We invite you to learn about the fascinating life of a man who took it upon himself to build over 5,300 school houses in African American communities in the American South, including Maryland. Parking on site is limited so a shuttle can take participants from Lot F to the school house. Accessible parking available on site. Advanced registration is required.

<u>16 yrs + Ellicott City Colored School Restored</u> <u>Classes: 1</u> RP9974.601 Feb 18 1-2:30pm Su \$5

NEW! Women in Railroading Exhibit

Experience a colorful and educational look into the world of women associated with the railroads. View displays recognizing their contributions, accomplishments and efforts. View a special 1-hour video documentary on the Harvey Girls! This exhibit is produced by The International Society for the Preservation of Women in Railroading.

All ages Baltimore & Ohio Ellicott City Station Museum
Mar 1-Mar 31 10am-4pm Th-Su Free

Home School

- For Pre-Home & Home School Classes, there are three seasons of classes (fall, winter and spring) that focus on different themes. (Themes are listed in course descriptions.)
- Parents may attend classes with their child(ren) at no cost.
- Siblings younger than 4 years old are welcome, but must be accompanied by a parent at all times.
- Registration for classes opens June of each year.
- All participants must complete a participant form, which is e-mailed out prior to each season.
- Info: Robinson Nature Center, 410-313-0400 or mdowney@howardcountymd.gov

Home School Gym Class Page 79

Pre-Home School Classes 2017-2018

Give your young home schoolers a chance to learn skills and gain exposure to nature and science topics at an age-appropriate pace. Sign up to attend classes on either the first Thursday or first Friday of the month. Winter Topics: Solar system, Meteorites & the Moon, Rocks, Mud & More. Spring Topics: Mammals, Creepy, Crawly Critters, Taking Care of the Earth.

4-5 yrs Robinson Nature Ctr \$30 per child, per season 2:30-4pm

RP4885.601	1st Thursdays in winter	Dec 7, Jan 4, Feb 1		
RP4885.611	1st Fridays in winter	Dec 8*, Jan 5, Feb 2		
RP4885.701	1st Thursdays in spring	Mar 1, Apr 5, May 3		
RP4885.711	1st Fridays in spring	Mar 2, Apr 6, May 4		
*Classes are on the second Friday of the month.				

"These classes and workshops were age appropriate and educational and fun. We are hoping to sign up next year as well. Thanks for all you did to make it a success."

Home School Classes 2017-2018

Give your home-schooled students hands-on, immersive experiences in nature and science topics. 6-9-year-olds can sign up to attend classes on either the first Thursday or first Friday of the month. Classes are also offered for 9-13-year-olds (Thursday only). Winter Topics: Solar System, Comets & Meteors, Geology. Spring Topics: Vertebrates, Invertebrates, Living Green. 6-9 yrs Robinson Nature Ctr 2:30-4pm \$30 per child, per season

0 7 713 1101	mison matare en 2.50 i	pin 950 per cinia, per season
RP4885.602	1st Thursdays in winter	Dec 7, Jan 4, Feb 1
RP4885.612	1st Fridays in winter	Dec 8*, Jan 5, Feb 2
RP4885.702	1st Thursdays in spring	Mar 1, Apr 5, May 3
RP4885.712	1st Fridays in spring	Mar 2, Apr 6, May 4
9-13 yrs Ro	binson Nature Ctr 2:30-	4pm \$30 per child, per season
RP4885.603	1st Thursdays in winter	Dec 7, Jan 4, Feb 1
RP4885.703	1st Thursdays in spring	Mar 1, Apr 5, May 3
*Classes are o	n the second Friday of the	month.

Home School Parent-Guided Workshop

Join us for monthly opportunities to connect with other home-school families in an informal learning environment. Children socialize and collaborate with one another on parent-assisted educational projects and imaginative play opportunities. By joining, gain special access to a private, collaborative classroom space reserved specifically for home school families, special equipment, a tailored student project and social play opportunities. Each adult and child that plans on attending must register individually for the workshop. Price per person/per season. Please note, there is no online registration.

4 yrs +	Rob	inson Nature Ctr	Classes:	3 \$15,	resident; \$18	<u>3, nonresident</u>
RP4885.65	50	2nd Thursdays in	winter	Dec 14	2:30-4pm	Th
RP4885.75	50	2nd Thursdays in	spring	Mar 8	2:30-4pm	Th



Students enjoy immersive science and nature learning experiences at Home School Classes. (Photo credit: Rob Gelner)

Home School Musical Theatre James & the Giant Peach, Jr.! By Drama Learning Center Page 41

NinjaBE Home School Workout Class Page 81



HOWARD COUNTY RECREATION & PARKS

NOW HIRING!



- » CHILDCARE
- » SPORTS COACHES
- » PROGRAM DIRECTORS
- » INSTRUCTORS
- » LIFEGUARDS
- » AND MANY MORE!

Learn more about our job openings and apply today!

FOR MORE INFORMATION

Visit us online at www.howardcountymd.gov/hcrpjobs or call 410-313-4700.



COMING SOON

Be on the lookout...

CAMP GUIDE

ONLINE REGISTRATION STARTS

- January 31, 6pm (In the county)
- February 7, 6pm (Out of county)



PROGRAMS



Reignite the excitement of years past and explore the great new offerings for active adults ages 55 +.

- Crafts & Fine Arts
- Lifelong Learning
- Fitness & Wellness

- Trips & ToursKnit & Crochet
- DanceAquatics
- And so much more!

Explore, Learn, Discover!

Redefine your leisure options and experience new ones!



Give your child a nurturing, active and creative learning environment to build skills for kindergarten through our Early Learning Center.

Child Care

Howard County Recreation & Parks offers Recreational Licensed Child Care (RLC) programs for preschool (ELC) through middle school students, along with our Therapeutic Recreation Inclusion Opportunities (TRIO). Our goal is to provide a safe and structured environment for children to have fun while participating in meaningful group recreational activities.

Before a child can participate, parents must complete all licensing and required paperwork, including a health inventory, which requires a physical. All programs must meet and maintain minimum enrollment requirements to run. Fees are subject to change.

Special accommodations or interpretive services can be provided at no additional cost but are not guaranteed; a request must be made at the time of registration. Because of the presence of children with severe allergic reactions, nuts and nut products are not served or permitted at any RLC programs.

If space is available, a \$50 non-refundable registration fee is required to enroll. If a program has already filled, you may place your child's name on the waiting list at no cost.

All RLC programs have a behavioral policy with standards of conduct enforced through the use of discipline, up to and including suspension and expulsion from the program. The primary concern of the Department must be the safety and well-being of all participants, even though it may cause inconvenience to parents in a particular case. The Department makes every effort to assist children and their parents in modifying a child's behavior before their actions become a serious enough threat to require suspension. See the Parent Manual for a complete policy statement.

For a list of who to contact and additional program information, visit www.howardcountymd.gov/rap and click on Child Care. For space availability, call 410-313-7275.



Early Learning Center

Early Learning Centers provide a safe, nurturing, active and creative learning environment for each child. Throughout the program, the children enjoy building the skills needed for kindergarten (social and emotional development, reading and math readiness and fine and gross motor skills). They also participate in hands-on activities, including arts and crafts, science, nature, music, drama, multicultural and cooking. There are instructional and self-directed activities throughout the day. All programs are successful participants in the Maryland EXCELS program. Staff is trained in continuing early childhood education classes yearly. Parents provide snack/lunch. Children must be toilet-trained and meet the age requirement by September 1, 2017. If class minimums are not met, a combined class is offered. Info: Brian Murphy, 410-313-4797 or bmurphy@howardcountymd.gov. Bushy Pk ES / Director: Melissa Conrad / 410-313-5499

RP2252	3 yrs	9:30am-1:30pm	M,W	\$256, month		
RP2252	4 yrs	9:30am-3pm	M,W,F	\$528, month		
Roger Carter Comm Ctr / Director: Keisha Hopkins / 410-313-2749						
RP2292	3-5 yrs	9:30am-3pm	M-F	\$660, month		
RP2292	3-5 yrs	8:30am-4:30pm	M-F	\$799, month		
<u>Triadelphia</u>	Ridge ES /	Director: Linda Hitzel	berger / 410	<u>0-313-5471</u>		
RP2266	3 yrs	9-11:30am	M,W,Th	\$242, month		
RP2266	4 yrs	9am-noon	M-Th	\$336, month		



Before & After Care helps keep your child active and engaged throughout the school day.

Elementary School Before & After Care

Before & After Care for Elementary School 2017-2018 Academic Year

This licensed program provides varied recreational activities. The Before Care offers low-key programming while the After Care incorporates a structured energetic format. Activities include crafts, games, sports, special events and intramural competitions throughout the school year. To promote good health and wellness, we implement heart-healthy activities. Our curriculum is weekly, theme-based and focuses on healthy eating habits and active play to encourage and educate children to make positive life choices. All programs are licensed through the Maryland State Department of Education's Office of Child Care and are participants in the Maryland EXCELS programs. Info: RLC office, 410-313-3706.

Grades K-5	Retore School	/am	<u>to beginning o</u>	ot scnoo	ı day	\$207,	<u>montn</u>
Grades K-5	After School	End of	school day to 6	брт	\$318	, month	
Grades K-5	Before & After	School	7am-6pm	\$459,	mon	th	

Grades K-	5 Before & After School	7am-6pm	\$459, month
RP2050	Bellows Spring ES	RP2059	Ilchester ES
RP2051	Bollman Bridge ES	RP2060	Laurel Woods ES
RP2052	Bushy Pk ES	RP2061	Lisbon ES
RP2049	Dayton Oaks ES	RP2062	Manor Woods ES
RP2053	Deep Run ES	RP2063	Pointers Run ES
RP2070	Ducketts Lane ES	RP2064	Rockburn ES
RP2054	Elkridge ES	RP2065	St. John's Lane ES
RP2055	Forest Ridge ES	RP2066	Triadelphia Ridge ES
RP2056	Fulton ES	RP2069	Veterans ES
RP2057	Gorman Crossing ES	RP2067	Waverly ES
RP2058	Hollifield Station ES	RP2068	West Friendship FS

Elementary Optional Full Day Programs

When school is closed for students, RLC has all-day programs at select locations. Kids have a blast participating in a variety of recreation activities! Morning and afternoon snack provided. Parents, please bring a bag lunch (NUT-FREE), with a drink, marked with your child's name. Info: Donna Jackson-Parker, 410-313-1696, DJacksonparker@howardcountymd.gov Grades K-5

RP2070.690	Ducketts Lane ES	Feb 16	7am-6pm	F	\$45
RP2056.691	Fulton ES	Feb 16	7am-6pm	F	\$45
RP2069 691	Veterans ES	Feb 16	7am-6nm	F	\$45

Child Care Leaders, & **Teachers Wanted!**

Excellent for everyone. From college students to retired teachers.

- Flexible Schedule • Free Training
- Call 410-313-4712 for information.

Middle School After Care

"Can-TEEN Club" Middle School After-School Program

Our licensed after-school program provides a safe and high-quality environment for teens that enhances leadership skills and develops future leaders. Activities include educational and academic experiences while promoting positive thinking. Each location offers homework time, snack, sporting events and craft projects as part of the daily schedule. "YOLO" Fridays (You Only Live Once) encourages healthy eating and exercise essential to everyday living. Participants engage in community service outings and events that include visiting Rec & Parks sponsored after-school programs to mentor 4th & 5th grade students. Special events and outings may require additional fees. All programs are licensed through the Maryland State Department of Education's Office of Child Care and are participants in the Maryland EXCELS programs, Info: Lakishia Major, 410-313-4717 or Imajor@howardcountymd gov

grams. into:	Lakishia	Major, 410-	313-4	17 17 or ima _,	jor@now	aracountyma.gov
Grades 6-8	Bonnie Br	ranch MS I	End of	school day-6	pm 201	17-18 school year
RP2370.911	5 days	\$299, mon	th R	P2370.931	3 days	\$180, month
RP2370.921	2 days	\$120, mon	th			
Grades 6-8	Elkridge L	anding MS	End	of school day	<u>6pm 2</u>	.017-18 school year
RP2372.911	5 days	\$299, mon	th R	P2372.931	3 days	\$180, month
RP2372.921	2 days	\$120, mon	th			
Grades 6-8	Folly Qua	rter MS En	d of so	:hool day-6pi	m 2017	-18 school year
RP2374.911	5 days	\$299, mon	th R	P2374.931	3 days	\$180, month
RP2374.921	2 days	\$120, mon	th			
Grades 6-8	Lime Kiln	MS End o	f schoo	ol day-6pm	2017-18	school year
RP2376.911	5 days	\$299, mon	th R	P2376.931	3 days	\$180, month
RP2376.921	2 days	\$120, mon	th			
Grades 6-8	Thomas V	iaduct MS	End o	f school day-	6pm 20	17-18 school year
RP2382.911	5 days	\$299, mon	th R	P2382.931	3 days	\$180, month
RP2382 921	2 days	\$120 mon	th			











Therapeutic Recreation & Inclusion Services

- For information on Howard County Recreation & Parks programming for individuals with disabilities, contact Susan L. Potts, MS, CTRS at 410-313-4628 or spotts@howardcountymd.gov or Chloe Hodge, CTRS at 410-313-1671 or chodge@howardcountymd.gov.
- Please do not arrive at programs more than five minutes before the start of the program. Be ready to leave as soon as the program is over. <u>Supervision is not provided before</u> <u>the scheduled start time</u>. Excessive early drop-offs and late pick-ups may result in being dropped from the program.
- Programs listed by category, then age, then alphabetical.

After School

Therapeutic Recreation Inclusion Opportunities (TRIO)

This therapeutic-based program offers individuals with developmental disabilities an age-appropriate environment with leisure life skills, community integration, therapeutic swimming, animal-assisted therapy, functional intervention, and skill development for transitioning. Program is not held when schools are closed. Selected full-day schedule available. Staff-to-participant ratio is 1:3 for the school and 1:5 for the park. No transportation provided to site.

<u>13-21 yrs</u>	2-6pm	M-F	\$360 per month	
Cedar Lane School			<u>Cedar Lane Pk</u>	
RP2501.513	Nov		RP2501.523	Nov
RP2501.514	Dec		RP2501.524	Dec
RP2501.611	Jan		RP2501.621	Jan
RP2501.612	Feb		RP2501.622	Feb
RP2501 613	Mar		RP2501 623	Mar

Aquatics

Therapeutic Private Swim Lessons

Learn and improve swimming skills in a private 1:1 lesson format. Child must have a disability. Goal: Improve gross motor skills, increase confidence in the water and ability to float, practice basic swim strokes and breathing skills.

<u>2-4 yrs Clas</u>	<u>sses: 8</u>					
RP4202.601	Cedar Lane School	Jan 10	6:10-6:40pm	W	\$175	
RP4202.602	Cedar Lane School	Jan 10	6:45-7:15pm	W	\$175	
<u>5-12 yrs Cla</u>	isses: 8					
RP4202.605	Cedar Lane School	Jan 11	8:10-8:40pm	Th	\$175	
6-11 yrs Cla	isses: 8					
RP4202.603	Cedar Lane School	Jan 10	7:20-7:50pm	W	\$175	
RP4202.604	Cedar Lane School	Jan 10	7:55-8:25pm	W	\$175	

Aquatic Skills Development

This semi-private skills session provides opportunities for increased endurance, core strengthening, and skills refinement for individuals with developmental disabilities who swim competitively. Participants should be able to swim multiple lengths of the pool independently. Goal: Increase endurance level, enhance core strength, develop breathing techniques, refine swim strokes for competition.

<u>9 yrs + Clas</u>	sses: 8				
RP4200.601	Roger Carter Comm Ctr	Jan 9	7:30-8pm	Tu	\$76
RP4200.602	Roger Carter Comm Ctr	Jan 9	8-8:30pm	Tu	\$76

Open Swim Page 56



Dress up in theme and dance to music by DJ Chris Andrews at a dance this season.

Saturday Splash

Children and teens with developmental disabilities experience the warm aquatic pool at their own pace. No instruction is provided. Participants may require someone to accompany them in the pool at the discretion of staff. Goal: Increase range of motion, self-confidence, enhance fitness level and provide sensory stimulation. Lifeguard provided; supervision is required by the parent or caregiver.

2-12 yrs (Parent/Child) Classes: 6							
RP4207.601 Cedar Lane Scho	ol Jan 27	12:35-1:10pm	Sa	\$55			
13-22 yrs Classes: 6							
RP4207.602 Cedar Lane Scho	ol Jan 27	1:15-1:50pm	Sa	\$55			
22 yrs + Classes: 6							
RP4207.603 Cedar Lane Scho	ol Jan 27	1:55-2:30pm	Sa	\$55			

Splashes

Children and teens with developmental disabilities experience the warm aquatic pool at their own pace. Learn and improve swimming skills in this aquatics program for children with disabilities. Participants are divided into groups based on skill level. Siblings can register one week after open registration. Goal: Improve gross motor skills, increase self-confidence, and improve ability to understand directions.

6-8 yrs Splashes 1 Classes: 8		
RP4205.601 Cedar Lane School Jan 11 6:10-6:45pm	Th	\$66
8-11 yrs Splashes 2 Classes: 8		
RP4205.602 Cedar Lane School Jan 11 6:50-7:25pm	Th	\$66

Therapeutic Aqua Dancercise Page 56

Therapeutic Water Exercise Page 56

Waverunners

Sharpen swimming skills and improve fitness in this aquatics program for teens and adults with disabilities. Some participants may require someone to accompany them in the pool at the discretion of staff. Siblings may register one week after open registration. Goal: Increase range of motion, self-confidence, and improve ability to understand directions.

<u>13-24 yrs Classes: 8</u> RP4213.601 Cedar Lane School Jan 11 7:30-8:05pm Th \$66

Cooking

Instructional Cooking

Learn basic kitchen safety and food prep with simple recipes to take home. Explore cooking with a microwave, cook-top and oven. Make items and enjoy them. Participants must be able to function in a 1:5 staff-to-participant ratio. Goal: Demonstrate safe use of cooking utensils, demonstrate safe use of a cook top stove and oven, and explore new recipes for healthy cooking. 16-26 yrs Classes: 6

RP4209.601	Cedar Lane Rec Ctr	Jan 20	12:30-2pm	Sa	\$167
21-39 yrs C	<u> lasses: 6</u>				
RP4209.602	Cedar Lane Rec Ctr	Jan 26	10:30am-noon	F	\$167

Crafts & Fine Arts

Expressions of Art

Express yourself! Teens and adults with developmental disabilities, expand your creativity using a variety of art materials. Make several projects to take home; some projects are displayed in the No Boundaries Art Exhibit. Goal: Improve fine motor coordination, cultural art leisure skills, and improve ability to understand directions.

<u> 13 yrs + Classes: 6</u>				
RP4302.601 Cedar Lane Rec Ctr	Jan 20	10:45am-12:15pm	Sa	\$95
<u>22 yrs + Classes: 6</u>				
RP4302.602 Cedar Lane Rec Ctr	Jan 10	10:45am-12:15pm	W	\$95

Dance

Dances

Teens and adults with developmental disabilities enjoy dancing, socializing, and music by DJ Chris Andrews. Snacks and refreshments are provided.

1	3 yrs + Ba	<u>in Ctr</u>				
R	P4301.601	Let's Go Sailing	Jan 20	7-10pm	Sa	\$15
R	P4301.602	Sweetheart Ball	Feb 10	7-10pm	Sa	\$15
R	P4301.603	Mardi Gras Madness	Mar 10	7-10pm	Sa	\$15

Enrichment

Green Thumb Club

Adults with developmental disabilities, practice your gardening skills in this weekday social horticulture program. Learn to germinate, grow and harvest flowers, vegetables and herbs in a group setting and take home your crop at the end of the season! Goals: Increase fine motor functioning, improve social skills and understanding of gardening practices. Caregiver must remain on site.

<u>22 yrs + Classes: 6</u> RP4311.601 Robinson Nature Ctr Feb 12 1:30-3pm W \$8

Teen Venture

Teens with mild-to-moderate developmental disabilities spend time with their peers at various community outings. Must have moderate- to high-functioning level of independence and require minimal assistance with personal skills to be functionally independent. Staff-to-participant ratio is 1:4. Fee is inclusive of all activities other than dining. Goal: Increase awareness of others in social situations and of leisure activities and skills.

 13-21 yrs
 Classes: 6

 RP4206.601
 Various locations
 Jan 19
 6:30-9:30pm
 F
 \$185

 RP4206.602
 Various locations
 Jan 20
 6:30-9:30pm
 Sa
 \$185



Learn the basics of food prep, kitchen safety and learn new recipes to take home at Instructional Cooking.

The Safety Project

Men and women with intellectual disabilities are at a high risk for abuse. The Safety Project was developed to address this risk through a safety education program. Enjoy mini-lectures and discussion, group activities, action planning, feedback, problem solving, and relaxation exercises. Topics include healthy relationships and boundaries; nature and warning signs of abuse; trauma and other effects of abuse; coping and help-seeking skills; safety planning; and disability rights.

 Roger Carter Comm Ctr
 Classes: 6

 RP4321.602
 13-16 yrs
 Feb 22
 6:30-8:30pm
 M
 \$185

 RP4321.601
 18-34 yrs
 Jan 11
 6:30-8:30pm
 Th
 \$185

Friday Night Socials

Adults with developmental disabilities, enjoy this casual group with easy-going activities and socializing. Staff provide activity facilitation; caregivers accompany at staff's discretion. Goal: Increase self-awareness through leisure experiences, improve social etiquette, and increase ability to listen to others.

<u>22-54 yrs Classes: 6</u> RP4306.601 Various locations Jan 19 7:30-9pm F \$130

Next Chapter Club

This book club for women with developmental disabilities meets biweekly in the community. Anyone can participate (whatever you're reading or ability level). You select the books and determine the discussion. Goals: Improve literacy skills, socialization, and increase self advocacy and community engagement. Fee includes refreshments.

<u>22-39 yrs Classes: 6</u> RP4324.601 Locations TBD Jan 8 7-8:30pm M \$45

Out & About

Adults with mild developmental disabilities, enjoy community outings and social activities. Adults must have moderate-to-high functioning level of independence and require minimal assistance with personal skills to be functionally independent. Staff-to-participant ratio is 1:5. Goal: Increase self-awareness through environmental orientation, improve social etiquette, and increase ability to listen to others. Fee includes activities other than dining.

<u>22-48 yrs Classes: 6</u>
RP4308.601 Various locations Jan 19 6:30-9:30pm F \$192
RP4308.602 Various locations Jan 20 6:30-9:30pm Sa \$192

Sports

Alley Cats Bowling League

Adults with developmental disabilities, enjoy time with your peers. Bowl one or two games per week. Fee includes shoe rental and bowling fees. This program requires caregivers or agency support staff to remain with the participant. Supervision is not provided. Goal: Increase self-awareness through environmental orientation, increase ability to listen and interact with others. 22 yrs + Classes: 10

RP4315.601 Jan 10 10:30am-noon W \$100

Fit Circuit by - "The GymGuyz"

GYMGUYZ training helps you with a structured routine for overall fitness. In addition to on-site training, homework is given for exercises to do at home that focus on building body image, posture, coordination, abdominal strength, muscles, and cardiovascular fitness. Caregiver must supervise. Participants must be independent with personal care. Health screening required. Goals: Improve stability, strength and cardiovascular endurance. 22 yrs + Classes: 24

RP4322.601 Cedar Lane Rec Ctr Jan 22 1-2pm M,W \$400

Pinbusters Bowling League

Adults with developmental disabilities, enjoy socializing with your peers. Bowl one or two games per week. Fee includes shoe rental and bowling fee. Goal: Increase self-awareness through environmental orientation, increase ability to listen and interact with others.

34 yrs + Classes: 8

RP4312.601 Normandy Brunswick Lanes Jan 13 10:15-11:45am Sa \$96

Power Walkers Club

This is a walking club for adults with developmental disabilities. Meet and exercise together at community centers and parks. Track and log steps. Prizes and incentives are provided for meeting challenge goals. Registration fee includes T-shirt and pedometer. Caregiver required to provide supervision. Staff supervision is not provided, only program facilitation. (No class 2/19.) 22 yrs + Classes: 6

RP4319.601 Various locations Jan 22 10-11:30am M \$100

Strikes & Spares Bowling League

Adults with developmental disabilities, develop and improve bowling skills and learn proper bowling etiquette. Bowl one or two games per week. Fee includes shoe rental and bowling fee. Goal: Increase range of motion, improve athletic skills, and improve ability to stay on task.

13-33 vrs Classes: 8

RP4313.601 Normandy Brunswick Lanes Jan 13 10:15-11:45am Sa \$96

Tumblers: Adapted Gymnastics (Cancelled)

Parents and your child with physical or developmental disabilities, come participate in a structured, gymnastics class. Parents, work with instructors to assist and adapt to your child's individual needs and abilities. Goal: Increase gross motor coordination, core strength, balance, and overall self-awareness.

6-11 yrs Classes: 8

RP4211.601 Columbia Gymnastics Jan 21 1:30-2:30pm Su \$250

Pre-K (0-5 yrs) Classes & Activities

• Programs listed by category, then age, then alphabetical

Adventure & Outdoors Page 18

Nature & Environment Page 20

Home School Page 24

Adventures in Learning

The Early Years Matter: Help your child get ready for kindergarten. Follow this progression of classes that help build your child's social and emotional skills. (You can start at any stage of this school-readiness program.) More and more children in Maryland are school-ready when they enter kindergarten. Make sure your child is one of them! Staff members do not change diapers.

Awesome Athletes, Amazing Artists (Parent/Child)

If you enjoy being active and creative, this is the class for you! Explore sports, games, arts and crafts while meeting new friends! Spend the first half of class throwing, kicking and shooting with a variety of interactive gym games. Continue the fun in the second half of class with painting, pasting and creating an array of art projects! Parents are required to attend. (No class 1/26.) Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov. 2-4yrs Classes: 5

RP6973.601 Gary J Arthur Comm Ctr Jan 5 9:30-10:30am F \$75 RP6973.602 Gary J Arthur Comm Ctr Feb 23 9:30-10:30am F \$75

Tots Discovery Jr.

This drop-off class is designed to foster increased independence through hands-on activities that develop social, cognitive and fine motor skills while exploring and meeting new friends. It's a wonderful way to make a seamless transition into our Tots Discovery classes. (No class 1/26, 2/16.) Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov.

2 yrs Classes: 10

RP3204.601 Gorman Crossing ES Jan 3 10-10:45am W \$155 RP3204.602 Rockburn ES Jan 5 10-10:45am F \$155

Tots Discovery

Is your 2-year-old ready for a more challenging environment? This program provides enriching, positive experiences that allow children to have fun, explore the world around them and learn how to get along with others. Emphasis is on learning through play and building a foundation for a preschool experience. Thematic lessons are developmentally appropriate. To allow children time to adapt to this new environment, class meets for one hour the first day. Fee includes snack. Pay a \$45 non-refundable deposit to hold a spot for the second session. (No class 1/25.) Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov.

<u>2 yrs Classe</u>	<u>s: 12</u>				
RP3201.601	Dayton Oaks ES	Jan 2	10am-noon	Tu,Th	\$195
RP3201.602	Dayton Oaks ES	Feb 20	10am-noon	Tu,Th	\$195
RP3201.603	Gorman Crossing ES	Jan 2	10am-noon	Tu,Th	\$195
RP3201.604	Gorman Crossing ES	Feb 20	10am-noon	Tu,Th	\$195
RP3201.605	Rockburn ES	Jan 2	10am-noon	Tu,Th	\$195
RP3201.606	Rockburn ES	Feb 20	10am-noon	Tu,Th	\$195



Ease your little one into kindergarten with age-appropriate, engaging, learning activities at Kindergarten Jump Start.

Preschool Adventures

Come join the adventure! Children enjoy an exciting, physically active and well-rounded experience. Enriching activities include story time, music, arts and crafts, along with sports-specific activities (including volleyball, baseball, soccer and other sports) in the gym. Register for M-Th and receive a 10% discount off. Pay a \$45 non-refundable deposit to hold a spot for the second session. (No class 1/15, 1/24, 1/25.) Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov.

2 yrs, 9 mos-5	yrs Classes: 10				
RP6971.601	Gary J Arthur Comm Ctr	Jan 8	9:30am-1pm	M,W	\$200
RP6971.602	Gary J Arthur Comm Ctr	Jan 9	9:30am-1pm	Tu,Th	\$200
RP6971.604	Gary J Arthur Comm Ctr	Feb 26	9:30am-1pm	M,W	\$200
RP6971.605	Gary J Arthur Comm Ctr	Feb 27	9:30am-1pm	Tu,Th	\$200
2 yrs, 9 mos-5	yrs Classes: 20				
RP6971.603	Gary J Arthur Comm Ctr	Jan 8	9:30am-1pm	M-Th	\$360
RP6971.606	Gary J Arthur Comm Ctr	Feb 26	9:30am-1pm	M-Th	\$360

My First School

This program is designed to help children make a successful transition to an independent experience. Children develop social skills while exploring the alphabet, games, music, movement, and art with a different theme each week. Fee includes snack. Pay a \$45 non-refundable deposit to hold a spot for the second session. (No class 1/15, 1/24, 1/25, 2/19.) Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov.

2 yrs 9 mos-3	yrs, 10 mos Classes	: 12			
RP3202.601	llchester ES	Jan 2	10am-noon	Tu,Th	\$195
RP3202.602	Ilchester ES	Feb 20	10am-noon	Tu,Th	\$195
RP3202.603	N Laurel Comm Ctr	Jan 2	10am-noon	Tu,Th	\$195
RP3202.604	N Laurel Comm Ctr	Feb 20	10am-noon	Tu,Th	\$195
2 yrs 9 mos-3	yrs, 10 mos Classes	<u>: 10</u>			
RP3202.605	Rockburn ES	Jan 8	10am-noon	M,W	\$165
RP3202.606	Rockburn ES	Feb 26	10am-noon	M,W	\$165

Step into School

This specialized program is designed to help your child get ready for kindergarten. Daily activities include writing workshops, reading readiness and math skills. Activities support school curriculum goals and encourage socialization and independence. Special themes help make learning fun! Fee includes snack. Pay a \$45 non-refundable deposit to hold a spot for the second session. **Enter "Steps" online or when you call to receive \$5 off your tuition!)** (No class 1/15, 1/24, 2/19.) Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov.

3 yrs, 9 mos-4	yrs, 9 mos Classes:	: 10			
RP3221.601	Ilchester ES	Jan 8	10am-12:30pm	M,W	\$175
RP3221.602	Ilchester ES	Feb 26	10am-12:30pm	M,W	\$175
RP3221.603	N Laurel Comm Ctr	Jan 8	9:30am-noon	M,W	\$175
RP3221.604	N Laurel Comm Ctr	Feb 26	9:30am-noon	M.W	\$175

Kindergarten Jump Start

This academic program helps children prepare for a smooth transition into kindergarten. Through age-appropriate activities in reading readiness, math, science and social studies, participants engage in individual, small- and large-group activities. Emphasis is on listening and following directions, starting and completing tasks, group cooperation and expected school behavior. Music, movement and art make learning fun! Pay a \$45 non-refundable deposit to hold a spot for the second session. (No class 1/15, 1/24.) Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov. 4½-5 yrs Classes: 10

RP1727.601	Veterans ES	Jan 8	10am-1:30pm	M,W	\$250
RP1727.602	Veterans ES	Feb 26	10am-1:30pm	M,W	\$250

Marshmallow Math

Math is more fun when experimenting and playing. Explore math concepts through sorting, patterning, counting, graphing and measuring. Snack becomes an adventure when sorting Teddy Grahams or eating the number eight! Graph with marshmallows and explore terrific tangrams and shapes! Songs, art projects and manipulatives are all incorporated to help this preschool experience be meaningful and stimulating. (No class 1/26, 2/16.) Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov. 3-5 vrs Classes: 10

RP3206.601 N Laurel Comm Ctr Jan 5 10am-noon F \$160



Make Sesame Street recipes with your child at C is for Cooking.

One Day Specials

• Parent or caregiver must attend.

Mommy & Me Fun Days

Enjoy a morning full of quality time designed for you and your little one. Join in the fun with theme-related stories, music and movement and complete the morning with a special make-and-take craft. Sign up for one class or make a date for all six adventures. Info: Cindy Ochs, 410-313-4681 or cochs@howardcountvmd.gov.

2-3 yrs Veterans ES

RP3212.601	Elmo & Friends	Feb 2	10-11am	F	\$19
RP3212.602	Clifford's Valentine	Feb 9	10-11am	F	\$19
RP3212.603	Thomas the Tank Engine	Feb 23	10-11am	F	\$19
RP3212.604	Jake & The Never Land Pirates	Mar 2	10-11am	F	\$19
RP3212.605	NEW! The Lion Guard	Mar 9	10-11am	F	\$19
RP3212.606	NEW! Doc McStuffins	Mar 16	10-11am	F	\$19

Cooking

C is for Cooking! (Parent/Child)

Let's get cooking! Parents, enjoy this hands-on class with your little ones while making recipes from favorite Sesame Street characters. Prepare delicious and nutritious recipes such as Big Bird's Yogurt Parfait, Rosita's Pizza Bagels, and Oscar's Quick Dip in the Mud. Enter "Cookie1" online or when you call to receive \$10 off this class! Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov.

2 yrs Classes: 6

RP3209.601 Davton Oaks ES Feb 7 9:45am-10:45am W \$109

Crafts & Fine Arts

Abrakadoodle Art Twoosy Doodlers (Parent/Child)

Parents and kids, experiment with art materials while developing fine motor skills, hand-eye coordination, creativity, readiness skills, confidence, ability to play with others and imaginative thinking. Non-toxic materials used. Sculpt, stamp, cut, glue, draw, color, listen to stories and sing songs! Frames and protective aprons provided. Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov.

20-36 mos Classes: 6

32

RP0133.601 Roger Carter Comm Ctr Feb 3 9:30-10:15am Sa

Abrakadoodle Art Mini Doodlers

Get creative! Learn and emulate drawings of artists with new themes and topics! Paint, learn wet-on-wet techniques, create large-scale artwork and explore a variety of materials to create original art. Lessons are designed to ignite the imagination, foster creativity and develop new skills. Frames and protective aprons provided. Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov.

3½-5 yrs Classes: 6

RP0134.601 Roger Carter Comm Ctr Feb 3 10:30-11:15am Sa \$89

Dance

Dance with Me! (Parent/Child)

Have fun using songs and games to learn dance and movement concepts in this introduction to dance and creative movement. Fee includes participation of one parent or caregiver and one child. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

20 mos-31/2 yrs Classes: 10

RP1003.601 Roger Carter Comm Ctr Jan 8 10:30-11:15am M \$69 RP1003.602 Roger Carter Comm Ctr Jan 5 10:30-11:15am F \$69

Mommy & Me Movement (Parent/Child)

This exciting movement class allows you and your child to move together through dancing, singing, role-playing and more. Watch your little one gain confidence and an appreciation for music and rhythms. Wear comfortable clothing, bare feet or socks. Teachers: Cecilia Ituarte & Mary Clark. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

2-3 yrs Classes: 8

RP1005.612 Misako Beats Jan 26 11:15am-noon F \$85

Parent/Child Movement & Song by Kinetics Dance Theatre

Encourage your child's imagination as they explore creative dance using stories, props and movement. Bare feet preferred. Instructor 601: Teresa Whittemore. Instructor 602 & 603: Jodi Guzewich. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

2-3 yrs Classes: 8

RP1007.601 Kinetics Dance Theatre Jan 20 9:45-10:30am \$69 RP1007.602 Kinetics Dance Theatre Ian 20 10:15-11am \$69 2-3 yrs Classes: 9 RP1007.603 Kinetics Dance Theatre Jan 16 9:45-10:30am \$79

Angelina Ballerina Pre-Ballet - 3's

An introductory class to ballet. Use creative movement to tell stories like Angelina and her friends. Learn basic positions and work on balance and coordination. On the last day there is a final performance for family. Ballet shoes required. Info: Scott Corning, 410-313-4622

or scorning@howardcountymd.gov.

3 yrs Classes: 10

RP1008.601 Roger Carter Comm Ctr Jan 9 9:30-10am Tu \$59

Ballerina Basics by Kinetics Dance Theatre

Ballerina Basics introduces pre-ballet movements, grace and self-control in a creative and nurturing environment. This is a beginner-level class. No experience necessary. Leotard and ballet shoes recommended. Instructor 601 & 602: Lauren Tait. Instructor 603 & 604: Teresa Whittemore. Instructor 605: Meagan Singleton. Info: Melissa Calleri, mcalleri@howardcountymd.gov. 3-6 yrs Classes: 9

RP1011.601	Kinetics Dance Theatre	Jan 17	9-10am	W	\$99
3-6 yrs Clas	sses: 8				
RP1011.602	Kinetics Dance Theatre	Jan 19	10-11am	F	\$89
RP1011.603	Kinetics Dance Theatre	Jan 21	Noon-1pm	Su	\$89
RP1011.604	Kinetics Dance Theatre	Jan 21	1-2pm	Su	\$89
RP1011.605	Kinetics Dance Theatre	Jan 21	2-3pm	Su	\$89



Spin and twirl while practicing loco-motor skills, rhythm and spacial awareness at Creative Dance by Kinetics Dance Theatre.

Ballet & Tap by Dance Connections, Inc.

This fun class combines the beauty of ballet with the rhythm of tap. For the first half of the classes, enjoy an introduction to ballet steps, dance fundamentals and concepts in the center and across the floor in a fun and creative environment. Halfway through, change into tap shoes and explore the basics of tap and rhythms. Wear dance attire for ease of movement such as leotard or dance dress and tights. Leather ballet and tap shoes required. (No class 2/22.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

3-5 yrs Classes: 8

RP1025.601	Dance Connections, Inc.	Jan 11	2-2:45pm	Th	\$95
RP1025.602	Dance Connections, Inc.	Jan 13	1:30-2:15pm	Sa	\$95
RP1025 603	Dance Connections Inc	lan 13	2·15-3nm	Sa	\$95

Creative Dance by Kinetics Dance Theatre

This intro to dance incorporates imagination, creative expression and a lot of fun! Dancers practice loco-motor skills, rhythm, patterns, and spatial awareness. What a wonderful way to learn to dance! All children under the age of 8 must have a parent/guardian on the premises while in class. Leotard and bare feet recommended. Instructor 601: Carol Asher. Instructor 602: Jodi Guzewich. Instructor 603 & 604: Teresa Whittemore. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

3-6 yrs Classes: 8

RP1010.601	Kinetics Dance Theatre	Jan 22	9-10am	Μ	\$89
RP1010.602	Kinetics Dance Theatre	Jan 20	9:30-10:15am	Sa	\$69
RP1010.603	Kinetics Dance Theatre	Jan 20	11:45am-12:30pm	Sa	\$69
RP1010.604	Kinetics Dance Theatre	Jan 20	1-1:45pm	Sa	\$69

Creative Movement by Cindee Velle Ballet

This intro to dance incorporates the exploration of space, rhythm, body-awareness, time, shape and dynamics. Use of imagination is encouraged! A pink leotard, pink tights and pink (leather or canvas) ballet shoes required for girls; a white t-shirt, black shorts or sweat pants and black ballet (leather or canvas) shoes required for boys. Enjoy a showcase at the end of the session for family and friends (additional costume fee applies). Teacher: Amy

Spears. (No class 1/26, 2/16, 3/30, 4/6, 4/13, 5/18.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

3-5 yrs Classes: 14 RP1019.601 Veterans ES Jan 12 4:10-4:55pm F \$99

Fairy Ballet for 4's

Our favorite fairies inspire us to learn beginning barre exercises, ballet positions, and locomotor movements. We reinforce our directional movements and work with partners and groups. There is a performance on the last day of class. Wear comfortable clothes, tunics and leggings or leotards and tights. Ballet shoes are required. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

<u>3 yrs Classes: 10</u> RP1021.601 Roger Carter Comm Ctr Jan 9 10:45-11:15am Tu

Fairy Dance & Storytelling by Kinetics Dance Theatre

This special intro to dance lets your child's imagination take flight! In each class, the fairy theme is expressed through movement and storytelling and incorporated into the dance components (including space, rhythm and body awareness). Dancers share and explore ideas while learning in a safe and creative environment. Attire: leotard and bare feet. Instructor: Melissa Nibali. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov. 3-5 yrs Classes: 9

RP1006.601 Kinetics Dance Theatre Jan 16 9-9:45am Tu \$79

Frozen Ballet & Tap by Dance Connections, Inc.

Let it Go! Enjoy learning ballet and tap with the themes and music from everyone's favorite movie, Frozen! Foundations of ballet and tap are covered while using fine and gross loco-motor movements. Skate like Anna and Elsa, march and climb mountains like Kristoff, spin and dance like Olaf! Props and story lines used to explore movement in fun, creative ways. Dancers, wear clothes for ease of movement, leather ballet and tap shoes. (No class 2/23.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

3-5 yrs Classes: 8

RP1014.601 Dance Connections, Inc. Jan 12 10:45-11:30am F

Princess Ballet by Dance Connections, Inc.

Twirl your way to becoming a dancing princess. Learn the foundations and fundamentals of ballet while working on fine and gross loco-motor movements. The focus is on fun as we use creative dance to learn about ballet steps. Tip-toe around the beast's castle like Belle, waltz like Sleeping Beauty, spin and twirl like Anna and Elsa. Dancers, wear leotard, tights and (leather or canvas) ballet shoes. (No class 1/15, 2/19, 2/23). Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

3-5 yrs Classes: 8

RP1046.601 Dance Connections, Inc. Jan 8 \$95 10-10:45am M RP1046.602 Dance Connections, Inc. Jan 12 10-10:45am F \$95

Tappin' Toes for 3's & 4's

A beginning tap class for 3- and 4-year-olds. Work on balance and coordination while learning our introductory tap steps and terminology. We perform on our last day in "Rockette" style. Wear comfortable clothes. Tunics and leggings or leotards and tights. Tap shoes are required. (Contact the teacher, if you would like to borrow tap shoes.) Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

3 yrs Classes: 10

RP1009.601 Roger Carter Comm Ctr Jan 9 10:10-10:40am Tu \$59

Tinker Bell's Ballet by Dance Connections, Inc.

Be free and fancy! Learn about your favorite fairies while learning ballet in a creative way. Foundations and fundamentals of ballet are covered while using fine and gross loco-motor movements. Fly like Tinker Bell, arabesque with our frozen wings like Periwinkle, and leap like Zarina! Dancers should wear leotard, tights and (leather or canvas) ballet shoes. (No class 2/22.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

3-5 yrs Classes: 8

RP1017.601 Dance Connections, Inc. Jan 11 1:15-2pm Th RP1017.602 Dance Connections, Inc. Jan 11 2-2:45pm \$95

Ballet & Tap with Barbie!

Using the music and stories of Barbie, learn ballet and tap basics and put on a show on the last class. Bring your favorite Barbie to dance with you. Ballet and tap shoes required. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

3½-5 yrs Classes: 11

RP1022.601 Roger Carter Comm Ctr Jan 10 10:30-11:30am W \$85

Dance, Baila! by Misako Ballet Studio

Introduce your child to Spanish through dance! Taught by a native Spanish speaker, learn a variety of basic dance steps, stretches, and movement patterns while practicing new words and concepts in Spanish such as greetings, animals and body parts. Dancers, wear comfortable clothing for ease of movement and bare feet. Bring a reusable water bottle. Teacher: Cecilia Ituarte. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov. 3½-5 yrs Classes: 8

RP1016.601 Misako Ballet Studio Jan 23 10:45-11:30am Tu \$85

Fitness

Funfit® Tots (Parent/Child)

This fun-filled, high-energy class includes songs, stories, parachutes, games, balls, music and more! The perfect combination for your child who loves to move and loves music too! Looking to squeeze in an extra 45 minutes of fun exercise while playing with your child? This is the class for you! Child must be walking. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

11 mos-2 yrs Classes: 10

RP3210.601 Roger Carter Comm Ctr Jan 17 9:30-10:15am W \$115 11/2-4 yrs Classes: 10

RP3210.602 Roger Carter Comm Ctr Jan 17 9:30-10:15am W \$115

Music & Theater Arts

Music Together

Everyone has the potential to be musical. Discover the joy of making Music Together® with your family and friends. Your child grows into a confident music-maker while tapping into all the developmental benefits of music education. You'll have so much fun singing, dancing, shaking and drumming, you won't even realize how much learning is taking place! Babies under 8 months old may attend free with a paid sibling! \$42 materials fee per student due at first class. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

RP0121.0	601 1 mos-5 yrs	Classes: 5	\$9	5 + \$42 mats		
0SM - Co	olumbia			OSM - EII	icott City	
Feb 5	10:30-11:15am	M		Jan 30	10-10:45am	Tu
Jan 30	10:30-11:15am	Tu		Feb 3	9:30-10:15 am	Sa
Jan 31	11:30 am - 12:15pn	n W		Feb 4	10:30-11:1 am	Su
Feb 1	10:30-11:15am	Th				
Feb 1	5:30-6:15pm	Th				
Feb 2	9:30-10:15am	F				
Feb 3	10:15-11am	Sa				
Feb 4	8:30-9:15am	Su				

Broadway Babies Drama:

Fairy Tale Adventures by Drama Learning Center

Students sing, dance, and act while working as part of a theatrical team. Discover all of the residents of Pride Rock! Class session culminates in a final performance for family and friends featuring props created by the students during craft time. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

3-5 yrs Classes: 6

RP0103.601 Drama Learning Ctr Jan 13 9-10am Sa \$95 RP0103.602 Drama Learning Ctr Jan 23 10-11am Tu \$95

Music ABCs & Keyboarding

Bond with your little one while learning the ABCs of Music! Students dance, sing, play keyboards and rhythm instruments, train their young ears and play stimulating music games designed to teach the fundamentals of the Universal Language of Music. Adult participation required. No previous experience necessary. \$42 materials fee due at first class. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

RP0128.601 3-5 yrs Classes: 5 \$115 + \$42 mats

OSM - (Columbia		OSM - Ellicott City			
Feb 1	6:15-7pm	Th	Feb 2	1:15-2pm	F	
Feb 3	11:30am-12:15pm	Sa	Feb 4	9:30-10:15 am	Su	
Feh 4	12·30nm-1·15nm	Su				

Kidz Sing at Olenka School of Music

Do you love singing around the house? This is the perfect class to learn to sing on pitch and develop expressive techniques and beginning harmony through a variety of songs, games and movement. Materials fee per student due at first class. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

4-5 yrs \$115 Classes: 5

RP0124.601 OSM - Columbia Feb 5 4:30-5:15pm M RP0124.602 OSM - Ellicott City Feb 4 11:30am-12:15pm

School's Out Camps

- Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.
- Must enroll in camp to take camp's before- and after-care.

Winter Break TECH Sci Camp-Lil' Space Explorer

Enjoy the excitement of space. Astronauts, explore the cosmos and Milky Way and try space food! Come make moon sand, eat space ice cream, learn about zero gravity and how much things weigh in space, and much more.

4-6 yr	s F	Roger	Carter	Comm	Ctr	Clas	ses: 4	ļ
					-			-

RP3304.601	Camp	Dec 26	9am-3:30pm	Tu-F	\$265
RP3304.651	Before Care	Dec 26	8-9am	Tu-F	\$29
RP3304.661	After Care	Dec 26	3:30-5pm	Tu-F	\$55

Wonderful World of Weather

Become meteorologists! Learn what effects weather, tools that are used to measure weather, and some of the scientific principles. Make ice cream by lowering the freeze point of water; create your own tornadoes; and more!

4-6 vrs	Roger C	arter Comm	Ctr	Classes: 1

RP3304.620	Camp	Jan 15	9am-3:30pm	Μ	\$99
RP3304.631	Before Care	Jan 15	8-9am	М	\$12
RP3304.641	After Care	Jan 15	3:30am-5am	M	\$18

That's Gross!

Get ready to be grossed out as we get hands-on with fun science! Grow bacteria, make gross bird barf, do an experiment about germs and dissect owl pellets. Learn while having fun and becoming an expert in gross-ology!

4-6	yrs	Rog	er Carter	Comm	Ctr	Classes: 1
<u> </u>			c. ca. cc.			CIGODESI I

RP3304.621	Camp	Feb 16	9am-3:30pm	F	\$99
RP3304.632	Before Care	Feb 16	8-9am	F	\$12
RP3304.642	After Care	Feb 16	3:30-5pm	F	\$18

World and Science of Color

Explore and discover colors! We pick up where we left off in our fall color class. Expand your knowledge of mixing colors; make edible, stained glass; experiment with nature's energy to create color; and create secret messages! All young scientists welcome.

4-6 v	rs Roc	ier Carter	Comm	(tr	Classes: 1

RP3304.622	Camp	Feb 19	9am-3:30pm	М	\$99
RP3304.633	Before Care	Feb 19	8-9am	М	\$12
RP3304 643	After Care	Feh 19	3·30-5nm	M	\$18

Space STEM Challenge

Enjoy building and creating different STEM Challenges. Use creativity, critical thinking, ingenuity, collaboration, and the provided materials to solve each problem. Build the tallest structures and the fastest marble roller using everyday objects. Little engineer, what will you build?

	_	_	_	_	
4-6 vrs	Roaer (Carter (omm ((tr	Classes: 1

RP3304.623	Camp	Mar 30	9am-3:30pm	F	\$99
RP3304.634	Before Care	Mar 30	8-9am	F	\$12
RP3304.644	After Care	Mar 30	3:30-5pm	F	\$18

Spring Break Camp - Spring Into Science

Little scientist, from the first experiment to the last, you are busy discovering the fascinating world of science. Each experiment focuses on a different aspect of science. Explore chemical reactions by creating Alka Seltzer rockets and volcanoes, discover polymers and how they are used, and explore air pressure by launching water rockets.

<u>4-6</u>	yrs	Roger (Carter (Comm	Ctr (Classes: 5

RP3304.701	Camp	Apr 2	9am-3:30pm	M-F	\$335	
RP3304.731	Before Care	Apr 2	9-10am	M-F	\$35	
RP3304.741	After Care	Apr 2	9am-10:30am	M-F	\$65	



Learn chess strategies from instructors who have coached state and national champions!

Youth (5-10 yrs) Classes & Activities

• Programs listed by category, then age, then alphabetical.

Adventure & Outdoors *Page 18* **Nature & Environment** *Page 20*

Heritage Programs Page 22

Home School Page 24

Chess

Chess Club Before & After School with Silver Knights Chess

Learn how to play chess from highly rated professional chess instructors, who have coached many state and national champions! Time is evenly split between lesson and play. Lessons range from learning the rules to advanced tournament strategies. Open to all elementary school grades and experience levels. Play time is structured to pair against opponent of similar skill. All chess supplies provided. (No class 2/16, 2/19, 3/30, 4/3-6, 4/9, 4/13 (after-school), 5/18.) Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Before School	Grades K-5 Classes	s: 12			
RP3323.601	Atholton ES	Jan 24	8-9am	W	\$175
RP3323.602	Bellows Spring ES	Jan 23	8:10-9:10am	Tu	\$175
RP3323.603	Ilchester ES	Jan 29	8:10-9:10am	M	\$175
RP3323.604	Pointers Run ES	Feb 2	8:10-9:10am	F	\$175
After School	Grades K-5 Classes:				
RP3322.601	Centennial Lane ES	Jan 24	3:30-4:30pm	W	\$175
RP3322.602	Dayton Oaks ES	Jan 29	3:35-4:35pm	М	\$175
RP3322.603	Fulton ES	Jan 25	4-5pm	Th	\$175
RP3322.604	Gorman Crossing ES	Jan 24	4-5pm	W	\$175
RP3322.605	Hammond ES	Jan 25	3:35-4:35pm	Th	\$175
RP3322.606	Manor Woods ES	Jan 25	3:20-4:20pm	Th	\$175
RP3322.607	Northfield ES	Feb 2	3:30-4:30pm	F	\$175
RP3322.608	Rockburn ES	Jan 23	3:25-4:25pm	Tu	\$175
RP3322.609	St. Johns Lane ES	Jan 23	3:20-4:20pm	Tu	\$175



Strengthen your chess gameplay before or after school.

Chess Wizards Before & After School

Want to learn chess in a fun, engaging and interactive way? Curriculum is designed by teachers and comedians to impart many benefits (critical thinking, sportsmanship and learning from our mistakes in a challenging and exciting way). In addition to lessons and traditional gameplay, variations of chess games are incorporated to build teamwork and improve logic, planning, discipline, judgment and self-control. All skill levels welcome and are grouped accordingly for lessons and game-play. (No class 1/26, 2/16, 2/19.) Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Before School	Grades K-5 Class	es: 8			
RP3373.601	Elkridge ES	Jan 19	8:10-9:10am	F	\$149
RP3373.602	Thunder Hill ES	Jan 23	8:10-9:10am	Tu	\$149
RP3373.603	Veterans ES	Jan 24	8:10-9:10am	W	\$149
After School	Grades K-5 Classe	<u>s: 8</u>			
RP3372.601	Bollman Bridge ES	Jan 29	3:10-4:10pm	M	\$149
RP3372.602	Hollifield Station ES	Jan 23	3:20-4:20pm	Tu	\$149
RP3372.603	Jeffers Hill ES	Jan 19	3:35-4:35pm	F	\$149
RP3372.604	Lisbon ES	Jan 25	3:15-4:15pm	Th	\$149
RP3372.605	Longfellow ES	Jan 23	3:30-4:30pm	Tu	\$149
RP3372.606	Phelps Luck ES	Jan 25	3:25-4:25pm	Th	\$149
RP3372.607	Running Brook ES	Jan 24	4-5pm	W	\$149
RP3372.608	Triadelphia Ridge ES	Jan 24	3:15-4:15pm	W	\$149

Chess Winter Break Camp with Silver Knights Chess

Play and learn chess from the highly rated professional chess instructors. Campers are divided into skill level groups, from beginner to highly rated tournament players. Learn openings, tactics and endgames; study master games; play games against fellow students; and analyze students games. Fresh air breaks included. Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Grades K-8	Classes: 4				
RP1815.601	Roger Carter Comm Ctr	Dec 26	9am-4pm	Tu-F	\$279
RP1815.611	Roger Carter Comm Ctr	Dec 26	9am-noon	Tu-F	\$169
RP1815.621	Roger Carter Comm Ctr	Dec 26	1-4pm	Tu-F	\$169



Choose from various cooking themes and try out new recipes at Cooking with Chef Nikki After School.

Cooking

Cooking with Chef Nikki After School

This mobile cooking program is offered through Chef Nikki Marks (owner of the food truck Mindgrub Cafe). Classes are taught by Marks and her staff of culinary experts. Enjoy cultural explorations through the preparation of a range of cuisine. Emphasis is on etiquette, nutrition, kitchen safety and the science behind cooking! \$40 materials fee due at first class, payable to Nikki Marks. (No class 1/26, 2/16, 2/20-2/22, 3/26-3/29.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

Grades K-5 Theme: Pies & Tarts! Classes: 4 \$80

Your family will be so happy when you come home with dessert to share! We will make homemade crusts with a variety of fillings.

RP3302.601	Fulton ES @ Reservoir HS	Jan 25	4-5:30pm	Th
RP3302.602	Hammond ES @ MS	Jan 19	3:35-5:05pm	F
RP3302.603	llchester ES @ Bonnie Branch MS	Jan 23	4:10-5:40pm	Tu
RP3302.604	Northfield ES @ Dunloggin MS	Jan 24	3:30-5pm	W
RP3302.605	Triadelphia Ridge ES	Jan 22	3:30-5pm	М
Grades K-5	Theme: Pastas & Sauces! Classes:	:4 \$80		

We will make pasta from scratch along with sauces to include marinara and pesto. There will be jars of sauce to take home!

RP3302.611	Fulton ES @ Reservoir HS	Mar 1	4-5:30pm	Th
RP3302.612	Hammond ES @ MS	Mar 2	3:35-5:05pm	F
RP3302.613	Ilchester ES @ Bonnie Branch MS	Feb 27	4:10-5:40pm	Tu
RP3302.614	Northfield ES @ Dunloggin MS	Feb 28	3:30-5pm	W
RP3302.615	Triadelphia Ridge ES	Feb 26	3:30-5pm	M

Wee Chefs Mini-Session with Mrs. Theresa

Join us for hands-on cooking! Make fun and delicious food that is sure to please the taste buds. Our classes teach little chefs how to make various appetizers and desserts. Learn different cooking techniques that allow you to help at home. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

<u>5-7 yrs Classes: 2</u>								
RP3225.601	Ellicott Mills MS	Jan 24	6:30-8pm	W	\$35			
RP3225.602	Ellicott Mills MS	Feb 21	6:30-8pm	W	\$35			
RP3225 603	Fllicott Mills MS	Mar 14	6.30-8nm	W	\$35			



Create a masterpiece with new mediums at KidzArt After School.

What's Cooking? With Mrs. Theresa

Make delicious treats to share with friends and family! Handmade recipes. story sharing and music add to the fun. You are not near hot appliances. Section 601: Love is in the Air! At this heartwarming celebration, make heart-healthy, bite-sized sandwiches; red velvet, heart-shaped cupcakes; and a strawberry smoothie. Section 602: Little Leprechaun's: Make a yummy luck charm parfait treat, shamrock cookies and tasty green shamrock punch. Info: Melissa Calleri, 410-313-4721

5-7 yrs Classes: 1

RP3227.601 Ellicott Mills MS Feb 9 6:30-8:30pm RP3227.602 Ellicott Mills MS Mar 9 6:30-8:30pm

Kid's Night in the Kitchen

or mcalleri@howardcountymd.gov.

TGIF! Parents, enjoy a night out while it's Friday night fun for the kids! Make a special dinner and treat and watch a movie. For each registered, full priceparticipant, a sibling can sign up for \$12 (must register by phone). Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

7-11 yrs Classes: 1

RP3229.601 Ellicott Mills MS Jan 19 6-9pm RP3229.602 Ellicott Mills MS Mar 2 6-9pm \$35 RP3229.603 Ellicott Mills MS Mar 23 6-9pm

Crafts & Fine Arts

NEW! CrayoLaLa! After School with Abrakadoodle

Come create with Crayola® watercolors, Model Magic® modeling compound, chalk, tempera paints, special crayons, oil pastels, acrylic paints, and more while exploring color, designing vertical garden sculptures, and building nocturnal animals. A still life explodes with construction paper crayons and pastels. Have a colorful time creating Crayola art! Material fee included. (No class 1/26, 2/16, 2/19.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

<u>5-1</u>	2	<u>yrs</u>	Class	es:	8

RP0136.601	Bollman Bridge ES	Jan 16	3:15-4:15pm	Tu	\$155
RP0136.602	Cradlerock ES	Jan 18	2:55-3:55pm	Th	\$155
RP0136.603	Forest Ridge ES	Jan 22	3:55-4:55pm	M	\$155
RP0136.604	Laurel Woods ES	Jan 17	3:40-4:40pm	W	\$155
RP0136.605	Worthington ES	Jan 19	4:05-5:05pm	F	\$155

KidzArt After School

Enjoy a fun, unique, confidence-building, art experience. This drawing-based curriculum delivers engaging and educationally rich, creative experiences that amaze and delight. Create a masterpiece each week. Explore artistgrade mediums (Prismacolor ArtStix, oil pastels, chalk pastels, charcoal, watercolor, clay, copper, textured papers, and more)! Materials included in registration fee. (No class 2/16, 2/19, 3/30, 4/6, 4/13.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

Grades K-5	Classes: 8					
RP0113.601	Bellows Spring ES	Feb 2	4:10-5:10pm	F	\$144	
RP0113.604	Elkridge ES	Jan 29	4:10-5:10pm	M	\$144	
RP0113.608	llchester ES	Feb 2	4:10-5:10pm	F	\$144	
RP0113.610	Manor Woods ES	Jan 29	3:35-4:35pm	Μ	\$144	
RP0113.613	Rockburn ES	Feb 2	3:35-4:35pm	F	\$144	
RP0113.614	St. Johns Lane ES	Jan 29	3:30-4:30pm	M	\$144	
RP0113.615	Thunder Hill ES	Feb 2	4:10-5:10pm	F	\$144	
Grades K-5	Classes: 9					
RP0113.602	Centennial Lane ES	Feb 1	3:35-4:35pm	Th	\$162	
RP0113.603	Clarksville ES	Jan 31	4:10-5:10pm	W	\$162	
RP0113.605	Fulton ES	Jan 30	4:10-5:10pm	Tu	\$162	
RP0113.606	Gorman Crossing ES	Jan 30	4:10-5:10pm	Tu	\$162	
RP0113.607	Hammond ES at	Jan 30	3:45-4:45pm	Tu	\$162	
	Hammond MS					
RP0113.609	Longfellow ES	Feb 1	3:40-4:40pm	Th	\$162	
RP0113.611	Northfield ES	Jan 31	3:30-4:30pm	W	\$162	
RP0113.612	Pointers Run ES	Jan 31	4:10-5:10pm	W	\$162	
RP0113.616	Triadelphia Ridge ES	Feb 1	3:30-4:30pm	Th	\$162	
RP0113.617	Veterans ES	Jan 30	4:10-5:10pm	Tu	\$162	

KidzArt Spring Break Camp: Creative Creatures

Calling all wild things! Grab your furry feet, horns, spikes and wings! Tap into your imagination and bring your creative creatures to life. Enjoy creating your monster alter-ego self-portrait, printmaking, painting, watercolor, chalk pastels, paper mache and clay sculptures. Explore drawing on copper, velour, sandpaper and more! Cute and cuddly or fierce and furry, all monsters are welcome here! Enjoy art time, snack breaks, lunch, and active play. Extend hours with KidzArt Spring Break Extended Day, below. Materials included in registration fee. Info: Melissa Calleri, 410-313-4721.

Grades K-5 Classes: 5

RP0113.731 Northfield ES Apr 2 9am-4pm M-F

KidzArt Spring Break Camp: **Extended Day Option**

Come early, stay late! Add our extended day option onto our KidzArt Spring Break Camp. Campers enjoy games, puzzles, reading time and extra art time. Bring your favorite book and an extra nut-free snack. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

Grades K-5 Classes: 5

RP0113.693 Art Safari

RP0113.694 *Creative Creatures*

RP0113.732 Northfield ES Apr 2 8-9am & 4-5:30pm M-F \$110

School's Out Workshops with KidzArt!

Art Safari: School is out, but the fun continues with KidzArt Workshops! Come engage your imagination in a whole new way! Our format allows you to learn fine art techniques while encouraging creative thinking in a relaxed environment. KidzArtists explore a variety of artist grade materials through exciting drawings and 3D projects from popular summer camps. Breaks for snack, lunch and active play included too! Materials included in registration fee. Please bring an apron, smock or wear old clothes. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

Feb 19

Frades K-5	Roger Carter Comm Ctr	Classes: 1		
RP0113.691	Artrageous Academy	Jan 15	8:30am-5:30pm	
RP0113.692	Space Adventure	Feb 16	8:30am-5:30pm	

8:30am-5:30pm

\$105

\$105

\$105



Learn how to sign with Ms. Laura at Sign Language Class After School.

Dance

NEW! Dance Basics for Boys by Kinetics Dance Theatre

This intro to basic dance and tap skills is designed for boys. Come learn basic ballet steps, build locomotor skills, and learn to develop rhythmic patterns using imagery and themes such as animals, superheroes, outer space and more! (No class 2/19.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

4-6 yrs Classes: 7

RP1013.601 Kinetics Dance Theatre Jan 22 4:30-5:15pm M \$65

Beginning Princess Ballet: Rhythm & Steps

Dance with scarves to the music of your favorite princesses. This class combines basic ballet steps with the imagination of creative movement and helps young dancers establish basic skills in locomotion, imagination and music appreciation. Leotard, tights and leather ballet shoes (no satin slippers) required. Bring a reusable water bottle. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

5-7 yrs Classes: 8

RP1001.601 Misako Ballet Studio Jan 26 5:15-6pm F \$85 RP1001.611 Misako Beats Jan 23 5:15-6pm Tu \$85

Ballet/Jazz After School by Cindee Velle Ballet

This 90-minute dance class introduces basic barre exercises: leg, feet and arm positions and first forms of classic center work. The jazz portion includes contemporary movement from a range of American dance styles such as Broadway, lyrical and funk. Girls, wear black leotard, pink tights, pink ballet shoes (leather or canvas) and black jazz shoes. Boys, wear white t-shirt, black shorts or sweat pants, black ballet shoes (leather or canvas) and black jazz shoes. (No class 4/4). Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

Grades K-2 Classes: 12

RP1018.602 Longfellow ES Jan 10 3:40-5:10pm W \$135

6-11 yrs Classes: 16

RP1018.601 Veterans ES Jan 24 4:10-5:40pm W \$179

All That Jazz & Tap by Kinetics Dance Theatre

Discover tempo, balance, strength, and style through beginning tap and jazz dance technique. Groove to the music while learning about rhythm in this beginner-level class that balances fun with learning. This is a co-ed class. No experience is required. Wear comfortable clothing; tap and jazz shoes required. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

6-8 yrs Classes: 8

RP1026.601 Kinetics Dance Theatre Jan 21 1-2pm Su \$89

Back Beats with Nysia Carter

This fast-paced, high-energy, hip-hop class emphasizes body isolation movements, intricate rhythms and individual expression. Come learn basic hip-hop, popping and break dancing techniques to develop your own unique style. Wear comfortable clothes. Sneakers required. (No class 2/17.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

7-10 yrs Classes: 10

RP1020.601 Roger Carter Comm Ctr Jan 13 3:30-4:30pm Sa \$115

Language

Sign Language Class After School

Students, learn how to sign sentences/thoughts, words, and classifiers. Learn how to sign a simple story! Professional interpreter and teacher Ms. Laura is great with kids and has been working in HCPSS for 17 years. American Sign Language (ASL) is a visual, conceptual, and complete language. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

Grades K-2 Classes: 7

RP3343.601 Fulton ES Jan 26 4-5:15pm F \$99

Grades 3-5 Classes: 7

RP3343.611 Fulton ES Jan 23 4-5:15pm Tu \$99

Spanish After School

Learn a new language; and explore the culture and traditions from Spanish-speaking areas. Enjoy playing games, singing songs, reading poems, creating crafts, and more. Classes are taught by native speakers who are not only experienced teachers, but are also engaging, fun and motivating. No class on half days or when school is not in session. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

Grades K-5	Classes: 8				
RP3301.601	Ilchester ES	Jan 22	4-5pm	M	\$139
RP3301.605	Lisbon ES	Jan 26	3:15-4:15pm	F	\$139
Grades K-5	Classes: 9				
RP3301.602	Hammond ES	Jan 24	3:40-4:40pm	W	\$159
RP3301.604	Gorman Crossing ES	Jan 25	4-5pm	Th	\$159
Grades 3-5	Classes: 9				
RP3301.603	Northfield ES	Jan 23	3:20-4:20pm	Tu	\$159

Passport to China After School

This popular, after-school program gives you the chance to learn Chinese in an immersion environment, yet in a fun and efficient way. Enjoy an intro to the geography, history, culture and language of China. Also learn conversational language, abacus math skills, native music, and song! Experiment with different crafts such as paper cutting (Jianzhi), paper folding (Origami), and calligraphy (Shufa). Classes are taught by Academy of Excellence instructors, sponsored by the WeeStar Corporation. No class on half days or when school is not in session. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

Grades 1-5	Classes: 8
DD2211601	Eulton EC

RP3314.601	Fulton ES	Jan 17	4-5:30pm	W	\$139
RP3314.602	Pointers Run ES	Jan 18	4-5:30pm	Th	\$139
RP3314.603	St. Johns Lane ES	Jan 17	3:20-4:50pm	W	\$139
RP3314.604	Thunder Hill ES	Jan 16	4-5:30pm	Tu	\$139

Music & Theater Arts

Music

Kidz Sing at Olenka School of Music Page 34

Guitar Studio OSM Columbia

Bring your electric or acoustic guitar and get ready to play your favorite songs. Learn valuable warm-ups and finger exercises, scales and how to apply basic chords to any song, in any style of music. No previous music experience necessary. You must bring your own guitar. \$30 materials fee due at first class. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

6-10 yrs OSM - Columbia Classes: 5 RP0125.601 Feb 5 5:30-6:25pm M \$129

Learn Now Music: Ultimate Music Camp

Learn Now Music introduces a variety of musical instruments and concepts including piano, guitar, violin, drums, voice and movement. Campers, participate in musical games, crafts, musical listening excerpts and related projects. Get a t-shirt and camp bag. Free instrument rentals provided for in-camp use and at-home exploration. Instruments must be returned at the end of the week. Both morning and afternoon sessions are supervised during a lunch break. Info: Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

<u>5-11 yrs</u>					
RP3934.601	N Laurel Comm Ctr	Dec 26	9am-1pm	Tu-F	\$229
RP3934.602	N Laurel Comm Ctr	Dec 26	1-5pm	Tu-F	\$229

Learn Now Music After School

Learn Now Music's mission is "to create a positive, musical experience for all of our students!" Participate in musical instruction and theory. Enjoy musical games, curriculum-based activities, listening excerpts, and more! You can borrow a rental instrument and materials each session at no cost. A rental agreement must be signed at the first class. No class on half days or when school is not in session. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

Grades K-5	Drums Classes: 6				
RP3361.633	Bellows Spring ES	Feb 7	4-5pm	W	\$135
RP3361.631	Clarksville ES	Feb 6	4-5pm	Tu	\$135
RP3361.637	Clemens Crossing ES	Feb 5	3:50-4:50pm	М	\$135
RP3361.638	Dayton Oaks ES	Feb 8	3:40-4:40pm	Th	\$135
RP3361.632	Ducketts Lane ES	Feb 7	3:20-4:20pm	W	\$135
RP3361.639	Forest Ridge ES	Feb 6	3:55-4:55pm	Tu	\$135
RP3361.640	Gorman Crossing ES	Feb 7	4-5pm	W	\$135
RP3361.636	Hammond ES	Feb 5	3:35-4:35pm	М	\$135
RP3361.635	Ilchester ES	Feb 8	4:10-5:10pm	Th	\$135
RP3361.634	Northfield ES	Feb 9	3:30-4:30pm	F	\$135
Grades K-5	Groovy Guitar Classe	<u>s: 6</u>			
RP3361.616	Atholton ES	Feb 6	3:50-4:50pm	Tu	\$135
RP3361.618	Bushy Park ES	Feb 8	3:55-4:55pm	Th	\$135
RP3361.642	Centennial Lane ES	Feb 9	6-7pm	F	\$135
RP3361.619	Elkridge ES	Feb 7	4-5pm	W	\$135
RP3361.620	Fulton ES	Feb 5	4-5pm	М	\$135
RP3361.617	Hollifield Station ES	Feb 9	3:20-4:20pm	F	\$135
RP3361.615	Jeffers Hill ES	Feb 6	3:50-4:50pm	Tu	\$135
RP3361.644	Lisbon ES	Feb 8	6-7pm	Th	\$135
RP3361.613	Pointers Run ES	Feb 8	4-5pm	Th	\$135
RP3361.614	Rockburn ES	Feb 5	3:30-4:30pm	М	\$135
RP3361.612	St. Johns Lane ES	Feb 9	3:15-4:35pm	F	\$135
RP3361.611	Thunder Hill ES	Feb 7	4-5pm	W	\$135



Jam out with musical games, listening exercises and other activities at Learn Now Music After School.

Grades K-5	Poppin' Piano Classe	<u>s: 6</u>			
RP3361.606	Atholton ES	Feb 6	3:50-4:50pm	Tu	\$135
RP3361.608	Bushy Park ES	Feb 8	3:55-4:55pm	Th	\$135
RP3361.641	Centennial Lane ES	Feb 9	6-7pm	F	\$135
RP3361.609	Elkridge ES	Feb 7	4-5pm	W	\$135
RP3361.610	Fulton ES	Feb 5	4-5pm	М	\$135
RP3361.607	Hollifield Station ES	Feb 9	3:20-4:20pm	F	\$135
RP3361.605	Jeffers Hill ES	Feb 6	3:50-4:50pm	Tu	\$135
RP3361.643	Lisbon ES	Feb 8	6-7pm	Th	\$135
RP3361.603	Pointers Run ES	Feb 8	4-5pm	Th	\$135
RP3361.604	Rockburn ES	Feb 5	3:30-4:30pm	М	\$135
RP3361.602	St. Johns Lane ES	Feb 9	3:15-4:15pm	F	\$135
RP3361.601	Thunder Hill ES	Feb 7	4-5pm	W	\$135
Grades K-5	Viva Violin Classes: 6				
RP3361.623	Bellows Spring ES	Feb 7	4-5pm	W	\$135
RP3361.621	Clarksville ES	Feb 6	4-5pm	Tu	\$135
RP3361.627	Clemens Crossing ES	Feb 5	3:50-4:50pm	М	\$135
RP3361.628	Dayton Oaks ES	Feb 8	3:40-4:40pm	Th	\$135
RP3361.622	Ducketts Lane ES	Feb 7	3:20-4:20pm	W	\$135
RP3361.629	Forest Ridge ES	Feb 6	3:55-4:55pm	Tu	\$135
RP3361.630	Gorman Crossing ES	Feb 7	4-5pm	W	\$135
RP3361.626	Hammond ES	Feb 5	3:35-4:35pm	М	\$135
RP3361.625	llchester ES	Feb 8	4:10-5:10pm	Th	\$135
RP3361.624	Northfield ES	Feb 9	3:30-4:30pm	F	\$135

Music Exploration & Keyboarding (Parent/Child)

Develop a strong music foundation with this energetic class. Enjoy a rich exploration into the essentials of music theory and performance. Learn to read and write music, explore rhythm instruments, understand keyboard geography and keyboarding techniques, and perform ear-training exercises. Stimulating music games and activities are designed to teach the fundamentals of the Universal Language of Music. Adult participation required. No previous music experience necessary. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

300111111	gemorranacoum	.,a.go					
RP0127.	601 5-10 yrs	Classes: 5	\$155 + \$42 materials fee due at first class				
0SM - C	olumbia		OSM - Ellicott City				
Feb 2	5:30-6:30pm	F	Feb 1 6-7pm Th				
Feb 3	1:30-2:30pm	Sa					
Feb 4	11:30am-12:30r	om Su					



Act out on stage and develop your stage presence and confidence at Musical Improv class with Olenka School of Music.

Musical Improv with Olenka School of Music

Breath control, vocal and tone production are developed with exercises and explored through song, games, and improv. Improve skills, develop stage presence, performance quality and rhythm while creating characters and storytelling. No prior vocal training required. \$30 materials fee per family due at first class. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

6-10 yrs Classes: 5

RP0122.601	OSM - Columbia	Jan 31	5:15-6:10pm	W	\$129
RP0122.602	OSM - Ellicott City	Feb 2	5:30-6:25pm	F	\$129
RP0122.603	OSM - Ellicott City	Feb 4	12:15-1:10pm	Su	\$129

Old-World Music & Crafts With Olenka School of Music

Have fun learning about centuries-old European traditions through music and arts and crafts that have been handed down for generations. This eclectic course includes singing, dancing pottery, metal tapping, costume-making, puppetry, cross-stitching, exploring instruments, painting, and story-telling. Adult participation recommended but not required. \$42 materials fee due at first class. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

5-10 yrs Classes: 5

RP0123.601	OSM - Columbia	Jan 31	6-6:55pm	W	\$129
RP0123.602	OSM - Ellicott City	Feb 3	2:30-3:25pm	Sa	\$129

Theater

- Visit www.howardcountymd.gov/drama for complete schedules.
- Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

Beginning Acting: Disney's Sleeping Beauty Kids

Sing, dance, act and work together towards a final performance for family and friends. Program meets weekly for 6 classes, has 2 evening dress rehearsals, and 2 weekend final performances. \$35 materials fee due at first class.

Grades K-2 Classes: 10

RP1038.601	Drama Learning Ctr	Jan 13	9:30-11:30am	Sa	\$210
RP1038.602	Drama Learning Ctr	Jan 19	5-7pm	F	\$210

Musical Theatre: *Disney's Winnie the Pooh* by Drama Learning Center

Deep in Hundred Acre Wood, Pooh, Tiger, and more join together to rescue Christopher Robin. Come sing, dance and act, and work together towards a final performance for family and friends. Program meets weekly for 8 classes, has 2 evening dress rehearsals and an evening final performance for family and friends. For Fulton Grades 3-5 production, see On Stage: *Disney's High School Musical 2*. Schedules are subject to slight changes.

Grades K-2	Classes: 11					
RP1039.601	Fulton ES	Jan 31	4-6pm	W	\$195	
Grades 1-5	Classes: 11					
RP1039.602	Centennial Lane ES	Feb 9	3:35-5:35pm	F	\$195	
RP1039.603	St. Johns Lane ES	Feb 7	3:20-5:20pm	W	\$195	

Pop Stars Drama Showcase by Drama Learning Center

Create a pop star persona and perform scenes plus songs by Adele, Ellie Goulding, Demi Lovato, Shawn Mendes, and more during an all new DLC Pop Start Showcase. Bring a pencil and binder to class. Schedules are subject to slight changes.

Grades K-5	Classes: 7				
RP1040.601	Clarksville ES	Feb 15	4-6pm	Th	\$99
RP1040.602	Dayton Oaks ES	Feb 12	3:40-5:40pm	М	\$99
RP1040.603	Deep Run ES	Feb 20	4-6pm	Tu	\$99
RP1040.604	Stevens Forest ES	Feb 15	3:40-5:40pm	Th	\$99
RP1040 605	Phelos Luck FS	Feb 20	3·30-5·30nm	Tu	\$99

School's Out Drama Workshops by Drama Learning Center

Why sit at home in front of the TV when you're off from school? Join us for a day of drama-themed fun arts and crafts. (\$50 off additional siblings, phone-in customers only.) Call DLC (410-997-9352) for before- and aftercare

Grades K-5	Drama Learning Ctr

RP0105.601	Olaf's Frozen Adventure	Jan 15	9am-4pm	Μ	\$75
RP0105.602	Tangled	Feb 16	9am-4pm	F	\$75
RP0105.603	Nickelodeon Nicktoons	Feb 19	9am-4pm	M	\$75

Spring Break Drama Camp: Star Wars Hero Training by Drama Learning Center

Register for one day or the entire week as we focus on a different topic each day for drama-themed fun, arts and crafts and daily themes. Students have an opportunity to show parents and friends what they learned at a performance that concludes each day. Ask about a sibling discount (\$50 off each additional sibling), phone-in customers only. Call DLC (410-997-9352) for before and after care.

Grades K-2	Drama Lea	arning Ctr	9am-4pm	<u> \$75</u>	Classes	<u>:: 1</u>
RP3338.701	Mar 30	F	RP333	8.704	Apr 4	W
RP3338.702	Apr 2	M	RP333	8.705	Apr 5	Th
RP3338.703	Apr 3	Tu	RP333	8.706	Apr 6	F
Grades 3-6	Drama Lea	arning Ctr	9am-4pm	\$75	Classes	<u>:: 1</u>
Grades 3-6 RP3338.711	Drama Lea Mar 30	erning Ctr F	9am-4pm RP3333		Classes Apr 4	<u>s: 1</u> W
		erning Ctr F M		8.714		

Home School Musical Theatre James & the Giant Peach, Jr.! By Drama Learning Center

A boy and his insect friends take an amazing journey across the ocean in the delightfully upbeat adaptation of the classic Ronald Dahl adventure tale. Work as a theatrical team to improve their acting, singing, and dancing skills while rehearsing. Meets weekly for 9 classes and concludes with one week of dress rehearsals and 2 final performances for family and friends. (Sibling discount of \$75 off each additional sibling, by phone only). \$55 materials fee due at first class payable to Drama Learning Ctr.

Grades 1-8 Classes: 16

RP0114.601 Drama Learning Ctr Jan 4 1-3:30pm Th \$250

On Stage: Disney's *High School Musical* by Drama Learning Center

It's another adventure for everyone's favorite Wildcats! Join Tory, Gabriella, Sharpay, Ryan, and the rest of the gang as they spend the summer at Lava Spring Country Club and compete for the Star Dazzle award. Come act, sing and dance while rehearsing. Program meets weekly for 10 classes, has 3 evening dress rehearsals, and an evening final performance for family and friends. For Fulton Grades K-2 Production, see Musical Theatre: *Disney's Winnie the Pooh*. Schedules are subject to slight changes.

Grades 1-5	Classes: 14					
RP1045.601	Manor Woods ES	Feb 7	3:35-5:35pm	W	\$240	
RP1045.602	Triadelphia Ridge ES	Feb 15	3:30-5:30pm	Th	\$240	
Grades 3-5	Classes: 14					
RP1045.603	Fulton ES	Jan 31	4-6pm	W	\$240	

Winter Break Drama Camp: Star Wars Hero Training by Drama Learning Center

Focus on a different topic each day for drama-themed fun, arts and crafts. Performances conclude each day and you have an opportunity to show parents and friends what was learned. (\$50 off additional sibling by phone only.) Call DLC (410-997-9352) for before- and after-care.

Grades K-2	Drama Learning Ctr				
RP3338.601	Rey & BB8	Dec 26	9am-4pm	Tu	\$75
RP3338.602	Luke & R2D2	Dec 27	9am-4pm	W	\$75
RP3338.603	Leia & C3PO	Dec 28	9am-4pm	Th	\$75
RP3338.604	Han & Chewbacca	Dec 29	9am-4pm	F	\$75
Grades 3-6	Drama Learning Ctr				
Grades 3-6 RP3338.611	Drama Learning Ctr Rey & BB8	Dec 26	9am-4pm	Tu	\$75
		Dec 26 Dec 27	9am-4pm 9am-4pm	Tu W	\$75 \$75
RP3338.611	Rey & BB8				
RP3338.611 RP3338.612	Rey & BB8 Luke & R2D2	Dec 27	9am-4pm	W	\$75



Kid Empowerment teaches your child how to reach their full potential with strategies that build resilience and mental success!

Schoolhouse Rock Live, Jr.! by Columbia Center for Theatrical Arts

Howard County Rec & Parks has teamed up with Columbia Center for Theatrical Arts to produce Schoolhouse Rock Live, Jr.! Join your friends at CCTA and embark on a journey of imagination and music. Learn the fundamentals of musical theater including choreography, character development and stage direction. The program culminates with a full-stage production complete with theatrical sets, lighting, costumes, and sound! At the final class, a 7pm performance for friends and family ends the season.

6-11 yrs Classes: 11								
RP1041.601	Gorman Crossing ES	Feb 12	4-5:15pm	M	\$205			
RP1041.602	Northfield ES	Feb 22	3:15-4:30pm	Th	\$205			
RP1041.603	Pointers Run ES	Feb 20	4-5:15pm	Tu	\$205			
RP1041.604	Veterans ES	Feb 21	4:10-5:25pm	W	\$205			

Personal Development

Kid Empowerment: P.E.T Power!

Want your children to reach their full potential, realize their self-worth and gain the leading edge? Learn how to create P.E.T.s, (Positive Empowering Thoughts) that chase away A.N.T.s (Automatic Non-supportive Thoughts)! Through charming animations and experiential activities, learn strategies that build resilience, confidence and mental success. Get your own stuffed pet and earn special P.E.T. tags. This is for all children, kid-tested, parent-approved, and highly regarded for 11 years. \$25 materials fee due at first class. Free online animated lessons (\$97 value). Details, pictures and specific topics at: www.smashingants.com. No class on half days or when school is not in session. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

Grades 2-4	Classes: 6				
RP3333.600	Bellows Spring ES	Feb 5	4:05-5:35pm	M	\$115
RP3333.601	Clarksville ES	Feb 8	4-5:30pm	Th	\$115
RP3333.602	Clemens Crossing ES	Feb 7	3:50-5:20pm	W	\$115
RP3333.603	Dayton Oaks ES	Feb 5	3:35-5:05pm	M	\$115
RP3333.604	Elkridge ES	Feb 8	4-5:30pm	Th	\$115
RP3333.605	Gorman Crossing ES	Feb 9	4-5:30pm	F	\$115
RP3333.606	llchester ES	Feb 7	4-5:30pm	W	\$115
RP3333.607	Manor Woods ES	Feb 6	3:20-4:50pm	Tu	\$115
RP3333.608	Pointers Run ES	Feb 9	4-5:30pm	F	\$115



Let your little engineer choose from many Bricks4Kidz LEGO - themed programs this winter.

Science & Technology

School's Out Camps Page 35

Bricks4Kidz LEGO® After-School

Construction Craze

Put on your hard hat and head on over to our construction site! Make your own motorized models of tools of the trade, from a hand-held power drill and power saw to a tough, all-terrain bulldozer and giant dump truck! Build your knowledge of construction while you create your own LEGO construction site! Learn the history of tools from the Stone Age to the Space Age. This is a STEM-based program using LEGO bricks. (No class 2/16, 2/19.) Info: www.bricks4kidz.com/clarksville or Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Grades K-5	<u>Classes: 6</u>				
RP3379.601	Longfellow ES	Jan 31	3:30-4:30pm	W	\$99
RP3379.602	St. Johns Lane ES	Jan 30	3:20-4:20pm	Tu	\$99
RP3379.603	Thunder Hill ES	Feb 1	4-5pm	Th	\$99
RP3379.604	Triadelphia Ridge ES	Feb 2	3:15-4:15pm	F	\$99
RP3379.605	Veterans ES	Jan 29	4-5pm	М	\$99

Bricks4Kidz LEGO® After-School Energy is Everywhere

Energy is essential to almost everything we do, from the lights in our homes and classrooms to the gasoline that fuels our cars. Enjoy an intro into the world of energy in all its amazing forms (wind, solar power, biofuel, and fossil fuels). Learn about renewable energy, the greenhouse effect, and generators. Build moving models! Bricks4Kidz is a STEM-based program that teaches science technology using LEGO bricks. (No class 2/16, 2/19) Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Glades N-5	Classes: 0				
RP3329.611	Atholton ES	Feb 2	4-5pm	F	\$99
RP3329.612	Bellows Spring ES	Feb 1	4-5pm	Th	\$99
RP3329.613	Centennial Lane ES	Jan 31	3:15-4:15pm	W	\$99
RP3329.614	Ilchester ES	Jan 30	4-5pm	Tu	\$99
RP3329.615	Manor Woods ES	Jan 29	3:25-4:25pm	М	\$99

Bricks4Kidz LEGO® After-School Engineering Adventures

Come learn about engineers and the exciting jobs they do through this fun and engaging class! With custom LEGO kits, use motors to bring a bridge to life and make an elevator go up and down! Build, drive it and then modify an electric car! Creative-minded kids love this! (No class 2/16, 2/19.) Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Grades K-5	Classes: 6				
RP3329.621	Clemens Crossing ES	Feb 1	3:50-4:50pm	Th	\$99
RP3329.622	Deep Run ES	Jan 31	4-5pm	W	\$99
RP3329.623	Elkridge ES	Jan 30	4-5pm	Tu	\$99
RP3329.624	Hollifield Station ES	Jan 29	3:20-4:20pm	M	\$99
RP3329.625	Northfield ES	Jan 29	3:30-4:30pm	M	\$99
RP3329.626	Rockburn ES	Jan 31	3:25-4:25pm	W	\$99
RP3329 627	Waterloo FS	Feh 2	4-5nm	F	\$99

Bricks4Kidz LEGO® School's Out & Winter Break

School is out and we're open for play! Topics vary and include the popular LEGO themes (listed below)! Activities take place indoors. Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

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<u>5-11 yrs</u>	Bricks4Kidz LEG0® Winter	Break Cam	p Roger Carter Cor	nm Ctr	
RP1715.60	1 Full Day, 4 days	Dec 26	8:30am-5pm	Tu-F	\$279
RP1715.61	1 Morning, 4 days	Dec 26	8:30am-12:30pm	Tu-F	\$149
RP1715.612	2 Afternoon, 4 days	Dec 26	1-5pm	Tu-F	\$149
RP1715.62	1 Mining & Crafting	Dec 26	8:30am-5pm	Tu	\$95
RP1715.622	2 Galaxy Space Wars	Dec 27	8:30am-5pm	W	\$95
RP1715.623	B Plundering Pirates	Dec 28	8:30am-5pm	Th	\$95
RP1715.624	4 Spinning Ninjas	Dec 29	8:30am-5pm	F	\$95
5-11 yrs	Bricks4Kidz LEGO® School'	s Out R	oger Carter Comm Ctr	Full	Day
RP3369.60	1 Brick City	Jan 15	8:30am-5pm	M	\$95
RP3369.602	2 Minion Madness	Feb 16	8:30am-5pm	F	\$95
RP3369.603	B Heros & Villains	Feb 19	8:30am-5pm	M	\$95
RP3369.604	4 Brick Monsters	Mar 30	8:30am-5pm	F	\$95
5-11 yrs	Bricks4Kidz LEGO® School'	s Out R	oger Carter Comm Ctr	Mori	ning
RP3369.61	1 Brick City	Jan 15	8:30am-12:30pm	M	\$49
RP3369.612	2 Minion Madness	Feb 16	8:30am-12:30pm	F	\$49
RP3369.613	B Heros & Villains	Feb 19	8:30am-12:30pm	M	\$49
RP3369.614	4 Brick Monsters	Mar 30	8:30am-12:30pm	F	\$49
<u>5-11 yrs</u>	Bricks4Kidz LEG0® School'	s Out R	oger Carter Comm Ctr	Afte	<u>rnoon</u>
RP3369.62	1 Brick City	Jan 15	1-5pm	M	\$49
RP3369.622	2 Minion Madness	Feb 16	1-5pm	F	\$49
RP3369.623	3 Heros & Villains	Feb 19	1-5pm	M	\$49
RP3369.624	4 Brick Monsters	Mar 30	1-5pm	F	\$49

Claymation Creation Before-School with TECH Scientific

Move over Gumby and Shaun the Sheep! Our movie-making wizards are in town! Learn about stop-motion animation, use your imagination to create characters out of clay, do set design, and create a stop-motion, animation movie. You bring the popcorn, we supply the movies! (No class 1/26, 2/16, 2/19.) Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Grades K-2	Classes: 7				
RP3347.601	Forest Ridge ES	Jan 30	7:45-9am	Tu	\$135
RP3347.602	Fulton ES	Jan 31	7:55-9:10am	W	\$135
RP3347.603	West Friendship ES	Feb 1	7:45-9am	Th	\$135
RP3347.604	Worthington ES	Jan 22	7:55-9:10am	M	\$135

STEM Challenge with LEGO® After School with Play-Well TEKnologies

Level up your engineering skills with Play-Well TEKnologies and tens of thousands of LEGO® parts! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects (Gear Cars, Gondolas, Merry-Go-Rounds, and Scissor Lifts). Explore your craziest ideas in a supportive environment. (No class 1/26, 2/16.) Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Grades K-2	Classes: 8
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RP3371.601	Bellows Spring ES	Jan 19	4-5:30pm	F	\$179
RP3371.602	Northfield ES	Jan 23	3:30-5pm	Tu	\$179

LEGO® WeDo® Meets Scratch After School

This Club SciKidz is a unique class that combines new products from K'NEX to help understand mechanical movement. In the later weeks, transfer your skills to LEGO® WeDo® models with motorized moving parts. Focus on simple machines and how they are used to make robots move - levers, wheels, screws and pulleys, and more! Young engineers gain an understanding of impressive concepts! (No class 1/26, 2/16, 2/19.) Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Grades	K-2	Classes: 7

RP3363.601	Dayton Oaks ES	Feb 1	3:35-4:50pm	Th	\$135
RP3363.602	Forest Ridge ES	Feb 1	3:50-5:05pm	Th	\$135
RP3363.603	Fulton ES	Jan 31	4-5:15pm	W	\$135
RP3363.604	Gorman Crossing ES	Jan 22	4-5:15pm	M	\$135
RP3363.605	Hammond ES	Jan 31	3:35-4:50pm	W	\$135
RP3363.606	Manor Woods ES	Jan 19	3:20-4:35pm	F	\$135
RP3363.607	Pointers Run ES	Jan 19	4-5:15pm	F	\$135
RP3363.608	West Friendship ES	Feb 1	3:50-5:05pm	Th	\$135

Science Club After-School with Club SciKidz

(No class 1/26, 2/16, 2/19, 3/30.) Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Grades K-2 Classes: 7 To Infinity and Beyond

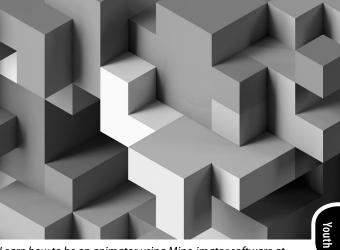
The sky is the limit with this brand new program. Students will become astronauts and astronomers as they learn about planets, the sun, moon, galaxies and space through hands on activities and projects. From constellations to rockets to astronaut training, kids will have a blast!'

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RP3355.601	Bellows Spring ES	Jan 31	4-5pm	W	\$129
RP3355.602	Centennial Lane ES	Jan 22	3:15-4:15pm	M	\$129
RP3355.603	Clemens Crossing ES	Jan 31	3:50-4:50pm	W	\$129
RP3355.604	Dayton Oaks ES	Jan 30	3:35-4:35pm	Tu	\$129
RP3355.605	Deep Run ES	Jan 22	4-5pm	M	\$129
RP3355.606	Elkridge ES	Feb 1	4-5pm	Th	\$129
RP3355.607	Fulton ES	Jan 19	4-5pm	F	\$129
RP3355.608	Gorman Crossing ES	Jan 19	4-5pm	F	\$129
RP3355.609	Hammond ES	Jan 30	3:35-4:35pm	Tu	\$129
RP3355.610	Hollifield Station ES	Jan 31	3:20-4:20pm	W	\$129
RP3355.611	Longfellow ES	Jan 22	3:35-4:35pm	M	\$129
RP3355.612	Rockburn ES	Feb 1	3:25-4:25pm	Th	\$129
RP3355.613	St. Johns Lane ES	Feb 1	3:20-4:20pm	Th	\$129
RP3355.614	Triadelphia Ridge ES	Jan 22	3:15-4:15pm	M	\$129
RP3355.615	Veterans ES	Jan 30	4:05-5:05pm	Tu	\$129
RP3355.616	West Friendship ES	Jan 30	3:50-4:50pm	Tu	\$129
Cundon 2 F	Classes 7 All I it I	I			

Grades 3-5 Classes: 7 All Lit Up

Explore and investigate electricity in a hands-on format. Create batteries out of household objects and build your own circuits to make one-of-a-kind creations!

RP3355.621	Bellows Spring ES	Jan 31	4-5pm	W	\$129
RP3355.622	Centennial Lane ES	Jan 22	3:15-4:15pm	М	\$129
RP3355.623	Clemens Crossing ES	Jan 31	3:50-4:50pm	W	\$129
RP3355.624	Dayton Oaks ES	Jan 30	3:35-4:35pm	Tu	\$129



Learn how to be an animator using Mine-imator software at Minecraft Animation After School with C3 Cyber Club.

RP3355.625	Deep Run ES	Jan 22	4-5pm	M	\$129
RP3355.626	Elkridge ES	Feb 1	4-5pm	Th	\$129
RP3355.627	Fulton ES	Jan 19	4-5pm	F	\$129
RP3355.628	Gorman Crossing ES	Jan 19	4-5pm	F	\$129
RP3355.629	Hammond ES	Jan 30	3:35-4:35pm	Tu	\$129
RP3355.630	Hollifield Station ES	Jan 31	3:20-4:20pm	W	\$129
RP3355.631	Longfellow ES	Jan 22	3:35-4:35pm	М	\$129
RP3355.632	Rockburn ES	Feb 1	3:25-4:25pm	Th	\$129
RP3355.633	St. Johns Lane ES	Feb 1	3:20-4:20pm	Th	\$129
RP3355.634	Triadelphia Ridge ES	Jan 22	3:15-4:15pm	М	\$129
RP3355.635	Veterans ES	Jan 30	4:05-5:05pm	Tu	\$129
RP3355.636	West Friendship ES	Jan 30	3:50-4:50pm	Tu	\$129

LEGO® Minecraft & Engineering Spring Break Camp

Spend your camp morning using LEGO® materials, creativity, and cooperation in this unique building adventure game. Roll the dice to mine for resources, craft tools, and watch out for Creepers! Have a blast even without any prior experience with Minecraft or LEGO® materials. Follow up with an afternoon applying real-world concepts in physics, engineering and architecture to create a variety of engineer-designed projects using tens of thousands of LEGO® parts. Design and build as never before; and explore your craziest ideas in a supportive environment. Info: Adam Wienckowski, awienckowski@howardcountymd.gov or 410-313-4714.

Grades 1-4 Classes: 5

RP3370.701 Gary J Arthur Comm Ctr Apr 2 9am-4pm M-F \$345

Minecraft Animation After School with C3 Cyber Club

Want to be an animator? Using Mine-imator software, enjoy learning basic animation techniques with Minecraft characters and stages! Expand your observation skills and imagination by studying motion in reality and how it influences motion in animation. Create short animation exercises and projects by applying acting theories and animation principles to scenes. (No class 2/16, 2/19.) Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Classes: 6				
Longfellow ES	Feb 2	3:30-4:30pm	F	\$145
Northfield ES	Feb 8	3:30-4:30pm	Th	\$145
Thunder Hill ES	Feb 5	4-5pm	M	\$145
Veterans ES	Feb 2	4-5pm	F	\$145
Classes: 6				
Gorman Crossing ES	Feb 6	4-5pm	Tu	\$145
Manor Woods ES	Feb 7	3:30-4:30pm	W	\$145
Running Brook ES	Feb 8	4-5pm	Th	\$145
	Longfellow ES Northfield ES Thunder Hill ES Veterans ES Classes: 6 Gorman Crossing ES Manor Woods ES	Longfellow ES Feb 2 Northfield ES Feb 8 Thunder Hill ES Feb 5 Veterans ES Feb 2 Classes: 6 Gorman Crossing ES Feb 6 Manor Woods ES Feb 7	Longfellow ES Feb 2 3:30-4:30pm Northfield ES Feb 8 3:30-4:30pm Thunder Hill ES Feb 5 4-5pm Veterans ES Feb 2 4-5pm Classes: 6 Gorman Crossing ES Feb 6 4-5pm Manor Woods ES Feb 7 3:30-4:30pm	Longfellow ES Feb 2 3:30-4:30pm F Northfield ES Feb 8 3:30-4:30pm Th Thunder Hill ES Feb 5 4-5pm M Veterans ES Feb 2 4-5pm F Classes: 6 Feb 6 4-5pm Tu Manor Woods ES Feb 7 3:30-4:30pm W

NEW! Minecraft Modding After School with C3 Cyber Club

Learn how to create your own custom gameplay items and elements using Mcreator and Minecraft! Create artwork for various items, and then implement them into the game with custom behaviors while learning about texturing, logic flow, asset organization, and custom-event triggers. Design custom blocks, items, food, biomes, and more! Enhance your problem-solving abilities, design skills and keyboard confidence! (No class 2/16, 2/19.) Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov. Grades 1-3 Classes: 6

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RP3330.601	Centennial Lane ES	Feb 2	3:15-4:15pm	F	\$145
RP3330.602	Dayton Oaks ES	Feb 7	3:35-4:35pm	W	\$145
RP3330.603	Fulton ES	Feb 5	4-5pm	M	\$145
Grades 4-5	Classes: 6				
RP3330.611	Clarksville ES	Feb 2	4-5pm	F	\$145
RP3330.612	Forest Ridge ES	Feb 6	3:50-4:50pm	Tu	\$145
RP3330.613	St. Johns Lane ES	Feb 5	3:20-4:20pm	M	\$145
RP3330.614	Veterans ES	Feb 8	4:05-5:05pm	Th	\$145

Minecraft Programming After School C3 Cyber Club

Looking for a fun way to learn programming? How about using a game you love (using a custom mod called "Computercraft"). Learn how to program robots called "turtles" inside the world of Minecraft. Learn how to program your robot to complete various tasks and objectives such as building, mining and crafting structures. Be introduced to programming if-then-else statements, for while loops, and implement their own functions using LUA, a simple scripting language. (No class 2/16, 2/19.) Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Grades 1-3	Classes: 6				
RP3326.601	Clarksville ES	Feb 6	4-5pm	Tu	\$145
RP3326.602	Hammond ES	Feb 2	3:35-4:35pm	F	\$145
RP3326.603	Pointers Run ES	Feb 8	4-5pm	Th	\$145
RP3326.604	Triadelphia Ridge ES	Feb 8	3:15-4:15pm	Th	\$145
Grades 4-5	Classes: 6				
RP3326.611	Dayton Oaks ES	Feb 2	3:35-4:35pm	F	\$145
RP3326.612	Elkridge ES	Feb 7	4-5pm	W	\$145
RP3326.613	West Friendship ES	Feb 5	3:50-4:50pm	M	\$145

Video Game Design & Production After School

Interested in video game design? This class is specifically designed for younger children. Learn about game designers, multimedia artists, engineers, programmers and more! See how indie and professional games are made! Use basic 3D geometry to create a video game level. Create puzzles and challenges using jump pads, elevators, lava, and more! Acquire computer skills, mathematics, creativity, and basic problem solving skills. (No class 2/16, 2/19.) Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Grades 1-3	Classes: 6				
RP3327.601	Atholton ES	Feb 5	3:50-4:50pm	M	\$145
RP3327.602	Centennial Lane ES	Feb 6	3:15-4:15pm	Tu	\$145
RP3327.603	Phelps Luck ES	Feb 2	3:25-4:25pm	F	\$145
RP3327.604	Veterans ES	Feb 7	4-5pm	W	\$145
RP3327.605	Waterloo ES	Feb 8	4-5pm	Th	\$145
Grades 4-5	Classes: 6				
Grades 4-5 RP3327.611	<u>Classes: 6</u> Clarksville ES	Feb 8	4-5pm	Th	\$145
		Feb 8 Feb 5	4-5pm 3:50-4:50pm	Th M	\$145 \$145
RP3327.611	Clarksville ES		•		•
RP3327.611 RP3327.612	Clarksville ES Forest Ridge ES	Feb 5	3:50-4:50pm	М	\$145
RP3327.611 RP3327.612 RP3327.613	Clarksville ES Forest Ridge ES Lisbon ES	Feb 5 Feb 2	3:50-4:50pm 3:15-4:15pm	M F	\$145 \$145



Create projects like mazes and platform games that make learning logic, coding and animation fun at Coding Club Before School.

Coding Club Before School with Silver Knights

Learn to create stories, games, and animations using a visual programming language called Scratch. It's as easy to use as snapping together building blocks! With Scratch, think creatively, work collaboratively, and reason systematically. Projects like mazes and platform games make learning logic, coding, and animation fun and creative! Curriculum teaches new coders the basics while challenging more experienced coders to create increasingly complex programs. Silver Knights provides a laptop for every child. (No class 2/19.) Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Grades 2-5	Classes: 8					
RP3325.601	Bellows Spring ES	Jan 25	8:10-9:10am	Th	\$215	
RP3325.602	Ilchester ES	Jan 23	8:10-9:10am	Tu	\$215	
RP3325.603	Pointers Run ES	Jan 22	8:10-9:10am	M	\$215	

School's Out - Extreme Chemistry Lab 1 & 2

Everyone loves a mad scientist, so put on your white lab coat and get ready for some fun in the chemistry lab! Budding chemists, start by learning about lab safety and the basics of chemistry. From there, hands on activities are the name of the game, as they begin exploring chemical reactions! Some experiments include flame tests and t-shirt chromatography! Then, in Extreme Chemistry 2, camp picks up where Extreme Chemistry Lab 1 left off. Chemical reactions continue to be the focus as we explore the part chemistry plays in cooking and food. Then, put the aprons away, and head outside to create and set off some safe smoke bombs and other exciting science! All chemists are welcome in Lab 2 even if they didn't partake in Lab 1. Before care (8-9am, \$12) and after care (3:30-5:30pm, \$18) available. Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

<u>7-12 yrs Roger Carter Comm Ctr Classes: 1</u>								
RP3305.620	Extreme Chemistry Lab 1	Jan 15	9am-3:30pm	М	\$99			
RP3305.621	Extreme Chemistry Lab 2	Feb 16	9am-3:30pm	F	\$99			

School's Out - Game Wizards

Have you ever wanted to build your own computer video game? Learn how to use ClickTeam Fusion 2.5 to develop your own video game! Your imagination is the limit. Create games such as Pong, Spaceshooter and Chocobreak! Who knows - you might program the next great video game! Before care (8-9am, \$12) and after care (3:30-5:30pm, \$18) available. Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov. 7-12 yrs Classes: 1

RP3305.622 Roger Carter Comm Ctr Feb 19 9am-3:30pm M \$99



Learn how to code with a visual programming language called Scratch at Coding Club Before School.

School's Out-Think You Can Draw - 3D Edition

Take drawing to a whole new level with 3D pens! Start with pencil and paper, and then we quickly move on to modeling and then creating the structure using 3Doodler pens. Bring your ideas and creativity to life in this new class! Before care (8-9am, \$12) and after care (3:30-5:30pm, \$18) available. Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

7-12 yrs Classes: 1

RP3305.623 Roger Carter Comm Ctr Mar 30 9am-3:30pm F \$99

Spring Break- 3D Printing: Industrial Engineer

Discover the wonders of 3D printing! Learn the mechanics and technology; and how to print materials like name tags, pencil holders, and more. As you become more advanced, develop your own products! Before care (8-9am, \$29) and after care (3:30-5:30pm, \$60) available. Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

7-12 yrs Classes: 5

RP3305.701 Roger Carter Comm Ctr Apr 2 9am-3:30pm M-F \$335

App Attack After School with BlackRocket Productions

Take the first steps into the world of mobile app design and customize your own game app! Using a specialized app and game development tool, explore the world of web-based (HTML5) mobile apps. In addition to learning the basics of mobile app design and game development, see first-hand how the world of App publishing functions. Student-created apps are accessible on a private site and can be played on any mobile device or computer. No prior experience is necessary and you do not need a smartphone or tablet. Work in pairs or teams. Returning students create more advanced projects that build on previous years. \$15 laptop fee due at the first class. (No class 2/16, 2/19.) Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Grad	اور	3-5	C	asses:	6
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RP3390.601	Clarksville ES	Feb 5	4-5:30pm	M	\$115
RP3390.602	Clemens Crossing ES	Feb 2	3:50-5:20pm	F	\$115
RP3390.603	Fulton ES	Feb 7	4-5:30pm	W	\$115
RP3390.604	Gorman Crossing ES	Feb 8	4-5:30pm	Th	\$115
RP3390.605	Triadelphia Ridge ES	Feb 6	3:15-4:15pm	Tu	\$115

Game Wizards RPG Edition Before School

Tired of just playing video games? Ever wanted to build your own RPG (role playing game)? Now you can! Come use professional game-making software! Learn to create characters and worlds and learn to program using RPG Maker VxAce. (No class 1/26, 2/16, 2/19.) Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Grades 3-5 Classes: 7

RP3339.601	Clemens Crossing ES	Jan 30	7:45-9am	Tu	\$135
RP3339.602	Dayton Oaks ES	Jan 31	7:30-8:45am	W	\$135
RP3339.603	Running Brook ES	Feb 1	7:55-9:10am	Th	\$135
RP3339.604	Waterloo ES	Jan 26	7:55-9:10am	F	\$135

LEGO® EV3 Robot Olympiad After School

Using the LEGO® EV3 platform, build and program robots to complete a different task or theme each day! Themes include Athletic Training Center, Basketball, Hockey, Tug of War, Sprint, and Wrestling. (No class 1/26, 2/16, 2/19.) Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Grades 3-5 Classes: 7

RP3357.601	Fulton ES	Jan 30	4-5:15pm	Tu	\$149
RP3357.602	Hollifield Station ES	Jan 19	3:20-4:35pm	F	\$149
RP3357.603	Lisbon ES	Jan 29	3:15-4:30pm	M	\$149
RP3357.604	Manor Woods ES	Jan 30	3:30-4:45pm	Tu	\$149
RP3357 605	Pointers Run FS	lan 31	4-5·15nm	W	\$149

Virtual Reality After School with BlackRocket Productions

The future is now! Embark on an epic adventure in virtual reality! In this cutting edge class, learn the foundations of VR design by creating your own virtual worlds, exploring simulated environments, and crafting memorable 3D experiences. At the end, take home your first cardboard VR headset to show friends and family the new worlds you created! VR projects can be viewed on a website or mobile device. You do not need a mobile device during class, but to use the VR headset at home, you need access to an Android or Apple mobile device. Work in pairs or teams. There is a \$15 laptop rental fee and a \$19 fee for the VR headset. (No class 2/16, 2/19.) Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Grad	<u>les</u>	<u>3-5</u>	Classes:	6

RP3391.601	Deep Run ES	Feb 8	4-5:30pm	Th	\$115
RP3391.602	Ilchester ES	Feb 7	4-5:30pm	W	\$115
RP3391.603	Rockburn ES	Feb 5	3:25-4:55pm	M	\$115
RP3391.604	St. Johns Lane ES	Feb 2	3:20-4:50pm	F	\$115
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Teens & Tweens (11-18 yrs) Classes & Activities

• Programs listed by category, then age, then alphabetical.

Adventure & Outdoors Page 18

Nature & Environment *Page 20*

Heritage Programs Page 22

Home School Page 24

Chess

Chess Club After School with Silver Knights

Learn chess! Club splits time between lessons and play. Lessons range from learning the rules to advanced tournament strategies. State and national champions have come from Silver Knight's programs, but most are just looking to learn and have fun! Play time is structured to pair each person against an opponent of similar skill. Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

Grades 6-8 Classes: 8

RP2931.601 Dunloggin MS Jan 17 2:35-3:35pm W \$119

Crafts & Fine Arts

Comics Unleashed

Explore comic book design and learn basic drawing techniques, character design, page composition, layout, penciling and inking. Learn a variety of comic genres including superhero, Manga, Indie, and graphic novels. Please wear comfortable clothing you don't mind getting dirty. You are encouraged to bring a sketchbook for class and at-home practice. Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

11-17 yrs Classes: 5

RP2854.601 Wilde Lake MS Feb 7 6:30-8pm W \$69

Digital Photography

Learn how to take your best pictures. Explore composition, lighting and the elements that make memorable photographs. Learn about shutter speed, exposure and using flash and basics on how your camera works. Practice shooting using your camera's built in settings and scene modes. Bring your camera. Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

11-17 yrs Classes: 4

RP2856.601 Ellicott City Colored School, Restored Jan 21

12:30-2:30pm Su \$69

Drawing Techniques

Strengthen your drawing skills as you focus on different media including graphite, charcoal, colored pencils, pastels and watercolor pencils. Techniques include modeling, color transitions, gesture style, blending and wet-on-dry. Materials are provided but you are encouraged to bring a sketchbook. (No class 2/17.) Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

11-17 yrs Classes: 5

RP2851.601 N Laurel Comm Ctr Jan 27 10:30am-noon Sa \$69

Jewelry Design

Design your own jewelry using professional tools and supplies. Classes include bead stringing, crimping, wire wrapping, bead weaving and bead making. Beads and tools provided. Register for all three classes and receive 10% registration discount (must register by phone for discount). Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

11-17 yrs Roger Carter Comm Ctr

 RP2852.601
 Bracelets
 Mar 10
 10am-noon
 Sa
 \$25

 RP2852.602
 Necklaces
 Mar 3
 10am-noon
 Sa
 \$25

 RP2852.603
 Earrings
 Feb 24
 10am-noon
 Sa
 \$25

Painting for Teens

Work in acrylics to learn or master color mixing, brush work and how to "build" a painting rich with texture and color. The instructor does a demo painting each week and works with you one-on-one. Previous experience not necessary. Materials included. (No class 4/7.) Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

11-17 yrs Classes: 5

RP2853.601 N Laurel Comm Ctr Mar 17 10:30am-noon Sa \$89

Dance

Hip Hop Dance with Nysia Carter

During this high-energy class, focus on choreography, perfect your skills and learn hip-hop, popping and break dancing techniques. With an easy-to-follow breakdown of the basic moves, learn how to put various steps together that allow you to step comfortably onto a dance floor at any event. Wear comfortable clothes; jazz shoes or sneakers required. (No class 2/17.) Info: Holly Harden, 410-313-4625 or hharden@howardcountymd.gov.

11-17 yrs Classes: 10

RP2857.601 Roger Carter Comm Ctr Jan 13 5-6pm Sa \$149

Enrichment & Personal Development

Beauty & Hairstyling

Beauty Academy: Make-up Studio

Come experiment and to learn the basics! Find out how to apply your make up perfectly and master the art of enhancing your natural beauty! Gain insight on makeup products and what colors and shades suit you best. This class focuses on advanced techniques for applying makeup including highlighting, contouring, eyebrow shaping, eye shadow placement, and more! Come get instruction on a clean, natural approach to makeup. Have fun learning simple and easy makeup techniques and tips. Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

11-17 yrs Classes: 1

RP2860.601 Harpers Choice MS Mar 14 6:30-8:30pm W \$69

NEW! Beauty Academy: Nail Art Design

Learn a fun, new way to brighten up everyday appearances or embellish a special occasion outfit using nail art. Nail art is the practice of painting decorative designs on your fingernails. In this exciting new class, create your own nail designs using media such as rhinestones, pearls, striping tape, studs, and more. \$10 material fee due at first class. Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

11-17 yrs Classes: 2

RP2881.601 Thomas Viaduct MS Feb 8 6:30-8:30pm Th \$69

Fitness

Teen Yoga with Rachel Wolfe Page 61

Job Skills

Babysitting Fundamentals

This babysitter training course emphasizes child development, safety, security, first aid, understanding, patience, and other necessary skills. Class includes introduction to hands-only CPR & AED, but does not include CPR certification. Registrants must be at least 11 years old by the first class. Receive a certificate upon course completion. Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

11-14 yrs Classes: 2

RP2862.601 Clarksville MS Feb 21 5:30-7:30pm W \$69 RP2862.602 Lake Elkhorn MS Apr 11 5:30-7:30pm W \$69

Job Skills Workshop for Teens!

Are you ready for Summer 2018? Now is the time to apply for that great summer job. Join this one-day workshop to build your confidence and help you land a job. Topics include resume writing, job search strategies, how to successfully complete an application, dressing for success, interview tips and more. Register by May 10th . Info: Jennene Blakely, 410-313-1693 or jblakely@howardcountymd.gov.

14-18 yrs Classes: 1

RP2863.601 Roger Carter Comm Ctr May 18 9am-3pm F \$40

Leadership

Howard County Teen Clubs

Join a diverse group of teens to represent the youth of Howard County and promote programs and events at the community centers across the county. Bring your creative ideas and help develop new activities for teens. Monthly meetings focus on developing leadership, social networking and marketing skills. Earn service-learning hours at the meetings and events. Attend four or more meetings and receive a free center membership. Info: Ovan Shortt, 410-313-4648 or oshortt@howardcountymd.gov.

11-16 yrs First Friday of the month

RP2880.501 Roger Carter Comm Ctr jan 5 4-5:30pm F Free 11-16 yrs Second Friday of the month

RP2880.502 Gary J Arthur Comm Ctr Jan 12 3:30-5pm F Free 11-16 yrs Third Friday of the month

RP2880.503 N Laurel Comm Ctr Jan 19 4:30-6pm F

Modeling

Fashion Show: Model Call

Young men and women, you're invited to participate in an audition to perform in the 5th annual Fashion Show produced by Sean Gibson of Model Citizen Models. Models participate in a fashion runway show promoting local designs and their own unique style. No experience necessary. For audition, wear comfortable clothing and heels or slippery bottom shoes. Practices begin on February 24 and continue on Saturdays until the day of the event (March 31). If selected as a model, there is a \$29 registration fee due at the first practice. Preregistration is encouraged, but not required. Info: Holly Harden, 410-313-4625 or hharden@howardcountymd.gov.

7-10 yrs Youth Fashion Show: Model Cal Classes: 1

RP2979.601 N Laurel Comm Ctr Feb 10 1-2pm Sa Free 11-17 yrs Teen Fashion Show: Model Call Classes: 1

RP2979.602 N Laurel Comm Ctr Feb 10 2-3pm Sa Free



Walk the runway in the 5th annual Fashion Show and showcase your unique style.

Personal Development

CLIMB: Day of Leadership

Are you ready to take your leadership skills to the next level? CLIMB (Connection, Leadership, Inspiration, Motivation & Balance) explores how our individual principles and personalities affect our work in groups of all sizes. Daily activities include leadership games, workshops, and team building exercises. Gain confidence and make friends in this positive, welcoming environment. Participants identify a local opportunity and create an action plan to implement positive change. Info: Holly Harden, 410-313-4625 or hharden@howardcountymd.gov.

Grades 6-10 Classes: 1

RP2908.601 Long Reach HS Mar 11 Noon-4pm Su \$29

Writing

Creative Writing for Teens

Come explore creative writing through poetry, fiction, and non-fiction. Compose short stories, autobiographical works, and poems. Develop your own voices as authors as well as original plots and character development. The last class features a brief reading highlighting each person's work. Info: Holly Harden, 410-313-4625 or hharden@howardcountymd.gov.

11-16 yrs Classes: 4

RP2865.601 Roger Carter Comm Ctr Mar 4 2-4pm Su \$60

Music & Theater Arts

Music

Guitar Studio with Olenka School of Music

Bring your electric or acoustic guitar and get ready to play your favorite songs. Learn valuable warm-ups and finger exercises, scales and how to apply basic chords to any song, in any style of music. No previous music experience necessary. You must bring your own guitar. \$30 materials fee per student due upon first class. Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

11-15 yrs OSM - Columbia Classes: 5

RP2873.601 Feb 5 6:30-7:30pm M \$130 + \$30 materials fee



Get ready to rock with your instrument of choice at the Rock School.

Music Exploration & Keyboarding with Olenka School of Music (OSM)

Learn the Universal Language of Music using keyboards to explore the essentials of music theory and performance. Enjoy learning to read and write music, using keyboarding techniques and developing rhythm and ear-training. This course is an invaluable first step to learning to play any instrument. No previous music experience necessary. **\$42 materials fee per student due first class.** Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

 RP2878.601
 11-15 yrs
 Classes: 5
 \$155 + \$42 materials fee

 OSM - Columbia
 Feb 2
 6:30-7:30pm
 F

 OSM - Columbia
 Feb 4
 1:30-2:30pm
 Su

 OSM - Ellicott City
 Jan 30
 6:30-7:30pm
 Tu

Musical Improv with Olenka School of Music

Breath control and vocal & tone production are developed with exercises & explored through song, games, and improv. Improve skills, develop stage presence, performance quality and rhythm while creating characters & storytelling. No prior vocal training required. \$30 Materials Fee PER FAMILY(cash/check to OSM) due at first class. Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

 RP2878.601
 11-15 yrs
 Classes: 5
 \$130 + \$30 materials fee

 OSM - Columbia
 Jan 31
 5:15-6:15pm
 W

 OSM - Columbia
 Feb 4
 12:15-1:15pm
 Su

 OSM - Ellicott City
 Feb 2
 5:30-6:30pm
 F

Vocal Starz with Olenka School of Music (OSM)

Aspiring vocalists, improve singing skills and ability to sing on pitch with Solfege (do-re-mi), sight reading, vocal exercises & warm-ups, note value, ear training and harmonizing as part of an ensemble. **\$30 materials fee per family due first class.** Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

 RP2879.601
 11-15 yrs
 Classes: 5
 \$130 + \$30 materials fee

 OSM - Columbia
 Jan 31
 6:15-7:15pm
 W

 OSM - Columbia
 Feb 5
 5:30-6:30pm
 M

 OSM - Ellicott City
 Jan 30
 6:30-7:30pm
 Tu

Intro to Piano

Learn to play the piano in this introductory class. Play a variety of musical styles to gain confidence and develop musical skills. Learn and practice on your own keyboard. Must have access to a keyboard to practice on outside class. (No class 2/17.) Info: Holly Harden, 410-313-4625 or hharden@howardcountymd.gov.

<u>11-17 yrs Classes: 8</u> RP2872.601 River Hill HS Jan 20 Noon-1pm Sa \$119

The Rock Shop: Winter Break Camp

Campers, explore the ins-and-outs of rock and roll. Learn the basics of an instrument of your choice. Learn and perform a rock and roll song with a band. Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov. 11-17 yrs Classes: 4

RP2871.611 The Rock Shop Dec 26 9am-3pm Tu-F \$239

Rock School

Are you ready to rock? Beginners and up, learn from professional, working, rock musicians while enhancing memory, self-expression, creativity, and self-confidence. Instrumental sessions focus on instrument play, music theory and technique. Vocals class includes warm-up/warm-down exercises, proper breathing techniques and singing lessons to help you learn how to properly use your voice when singing. Bring your guitar/bass. Drums are available for use during class. Class runs concurrently with youth class. Schedule subject to change, visit www.therockshopmd.com. Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

 11-17 yrs
 The Rock Shop
 Classes: 5

 RP2871.601
 Drums
 Jan 26
 6:30-7:30pm
 F
 \$139

 RP2871.602
 Keyboard/Vocal
 Jan 26
 6:30-7:30pm
 F
 \$139

 RP2871.603
 Bass/Guitar
 Jan 26
 6:30-7:30pm
 F
 \$139

Voice

Do you want to sing like a star? This beginning vocal course teaches you everything you need to know. Learn music theory, vocal techniques, and rhythmic and harmonic reading. Enjoy the spotlight as you perform for an audience and showcase your new talents. No experience necessary! Everyone has a voice, what's yours? (No class 2/17.) Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

<u>11-17 yrs Classes: 8</u> RP2890.601 River Hill HS Jan 20 1-2pm Sa \$85

Theater

Production Class: James and the Giant Peach, Jr.

A boy and his insect friends take an amazing journey across the ocean in the delightfully upbeat adaptation of the classic Roald Dahl adventure tale. For a full listing of meeting dates, dress rehearsals and final performance dates please visit https://www.howardcountymd.gov/drama. \$50 materials fee at the beginning of the first class. Info: Will Banks, 410-313-4609 or wbanks@howardcountymd.gov.

Drama Learning Ctr Classes: 9

RP2877.603 Grades 6-8 Jan 6 10:30am-1pm Sa \$305

Intro to Acting

Enjoy an introduction to the concepts crucial to the theatrical arts: self-awareness, observation, improvisation, creative imagination, and story-telling. Move towards building and heightening responsiveness to action and the development of an actor's skills. Create, stage and perform your own scenes. Last class features a short performance highlighting each actor. (No class 2/18.) Info: Holly Harden, 410-313-4625 or hharden@howardcountymd.gov.

11-17 yrs Classes: 5

RP2875.601 Roger Carter Comm Ctr Jan 21 2-4pm Su \$69

Science & Technology

C3 Cyber Club Comic Book Production

Build a plot, theme, and characters to draft a script. Using both traditional media of pencil and paper, and later digital media, begin to draw each panel of your story while learning principles of design and drawing. Great for students who have an active imagination and a story to tell! Graphic novels and sequential art has become a mainstay in literary material. From Bill Watterson's Calvin and Hobbes to Art Spiegelman's Maus, comics are an interactive written and visual art form. Come learn the foundations of Sequential Art and Comics. Students MUST bring sketchbook (Standard 8.5x10in). Topics include art fundamentals, script writing, storyboarding and photoshop basics. (No class 2/17.) Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

11-14 yrs Classes: 6

RP2960.605 River Hill HS Jan 20 Noon-1pm Sa \$145

C3 Cyber Club: Visual Programming with Scratch

Come enjoy the wonderful world of programming! Learn basic programming concepts using a simple drag-and-drop interface within the software Scratch, a project developed by the MIT Media Lab. Use your imagination and creative thinking, while learning how to create and program simple games. Use pre-made art assets or create your own! Learn how to program them, to walk, talk, and interact with objects. Use logic and visual programming in order to create simple, 2D Video Game in Scratch 2. Topics include level design, Sprite artwork, logic flow, visual programming. (No class 2/18.) Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov. 11-14 yrs Classes: 6

RP2960.604 River Hill HS Jan 20 1-2pm Sa \$145

C3 Cyber Club: Minecraft Modding

Create your own custom gameplay items and elements using MCreator and Minecraft. Learn how to create artwork for various items, and implement them into the game with custom behaviors while learning about texturing, logic flow, asset organization, and custom event triggers. Design your own custom blocks, items, food, biomes and more! Learn about modding Minecraft! Topics include texture design, custom events, game modification



Write and draw a story in your very own comic book creation at C3 Cyber Club Comic Book Production.

skills, problem-solving, design skills and keyboard confidence. Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

11-14 yrs Classes: 6

RP2960.603 Wilde Lake MS Jan 17 5:30-6:30pm W \$145

Special Events & School's Out

Teens Day Out: Spring Break Camp

School is closed, so come have fun and make new friends in this program created just for middle schoolers. Our engaged and energetic staff create an environment where everyone is welcome. The morning includes one of several activities to appeal to all teens such as cooking, science projects, team sports, recess games and more! After lunch, travel offsite for a field trip. Trips to Roger Carter Community Center include swimming, gym time, Xbox challenge tournaments and more! You have lots of time to be active, but also time to relax. Bring a non-perishable lunch/drink. Specific information about daily activities are sent one week in advanced. Registration ends 3/23. Info: Jennene Blakely, 410-313-1693 or jlblakely@howardcountymd.gov.

Grades 6-8 Ellicott Mills MS Days: 1,2,3 or 4 RP2882.601 Full Week \$210 8am-6pm Tu-F RP2882.603 **Bowling & Pizza** Apr 3 8am-6pm Tu \$65 \$54 RP2882.604 Roger Carter Comm Ctr Apr 4 8am-6pm RP2882.605 Launch Trampoline Pk Apr 5 8am-6pm Th \$65

Teen Lock-in!

RP2882.606 Roger Carter Comm Ctr

Ready to stay up really late? Teens are taking over Roger Carter Community Center. Enjoy a night of games, music movies, open gym, rock-climbing, swimming, movies, food and more. Participants are supervised at all times by our experienced and energetic staff. Boys and girls sleep in different rooms. Food and snacks include pizza at 10pm, midnight snack and continental breakfasts and 8am. Bring your sleeping bag and pillow, swimsuit and towel, comfortable clothes and shoes for sports and climbing. All participants must be checked in by 9 pm. Info: Holly Harden, 410-313-4625 or hharden@howardcountymd.gov.

Apr 6

8am-6pm

\$54

11-16 yrs

RP2985.601 Roger Carter Comm Ctr Mar 9 7pm-9am F \$40



Try out new recipes featuring gluten-free flours and alternative sweeteners at Gluten Free Baking & Cooking.

Adults (18 yrs +) Classes & Activities

Adventure & Outdoors

Nature & Environment Page 20

Cooking

• Programs listed by date order.

NEW! Indian Bread Class II with Chef Ravi

Join Chef Rayi as he brings back some of his most popular bread recipes. Make the ever-popular Garlic Naan, Aloo Paratha (stuffed whole wheat bread with a mashed potato and roasted cumin), deep fried whole wheat puri flavored with fenugreek and served with onion chutney and a peanut cucumber raita. Accompanied with chicken vindaloo (a spicy chicken dish) and a veggie khorma. \$22 materials fee due at class. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs + Classes: 1

RP0506.601 Arc of Howard County Jan 17 6:30-9pm W \$20

Gluten Free Baking & Cooking with June Ramey & Kris Dzagan

Same concepts, all new recipes! Join published authors for a fun, informative class on cooking and baking gluten- and sugar-free. Students, get hands on experience working with gluten-free flours and alternative sweeteners. Presenters make recipes in class and taste, but students put together all ingredients to take home and bake. Menus: January: Three Seed Bread and Irresistible Granola; February: Jellyroll and Cream Puffs; March: Zucchini Muffins and Pseudo Saltines. \$22 materials fee due at class also includes a 42-page handout with information on substituting ingredients. cooking mishaps and more. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 vrs + Classes: 1

RP0510.601 Mount Hebron HS Jan 23 \$32 6-9pm RP0510.602 Mount Hebron HS Feb 27 Tu \$32 6-9pm RP0510.603 Mount Hebron HS Mar 27 6-9pm

NEW! Indian Cuisine Classics with Chef Ravi

Chef Ravi brings to you the recreation of the most popular items in an Indian restaurant with Vegetable Samosas, served with sweet and sour tamarind chutney and a mint and cilantro chutney. This is followed by the everpopular Chicken Tikka Masala served with cumin Pulao. Dessert is a roasted Vermicelli pudding with pistachios and saffron, served with vanilla ice cream. \$22 materials fee due at class. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs + Classes: 1

RP0507.601 Arc of Howard County Feb 7 6:30-9pm W

NEW! Best of Thai with Chef Ravi

The Best of Thai class is back! Chef Ravi is serving up his popular classics. Our starter is a spicy shrimp Tom Yum soup followed by a Thai chicken green curry with basil and kaki leaves served with a coconut sticky rice. Dessert is the classic Thai Mango sticky rice pudding. \$22 materials fee due at class. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

RP0508.601 Arc of Howard County Mar 14 6:30-9pm W \$22

Craft & Fine Arts

· Programs listed by date order.

Drawing & Painting

NEW! Think Small: Artist Trading Cards in Watercolor or Acrylic with Brenda Kidera

Artist Trading Cards are miniature works of art about the size of baseball cards. Trade your cards, or mat and frame them. They make great gifts! Step-by-step instruction and demonstrations. Reference materials provided. Knowledge of basic watercolor or acrylic technique is helpful. Supply list available online or by mail. \$5 materials fee for reference material due at first class. Materials list provided on ActiveNet. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs + Classes: 3

RP0201.601 Gary J Arthur Comm Ctr Jan 16 9:30am-12:30pm Tu

Drawing 101 with Ann Wiker

Focus on a variety of drawing approaches, from the realistic to the abstract. Special attention is given to the area of portraiture. Beginners, learn the basics of drawing, including exercises that appeal to both technical and creative components. Intermediate and advanced participants, receive individualized instruction as you work to improve and refine their skills. Materials list provided on ActiveNet. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs + Classes: 3

RP0214.601 N Laurel Comm Ctr Jan 17 9:30am-noon W

Paint and Sip with Pinot's Palette

Join us for an unforgettable evening of friends, fun, beer, wine and painting in Ellicott City! We provide everything you need for a great night out! All supplies included, drinks available for purchase. Choose from the following paintings: January: Warm & Welcome; February: Footprints in the Snow; or March: Vivid Reflections. Create a "masterpiece" to take home. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

21 yrs + Classes: 1

RP0215.601 Pinot's Palette Jan 25 7-9pm Th RP0215.602 Pinot's Palette Feb 22 \$40 7-9pm Th RP0215.603 Pinot's Palette Mar 22 7-9pm Th \$40

Oil Painting with Ann Wiker

All levels welcome! Beginners, learn the basics of oil painting (prepping the canvas, mixing colors, brush techniques, composition, and light and shadow). Intermediate painters, review color mixing, composition and choosing subject matter. Advanced painters, receive individualized instruction based on ability. Don't be intimidated; this is fun! Materials list provided on ActiveNet. (No class 2/16.) Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs + Classes: 3

RP0210.601 Gary J Arthur Comm Ctr Feb 2 9:30am-11:30am F \$59

NEW! Art Lecture Series: Public Art

Baltimore has a thriving public mural program. Philadelphia has a significantly large number of outdoor sculptures and DC has some of the most contemporary public artworks in the country. Public art is art in any media that has been planned and executed with the intention of being staged in the physical public domain, usually outside and accessible to all. This course explores the many forms of public art: sculpture, murals, stained glass, ceramics, tapestry, etc. We also discuss how public art is funded, planned and installed and view famous and lesser known examples of public art. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

RP0213.601 Roger Carter Comm Ctr Feb 7 10am-noon W \$25

Portraits in Watercolor with Brenda Kidera

Back by popular demand, this class focuses on painting faces in water-color — drawing experience is not necessary. All new reference materials are supplied. Paint a portrait of your own. Knowledge of basic watercolor techniques is necessary. Step-by-step demonstrations and personalized teaching; monochromatic and full color studies; discussion on photographing your own subject. Learn a layering technique that takes much of the fear out of watercolor portraiture. \$12 reference material fee due at first class bring your own art supplies! Materials list provided on ActiveNet. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov. 18 yrs + Classes: 7

RP0202.601 Gary J Arthur Comm Ctr Feb 13 9:30am-12:30pm Tu \$189

NEW! Art Lecture Series: Explore Architecture

Architecture bridges the fields of art, science, and math. Creatively designed buildings are like large pieces of sculpture. This class explores the history of architecture as an art form: prominent styles that have emerged, current trends, and the lives and works of famous architects such as Frank Lloyd Wright, Frank Gehry, Le Corbusier, Philip Johnson, Buckminster Fuller, and Maya Lin. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs + Classes: 1

RP0212.601 Roger Carter Comm Ctr Mar 5 9:30am-11:30am M \$25

Knitting & Crocheting

Crochet 1 with Anna Tai

Learn stitches, crochet in the square and the round, pattern reading for beginners and beyond. Learn the many aspects of wearable crochet — drape, yarn selection, shaping. Project choices are a scarf, hat, wrap, bag or tank top. Materials list: www.howardcountymd.gov/adultprograms. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs + Classes: 3

RP0802.601 Oakland Mills HS Feb 1 7-9pm Th \$47



Learn the art of knitting or crocheting with Anna Tai.

Knit 1 with Anna Tai

Experience the joy of knitting. Learn to cast on, the knit and purl stitches, cast off, adjust tension, and correct mistakes. Combine garter and stockinette stitch patterns and make your first scarf. Materials list: www.howardcountymd.gov/adultprograms. Info: Danielle Bassett 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs + Classes: 3

RP0801.601 Oakland Mills HS Feb 28 7-9pm W \$47

Photography

Basic Digital Photography with John Guion

This class is designed for someone just getting started with their digital camera and digital photography and wants to become better versed in entry-level concepts. A "one-size-fits-all" class that covers the basics whether yours is a compact digital camera, an interchangeable lens compact camera or a single lens reflex camera. Cover features common to all 3 of those basic camera designs (e.g., image size settings, image quality controls, how to change them, and using the camera's creative modes and not just relying on the automatic setting). Discuss downloading photos to a computer and accessories you may want to consider such as a tripod or monopod. Bring your camera and manual to class. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

21 yrs + Classes: 6

RP0206.601 River Hill HS Jan 17 7-9pm W \$100

NEW! History of Photography with Ann Wiker

Pablo Picasso once said, "I have discovered photography. Now I can kill myself. I have nothing else to learn." Yet the camera was not always seen as a tool for artists. This class explore the history of photography as an art form, from when it was first used as a "tool of science" and for documentation through the acceptance of photography as fine art (in the mid 1850's) the styles of photography, up to contemporary photography and the many ways it can be manipulated. Photographers like Edward Weston, Man Ray, Alfred Stieglitz, Dorothea Lange and Berenice Abbott are featured. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs + Classes: 1

RP0211.601 N Laurel Comm Ctr Jan 19 9:30-11:30am F \$2



Take the camera off "automatic" and learn to take better pictures at Basic Digital Photography with John Guion.

NEW! Hands-On Photography: How to You-Tube Your Photos

Share your stories with a wide public or your friends and family. Add panning and zooming, music and narration to save your photos and project your memories and ideas. Bring in your photos, videos and sounds to create your personalized project you can share online and with DVDs. Bring your laptop or use one of the instructors for a \$10 lab fee. Info: Danielle Bassett at 410-313-4634 or dbassett@howardcountymd.gov.

<u> 18 yrs + Classes: 3</u>

 RP0207.601
 Roger Carter Comm Ctr
 Jan 30
 7-9pm
 Tu
 \$56

 RP0207.602
 N Laurel Comm Ctr
 Mar 6
 7-9pm
 Tu
 \$56

NEW! Capturing Childhood with Your Camera

Are you a parent or grandparent looking to document the moments of childhood that seem to disappear in the blink of an eye? Join this beginner level class that focuses on how to use your DSLR or advanced point and shoot camera to create images that freeze those moments. Learn how to use different camera settings, awareness of light and composition rules to create beautiful images that capture the real moments of childhood. These captured moments may seem so ordinary today but one day become some of your most cherished memories. Walk away confident in shooting beyond auto-mode and inspired to find something beautiful in your everyday life. Bring your camera and manual (manuals can often be accessed online). \$5 materials due at first class. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs + Classes: 3

RP0216.601 Roger Carter Comm Ctr Feb 22 7-9pm Th \$54

NEW! Exploring Ellicott City with Michael Alloy

Whatever the weather, explore the power of color and shapes, textures and the face of nature in our landscapes as we walk and shoot through our winter choice of parks or neighborhoods. Learn how to photograph landscapes, city scapes, landmarks and buildings. Find out how light affects your shots and how to take correctly exposed shots. Apply exposure compensation to adjust for backlighting and take advantage of silhouettes. Explore close-ups and panoramas at 3 new locations and then review our shots to discover more opportunities. Bring your digital camera and your enthusiasm. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov. 18 yrs + Classes: 3

RP0208.601 Roger Carter Comm Ctr Mar 10 9:30am-11:30am Sa \$56

NEW! Capturing Moments Workshop

This one day workshop focuses on using composition, light and capturing a moment to shoot images together. The three-hour session begins with an introduction to documentary and lifestyle style shooting, then moves into two model sessions (young child and tween-aged child) that gives you a chance to shoot along with the instructor and get hands on practice. There is an opportunity to look through work and discuss basic editing options. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov. 18 yrs + Classes: 1

RP0217.601 Roger Carter Comm Ctr Mar 24 9am-noon Sa \$30

Dance

• Programs listed in alphabetical order.

Ballroom

Couples Dance: East Coast Swing with the Dutterer's

Of the many classes we have taught for more than 20 years, this Swing class is our most popular. Learn the basics of Swing, and put together a routine you are proud to dance at all of your upcoming social events. This is a truly fun class that has you dancing in one week, and adding to your swing moves each week of the class. Have fun, learn how to dance, and expand your dance knowledge. Couples only, no singles. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

<u> 18 yrs + Classes: 8</u>

RP1119.601 Roger Carter Comm Ctr Jan 16 8:30-9:30pm Tu \$125

Ballroom Dance Basics with Jim & Lucy

This beginner Social Dance class introduces you to two Swing styles, as well as a sampling of classic Foxtrot steps. Learn to step in sync with Big Band songs, as well as Oldies, Motown, and Rock-n-Roll. While you learn steps, develop your lead or follow skills so important for successful partnering on a dance floor. After completing the class, we hope you feel confident saying "yes" to invitations to dance at weddings, office parties, and other social events. Singles as well as couples welcome; do not wear sneakers. Fee is per person. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

18 yrs + Classes: 8

Intro to Ballroom Dance with Jim & Lucy

This "Social Dance Survival" class equips you with dance routines adaptable to a variety of dance musical styles commonly played at weddings and parties, including smooth jazz, foxtrot, slower big band, romantic songs, and traditional waltz. In the last two weeks, enjoy a two-week sampling of Swing dance steps. We look forward to planting in you the desire and the confidence to get out of your seats and head to the dance floor at parties, weddings, or anywhere you hear dance music playing! Singles as well as couples welcome; do not wear sneakers. Fee is per person. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

<u> 18 yrs + Classes: 8</u>

RP1106.601 Roger Carter Comm Ctr Jan 17 7:05-8:05pm W \$75

Ballroom Sampler: Rumba & 3-Step with Jim & Lucy

This popular class provides a sampling of the unique character and joys of slow romantic Rumba and Three-Step with a Bop flavor. The first four weeks focus on Latin Rumba, and the last four weeks on easy-to-learn Three-Step. Master the foundational steps of each dance style, understand lead and follow, and become ready to take your dancing onto any dance floor. Each class reviews the basic techniques and foot patterns learned the week

before, and then teaches one or two new steps. Couples only; do not wear sneakers. Price is per couple. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

18 yrs + Classes: 8

RP1104.601 Atholton ES Jan 19 8:30-9:30pm F \$149

Next Step with Jim & Lucy: Foxtrot and Hustle

This "Next Step" class is designed for those who have taken classes in the last five years in both Foxtrot and Hustle, and/or are experienced with leading and following the basic steps in both these dances. In the first week, review basic Hustle foot patterns, then expand your Hustle repertoire in weeks two to four. On the fifth night, review two Foxtrot rhythms and footwork, then master small routines with rhythm variations during the last three weeks. Classes emphasize learning to execute smooth leads and follows. Couples only; do not wear sneakers. Price is per couple. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

18 yrs + Classes: 8

RP1105.601 Atholton ES Jan 19 7:15-8:15pm F \$149

Dance Movement

Adult Beginner Ballet with Cecilia Ituarte

Adults with little or no previous ballet training, learn basic ballet exercises with an emphasis on body alignment and musicality while developing a strong core. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

18 yrs + Classes: 8

RP1124.601 Misako Ballet Studio Jan 18 7:30-8:30pm Th \$78

Beginning Adult Ballet

This class teaches basic ballet movements to help build strength, flexibility, and grace. Learn in an open environment where everyone can learn at their own pace. Leotard and tights recommended, but form fitting comfortable clothing is also allowed. Wear ballet shoes and bring a water bottle. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

<u>18 yrs + Classes: 9</u>

RP1113.601 Kinetics Dance Theatre Jan 16 7-8pm Tu \$81

Contemporary Modern Dance for Beginners

Dance and have fun in this class for adults of all levels. Begin with an invigorating warm-up, practice dance steps, and learn different choreography each week. This class combines modern, ballet, and jazz techniques to provide participants with an enjoyable introduction to dancing and a relaxing workout. No experience necessary. Please wear clothes that are comfortable to move and stretch in, such as leggings or sweat pants with an exercise top or cotton t-shirt. No shoes required, but if you prefer, wear ballet or jazz shoes. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

16 yrs + Classes: 8

RP1128.601 Misako Ballet Studio Jan 15 7:15-8:15pm M \$78 RP1128.602 Misako Beats Jan 16 7:30-8:30pm Tu \$78

Hip Hop with CJ Cunningham

Get ready to work your body in ways you never imagined! This class uses exciting hip-hop routines to keep you moving and grooving. Learn to isolate your movements and hit it hard in easy to follow dances. Whether you are a beginner dancer or have years of experience, this class works you out and refines your swagger. Wear comfortable clothes and tennis shoes; bring a towel and water bottle. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

18 yrs + Classes: 9

RP1112.601 Kinetics Dance Theatre Jan 16 8-9pm Tu \$81



Feel out the rhythm of Bollywood Dance with Jaya Mathur with rhythmic hand, foot, and body movements.

International

Belly Dancing for Beginners by Mary Krause

This is an introduction to Classical Middle Eastern Dance. Students learn fundamental steps and technique including shimmies, hip articulation and isolations. Cultural relevance and elements of folklore and Near Eastern music are also studied. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

16 yrs + Classes: 8

RP1130.601 Misako Beats Jan 17 7:30-8:30pm W \$78 RP1130.602 Misako Beats Jan 19 11:30am-12:30pm F \$78

Bollywood Dance with Jaya Mathur

Trained in Indian Classical Dance, Jaya Mathur introduces you to this energetic dance style that originated in Indian films. Techniques include hand, feet and body movements and an overall sense of rhythm. Wear comfortable clothing and shoes and bring a bottle of water. Get ready for a great workout while learning an art form! Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

18 yrs + Classes: 6

RP1108.601 Harpers Choice MS Jan 30 7:30-8:30pm Tu \$65

Line Dancing

Line Dance with Mo & Barb Dutterer

Want to exercise to music, burn calories, and have fun all at the same time? Join our line dance class, which welcomes all levels of dancers. We teach new dances each week and review every dance previously taught. Learn the latest dances and the old standbys while dancing to a variety of music: Latin, pop, country, jazz, and rock. By the end of this 8-week session, have many fabulous, fun dances in your dance bag! Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

<u> 18 yrs + Classes: 8</u>

RP1118.601 Roger Carter Comm Ctr Jan 16 7:15-8:15pm Tu \$75

Lifelong Learning

Bridge

Bridge II with Dennis Serpico

This course is a follow-on to the Beginning Bridge I course. The course is geared to players with a fundamental understanding of bridge who are interested in enhancing their play. The course begins with a brief review of the Standard American bidding system followed by material supporting the next level of play. Several of the commonly used conventions and bidding aids are discussed. Improved declarer and defensive strategies are explained. All material is supported by the play and discussion of example hands. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

18 yrs + Classes: 10

RP3421.601 Roger Carter Comm Ctr Jan 23 6:30-8:30pm Tu \$75

Finance

Financial Fitness for Women with Fran Makino

This is a basic, personal finance class. Learn about cash, stocks, bonds, IRAs, and how 401Ks/403Bs/TSPs work and how best to invest them. Come discuss basic types of insurances and what is needed. Work on investment strategies. Questions are welcomed. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

18 yrs + Classes: 3

RP3410.601 River Hill HS Jan 3 7-9pm W \$45

Language

Everyday Spanish II with Cecilia Redmond

Join our interactive class. Learn some of the most used verbs and their basic regular conjugation. Gain comprehension of simple conversations using those verbs. Everyday Spanish I is recommended as a foundation. Bring a binder for vocabulary handouts and helpful grammar sheets. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

18 yrs + Classes: 6

RP3404.601 Ellicott Mills MS Feb 15 7-8:30pm Th \$65

Hablemos Español with Cecilia Redmond

Have fun communicating with classmates only in Spanish in this immersion five-week session. This is not a beginner class. Enjoy a different topic of conversation each night. A theme and vocabulary list is provided. Pronunciation and grammatical errors are addressed by native speaker instructor. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

18 yrs + Classes: 5

RP3403.601 Ellicott Mills MS Feb 13 7-8pm Tu \$55

Nutrition

Nutrition is Key to Fitness

What we put in our body is the first piece of the fitness puzzle. Come learn how making healthy food choices, (food options, portion size, preparation and more) can benefit your overall wellness/resilience, brain functioning, digestion, mood, etc. Joshua Nachman from Total You Integrative Medicine Center leads this great discussion. There will be a Q & A session afterwards. Info: Cathy Hilliard 410-313-2763 or chilliard@howardecountymd.gov.

18 yrs + Roger Carter Comm Ctr Classes: 1

RP4091.601 Member Jan 17 6:30-8pm W Jan 17 6:30-8pm W RP4091.602 Nonmember













Learn how making healthy food choices can benefit your overall functioning and wellbeing at Nutrition is Key to Fitness.

Paranormal Investigations

Introduction to Ghost Investigating

What is the difference between a ghost and a spirit? This lecture explores that complex question and tries to explain why some spirits stay behind and are unable to move on, or how ghosts can cross over into spirits. Discover how these entities are detected using both science and technology.

18 yrs + Belmont Manor & Historic Park RP9902.601 Dec 12 7:30-9pm Tu \$15

Ghostly Guides Jan 6, Feb 10, Mar 10 Page 23

Recognizing Signs from Loved Ones

If you have lost someone you loved, Rob Gutro, Author/Medium/Scientist explains how to look for signs from the other side to prove that our loved ones are still around us. Learn how the logical mind dismisses signs from spirits and how spirits use electronics, nature, look- a-likes, and scents to communicate with us. Info: 410-313-0200.

18 yrs + Classes: 1

RP9903.601 Belmont Manor & Historic Park Feb 6 7:30-9pm Tu \$15

Pets and the Afterlife

Learn how some pets have the ability to send signals to the living, and may wait for us in the hereafter. Rob Gutro, Author of Pets and the Afterlife, shares scientific studies that prove our pets have emotions and personalities. He identifies the signs they give us and the science behind why living pets can sense entities. Info: 410-313-0200.

18 yrs + Classes: 1

RP9904.601 Belmont Manor & Historic Park Feb 27

Haunted Historic Maryland

Inspired Ghost Tracking has visited many historic sites in Maryland and found them to be haunted. Come, be swept away with a recounting of investigations at Montpelier Mansion, Sotterly Plantation, Dr. Mudd's House and more. This lecture gives you a new appreciation of these places and is sure to inspire a visit. Info: 410-313-0200.

18 yrs + Classes: 1

RP9911.601 Belmont Manor & Historic Park Mar 20 7:30-9pm Tu \$15

Travel

How to Travel Inexpensively with Ken Greco

Learn secret tips from an experienced traveler. Ken Greco has traveled the world professionally and for pleasure for the past 45 years. Discover how to get the most of your travel money including secrets on hotels, rental cars, cruises, airline and rail travel. The course covers travel in the USA, Caribbean, and Europe, advantages and disadvantages of escorted tours, self-planned trips, and virtual planning. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

18 yrs + Classes: 2

RP3419.601 N Laurel Comm Ctr Feb 7 7-9pm W \$75

Music & Theater Arts

• Programs listed in alphabetical order.

Music

Guitar Studio with Olenka School of Music

Bring your electric or acoustic guitar and play popular songs. Learn valuable warm-ups and finger exercises, scales and how to apply basic chords to any song, in any style of music. No previous music experience necessary. Students must bring their own guitar. \$30 materials fee per student due first day of class. Info: Karen Ehler, 410-313-4635 or kehler@howardcountymd.gov.

16 yrs + Classes: 5

RP3427.601 OSM - Columbia Feb 5 7:30-8:30pm M \$130

Keyboarding with Olenka School of Music

OSM invites adults to learn to play melody and accompaniment for popular songs on keyboards. Designed for beginners interested in fun basic keyboarding techniques as well as an introduction to reading and writing music. This course is an invaluable first step to learning to play an instrument. No previous music experience necessary. \$42 materials fee per student due first day of class. Info: Karen Ehler, 410-313-4635 or kehler@howardcountymd.gov.

<u>16 yrs + Classes: 5</u>

RP3428.601 OSM - Columbia Jan 31 7:15-8:15pm W \$155 RP3428.602 OSM - Ellicott City Feb 2 7:30-8:30pm F \$155

Old-World Music & Crafts with Olenka School of Music

Have fun learning about centuries-old European traditions through traditional music and an array of arts and crafts activities handed down for generations. This eclectic course includes singing, dancing, pottery, metal tapping, costume-making and puppetry, cross stitch, instrument exploration, painting, and story-telling. Looking for a great bonding opportunity with children and grandchildren? This course is open to all ages and skill levels. \$42 materials fee per student due first day of class. Info: Karen Ehler, 410-313-4635 or kehler@howardcountymd.gov.

<u>16 yrs + Classes: 5</u>

RP3433.601 OSM - Columbia Jan 31 6-7pm W \$130

Vocal Harmony with Olenka School of Music

OSM invites adults to join their voices in song. Sing familiar songs, learn basic harmony and improve vocal technique... all while having fun, releasing stress and making new friends. No previous music experience necessary. \$30 materials fee per student due first day of class. Info: Karen Ehler, 410-313-4635 or kehler@howardcountymd.gov.

16 yrs + Classes: 5

RP3429.601 OSM - Columbia Feb 5 7:30-8:30pm M \$130 RP3429.602 OSM - Ellicott City Feb 2 6:30-7:30pm F \$130



Learn basic keyboarding techniques while learning to play popular songs at Keyboarding with Olenka School of Music.

Theater

Broadway Style Musical Theater Dance with Lisa Yanguas

Get ready to get fit, have fun, learn some new moves, and dance to the best Broadway has to offer. This class uses both traditional and all new musical theater numbers and routines to provide a fun, energetic, and fulfilling fitness workout. Use a variety of songs and easy-to-follow dance steps that both delight and challenge new and long-time fans of Broadway-style productions. Whether you have years of experience or are new to this dance style, this class combines many styles, such as tap, hip hop, jazz and others, works you out, and brings you up to date with the best in musical theater, all while providing a great time! Wear comfortable clothes and dance or tennis shoes. Bring a towel and water bottle. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

18 yrs + Classes: 6

RP3426.601 Roger Carter Comm Ctr Jan 31 9:30am-10:30am W \$75

Intro to Improv Comedy with Baltimore Improv Group

Veteran Improv Instructor Terry Withers (UCB Theatre, The Terry Withers Mysteries) introduces beginning concepts and exercises that form the foundation to more advanced improvisation training. Create something hilarious with nothing more than a great attitude. Explore the fundamental principles of improvisation through exercises in agreement, commitment, spontaneity, and listening. No prior performance or improv experience are necessary. Classes build upon one another, allowing novice improvisers to grow and be challenged at a comfortable rate. Sessions are designed so students build a strong foundation as confident performers. Amaze yourself with your newfound skills at the last class performance in front of your friends and family! (Official BIG 101 class. Enrolled students are able to sign up for Improv 201 at BIG following completion of this class). Students 16-17 yrs must have parental permission. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

<u>16 yrs + Classes: 8</u>

RP3437.601 Roger Carter Comm Ctr Jan 14 6:30-8:30pm Su \$200

To register, visit www.howardcountymd.gov/rap or call 410-313-7275.



You Can Draw & Paint with Carol Zika using different mediums in a fun and supportive open studio setting.

ENC9RE

PROGRAMS

Reignite the excitement of years past and explore the great new offerings.

Active Aging (55 yrs +) Classes & Activities

- Below is in alphabetical order.
- If you would like this Guide in a larger font, contact Susan Potts, 410-313-4628.
- \bullet See additional activities in the Adults (18 yrs +) section.
- Info: Ruth Coleman, 410-313-7311 or rucoleman@howardcountymd.gov.

Adventure & Outdoors Page 18

Heritage Programs Page 22

Fitness Page 63

Aquatics

Open Swim

Workout on your own or just relax in the warm water of a therapeutic pool. Exercise accessories available for use.

55 yrs + Classes: 6

RP3518.601 Cedar Lane School Jan 27 10:30am-noon Sa \$36

Therapeutic Aqua Dancercise

This is not your ordinary synchronized dancing in the water! Combine upbeat music with the added resistance of water and you get an incredible workout. Enjoy the warm water of a therapeutic pool while engaging in cardio, dancebased movements that are fun and easy to follow. Aquatic fitness instructor assists with exercises and provides instruction.

55 yrs + Classes: 8

RP3520.601 Cedar Lane School Jan 9 6-7pm Tu \$75

Therapeutic Water Exercise

Get a great workout without going to the gym! Enjoy the warm water of a therapeutic pool while engaging in low-impact exercise. Work at your own pace in group instruction. Aquatic fitness instructor assists with exercises and provides instruction.

55 yrs + Classes: 8

RP3519.601 Cedar Lane School Jan 8 6-7pm M \$75 RP3519.602 Cedar Lane School Jan 10 6-7pm W \$75

Crafts & Fine Arts

Artful Journaling Club

Express yourself in an art journal! In this weekly club, create journal pages that combine creative writing and decorative art using a variety of media. No art experience necessary. Participants are invited to suggest and lead activities on a voluntary basis. Supplies discussed at first meeting. This is a participant-run club; no instructors present. Info: Curtis Gore, 410-313-7281 or cgore@howardcountymd.gov.

55 yrs + Classes: 12

RP0305.601 Bain Ctr Jan 4 9:30am-noon Th \$15

Drawing & Painting with Zina

Beginners, learn to draw with right-brain techniques, discuss design and color theory and begin painting by the 10th class. Advanced painters, become motivated by art history, artist demonstrations and projects designed to inspire. Learn to create original work from real life or continue your personal style with the help of teacher critiques and demos. \$50 materials list (purchased separately) discussed at the first class. Info: Curtis Gore, 410-313-7281 or cgore@howardcountymd.gov.

55 yrs + Classes: 14

RP0302.601 Gary J Arthur Comm Ctr Jan 8 10am-noon M \$110 RP0302.602 Gary J Arthur Comm Ctr Jan 8 1:15-3:15pm M \$110

Watercolors Basics for the Very Beginner with Carol Zika

This is a prerequisite for Watercolors with Carol Zika. Learn the basic techniques of painting with transparent watercolors, paper, brushes, and paint. Learn brush calisthenics, washes, glazing, color mixing, and multiple tricks of the trade. Appropriate for self-taught, beginners wishing to build good work habits, and those looking for an intro sampler. Recommended supplies discussed at the first class and are available through the instructor. Materials fee of \$10 collected at first meeting Info: Curtis Gore, 410-313-7281 or cgore@howardcountymd.gov.

<u>55 yrs + Classes: 3</u>

RP0307.601 Bain Ctr Jan 4 1-3:30pm Th \$30

Watercolors with Carol Zika

A painting class for students who have completed Watercolor Basics for the Very Beginner and those with previous watercolor experience. Instructor provides guided lessons, building technique and confidence. Bring materials to the first class. Info: Curtis Gore, 410-313-7281 or cgore@howardcountymd.gov.

<u>55 yrs + Classes: 10</u>

RP0303.601 E. Columba Lib Jan 19 1-3:30pm F \$100

You Can Draw & Paint with Carol Zika

Let your artistic expression soar in this congenial, fun and supportive open studio atmosphere. Bring watercolors, acrylics, oils, pastels or other materials. Explore your creative potential. Instructor provides direction/instruction in drawing and painting for beginners and experienced dabblers. Bring your own or discuss materials (purchased separately) at the first class. Info: Curtis Gore, 410-313-7281 or cgore@howardcountymd.gov.

55 yrs + Classes: 10

RP0304.601 E. Columba Lib Jan 19 9:15-11:45am F \$100



Join the Community Knitting & Crocheting Group that meets on the 2nd and 4th Wednesdays of each month.

Dance

Senior Tap Classics

Ever dream of dancing like Ginger Rogers or Fred Astaire? It's never too late to start! This beginning-level tap class progresses slowly and is designed for adults. Wear comfortable clothing, grab some tap shoes and join us! Info: Curtis Gore, 410-313-7281 or cgore@howardcountymd.gov.

55 yrs + Classes: 9

RP3504.601 Kinetics Dance Theatre Jan 17 10:15-11:15am W \$90

Knitting & Crocheting

Community Knitting & Crocheting Group

Knit or crochet cozy scarves, snuggly blankets and warm hats for a variety of community service projects. This non-instructional gathering of volunteers meets twice a month. All skill levels welcome. "Acrylic yarn" donations gladly accepted. Please, no wool or cotton. Preregistration required. Info: Linda DiPanfilo, 410-313-4704 or Idipanfilo@howardcountymd.gov.

55 yrs + 2nd and 4th Wed of the month

RP3070.601 Kiwanis-Wallas Hall 1-3pm W Free

Lifelong Learning

Basic Defensive Tactics

Learn basic techniques to defend yourself against physical threats. The techniques of Sifu Johnson, Basic Defensive Tactics incorporates a positive attitude and basic precautions. Course is taught in a relaxed environment that is conducive to learning proven tactics and unique insights about the problems unique to older adults. A fitness waiver must be completed prior to participation. Info: Curtis Gore, 410-313-7281 or cgore@howardcountymd.gov.

55 / 15 . C.	455 C51 5				
RP3517.601	U.S. Jow Ga Martial Arts	Jan 10	10-11am	W	\$72
RP3517.602	U.S. Jow Ga Martial Arts	Jan 10	6:30-7:30pm	W	\$72
RP3517.603	U.S. Jow Ga Martial Arts	Feb 21	10-11am	W	\$72
RP3517 604	U.S. low Ga Martial Arts	Feh 21	6:30-7:30nm	W	\$72

Nature & Environment

Friday Late Nights in the NatureSphere *Page 20* NEW! Holiday Decorating Workshops *Page 13*



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6692 Cedar Lane, Columbia, MD 21044 I 410-313-0400 www.howardcountymd.gov/RobinsonNatureCenter



Fit Jam: Cardio Party with Liz Rolland incorporates cardio and dance for a fun, fast-paced workout!

Fitness

- Classes are for 18 years and up.
- Participants 12-17 years old may register, but must be accompanied by a participating parent/guardian.
- · Classes listed in alphabetical order.
- Date of last class may change due to unforeseen circumstances.
- You do not need to be a Community Center member to attend HCRP fitness classes at a center.
- Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

Cardio & Strength

Please bring a reusable water bottle to class.

AAA/Triple Threat with Robin Robinson

AAA/Triple Threat is a complete and total body workout but targets three of your most valuable assets... your Arms, Abs and Ace (Gluteus Maximus)! Melt body fat, get a tighter core, toned arms and a firm bottom. Accelerate your workout and maximize your results in 30 minutes. Suitable for all fitness levels.

18 yrs + N Laurel Comm Ctr

RP8551.621 Classes: 11 Jan 9 6-6:30pm Tu or Th \$55 RP8551.622 Classes: 22 Jan 9 6-6:30pm Tu,Th \$110

AM Fitness Workout with Vickie Jacobs, AFAA, AAAI

Warm up with fun and easy moves, then move to the Precor cardio and strength training equipment for 40 minutes. Finish your workout with a great stretch to improve flexibility and balance. This is great for all levels! **Must register by January 2.**

18 yrs + Classes: 22

RP8669.601 Roger Carter Comm Ctr Jan 9 8-9am Tu,Th \$110

Aqua Zumba

Known as the ZUMBA pool party, this Aqua Zumba class gives new meaning to the idea of an invigorating workout! Splashing, stretching, twisting, laughing, hooting and hollering - experience it all at Aqua Zumba class. Blend together the Zumba formula and philosophy with traditional aqua fitness in a safe, challenging water-based workout that's cardio conditioning, body-tightening, and most of all, exhilarating! Free trial class on 1/9, register at www.freedomfitness.info/events.

<u> 18 yrs + Ro</u>	ger Carter Comm Ctr	Classes: 9			
RP8612.601	With Michelle Taylor	Jan 11	9:45-10:30am	Tu,Th	\$90
RP8612.602	With Tish Heyssel	Jan 11	6:30-7:15pm	Tu,Th	\$90
<u> 18 yrs + Ro</u>	ger Carter Comm Ctr	Classes: 6			
RP8612.611	With Michelle Taylor	Mar 13	9:45-10:30am	Tu,Th	\$60
RP8612.612	With Tish Heyssel	Mar 13	6:30-7:15pm	Tu,Th	\$60

Barre Burn

Ballet movements combine with fitness exercises for a full body workout. Sculpt and tone your body while gaining a dancer's sense of alignment and physical control. Round off your workout with yoga and stretching. Bring 3-to-5-lb. weights. Mats are provided but you are encouraged to one.

18 yrs + Becca Sigmind Classes:	<u>8</u>			
RP8282.601 Kinetics Dance Theatre	Jan 24	9:15-10:15am	W	\$96
RP8282.602 Kinetics Dance Theatre	Jan 24	8-9pm	W	\$96
18 yrs + Melissa Nibali Classes: 9				
RP8282.603 Kinetics Dance Theatre	Jan 18	9:15-10:15am	Th	\$108

Barre None with Caroline Nosbisch, SCW

Enjoy a cutting-edge, safe and progressive method of barre training that lengthens and strengthens your muscles and improves your flexibility and posture. This fun class gives you great results! **Free class on 1/9.** Register at www.freedomfitness.info/events.

<u>18 yrs + Classes: 11</u> RP8130.601 Gary J Arthur Comm Ctr Jan 16 6-6:55pm Tu \$73

NEW! Bend it Like Bollywood with Sharanyaa Pathumudi

Bend it Like Bollywood (BILB) is a fusion of authentic Indian dance forms and easy-to-do fitness moves designed for all fitness and ability levels. This is workout is fun and effective. BILB combines the beauty and power of dance and fun, fitness moves into a complete body workout, helping you reach your fitness goals and excite you to live a healthier lifestyle. Not sure if this is for you? Free class on 1/8 through www.freedomfitness.info/events. (No class 2/19.)

18 yrs + Classes: 8

RP8435.611 N Laurel Comm Ctr Jan 22 7:30-8:20pm M \$64

Body Conditioning with Cyndi Kummerlowe, AFAA

Stretch, strengthen and tone your body! This combination class includes 25 minutes of a low-impact cardio workout followed by beneficial strength training. Bring a mat and 2-to-5-lb. hand weights.

18 yrs + Classes: 22

RP8220.601 Rockburn ES Jan 9 7:05-8pm Tu,Th \$86

Booty Camp Cardio

Total motivation - no yelling or screaming. Designed to torch calories, crank up your metabolism, change your body, and life. Booty Camp Cardio builds confidence with an array of cardio and strength moves utilizing balls, bands, weights and your own body weight. Not sure if this is for you? Free class on 1/10. Register at www.freedomfitness.info/events. (No class 2/19.)

18 yrs + Marie Ducket Classes: 20

RP8430.603 Mt View MS Jan 17 6:30-7:20pm M,W \$90

18 yrs + Marissa Intelisano, SCW Classes: 20

RP8430.604 N Laurel Comm Ctr Jan 17 6:30-7:20pm \$90

"Build Your Engine" Strength Training with Christy Edwards, ACE

Build the engine (muscles) that burns the fuel (the food you eat)! In our 30s, our metabolism slows down... but we can speed it up with strength training. Change your body composition, help stabilize your joints, feel stronger and healthier, and look great. Challenge and strengthen every muscle group in your body to achieve balance, energy, confidence, and an increased metabolism. Bring a mat and hand weights. (No class 2/19.)

18 vrs + Classes: 14

RP8506.601 Centennial Lane ES (Auxiliary Gym) Jan 17 7-8pm M,W \$63

Cardio Blast Interval with Beth Harbinson, AFAA

This highly effective class includes a 25-minute cardiovascular workout with intense intervals to boost metabolism and 35 minutes of muscle conditioning, core work and stretching. All levels enjoy an intense, energetic workout! Bring hand weights (5 lbs. recommended) and a mat. (No class 2/19.) 18 yrs + Classes: 17

RP8422.601 Veterans ES Jan 22 6:45-7:45pm M.W \$64

Cardio Crunch Challenge with Lori Nowicki, ACE

This class has it all! With each new rotation of classes, experience something new to challenge every muscle. Classes rotate between aerobics, step, circuit, boot camp, kickboxing, athletic training, cardio stability ball, Tabata and intervals. Each class consists of 45 minutes of cardio mixed with strength, core, flexibility, foam roller and balance. Experience a high-energy class at high or low impact, take the challenge and have fun. Bring a mat, hand weights and stability ball. Some classes are outdoors. (No class 1/15, 2/19.)

18 yrs + Cedar Lane Rec Ctr

RP8481.601 Classes: 10 Jan 8 9:15-10:30am M or W \$50 RP8481.602 Classes: 18 Jan 8 9:15-10:30am \$90

Cardio Dance with Sandra Duerr, AFAA, NASM

A fun, choreographed dance class that goes from warm-up steps to heart pounding dances, giving you an aerobic workout that helps to sculpt your body and makes you feel good about yourself. No sit ups or repetitions. We dance the inches away! We sweat, we laugh, and we burn lots of calories.

18 yrs + Roger Carter Comm Ctr

RP8225.601 Classes: 9 Jan 10 11:30am-12:15pm W or F \$63 Jan 10 RP8225.602 Classes: 18 11:30am-12:15pm W,F \$126

Cardio Fusion with Marianne Larkin, AAAI

Your favorite cardio and toning formats are combined in one challenging, power-packed workout. The easy-to-follow moves are demonstrated at various intensity levels so you can customize the workout to fit your needs. Pump up your workouts and burn fat with a mix of everything from step, high/low and interval training to strength, core, balance and flexibility exercises inspired by yoga and Pilates. (No class 1/15,2/19.)

18 yrs + Gary J Arthur Comm Ctr

RP8482.601 Classes: 10 Jan 8 9:35-10:50am \$60 RP8482.602 Classes: 18 Jan 8 9:35-10:50am M.W \$108

Cardio Kickboxing with Robin Robinson

Exercise has never been so much fun! Enjoy a calorie-burning, dance-party, exercise session that combines Tae Bo, aerobics and dance to great music. Come have fun while getting in great shape. Suitable for all fitness levels. 18 yrs + N Laurel Comm Ctr

RP8551.601 Classes: 11 Jan 9 6:30-7:30pm Tu or Th \$88

6:30-7:30pm RP8551.602 Classes: 22 Jan 9 Tu.Th \$176 Cardio Kickboxing Plus with Robin Robinson

This cardio kickboxing class is like none other. This class is calorie-burning, dance-party exercise session that combines tae bo, aerobics and dance plus 15 minutes of intense ab workout at the end of class. Come out, get in shape and get a tight core all while having fun! Suitable for all fitness levels.

<u>18 yrs + Classes: 11</u>

RP8551.611 N Laurel Comm Ctr Jan 13 8:15-9:15am Sa \$88

Dumbbells for Women

Have you looked at the dumbbell racks and thought, "no way!" Don't fear, build your comfort and confidence while adding this equipment to your exercise routine. Info: Cathy Hilliard 410-313-2763 or chilliard@howardecountymd.gov.

18 yrs + Roger Carter Comm Ctr Classes: 1

RP4091.603 Member Feb 24 9-10am Sa \$4 RP4091.604 Nonmember Feb 24 9-10am Sa

Fit Jam: Cardio Party with Liz Rolland

Join this cardio party and dance the night away to the hottest hits from around the globe. Learn the basic steps from salsa, Cumbia, hip-hop and many more dance styles. Simple choreography is very easy to learn, no experience necessary! Bring a friend and have a blast while burning tons of calories! Get ready to be gorgeous! Bring a towel.

18 yrs + Classes: 8

RP8350.601 Gary J Arthur Comm Ctr Jan 22 5:45-6:45pm M \$80 RP8350.602 Gary J Arthur Comm Ctr Jan 25 5:45-6:45pm Th \$80

Fit Jam: Fire and Spice! with Liz Rolland

Spice up your workout with this unique blend of Pilates mat work, cardio dance fitness and yoga stretches set to the hottest music from around the globe. Incinerate mega calories while toning and tightening all those problem zones. Learn the basic moves first, and then challenge your workout with light weights, stability balls and bands (provided). Bring a thick yoga mat. This workout is hot stuff!

18 yrs + Classes: 8

RP8351.601 Gary J Arthur Comm Ctr Jan 26



Step & Sculpt with Marianne Larkin combines Pilates movements with core and balance exercises.

Foam Roll & Stretch with Liz Rolland

Who doesn't love a great massage? Now you can learn to give yourself a healing, therapeutic massage using a foam roller. This tool offers a safe and effective method for massaging both muscles and fascial – the connective tissue that surrounds muscles. Foam rolling can help release tight muscles and knots, relieve tension, increase blood flow to speed healing, and soothe aches and pains. Perfect for active people looking to reduce their risk of injury and chronic stress. Each class includes foam rolling techniques and gentle stretches. Foam rollers provided.

18 yrs + Classes: 8

RP8283.601	Gary J Arthur Comm Ctr	Jan 22	4:45-5:30pm	M	\$72
RP8283.602	Gary J Arthur Comm Ctr	Jan 25	4:45-5:30pm	Th	\$72
RP8283 603	Gary I Arthur Comm Ctr	lan 26	11-11-45am	F	\$72

Fun & Friendly Bootcamp By Liz Rolland

Are you scared to try a bootcamp class? Hate drill sergeants shouting at you? Then this class is for you! Learn the bootcamp basics, from pushups to planks to burpees, all in the comfort of an indoor studio. The 45-minute workout includes a complete and careful warm-up, a wide variety of aerobics and strength training, specific skill drills, safe stretching, and abdominal exercises to flatten the tummy. Wear comfortable cross-training shoes. Bring a towel. Beginners welcome!

18 yrs + Classes: 8

RP8384.611 Roger Carter Comm Ctr Jan 23 10:30-11:15am Tu \$72

HIIT Workout Party with Royale Fit AAI/ISMA

Are you ready to maximize your workout time while attaining your fitness goal in a fun atmosphere? This workout is designed to propel you to your fitness goal with a High Intensity Interval full body workout guaranteed to burn fat, increase metabolism and strengthen your muscles. Each session consists of 15 minutes of jump rope cardio blast, body weight exercises, muscle toning, core workouts and stretches in a party atmosphere. Get ready to meet the upgraded version of you, full of confident, strong and fit. All fitness levels are welcome. Bring along a jump rope, a mat and 5 or 10 lbs. pair of dumb bell. (Jump ropes are available for sale.)

18 yrs + Classes: 10

RP8550.601 N Laurel Comm Ctr Jan 13 10:30-11:30am Sa

La Canne (French Cane Fighting) with Steve Savoie

Get a great workout while learning the unique French sport of Canne De Combat (French stick fighting). Focus on basic strikes, blocks, lunges and evasions while increasing flexibility, coordination and strength. Once you try it, you'll love it! No experience required. Practice canes provided. Shin guards recommended. This class is an 18 and older class, but if accompanied by an adult the minimum age is 14. (You must call in to register your child.)

18 yrs + Classes: 9

RP8505.601 Cedar Lane Rec Ctr Jan 17 8:15-9:15pm W \$54

NEW! Fun Fitness

with Sandra Duerr, AFAA, NASM

Music and movement therapy are great for relieving stress. It frees the spirit, mind, and body. Start with flexibility exercises on the floor, then use large balls, bands, and weights. Work on body-tone, coordination, balance, and core strength. Of course, there is a little dancing to put everything together cardio style!

18 yrs + Roger Carter Comm Ctr

RP8225.621 Classes: 9 \$76 Jan 10 12:30-1:30pm W or F RP8225.622 Classes: 18 Jan 10 12:30-1:30pm \$153

NEW! LaBlast® with Gizelle Merced, SCW

Get ready to sweat through this exciting, cardio program! LaBlast® combines the aerobic footwork of dancing with strength training and weights. It is an interval-based cardio workout that uses several dance styles. Get your heart pumping as you Mambo, Salsa, Merengue, and Rumba your way to fitness! LaBlast® is for all levels and class begins with an intro to the program by providing the foundation and base techniques. As the program progresses, the intensity increases; dances and choreography are expanded; and technique is refined. Not sure if this is for you? Free class on 1/10. Register through www.freedomfitness.info/events.

18 yrs + Classes: 10

RP8435.621 N Laurel Comm Ctr Jan 17 7:30-8:20pm W

Muscle Pump Group Fitness with Angela Montegue, ACE

This strength class works every major muscle group so that you stay strong, fit, and fabulous! Strength-training helps you build and maintain bonedensity while increasing your metabolism. The group setting helps keep you motivated and wanting more. NEW THIS SESSION: Use free-weight exercises in the aerobic room. Must register by January 2. (No class 2/19.)

18 yrs + Mondays: Fitness Room; Wednesdays: Aerobics Room Classes: 20 RP8660.601 Roger Carter Comm Ctr Jan 17 9:15-10:15am M,W \$110

Piloxing with Caroline Nosbisch, SCW

Enjoy a non-stop, cardio fusion of Pilates, boxing, and dance that pushes you past your limits for a sleek and powerful you! This class blends the power, speed and agility of boxing with the flexibility and sculpting of Pilates to give you a muscle-toning, fat-burning, exhilarating workout that makes you feel physically and mentally empowered! Free class on 1/9. Register at www.freedomfitness.info/events.

18 yrs + Classes: 11

RP8135.601 Gary J Arthur Comm Ctr Jan 16 7-8pm Tu \$72

Step & Sculpt and Step & Sculpt Plus! with Marianne Larkin, AAAI

Enjoy an invigorating, fun, medium-to-high-intensity class that has it all. Pump up your cardiovascular fitness and challenge your brain with the latest turbo charged step moves combined with strength, core and balance exercises for a total body workout. Moves are demonstrated at various

intensity levels so you can customize the workout to fit your needs. Steps are provided. Bring a mat and hand weights.

18 yrs + Step & Sculpt Mount View MS

RP8300.611 Classes: 10 Jan 9 7-8pm Tu or Th \$50 RP8300.612 Classes: 20 Jan 9 7-8pm Tu,Th \$100

18 yrs + Step & Sculpt Plus! Gary J Arthur Comm Ctr

RP8300.601 Classes: 10 Jan 6 8:30-9:45am Sa \$60

Tabata Interval Training with Lori Nowicki, ACE

Get great results in a short time! This boot camp is based on the most effective high-intensity interval training (20 seconds on, 10 seconds rest). This program includes three types of Tabata for maximum results. Burn 5x more calories after exercise. Our motto is more is not better, better is better! Workouts can be modified.

18 yrs + Classes: 9

RP8485.601 Roger Carter Comm Ctr Jan 12 9:15-9:55am F \$45

Total Body Tone & Core with Marianne Larkin, AAAI

This lively, total-body workout moves to the beat of the music. Burn calories as you flow through a variety of exercises designed to sculpt and tone your body while strengthening your core and improving your balance and flexibility. Bring a mat and 2 to 5 lb. weights.

18 yrs + With Marianne Larkin Mount View MS

RP8210.601 Classes: 10 Jan 9 6-6:55pm Tu or Th \$45 RP8210.611 Classes: 20 Jan 9 6-6:55pm Tu.Th \$90

Toning with Cardio Dance by Hillary Gil

If you are ready to tone your entire body and have fun while doing it, this is the class for you. Class incorporates kickboxing, Strong by Zumba, strength training, and ab exercises. The music is structured around a Zumba tempo. This class can be categorized as a dance, whole-body workout with toning. (No class 2/19.)

18 yrs + With Hillary Gil Classes: 8

RP8210.602 Burleigh Manor MS Jan 22 6:30-7:25pm M \$48

Zumba

Zumba takes the "work" out of "workout" by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and world rhythms take over, you'll see why Zumba® Fitness is exercise in disguise. Super effective? Check. Super fun? Check. Zumba is a total workout, combining all elements of fitness: cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class. **Free class 1/10 for "*" sections.** Register at www.freedomfitness.info/events (No class for RP8330.601& RP8225.611 on 1/15; no class for all Monday classes on 2/19.)

18 yrs + With Sandra Duerr Classes: 8	
RP8225.611 Roger Carter Comm Ctr Jan 8 8-8:45p	om M \$56
18 yrs + With Stephanie Scott Classes: 9	
RP8330.601 Roger Carter Comm Ctr Jan 8 5:30-6:	30pm M \$63
18 yrs + With Stephanie Scott Classes: 11	
RP8330.602 Roger Carter Comm Ctr Jan 10 5:30-6:	30pm M \$77
18 yrs + With Brandi Harrington Classes: 8	
RP8360.601* Misako Beats Jan 22 7-8pm	M \$96
18 yrs + With Brandi Harrington Classes: 9	
RP8360.602* N Laurel Comm Ctr Jan 20 9:30-10):30am Sa \$108
18 yrs + With Jane Lears Classes: 11	
RP8430.620* Mount View MS Jan 17 9:15-10):15am W \$77



Get your heart pumping with a dance aerobic workout at Cardio Dance with Sandra Duerr.

NEW! Zumba Toning with Angela Montegue, ACE

Zumba® Toning combines targeted body-sculpting exercises and highenergy cardio work with Latin-infused Zumba® moves to create a calorietorching, strength-training dance fitness party. Using Zumba® toning sticks, work every muscle group while you groove. **Free class 1/10**. Register at www.freedomfitness.info/events. (No class 2/19).

<u>18 yrs + Classes: 20</u>

RP8435.601 Roger Carter Comm Ctr Jan 17 10:30-11:20am M,W \$105

Health & Relaxation

Teens

Teen Yoga with Rachel Wolfe

This class follows Vinyasa yoga, a smoothly flowing style that synchronizes breath with each movement. This is an energizing class for the beginner or intermediate that strengthens and stretches muscles with sun salutations, standing poses, balancing poses, reclining and seated poses. The integration of breath relaxes the mind while providing maximum energy to the body. Yoga mats/blocks provided but please bring your own mat if you have one. 13-17 yrs Classes: 8

RP8245.601 Kinetics Dance Theatre Jan 19 4:30-5:30pm F \$96

Adults

Gentle Yoga with Jane Lears, Yogafit, SCW

This relaxed, fun, but purposeful version of yoga emphasizes yoga movements and poses to build strength, grace and mindfulness. Bring a yoga mat. **Free class on 1/10** through www.freedomfitness.info/events.

18 yrs + Classes: 11

RP8420.603 Mount View MS Jan 17 10:15-11:15am W \$99

Hatha Yoga for Flexibility & Relaxation

Create a calm, peaceful awareness of both body and mind through the ancient art of yoga. Classic yoga postures and breathing techniques are practiced in a flowing style that integrates movement and breath. Come prepared to lengthen, strengthen and relax. Beginning and ongoing students are welcome. Yoga mats/blocks provided.

18 yrs + With Kris Copeman Classes: 9

RP8240.601 Kinetics Dance Theatre Jan 18 9:45-10:45am Th \$108 18 yrs + With Rachel Wolfe Classes: 8

RP8240.602 Kinetics Dance Theatre Jan 19 7:15-8:15pm F \$96



Calm your body and mind while strengthening the body at yoga.

Introduction to Pilates with Christine Williams

Connect your mind, body and spirit as you practice this systematic exercise program. This series of flowing movements and breathing patterns lengthen and strengthen your muscles, with a primary focus on the powerhouse/abdominals. All levels of practitioners are welcome. Please bring a mat.

18 yrs + Classes: 8

RP8155.601 Misako Ballet Studio Jan 20 8:30-9:30am Sa \$99

Nutrition is Key to Fitness Page 54

NEW! Pilates with Jodi Guzewich

The Pilates Method is an exercise system focused on improving flexibility and strength for the whole body without building bulk. It is a series of controlled movements that provide a refreshing and energizing workout. Mats are provided but you are encouraged to bring your own.

18 yrs + Classes: 8

RP8242.601 Kinetics Dance Theatre Jan 19 10-11am F \$96

Pilates Plus with Liz Rolland

This mat-work class strengthens and tones all major muscle groups, focusing specifically on abdominals, back, hips, and thighs. Light weights are added in order to intensify your workout once the basic exercises have been learned. Enjoy gentle yoga stretches and a full-body relaxation that leaves you refreshed and ready to face the day! Bring a yoga or Pilates mat and a thick beach towel.

<u>18 yrs + Classes: 8</u>

RP8384.601 Roger Carter Comm Ctr Jan 23 9:15-10:15am Tu \$96

Pilates with Lori Nowicki, AAAI, AFPA

Pilates is the ultimate mind-body exercise program. Class can be modified and use of toys is optional. Exercises incorporate multiple repetitions, mixed tempos, added equipment and reformer-like movements. Strengthen your legs, arms and core. Increase your flexibility and reduce stress! Focus is on core, balance, breathing, and alignment. Bring your own mat and ball.

<u>18 yrs + Classes: 20</u>

RP8154.601 Cedar Lane Rec Ctr Jan 9 9:15-10am Tu,Th \$100

Pilates with Dianna Fornaro, ER-Pilates

This whole-body program emphasizes your core. It strengthens abdominal and lower back muscles. Work everything from your neck to your knees. Tone and lengthen your muscles, increase your strength, improve your posture and flexibility, and have fun! Bring a mat. **Free class on 1/10** through www.freedomfitness.info/events. (No class 2/19.)

18 yrs + Classes: 20

RP8420.601 Cedar Lane Rec Ctr Jan 17 7-8pm M,W \$100

Power Yoga Intermediate with Kris Copeman

This class is an energizing, athletic way of practicing yoga postures that emphasizes strength, flexibility and stamina while creating the calm awareness to the mind and body. If you want a fitness-based class designed to build upper-body and core strength while increasing flexibility and reducing stress, this Ashtanga-based yoga is for you! This is an intermediate class; prior yoga experience is required. Yoga mats/blocks provided.

<u> 18 yrs + Classes: 9</u>

RP8241.601 Kinetics Dance Theatre Jan 18 11am-noon Th \$108

Qigong with Chris Judge

Qigong is a moving meditation practice that brings balance to the body and mind by connecting thoughtful movement with deep breathing. Learn a series of gently flowing movements that strengthen muscles and tendons, stabilize joints and quiet the mind. All levels of practitioner are welcome. Please wear comfortable clothing, no mat required.

<u> 18 yrs + Classes: 6</u>

RP8155.621 Misako Beats Studio Feb 21 7-8pm W \$74

Revive, Relax & Renew Yoga with Mary Garratt, NETA, E-RYT500

Even if you can't twist into a pretzel, you can enjoy yoga. Classes are an active, physical workout and a relaxing, meditative work-in. This class is for beginners or those with some yoga experience. Explore and expand your own strength, flexibility, balance, and focus. You leave each class feeling better than when you walked in. Bring a mat/blanket. (No class 1/15, 2/19.)

18 yrs + Gary J Arthur Comm Ctr

RP8252.601 Classes: 9 Jan 8 7-8pm M \$86 RP8252.602 Classes: 10 Jan 10 5:45-6:45pm W \$95

Sunday Afternoon Yoga with Mary Garratt, NETA, E-RYT500

Ease your way from the weekend to the work week with yoga. Come refresh your body and calm your mind. Whether you're new to yoga or have experience, enjoy the benefits of an energizing, physical workout and a soothing, meditative work-in. Explore and expand your strength, flexibility, balance and focus. Leave each class relaxed and ready to take on the week!

<u>18 yrs + Classes: 10</u>

RP8252.612 Gary J Arthur Comm Ctr Jan 7 2-3pm Su \$95

Tai Chi Page 78

Therapeutic Massage

Skilled gentle massage therapy can help you feel better physically, by easing pain and allowing the body to relax. Experience the benefits of Therapeutic Massage and Reflexology offered by Carol Lancaster, Licensed Massage Therapist. Info/schedule appointment: 410-313-4840.

18 yrs + ½ hr - \$35, 1 hr - \$60, 1½ hr - \$85, Reflexology - \$45

Gary J Arthur Comm Ctr 10am-9pm Tu

Yoga for a Happy Body with Liz Rolland

Have you heard that sitting is the new smoking? In order to be healthy and happy, our bodies are meant to MOVE! Learn to lovingly care for your body and mind with yoga. Gently stretch and strengthen your whole body with yoga postures and movement sequences while practicing breath awareness and mindfulness. Leave class feeling **better** than when you walked in! Perfect for all levels; beginners welcome. Please wear comfortable clothing. Bring a yoga mat and a large beach towel to each class.

18 yrs + Classes: 8

RP8284.601 Roger Carter Comm Ctr Jan 22 9:15-10:15am M \$96

Yogalates with EC Goode

This class merges two disciplines, yoga, and Pilates. A fusion of the ancient discipline of yoga with the modern Pilates techniques, the exercises mix both disciplines to develop core strength, tone muscles, increase flexibility and reduce stress. Beginning and ongoing students are welcome. Yoga mats/blocks are provided, but please bring your own mat if you have one.

18 yrs + Classes: 9

RP8244.601 Kinetics Dance Theatre Jan 16 8:30-9:30pm Tu \$108

Personal Training

Personal Training

Each session is customized to fit your individual needs and abilities. Private training sessions are one participant to one trainer; semi-private sessions are up to three participants to one trainer. Sessions are non-transferrable. Registration for sessions is first-come, first-served; walk-in and phone registrations only. All sessions must be scheduled at the time of registration. Info: 410-313-4840 or Sara Schwab, 410-313-4842 or sschwab@howardcountymd.gov.

13 vrs +	Ongoing	Gary I Arthur Comm Ctr	
13 Vrs +	unaoina	Gary Larinur Comm Cir	

1 session	30 minutes, private	\$45
1 session	60 minutes, private	\$75
4 sessions	30 minutes, private	\$160
8 sessions	30 minutes, private	\$299
4 sessions	30 minutes, semi-private, group of 3	\$240
8 sessions	30 minutes, semi-private, group of 3	\$459

Active Adults & Fitness

 Info/Fitness Waiver: Curtis Gore, 410-313-7281 or cgore@howardcountymd.gov.

Basic Defensive Tactics page 57

BOSU Mobility & Stability for the Active Aging with Lori Nowicki, AAAI, AFPA

The BOSU is specially designed to improve coordination and flexibility while working the entire body's strength and balance. This fun, effective and safe program reduces the risk of falls, expands your movement, improves bone density, and strengthens the mind. Bring water and a mat.

(No class 1/15 & 2/19.)

55 yrs + Classes: 12

RP3516.601 Cedar Lane Rec Ctr Jan 8 10:45-11:45am M,W \$139

Exercise with Ease with Debbie Flynn

This well-rounded hour of fitness for active seniors includes low-impact aerobics, stretching, muscle tone, and strength activities aimed at improving endurance, body alignment, balance, and proper breathing. Listen to upbeat music while learning simple choreographed moves.

55 vrs + Classes: 18

RP8060.601 E. Columbia 50+ Ctr Jan 9 8:50-9:50am Tu,Th \$54



Condition with easy-to-follow aerobic exercises at Fitness for Life with Lori Nowicki.

Fitness for Life with Lori Nowicki, ACE, AFPA

This class, designed for active adults, combines easy-to-follow aerobics, weight and cardio training on Keiser and Precor equipment, free weights, bands, floor exercises, balance training and stretching. (No class 1/15, 2/16, 2/19, 3/30.)

55 yrs + N Laurel Comm Ctr

RP8666.601	Classes: 17	Jan 8	12:35-1:50pm	M,W	\$102
55 yrs + G	ary J Arthur Co	mm Ctr			
RP8666.602	Classes: 18	Jan 9	10:30-11:45am	Tu,Th	\$108
<u>55 yrs + Ro</u>	oger Carter Cor	nm Ctr			
RP8666.603	Classes: 18	Jan 9	12:15-1:30pm	Tu,Th	\$108
RP8666.604	Classes: 9	Jan 12	10-11:15am	F	\$54

Go50+ Core and Balance

As you get older, your balance and stability may be compromised. Learn how to strengthen your core for better balance and stability. Gain simple exercises to improve your balance. Info: Cathy Hilliard 410-313-2763 or chilliard@howardcountymd.gov.

50 yrs + Roger Carter Comm Ctr Classes: 1

RP4091.605 Member Mar 20 9-10am Tu \$4 RP4091.606 Nonmember Mar 20 9-10am Tu \$6

NEW! Total Conditioning for a Healthy Life

Active adults, come increase your endurance and strength. Routines include a combination of easy-to-follow aerobics, light weights and activities to improve balance, strength and core conditioning. Please bring a mat and 2-5 lb weights.

55 yrs + Classes: 10

RP3514.601 Cedar Lane Rec Ctr Jan 9 10:30-11:30am Tu,Th \$60 RP3514.602 Cedar Lane Rec Ctr Feb 13 10:30-11:30am Tu,Th \$60

NEW! Yoga 1 Flow

This true beginner class is geared towards those new to yoga or preferring a slightly gentler class. Movements are coordinated with the breath. Time is spent breaking down sun salutations and other poses fundamental to a Vinyasa practice. No prior yoga experience needed.

55 vrs + Classes: 6

RP3515.601 N Laurel Comm Ctr Jan 10 5-6pm W \$42 RP3515.602 N Laurel Comm Ctr Feb 21 5-6pm W \$42

Concussion Information

www.howardcountymd.gov/concussion

What is a concussion?

A concussion is a type of brain injury that changes the way the brain normally works. A concussion is caused by a bump, blow, or jolt to the head. Concussions can also occur from a blow to the body that causes the head and brain to move rapidly back and forth. Even what seems to be a mild blow to the head can be serious.

What are some warning signs of a concussion? — For Immediate Attention Call 911

Signs Observed by a Parent/Guardian

- Appears dazed or stunned
- Is confused about assignment or position
- Forgets sports plays
- Is unsure of game, score, or opponent
- · Moves clumsily
- Answers questions slowly
- Loses consciousness (even briefly)
- · Shows behavior or personality changes
- Can't recall events prior to hit or fall
- · Can't recall events after hit or fall

Signs Reported by the Athlete

- Headache or "pressure" in the head
- Nausea or vomiting
- Balance problems or dizziness
- Double or blurry vision
- · Sensitivity to light
- · Sensitivity to noise
- · Feeling sluggish, hazy, or groggy
- Concentration or memory problems
- Confusion
- · Does not "feel right"

What should you do if you think a concussion has occurred?

1. Seek medical attention right away.

A health care professional will be able to decide how serious the concussion is and when it is safe to return to play.

Legally, you must keep your child out of play until medically cleared by a qualified health care provider.

Concussions take time to heal. Don't let your child return to play until a health care professional says it's ok. Children who return to play too soon, while the brain is still healing, risk a greater chance of having a second concussion. Second or later concussions can be very serious. They can cause permanent brain damage, affecting your child for a lifetime.

3. Inform all coaches about any recent concussions.

Coaches should know if your child has had a recent concussion. Your child's coach may not know about a concussion your child received in another sport or activity unless you tell them.

4. Help your child return to sports safely after a concussion.

As symptoms decrease, the extra help or support can be removed gradually. Children and teens who return to activities after a concussion may need to

• Take rest breaks as needed

• Spend fewer hours at activities

• If in doubt, sit it out!

Consider getting a baseline test performed before a concussion occurs.

Righttime Medical Care, HeadFirst Sports Injury and Concussion Care is an innovative community program for young athletes, their families, physicians, coaches and athletic trainers in the education and evaluation of concussions, baseline testing and navigation to appropriate care in the unfortunate event a young athlete sustains a Traumatic Brain Injury.

One tool that assesses the symptoms of concussion is the ImPACT (Immediate Post Concussion Assessment and Cognitive Testing) test. ImPACT is a computerized exam that measures cognitive brain function and reaction time of athletes 10 years of age and older. It can be administered to student athletes before an injury occurs to assess pre-injury cognitive function and reaction time. It's also used to measure the impact a concussion has on areas of brain function after an injury. Essentially, the ImPACT test is a preseason physical of the brain.

HeadFirst offers ImPACT baseline testing. This non-invasive test is set up in "video-game" style and takes about 25 minutes to complete. Righttime Medical Care's HeadFirst program also offers free baseline tests to athletes ages 10 & up who currently participate in Howard County Recreation & Parks programs. ImPACT testing is offered by appointment at the following locations. Info/appointment: 888-808-6483 or www.myheadfirst.com. 6334 Cedar Lane, Columbia, MD 21044

18045 Georgia Avenue, Olney, MD 20832

2401 Brandermill Boulevard, Gambrills, MD 21054

Sudden Cardiac Arrest

www.howardcountymd.gov/suddencardiacarrest

What is Sudden Cardiac Arrest?

Sudden Cardiac Arrest (SCA) is a potentially fatal condition in which the heart suddenly and unexpectedly stops beating. When this happens, blood stops flowing to the brain and other vital organs. Student athletes' risk of SCA is nearly four times that of non-athletes due to increased demands on the heart during exercise. SCA is caused by several structural and electrical diseases of the heart. These conditions predispose an individual to have an abnormal rhythm that can be fatal if not treated within a few minutes. Most conditions responsible for SCA in children are inherited, which means the tendency to have these conditions is passed from parents to children through the genes. Other possible causes of SCA are a sudden blunt non-penetrating blow to the chest and the use of recreational or performance-enhancing drugs and/or energy drinks.

Warning Signs of SCA

- SCA strikes immediately.
- SCA should be suspected in any athlete who has collapsed and is unresponsive.
- No response to tapping on shoulders
- Does nothing when asked if he/she is OK
- No pulse

Emergency Response to SCA

- Act immediately; time is most critical to increase survival rates.
- Recognize SCA.
- Call 911 immediately and activate EMS.
- Administer CPR.
- Use Automatic External Defibrillator (AED).

Warning Signs of Potential Heart Issues: The following need to be further evaluated by your primary care provider. Risk of Inaction: Ignoring such symptoms and continuing to play could be catastrophic and result in sudden cardiac death. Taking these warning symptoms seriously and seeking timely appropriate medical care can prevent serious and possibly fatal consequences.

- Family history of heart disease/cardiac arrest
- Fainting, a seizure, or convulsions during physical activity
- Fainting or a seizure from emotional excitement, emotional distress, or being startled
- Dizziness or light headedness, especially during exertion
- Exercise-induced chest pain
- Palpitations: awareness of the heart beating, especially if associated with other symptoms such as dizziness
- Extreme tiredness or shortness of breath associated with exercise
- History of high blood pressure

How Can We Minimize The Risk of SCA & Improve Outcomes?

The risk of SCA in student athletes can be minimized by providing appropriate prevention, recognition and treatment strategies. One way to minimize risk is through an annual pre-participation screening evaluation, often called a sports physical, performed by the athlete's medical provider.

- 1. There is a "Pre-Participation Physical Evaluation Form" available at http://www.mpssaa.org/healthandsafety/forms.asp.
- 2. Since the majority of these conditions are inherited, be aware of your family history, especially if any close family member:
- a. had sudden unexplained and unexpected death before the age of 50.
- b. was diagnosed with any of the heart conditions listed above.
- c. died suddenly/unexpectedly during physical activity, during a seizure, from Sudden Infant Death Syndrome (SIDS) or from drowning.
- 3. Take seriously the warning signs and symptoms of SCA. Athletes should notify their parents, coaches, or school nurses if they experience any of these warning signs or symptoms.
- 4. Schools in Maryland have AED policies and emergency preparedness plans to address SCA and other emergencies in schools. Be aware of your school's various preventive measures.
- 5. If a cardiovascular disorder is suspected or diagnosed based on the comprehensive pre-participation screening evaluation, a referral to a child heart specialist or pediatric cardiologist is crucial. Such athletes should stop playing sports pending further evaluation and clearance by their medical providers.

Info from American Heart Association (www.heart.org), Parent Heart Watch (www.parentheartwatch.org) and the Sudden Cardiac Arrest Foundation (www.sca-aware.org).

Sports

• Superintendent: Allan Harden, 410-313-4652.

Coaches' and Administrator's Registry

All children's sports coaches and administrators (volunteer or paid) are members of the Coaches' and Administrator's Registry. Membership requirements include:

- Annual National background screening
- American Sport Education Program certification
- Concussion and Cardiac Arrest awareness training
- Membership badge with photo and membership expiration date to be displayed by coach on field/court

League Refund Policy

Unless otherwise directed in the community sport program description, a 20% administrative fee is deducted for all refund requests more than four (4) weeks prior to league starting; a 50% refund if withdrawal requested more than two (2) weeks prior to league starting; no refunds are given less than two (2) weeks prior to the start of the league. Registration is accepted on a first-come, first-served basis up to the registration deadline listed in each league description. Additional teams may be accepted at the league commissioner's discretion. Special requests for youth leagues should be made at the time of registration, are not guaranteed, and are at the discretion of the department.

Aquatics

- Swimming lessons emphasize skills needed to be safe in an aquatic environment. All our instructors have been trained at our facility and are knowledgeable about the programs we teach.
- Be sure to register your child for the appropriate level. If space allows, a participant may be moved to a lower or more advanced level at the discretion of the swim lesson coordinator.
- For multiple sessions, register your child in the same course for a minimum of two sessions. Children often require more than one session to master the skills needed to proceed to the next level.
- Parents and guardians are not permitted to assist child during the lesson, except for the parent-child or Therapeutic Recreation classes. Accompanying adult for children under 16 must remain at the facility.
- Swimming diapers and/or rubber shorts must be worn.
- Read Concussion & Sudden Cardiac Arrest info on pages 64-65. Your family's review of this info is required by law before you're allowed to register for sports/swim programs.

Not sure which level to register for?

Free skill evaluations every Monday from 7-7:30pm. No registration required. First come first serve.

Interested in Scuba certification?

Info: Stacy Tozaki, 410-313-2765 or stozaki@howardcountymd.gov.

Group Lessons (0-18 yrs)

Baby Water Play: Parent/Child

Parents, learn how to work safely with your child in the water, including how to appropriately support and hold your child. With an adult, children explore submerging, buoyancy and entering and exiting safely. Children begin to glide on the front and back with assistance and change body position in the water. Swimming diapers and rubber shorts must be worn. Registration/Info 410-313-2764.

6 mos-3 yrs Classes: 8

RP4007.601	Roger Carter Comm Ctr	Jan 9	5-5:20pm	Tu,Th	\$70
RP4007.602	Roger Carter Comm Ctr	Feb 13	5-5:20pm	Tu,Th	\$70

Preschool Swimming

Registration/Info: 410-313-2764.

Level 1

Your child becomes familiar with the aquatic environment and learns basic water skills such as water entry and exit, breath control, buoyancy, treading and swimming on the front and back with support. This class creates the foundation for safe practices.

4-5 yrs Classes: 8

RP4009.601	Roger Carter Comm Ctr	Jan 10	5:40-6pm	W,F	\$70
RP4009.602	Roger Carter Comm Ctr	Jan 9	5:25-5:45pm	Tu,Th	\$70
RP4009.603	Roger Carter Comm Ctr	Feb 13	5:25-5:45pm	Tu,Th	\$70
RP4009.604	Roger Carter Comm Ctr	Feb 14	5:40-6pm	W,F	\$70

Level 2 (must have passed Level 1)

Your child becomes more independent through more advanced fundamentals of water entry and exit, breath control, buoyancy, treading and swimming on the front and back with assistance as needed.

4-5 yrs Classes: 8

RP4010.601	Roger Carter Comm Ctr	Jan 10	6:50-7:10pm	W.F	\$70
RP4010.602	Roger Carter Comm Ctr		5-5:20pm	Tu.Th	
RP4010.603	Roger Carter Comm Ctr	Feb 14	6:50-7:10pm	W,F	\$70
RP4010.604	Roger Carter Comm Ctr	Feb 13	5-5:20pm	Tu,Th	\$70

Level 3 (must have passed Level 3)

Your child practices independent water entry and exit, breath control, buoyancy, treading and swimming on the front and back at a more proficient level. Emphasis is on improved coordination of combined simultaneous and alternating arm and leg actions.

4-5 yrs Classes: 8

RP4011.601	Roger Carter Comm Ctr	Jan 10	5:40-6pm	W,F	\$70
RP4011.602	Roger Carter Comm Ctr	Jan 10	6:50-7:10pm	W,F	\$70
RP4011.603	Roger Carter Comm Ctr	Feb 14	5:40-6pm	W,F	\$70
RP4011.604	Roger Carter Comm Ctr	Feb 14	6:50-7:10pm	W,F	\$70

Aqua Kids

Registration/Info: 410-313-2764.

Level '

In this intro to swimming, learn basic water safety and skills. Skills include safe entry and exit, breath control, floating and swimming on the front and back.

6-10 yrs (Classes: 8
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RP4012.601	Roger Carter Comm Ctr	Jan 10	5-5:30pm	W,F	\$80
RP4012.602	Roger Carter Comm Ctr	Jan 10	7:20-7:50pm	W,F	\$80
RP4012.603	Roger Carter Comm Ctr	Jan 9	6-6:30pm	Tu,Th	\$80
RP4012.604	Roger Carter Comm Ctr	Feb 14	5-5:30pm	W,F	\$80
RP4012.605	Roger Carter Comm Ctr	Feb 14	7:20-7:50pm	W,F	\$80
RP4012.606	Roger Carter Comm Ctr	Feb 13	6-6:30pm	Tu,Th	\$80



Watch your child learn to be more comfortable and confident in the water at Aqua Kids.

Level 2 (must have passed Level 1)

Build on the fundamental skills of entry and exit, breath control and buoyancy. Emphasis on combined simultaneous and alternating arm and led action at a more proficient level. Learning how to swim unassisted as well as treading in deep water.

6-10 yrs Classes: 8

	Roger Carter Comm Ctr Roger Carter Comm Ctr	Feb 14	7:20-7:50pm 5:25-5:55pm	W,F Tu,Th	\$80 \$80
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RP4013.605	noger carter committee	דו עטו	0.10 0. 1 0piii	••,.	,
RP4013.604	Roger Carter Comm Ctr	Feh 14	6:10-6:40pm	W.F	\$80
RP4013.603	Roger Carter Comm Ctr	Jan 9	5:25-5:55pm	Tu,Th	\$80
RP4013.602	Roger Carter Comm Ctr	Jan 10	7:20-7:50pm	W,F	\$80
RP4013.601	Roger Carter Comm Ctr	Jan 10	6:10-6:40pm	W,F	\$80

Level 3 (must have passed Level 2)

Build on your skills and begin scissor and dolphin kicks, survival float, front crawl and elementary backstroke. Begin to learn head-first entries. You should be able to swim 15 yards freestyle and backstroke unassisted and be comfortable treading and swimming in deep water.

6-10 yrs Classes: 8

RP4014.601	Roger Carter Comm Ctr	Jan 10	5-5:30pm	W,F	\$80
RP4014.602	Roger Carter Comm Ctr	Jan 10	6:10-6:40pm	W,F	\$80
RP4014.603	Roger Carter Comm Ctr	Jan 9	6-6:30pm	Tu,Th	\$80
RP4014.604	Roger Carter Comm Ctr	Feb 14	5-5:30pm	W,F	\$80
RP4014.605	Roger Carter Comm Ctr	Feb 14	6:10-6:40pm	W,F	\$80
RP4014.606	Roger Carter Comm Ctr	Feb 13	6-6:30pm	Tu,Th	\$80

Learn to Swim

Registration/Info: 410-313-2764.

Beginner

Learn basic water safety and skills. Basic aquatic skills including safe entry and exit, breath control, buoyancy, treading, changing direction and swimming on the front and back are taught. Learn how to float and swim without support.

11-15 yrs Classes: 8

RP4015.601	Roger Carter Comm Ctr	Jan 10	7:55-8:25pm	W,F	\$80
RP4015.602	Roger Carter Comm Ctr	Feb 14	7:55-8:25pm	W.F	\$80

Please bring a reusable water bottle.

Intermediate

After completing Beginner level and/or able to swim half a length of the pool, build on fundamentals of entry and exit, breath control, buoyancy, treading, changing direction and swimming on the front and back. Deep water safety is introduced. Begin scissor and dolphin kicks, survival float, front crawl and elementary backstroke. Start to learn head-first entries.

11-15 yrs Classes: 8

RP4016.601	Roger Carter Comm Ctr	Jan 9	7:20-7:50pm	Tu,Th	\$80
RP4016.602	Roger Carter Comm Ctr	Feb 13	7:20-7:50pm	Tu,Th	\$80

Private Lessons (3 yrs +)

Private/Semi-Private Swim Lessons

Each lesson lasts 30 minutes and is customized to fit individual needs and swimming abilities. Private lessons include one participant to one instructor; semi-private lessons include up to three participants to one instructor. Semi-private lessons participants must be of similar age and ability. Lessons are not transferrable. Registration is first-come, first-served. Info: Stacy Tozaki, 410-313-2765 or stozaki@howardcountymd.gov.

3 yrs + Private Classes: 8

RP4020.601 Roger Carter Comm Ctr Jan 13 \$254 3 yrs + Semi-Private Classes: 8

RP4020.602 Roger Carter Comm Ctr Jan 13 \$441

Swim Team Prep (6-18 yrs)

Pre-Swim Team Skills

In this stroke improvement course, work on the front crawl and elementary backstroke for longer distances and be introduced to sidestroke, back crawl, breaststroke and butterfly. The basics of turning at the wall and diving are presented. This is the perfect course for those interested in swim team! Pre-requisite: 25 yards of freestyle and 25 yards of backstroke. Registration/Info: 410-313-2764.

6-18 yrs Classes: 8

RP4018.601	Roger Carter Comm Ctr	Jan 10	7:55-8:25pm	W,F	\$80
RP4018.602	Roger Carter Comm Ctr	Jan 10	8:30-9pm	W,F	\$80
RP4018.603	Roger Carter Comm Ctr	Jan 9	8:30-9pm	Tu,Th	\$80
RP4018.604	Roger Carter Comm Ctr	Feb 14	7:55-8:25pm	W,F	\$80
RP4018.605	Roger Carter Comm Ctr	Feb 14	8:30-9pm	W,F	\$80
RP4018.606	Roger Carter Comm Ctr	Feb 13	8:30-9pm	Tu,Th	\$80

Non-Competitive Swim League

Thinking about swim team? This non-competitive league teaches you the basics of swim team drills and timing. Practices are one hour twice a week for eight weeks. Monday evenings and Saturday mornings. Pre-requisites: 25-yard freestyle, 25-yard backstroke and 25-yard breaststroke.

Registration/Info: 410-313-2764.

<u>6-10 yrs Classes: 16</u>				
RP4022.601 Roger Carter Comm Ctr	Jan 8	5-6pm 7-8am		\$114
11-18 yrs Classes: 16				
RP4022.602 Roger Carter Comm Ctr	Jan 8	6-7pm 8-9am	M Sa	\$114

Stroke and Turn Clinic

Are you already a competitive swimmer? Work on perfecting each stroke and learn flip turns for continuous swimming for competitions and fitness. Pre-requisite: 50-yard freestyle, 50-yard backstroke and 25-yard breast-stroke. Registration/Info: 410-313-2764.

8-18 yrs Classes: 8



Choose from many one-day swimming clinics to fine tune your technique and skills.

One-Day Clinics (6-16 yrs)

Basic Diving Clinic

Learn the basics of diving in this one-day clinic. Topics covered include seated, kneeling and standing dives from both the deck and diving board. No diving experience required. Pre-requisite: 25 yards freestyle and comfortable in deep water. Class is taught in 10'6". Registration/Info: 410-313-2764. 6-18 yrs

RP4025.601 Roger Carter Comm Ctr Jan 13 9:30-10:30am Sa \$12

Introduction to Butterfly Clinic

Learn the basics of butterfly kick, pull and stroke. No prior butterfly swim experience required. Pre-requisite: 50-yards breaststroke. Info: 410-313-2764. 6-18 yrs

RP4033.601 Roger Carter Comm Ctr Jan 20 9:30-10:30am Sa \$12

Competitive Turns

Learn and refine your racing turns and transitions to improve your speed and efficiency. Flip turns, open turn, and backstroke flip turn are covered in this one day clinic. Pre-requisite: 25-yards freestyle, 25 yards backstroke and 25 yards breaststroke. Registration/Info: 410-313-2764.

6-18 yrs

RP4027.601 Roger Carter Comm Ctr Feb 24 9:30-10:30am Sa \$12

Freestyle Stroke Clinic

Learn how to improve your freestyle swimming stroke. Emphasis is placed on stroke technique and improvement. Pre-requisite: 50-yards freestyle. Info: 410-313-2764.

6-18 yrs

RP4030.601 Roger Carter Comm Ctr Jan 27 9:30-10:30am Sa \$12

Racing/Competitive Starts Clinic

Learn and refine your racing starts for each competitive stroke and relays. Both in water and out of water dives/starts are taught in this one day clinic. Pre-requisites: 25 yards freestyle, 25 yards backstroke and 25 yards breast-stroke. Registration/Info: 410-313-2764.

6-18 yrs

RP4026.601 Roger Carter Comm Ctr Feb 3 9:30-10:30am Sa \$12

Backstroke Clinic

Learn how to improve your backstroke swimming stroke. Emphasis is placed on stroke technique and improvement. Prerequisite: 50-yards backstroke. Info: 410-313-2764.

6-18 yrs

RP4031.601 Roger Carter Comm Ctr Feb 10 9:30-10:30am Sa \$12

Breaststroke Clinic

Learn how to improve your breaststroke swimming. Emphasis is placed on stroke technique and improvement. Prerequisite: 50-yards breaststroke. Info: 410-313-2764.

6-18 yrs

RP4032.601 Roger Carter Comm Ctr Feb 17 9:30-10:30am Sa \$12

Butterfly Stroke Clinic

Learn how to improve your butterfly stroke technique and timing in this clinic. Pre-requisite: 25-yards butterfly. Info: 410-313-2764.

6-18 yrs

RP4034.601 Roger Carter Comm Ctr Mar 3 9:30-10:30am Sa \$12

Guarding & Certification (16 yrs +)

Lifeguard Training

Prepare to save lives and make a difference in your community! Learn the skills necessary to prevent and respond to aquatic emergencies. Specific precourse swimming requirements available when registering. You must attend every class, successfully complete required skills and pass written exams to receive the Red Cross certification for 2 years in Lifeguarding/First Aid and CPR/AED for the professional rescuer. You must be prepared to swim at all classes. Registration/Info: 410-313-2764.

<u>15 yrs + Classes: 3</u>

RP4002.601 Roger Carter Comm Ctr Jan 13 9am-5pm Su, F-Sa \$205

<u>15 yrs + Classes: 4</u>

RP4002.602 Roger Carter Comm Ctr Feb 9 5-9pm; F,M \$205 Noon-8pm; Su,Sa

Lifeguard Recertification

Recertify in just 10 hours! This course is for those who are currently certified in Lifeguarding/First Aid and CPR/AED. This is a competency test of skills with limited review with an instructor. Participants must provide copies of current certifications upon registration. Upon successful completion of the review, gain two-year certifications for Lifeguarding/First Aid and CPR/AED for the Lifeguard. Registration/Info: 410-313-2764.

15 yrs + Classes: 2

RP4003.601 Roger Carter Comm Ctr Jan 20 4-9pm Su,Sa \$125 RP4003.602 Roger Carter Comm Ctr Mar 3 4-9pm Su,Sa \$125

Adults (16 yrs +)

Private/Semi-Private Lessons Page 67

Saturday Splash Page 28

Adult Swim Lessons

Beginner

Adults who never learned how to swim or are beginners, this is the class for you. Also, build on the fundamentals of swimming. Entry and exit, breath control, buoyancy, treading, changing direction and swimming on the front and back are taught. Registration/Info: 410-313-2764.

16 yrs + Classes: 8

RP4019.601 Roger Carter Comm Ctr Jan 10 8:30-9pm W,F \$80 RP4019.602 Roger Carter Comm Ctr Feb 14 8:30-9pm W,F \$80

Intermediate

Looking to refine and hone your stroke and turn skills? Adults with intermediate swimming skills who can swim at least one length of the pool, refine their stroke and breathing skills for continuous swimming. Freestyle, backstroke, breaststroke and rhythmic breathing are heavily emphasized. Registration/Info: 410-313-2764.

16 yrs + Classes: 8

RP4023.601 Roger Carter Comm Ctr Jan 9 8-8:30pm Tu,Th \$80 RP4023.602 Roger Carter Comm Ctr Feb 13 8-8:30pm Tu,Th \$80

Master's Swimming

RCCC Masters is a new, year-round program for swimmers with a focus on stroke improvement and fitness. Join an experienced coach and fellow swimmers for a 90-minute workout each weekend. Registration/Info: 410-313-2764.

18 yrs + Classes: 8

RP4035.601 Roger Carter Comm Ctr Jan 7 7-8:30am Su \$45

Badminton

Adult Badminton

Play badminton during the day! Join players of all ability levels in singles and doubles matches. The Meadowbrook Ath Comp has courts set up during the designated time. A leader is on site to check players in. Bring your own rackets and shuttlecocks. (No class 1/16.) Info for 621 Greg Meyd, 410-313-1162 or gmeyd@howardcountymd.gov or for .601 &.602 Will Dunmore, 410-313-1697.

18 yrs +

RP6830.602	Meadowbrook Ath Comp	Jan 6	8:30-11pm	Sa	\$60
RP6830.601	Meadowbrook Ath Comp	Jan 8	8:15-11pm	М	\$60
RP6830.621	Meadowbrook Ath Comp	Jan 11	Noon-2pm	Th	\$48

Baseball, Softball & Tee Ball

Columbia Baseball & Softball Fest Page 15

Pre-K & Youth Instruction

Tiny Tykes Tee Ball

Batter up! Nobody strikes out and everyone hits home runs! Our age-appropriate equipment and activities are designed to provide a successful introduction to the skills of batting, catching, throwing, and base running. Parents are encouraged to follow the coach's instructions to assist in the games and activities with your child. (No class 2/16, 2/17, 2/19.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

3-4 yrs Classes: 6

RP6053.601	Meadowbrook Ath Comp	Jan 29	10:30-11:15am	M	\$75
RP6053.602	N Laurel Comm Ctr	Jan 30	5-5:45pm	Tu	\$75
RP6053.603	Thunder Hill ES	Feb 1	6-6:45pm	Th	\$75
RP6053.604	N Laurel Comm Ct	Feb 1	12:30-1:15pm	Th	\$75
RP6053.605	Meadowbrook Ath Comp	Feb 2	1:30-2:15pm	F	\$75
RP6053.606	Dayton Oaks ES	Feb 3	10:30-11:15am	Sa	\$75
RP6053.607	Hollifield Station ES	Feb 3	1:30-2:15pm	Sa	\$75

Columbia Baseball & Softball Clinics

Prepare for the spring season through this once-a-week, indoor baseball or softball clinic. Work on defense, hitting, pitching, and catching. Instruction is provided by Columbia baseball & softball league coaches, high school coaches, and high school & college players. You are divided into groups based on ability and age. Meet in the gym. Info: Brian Wyman, bwyman@howardcountymd.gov.

Columbia Bas	eball Winter	Indoor Cli	nic Long Reach HS	Clas	ses: 4		
RP5990.601	6-8 yrs	Feb 11	9-10:30am	Su	\$85		
RP5990.611	9-10 yrs	Feb 11	10:45am-12:15pm	Su	\$85		
RP5990.621	11-14 yrs	Feb 11	12:30-2pm	Su	\$85		
Columbia Softball Winter Indoor Clinic Oakland Mills HS Classes: 4							
Columbia Soft	tball Winter I	ndoor Clir	nic Oakland Mills HS	Cla	isses: 4		
Columbia Soft RP5995.601	<u>tball Winter I</u> 6-8 yrs	ndoor Clir Feb 11	nic Oakland Mills HS 9-10:30am	<u>Cla</u> Su	<u>sses: 4</u> \$85		
			9-10:30am				



Get ready for the spring baseball season at the Baseball Winter Tune-Up with Casey Medairy.

Baseball Winter Tune-Up with Casey Medairy

Get out of the cold and move indoors to develop and improve hitting, pitching and fielding skills. Focus on positional breakdown, fundamentals of defensive fielding and hitting, and some base running. Instruction is led by Hammond High School Varsity Coach Casey Medairy. Players are divided into groups based on ability and age. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

8-15 yrs Classes: 4

RP6055.601 Hammond HS Jan 7 10am-noon Su \$110

Pre-K, Youth & Teen Leagues

Columbia Spring Baseball & Softball Leagues

Come join the CBL and CSL this spring for some baseball, tee ball or softball. The league features a weeknight practice and a weekend game. You can specify practice nights when you register. Baseball and softball games are on Saturdays, between 9am and 4pm. Tee ball games are on Sundays, between noon and 6pm. Fee includes shirt and hat. Practices and games are held at schools and parks in Columbia. For baseball age groups 11-14 and softball, games may be in other areas of Howard County. Volunteer coaches needed. Head coaches receive discount, and can pick their practice nights. (No sessions 5/26-28.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

Columbia Tee Ball Classes: 8

RP5990.701	4 yrs	Apr 15	Noon-6pm	Su	\$125
RP5990.702	5-6 yrs	Apr 15	Noon-6pm	Su	\$125
Columbia Base	eball League	Classes: 8			
RP5990.711	6-8 yrs	Apr 14	9am-4pm	Sa	\$139
RP5990.721	9-10 yrs	Apr 14	9am-4pm	Sa	\$139
RP5990.731	11-12 yrs	Apr 14	9am-4pm	Sa	\$139
RP5990.741	13-14 yrs	Apr 14	9am-4pm	Sa	\$139
Columbia Soft	tball League	Classes: 8			
RP5995.701	6-8 yrs	Apr 14	9am-4pm	Sa	\$139
RP5995.711	9-10 yrs	Apr 14	9am-4pm	Sa	\$139
RP5995.721	11-12 yrs	Apr 14	9am-4pm	Sa	\$139
RP5995.731	13-14 yrs	Apr 14	9am-4pm	Sa	\$139

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on Page 64-65. Review of this information is required by law before you are allowed to register for youth sports programs.

Western Howard County Youth Baseball & Softball League (WHCYBSL)

WHCYBSL provides tee ball, baseball and fast pitch softball leagues to families in Western Howard County and Clarksville. Howard County Recreation & Parks is contracted to provide administrative services to WHCYBSL. Info www.whcsports.com.

6-18 yrs Dates & Process: www.whcsports.com

RP5981 4-18 yrs Tee Ball or Baseball

RP5982 6-18 yrs Softball

Adult Leagues (18 yrs +)

• League Refund Policy Page 66

Softball Leagues

Games begin the week of April 22. Team fee includes balls, awards, officials, field reservation fees, sanction fee and administration. Team registration deadline: March 30. All games are played in county parks. Info: Mark Pendleton, 410-313-4703 or mpendleton@howardcountymd.gov.

18 yrs + Men's Weeks: 10 Su-F \$910

10 doubleheaders for a 20-game schedule.

50 yrs + Men's Weeks: 10 M \$910

10 doubleheaders for a 20-game schedule. ASA sanctioned teams.

18 yrs + Co-Rec Weeks: 10 M-F \$910

10 doubleheaders for a 20-game schedule. D level leagues available.

Basketball

Pre-K & Youth Instruction

Little Tykes Hoops Basketball

In this class, having fun is sure to be a slam dunk! Children are introduced to beginner basketball concepts such as dribbling, passing and shooting through a curriculum of exciting and fun-filled games and activities. Parents are encouraged to follow the coach's instructions to assist in the games and activities. (No class 2/16, 2/17, 2/19.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

3-4 yrs	Classes:	6
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RP6086.601	Meadowbrook Ath Comp	Jan 29	9:30-10:15am	М	\$75
RP6086.602	Guilford ES	Jan 29	6-6:45pm	М	\$75
RP6086.603	Phelps Luck ES	Jan 30	6-6:45pm	Tu	\$75
RP6086.604	Meadowbrook Ath Comp	Jan 31	12:30-1:15pm	W	\$75
RP6086.605	Meadowbrook Ath Comp	Feb 1	9:30-10:15am	Th	\$75
RP6086.606	Meadowbrook Ath Comp	Feb 2	9:30-10:15am	F	\$75
RP6086.607	Gorman Crossing ES	Feb 3	1:30-2:15pm	Sa	\$75

Kiddie Basketball

Come learn the sport of basketball in this perfect introductory clinic. Players work on the fundamental skills of dribbling, passing, shooting, and overall team play in a fun and encouraging environment. Meet in the gym. (No class 2/6, 2/19.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

5-7 yrs Classes: 9

RP6080.601	Gorman Crossing ES	Jan 22	5-6pm	M	\$75
RP6080.602	Bollman Bridge ES	Jan 22	4:20-5:20pm	M	\$75
RP6080.603	Pointers Run ES	Jan 22	5-6pm	M	\$75
RP6080.604	Veterans ES	Jan 22	5-6pm	M	\$75
RP6080.605	Clemens Crossing ES	Jan 22	4:55-5:55pm	M	\$75
RP6080.606	Dayton Oaks ES	Jan 16	4:40-5:40pm	Tu	\$75
RP6080.607	Worthington ES	Jan 16	5-6pm	Tu	\$75
RP6080.608	Elkridge ES	Jan 16	5-6pm	Tu	\$75
RP6080.609	Atholton ES	Jan 16	4:55-5:55pm	Tu	\$75

RP6080.610	West Friendship ES	Jan 16	4:55-5:55pm	Tu	\$75
RP6080.612	Manor Woods ES	Jan 17	4:20-5:20pm	W	\$75
RP6080.614	Northfield ES	Jan 24	4:20-5:20pm	W	\$75
RP6080.615	Hollifield Station ES	Jan 17	4:25-5:25pm	W	\$75
RP6080.616	Meadowbrook Ath Comp	Jan 18	5:05-6pm	Th	\$75
RP6080.617	N Laurel Comm Ctr	Jan 18	5:05-6pm	Th	\$75
RP6080.619	Hammond ES	Feb 1	4:40-5:40pm	Th	\$75
RP6080.620	Jeffers Hill ES	Jan 18	4:40-5:40pm	Th	\$75
5-7 yrs Clas	sses: 6				
RP6080.611	Longfellow ES	Jan 31	4:35-5:35pm	W	\$51
5-7 yrs Cla	sses: 8				
RP6080.618	Waterloo ES	Jan 18	5-6pm	Th	\$67
RP6080.613	Thunder Hill ES	Jan 31	5-6pm	W	\$67

Instructional Basketball League

New and returning players, improve basic skill development through activities and scrimmages, Practice for four weeks and play four games against teams from other sites. T-shirt included. Register by location; meet in the gym. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

<u>6-7 yrs beginn</u>	iers Classes: 8						
RP6082.601	Centennial Lane ES	Jan 20	9-10am	Sa	\$80		
RP6082.602	Jeffers Hill ES	Jan 20	9-10am	Sa	\$80		
RP6082.603	Gorman Crossing ES	Jan 20	9-10am	Sa	\$80		
RP6082.604	Waterloo ES	Jan 20	9-10am	Sa	\$80		
7 yrs advanced	d-9½ yrs Classes: 8						
RP6083.601	Centennial Lane ES	Jan 20	10:15-11:	15am	Sa	\$8	80
RP6083.602	Jeffers Hill ES	Jan 20	10:15-11:	15am	Sa	\$8	80
RP6083.603	Gorman Crossing ES	Jan 20	10:15-11:	15am	Sa	\$8	80
RP6083.604	Waterloo ES	Jan 20	10:15-11:	15am	Sa	\$8	80
8½ advanced-	10 yrs Classes: 8						
RP6084.601	Centennial Lane ES	Jan 20	11:30am-	12:30	om	Sa	\$80
RP6084.602	Jeffers Hill ES	Jan 20	11:30am-	12:30	om	Sa	\$80
RP6084.603	Gorman Crossing ES	Jan 20	11:30am-	12:30	om	Sa	\$80
RP6084.604	Waterloo ES	Jan 20	11:30am-	12:30	om	Sa	\$80

After-School Basketball

School's over and it's time to play some basketball. In this clinic, boys and girls learn and develop fundamental skills such as dribbling, passing, shooting, defense and overall team play through activities and games. It is the perfect place to start or to complement one of our basketball leagues. Meet in the gym. (No class 2/6, 2/19.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

<u>8-10 yrs Classes: 9</u>					
RP6081.601	Gorman Crossing ES	Jan 22	4-5pm	M	\$75
RP6081.602	Bollman Bridge ES	Jan 22	3:15-4:15pm	M	\$75
RP6081.603	Clemens Crossing ES	Jan 22	3:50-4:50pm	M	\$75
RP6081.604	Veterans ES	Jan 22	4-5pm	M	\$75
RP6081.605	Dayton Oaks ES	Jan 16	3:35-4:35pm	Tu	\$75
RP6081.606	Worthington ES	Jan 16	4-5pm	Tu	\$75
RP6081.607	West Friendship ES	Jan 16	3:50-4:50pm	Tu	\$75
RP6081.608	Atholton ES	Jan 16	3:50-4:50pm	Tu	\$75
RP6081.611	Manor Woods ES	Jan 17	3:15-4:15pm	W	\$75
RP6081.612	Hollifield Station ES	Jan 17	3:20-4:20pm	W	\$75
RP6081.613	Meadowbrook Ath Comp	Jan 18	4:10-5:05pm	Th	\$75
RP6081.614	N Laurel Comm Ctr	Jan 18	4:10-5:05pm	Th	\$75
RP6081.616	Jeffers Hill ES	Jan 18	3:35-4:35pm	Th	\$75
<u>8-10 yrs Cla</u>	<u>asses: 6</u>				
RP6081.609	Longfellow ES	Jan 31	3:30-4:30pm	W	\$51
8-10 yrs Cla	asses: 8				
RP6081.615	Waterloo ES	Jan 18	4-5pm	Th	67
RP6081.610	Thunder Hill ES	Jan 31	4-5pm	W	\$67

Please bring a reusable water bottle.



The courts are open for play at Meadowbrook School's Out Basketball.

Super Hoops Basketball

Girls and boys, hoops anyone? Coaches help advance your basic skills and fundamentals through a variety of drills, exercises, games and scrimmages. Emphasis is on dribbling, passing, shooting, offensive, defensive positioning and teamwork. Basketball knowledge and playing experience is preferred. Fee includes t-shirt. Meet in the gym. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

8-10 ·	yrs	Classes: 6

RP6085.601	Hammond HS	Feb 4	1:30-3pm	Su	\$85
11-13 yrs C	lasses: 6				
RP6085.611	Hammond HS	Feb 4	3:15-4:45pm	Su	\$85

Dribble, Pass, Shoot Winter Camp

Enjoy either 1, 2, 3, or 4 full-days of the complete Youth Basketball League (YBL) experience through certified, HCRP basketball coaches. Learn, develop and implement offensive and defensive skills; participate in competitions and games; and break into teams to play a mini-league schedule and end-of-camp tournament. Experienced coaches use a variety of creative drills, challenging exercises, exciting games, scrimmages, and more to help elevate your game. Emphasis is placed on sportsmanship and teamwork. Each day after fundamentals sessions, teams play league games. There is down time during lunch. Info: Krista Billingsley, 410-313-4637 or Kbillingsley@howardcountymd.gov.

9-14 yrs Da	<u>ys: 1</u>				
RP6410.602	Meadowbrook Ath Comp	Dec 26	8am-6pm	Tu	\$59
RP6410.603	Meadowbrook Ath Comp	Dec 27	8am-6pm	W	\$59
RP6410.604	Meadowbrook Ath Comp	Dec 28	8am-6pm	Th	\$59
RP6410.605	Meadowbrook Ath Comp	Dec 29	8am-6pm	F	\$59
<u>9-14 yrs Days: 4</u>					
RP6410.601	Meadowbrook Ath Comp	Dec 26	8am-6pm	Tu-F	\$199

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on Page 64-65. Review of this information is required by law before you are allowed to register for youth sports programs.



Stay busy when school's are closed for break at Dribble, Pass, Shoot Winter Camp.

Meadowbrook School's Out Basketball

School is out and Meadowbrook is open for action with all of the excitement of an entire season packed into one, fun-filled day. Players, improve your skills and make new friends while enjoying a high-energy basketball experience. Our skilled coaches use a variety of creative drills, challenging exercises, exciting games and scrimmages to help elevate your game. Info: Greg Meyd, 410-313-1162 or gmeyd@howardcountymd.gov. 9-14 vrs

RP7020.601	Meadowbrook Ath Comp	Jan 15	8am-5pm	M	\$64
RP7020.602	Meadowbrook Ath Comp	Feb 16	8am-5pm	F	\$64
RP7020.603	Meadowbrook Ath Comp	Feb 19	8am-5pm	M	\$64
RP7020.604	Meadowbrook Ath Comp	Mar 30	8am-5pm	F	\$64

Youth Leagues

Youth Basketball League (YBL)

Boys and girls, come have fun playing basketball while learning the fundamentals of the game! Focus on skill development, sportsmanship, basketball knowledge, and fun! Enjoy a "GoodSports" atmosphere through certified volunteer coaches, league staff and facilities. League features one weeknight practice and one game per week. Every player is guaranteed to participate in each game. The YBL is for novice to experienced players who wish to learn while playing in a recreational atmosphere. Volunteer head coaches needed and volunteer assistant coaches welcomed. Games and practices are played at Meadowbrook Athletic Complex, the North Laurel and Roger Carter Community Centers, or Howard County Public Schools. Info: www.howardcountymd.gov/basketball.

Winter Season (5-8 yrs)

This season consists of a weekly, evening practice and eight league games. One-hour games are scheduled on Saturdays between 8am-1pm, starting 1/13. Players receive a medal and jersey. League Director contacts participants regarding practice days/times one week prior to start. No special requests excepted. Registration deadline: 12/28. Info: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov.

5 & 6 yrs beginner Jan 6		
RP5600.601 \$89	RP5600.611 (Head Coach's Child)	\$30
6 yrs intermediate & 7 yrs	<u>Jan 6</u>	
RP5600.602 \$89	RP5600.612 (Head Coach's Child)	\$30
7 yrs advanced & 8 yrs Ja	<u>n 6</u>	
RP5600.603 \$89	RP5600.613 (Head Coach's Child)	\$30

Winter Season (9-14 yrs)

This season consists of one weekly, evening practice beginning the week of 12/16 in addition to six league games, and ending with a single-elimination tournament. One-hour, full court, officiated games are held on Saturdays. Specific details on practice and game times/locations are communicated after the preseason skills assessment on 11/27-11/30, 12/4-12/7 or 12/9. Deadline to register: 11/22. No special requests accepted. Teams from established organizations may be eligible to participate in the Alliance Division of the YBL. Info/volunteer to coach: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov.

<u>9-10 yrs Co</u>	<u>-ed</u>		
RP6184.601	\$149	RP6184.603 (Head Coach's Child)	\$49
9-11 yrs Gi	<u>rls</u>		
RP6184.631	\$149	RP6184.633 (Head Coach's Child)	\$49
11-12 yrs C	o-ed		
RP6184.611	\$149	RP6184.613 (Head Coach's Child)	\$49
12-14 yrs G	<u>iirls</u>		
RP6184.632	\$149	RP6184.633 (Head Coach's Child)	\$49
13-14 yrs C	o-ed		
RP6184.621	\$149	RP6184.623 (Head Coach's Child)	\$49
		4.4 \	

Spring Season (9-14 yrs)

The Spring session consists of one weekly evening practice starting the week of April 9 in addition to six league games, ending with a single elimination tournament. One-hour, full court, officiated games are held on Friday nights starting between 6-9 PM. Specific details on practice and game times/locations are communicated after the preseason skills assessment on 3/21-3/23 and 3/26-3/29. No special requests accepted. Deadline to register: March 19. Info/volunteer to coach: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov.

<u>9-10 yrs Co-ed</u>		
RP6184.701 \$149	RP6184.703 (Head Coach's Child)	\$49
9-11 yrs Girls		
RP6184.731 \$149	RP6184.733 (Head Coach's Child)	\$49
11-12 yrs Co-ed		
RP6184.711 \$149	RP6184.713 (Head Coach's Child)	\$49
<u>12-14 yrs Girls</u>		
RP6184.732 \$149	RP6184.733 (Head Coach's Child)	\$49
13-14 yrs Co-ed		
RP6184.721 \$149	RP6184.723 (Head Coach's Child)	\$49

Winter & Spring High School Basketball League (Bovs & Girls)

Players register as an individual and the league staff form teams and assign coaches. The league consists of six regular season games played on Saturdays. The Winter season ends with a single elimination tournament. Specific details on team assignments and game times are communicated after the preseason skills assessment. If there are not enough players for four teams in the division, the division has the option of changing to an instructional league. Info: Greg Meyd, 410-313-1162 or gmeyd@howardcountymd.gov. **Winter League**: For individual registrants, the pre-season skills assessment is on 1/6. Registration deadline is 1/4. This winter league includes 6 games and play-offs.

<u>Grades 9-12</u>	Boys Individual	Games	start J	<u>an 13</u>
RP6403.601	Meadowbrook Atl	h Comp	Sa	\$80
Grades 9-12	Girls Individual			
RP6403.602	Meadowbrook At	h Comp	Sa	\$80

Please bring a reusable water bottle.



Join the Youth Basketball League for excitement that lasts through the fall or winter season.

Spring League: For individual registrants, the pre-season skills assessment is on April 21. Deadline to register is April 18. If there are not enough teams for four teams in the division, the division has the option of changing to an instructional league. This option includes a two-hour clinic each week with one hour of practice and another hour of scrimmages. No games Memorial Day weekend (May 26).

Grades 9-12	Boys Individual	Game	s start	t Apr 28
RP6403.701	Roger Carter Com	ım Ctr	Sa	\$70
Grades 9-12	Girls Individuall	Game	s star	t Apr 28
RP6403.702	Roger Carter Com	ım Ctr	Sa	\$70

Adult

Winter Classic 3 on 3 Basketball Tournament

This 3-on-3 tournament crowns a new champion in Howard County. Group and elimination rounds take place on Saturday, December 9. Teams provide uniforms. Fee includes three-game minimum, referees, awards, and administration. Register by December 2. Info: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov.

18 yrs +

RP5605.601 Roger Carter Comm Ctr Dec 9 9am-4pm Sa \$105

Drop-In Co-Rec Basketball

Join athletes of all ability levels for basketball scrimmages. Choose the night and location that best works for you. Games are self-officiated and site staff help form balanced teams. Driver's license required for admission. Refer to the Get Active Package (Page 9) to play multiple days. Some gyms may be canceled due to insufficient registration or attendance. (No class 1/15, 2/19.) Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov. 18 vrs +

10 y13 1					
RP6900.601	Rockburn ES	Jan 8	8-10pm	M	\$44
RP6900.602	Meadowbrook Ath Comp	Jan 10	9-11pm	W	\$44
<u> 30 yrs +</u>					
RP6900.611	Bonnie Branch MS	Jan 8	8-10pm	M	\$44
RP6900.612	Bonnie Branch MS	Jan 11	8-10pm	Th	\$44
RP6900.613	Lime Kiln MS	Jan 9	8-10pm	Tu	\$44
RP6900.614	Lime Kiln MS	Jan 11	8-10pm	Th	\$44
RP6900.615	Lisbon ES	Jan 9	8-10pm	Tu	\$44
30 yrs +					
RP6900.627	Lake Elkhorn MS	Jan 7	6-8pm	Su	
			& 8-10nm	Tu.Th	\$55

Winter & Spring League Basketball flickr

Pull down some boards, tickle the twine or dish out some assists. Our goal is to place your team in a division of similar skills. All teams participate in post-season playoffs. Fee includes officials, staff, awards, equipment, facility rental and administration. Games are played at Meadowbrook Ath Comp, North Laurel Community Center and Roger Carter Community Center.

Register by 15 for Men's Winter League Basketball. Register by March 30 for Spring Adult Basketball League. Info: Mark Pendleton, 410-313-4703 or mpendleton@howardcountymd.gov.

<u>18 yrs + W</u>	inter Wo	men's Week	<u>s: 8</u>	
RP5080.605	Jan 11	8-11pm	Th	\$615
<u> 18 yrs + W</u>	inter Me	en's Weeks: 8		
RP5080.601	Jan 9	7-11pm	Tu	\$615
RP5080.603	Jan 10	8-11pm	W	\$615
RP5080.604	Jan 11	8-11pm	Th	\$615
<u>30 yrs + W</u>	inter Me	en's Weeks: 8		
RP5080.602	Jan 9	7-11pm	Tu	\$615
<u> 18 yrs + Sp</u>	ring Me	n's Weeks: 6		
RP5080.701	Apr 17	7-11pm	Tu	\$500
RP5080.703	Apr 18	8-11pm	W	\$500
RP5080.704	Apr 19	8-11pm	Th	\$500
<u>30 yrs + Sp</u>	ring Me	n's Weeks: 6		
RP5080.702	Apr 17	7-11pm	Tu	\$500

Cricket

• League Refund Policy Page 66

Adult Cricket League - 2018 Spring Season Cricket enthusiasts looking for a competitive, recreational league in the Howard County area, look no further! Recreation & Parks is expanding the areas only organized adult cricket league. A complete spring and fall season are offered. Balanced divisions are formed to compete in a friendly, regular season followed by a single-elimination tournament to determine the league champion. Games are 20 overs and limited to three hours in length. Additional league rules TBA to registered teams. Maximum roster is 30 players per team; games are played with 11 players a side. League ball is a heavy/modified tennis ball manufactured for cricket use — any manufacture is eligible. Register early, the league fills! Info: Patrick McGinnis, 410-313-4716 or pmcginnis@howardcountymd.gov.

 18 yrs +
 Schooley Mill Pk & Murray Hill MS
 Weeks: 8

 RP5975.701
 Apr 1
 8am-8pm
 Sa,Su
 \$330

Dodgeball

After-School Dodgeball

This is a great way for all ability levels to stay active, be a part of a team, and have fun! Learn and play variations of dodgeball. Worried about safety? We use foam balls (gator skin) that are designed for accuracy and minimize the risk of injury. Meet coaches in the gym. (No class 2/19.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

8-10 yrs Cla	asses: 9				
RP6200.602	Elkridge ES	Jan 16	4-5pm	Tu	\$75
RP6200.604	Hammond ES	Feb 1	3:35-4:35pm	Th	\$75
RP6200.603	Northfield ES	Jan 17	3:15-4:15pm	W	\$75
RP6200.601	Pointers Run ES	Jan 22	4-50pm	M	\$75

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on Page 64-65. Review of this information is required by law before you are allowed to register for youth sports programs.



Strengthen your stick skills and hand-eye coordination at the Middle School Indoor Field Hockey Clinic.

Fencing

Intro to Fencing (Youth & Adult)

Have you ever dreamed of taking part in a sword fight with real steel swords? Would you like to learn more about the lightning fast Olympic sport of fencing? Work with the highly experienced, professional coaches from Baltimore Fencing Center as they instruct you in this exciting modern sport, based upon the serious swordplay of the past. Instructors use both traditional drilling techniques and games to help students learn basic footwork, blade work and bouting skills. Info: Jamie Brentlinger, 410-313-1665 or jbrentlinger@howardcountymd.gov.

 8-12 yrs
 Youth
 Classes: 8

 RP8840.601
 Balt Fencing Ctr Columbia
 Jan 18
 6-7pm
 Th
 \$11-13 yrs +
 Adult
 Classes: 8

 RP8840.611
 Balt Fencing Ctr Columbia
 Jan 15
 7-8pm
 M
 \$11-13 yrs +

Field Hockey

Middle School Indoor Field Hockey Clinic

Do you love the game of field hockey? Indoor field hockey is a variant of outdoor field hockey. The small court and sideboards make indoor field hockey a quick and technical game. This clinic provides the basic fundamentals of indoor play. Develop vision on and off the ball, improve hand-eye coordination, ball handling and stick skills and gain a better understanding of tactics and set plays. Scrimmages are incorporated. Instructors are varsity field hockey coaches and players. Participants bring an indoor field hockey stick, shin guards and mouth guard. Indoor field hockey gloves are highly recommended for protection. Fee includes t-shirt, supplies and administration. Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

J	<u>0-14 yrs C</u>	lasses: 6				
F	RP5260.601	Meadowbrook Ath Comp	Jan 14	1-2:30pm	Su	\$89
F	RP5260.602	Meadowbrook Ath Comp	Jan 14	2:30-4pm	Su	\$89



Play Spring Flag Football this spring with non-contact scrimmages and games.

Spring Instructional Field Hockey

Varsity coaches from local high schools instruct in a format that blends short-sided game playing with teaching the skills and strategies of this fast-moving sport. Program is perfect for both advanced beginner and prospective players. Our synthetic field turf provides an optimal playing and learning surface. Fee includes t-shirt, supplies and administration. Participants are to bring a outdoor field hockey stick, field hockey certified goggles, shin guards and mouth guard. Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

<u>6-10 yrs Cl</u>	<u>asses: 6</u>				
RP5266.701	Cedar Lane Park West	Apr 12	5:30-7pm	Th	\$89
10½-14 yrs	Classes: 6				
RP5260.701	Cedar Lane Park West	Apr 12	5:30-7pm	Th	\$89

Floor Hockey

Kiddie Floor Hockey

Come learn how to play hockey! This first-time/beginner level class does not involve checking. Learn and improve skills, including puck/ball control, passing, shooting, teamwork and game play. Shin guards are recommended. Meet in the gym. (No class 2/19.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

5-7 yrs Clas	<u>sses: 8</u>				
RP6265.604	Clarksville ES	Jan 18	5-6pm	Th	\$67
RP6265.602	Hammond ES	Feb 6	4:40-5:40pm	Tu	\$67
5-7 yrs Clas	ses: 9				
RP6265.603	Atholton ES	Jan 17	4:55-5:55pm	W	\$75
RP6265.601	Northfield ES	Jan 22	4:20-5:20pm	М	\$75

After-School Floor Hockey

This fast-paced, fun, beginner hockey class does not involve checking. Learn and improve skills including puck/ball control, passing, shooting, teamwork and game play. Meet in the gym. Shin guards are recommended. (No class 2/19.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

<u>8-10 yrs Cla</u>	asses: 8				
RP6263.604	Clarksville ES	Jan 18	4-5pm	Th	\$67
RP6263.602	Hammond ES	Feb 6	3:35-4:35pm	Tu	\$67
<u>8-10 yrs Cla</u>	isses: 9				
RP6263.603	Atholton ES	Jan 17	3:50-4:50pm	W	\$75
RP6263.601	Northfield ES	Jan 22	3:15-4:15pm	M	\$75

Flag Football

Flag Football Winter on the Turf

Boys and girls, play games on the turf field inside the Volleyball/Soccer House in Elkridge. Novices to experienced players, learn and play the sport in a safe, fun environment. Scrimmage/games are 7-on-7 and non-contact. Practice and/or game are up to one hour, once a week, beginning December 9. The first three weeks are clinic/practice. You are notified of your first practice time at least two weeks before play. Games begin in January. (No practices 12/23-12/30.) Volunteer head coaches are needed and their child receives a discount and a guaranteed spot on parent's team. Fee includes t-shirt and medal. Register by December 15 or until section fills. Age determination date is September 1, 2017. Info: Sandra Lambert, 410-313-4715 or slambert@howardcountymd.gov.

5-6 yrs Volleyball House	Dec 9	8:30-10:15am	Sa	Classes: 10
RP6305.601 \$110	RP6305.	602 (Head Coach's C	hild)	\$85
7-10 yrs Volleyball House	Dec 9	10:15am-1pm	Sa	Classes: 10
RP6305.611 \$120	RP6305.	612 (Head Coach's C	hild)	\$95
10-13 yrs Volleyball House	Dec 9	1-4:30pm	Sa	Classes: 10
RP6305.621 \$120	RP6305.	622 (Head Coach's C	hild)	\$95
13-16 yrs Volleyball House	Dec 9	4:30-6:30pm	Sa	Classes: 10
RP6305.631 \$120	RP6305.	632 (Head Coach's C	hild)	\$95

Winter Flag Football on the Turf

Boys and girls, this sunday-only program allows you to learn and play games at the turf field that is inside. Novices to experienced players, learn and play the sport in a safe, fun environment. Scrimmage/games are 7-on-7 and non-contact. Practice and game are up to one hour, once a week, beginning December 10, between 12:30-5:30pm. You are notified of your first practice time at least two weeks before play. The first three weeks are clinic/practice. Games begin in January. (No practices 12/24-12/31.) Age-appropriate teams are formed by the department. Volunteer head coaches are needed and their child receives a discount and a guaranteed spot on parent's team. Includes t-shirt and medal. Registration until 12/15 or until filled. Age determination date is September 1, 2017. Info: Sandra Lambert, 410-313-4715 or slambert@howardcountymd.gov.

Volleyball Hou	use	Dec 10	12:30-5:30pm	Su	\$120	Class	es: 10
RP6305.640	7-9	yrs yrs	RP6305.642 (Head	Coach's	Child)	\$95
RP6305.641	10-	-13 yrs	RP6305.644 (Head	Coach's	Child)	\$95

Spring Flag Football

Boys and girls, play flag football while working on basic skills. Fifty-minute games are 5-on-5 and non-contact. Games played on Saturdays, at Hollifield E.S. in Ellicott City beginning April 14. Games are one hour, between 8:30 AM-5PM. Practice is once a week on a weeknight (*except age 5-6 Ellicott City which is Saturday only), beginning at least one week before games that are played on various fields in the County. The Department forms teams. To ensure fair and equal balanced teams, special requests are not honored. Fee includes team shirt and participation award. Coaches contact participants regarding practice day/time one week before practice begins. Indicate when registering if you cannot practice on a particular day. Head coaches are needed and receive a discount and a guaranteed spot on parent's team. Register by practice location. No team entries. Register by March 17. Info: Sandra Lambert, 410-313-4715 or slambert@howardcountymd.gov. Columbia Groups Hollifield Station ES Apr 14 Sa Classes: 8

	•		Head Coach's	<u>Child</u>	
5-6 yrs	RP6300.703	\$115	RP6300.704	\$85	8:30-11am
7-9 yrs	RP6300.711	\$115	RP6300.712	\$85	10:30am-12:30pm
10-12 yrs	RP6300.721	\$115	RP6300.722	\$85	Noon-4pm
13-15 yrs	RP6300.731	\$115	RP6300.732	\$85	9am-noon

Dayton Oak	s Groups Hol	lifield Sta	tion ES Apr 14	Sa	Classes: 8
5-6 yrs	RP6300.701	\$115	RP6300.702	\$85	8:30-11am
7-9 yrs	RP6300.713	\$115	RP6300.714	\$85	10:30am-12:30pm
10-12 yrs	RP6300.723	\$115	RP6300.724	\$85	Noon-4pm
13-15 yrs	RP6300.733	\$115	RP6300.734	\$85	9am-noon
Ellicott City	Groups Holli	ifield Stati	ion ES Apr 14	Sa	Classes: 8
*5-6 yrs	RP6300.705	\$115	RP6300.706	\$85	8:30-11am
7-9 yrs	RP6300.715	\$115	RP6300.716	\$85	10:30am-12:30pm
10-12 yrs	RP6300.725	\$115	RP6300.726	\$85	Noon-4pm
13-15 yrs	RP6300.735	\$115	RP6300.736	\$85	9am-noon

Football

Co-Rec Football League

Enjoy this fast-action, non-contact, no-blocking, touch football league. Teams play 8-on-8. and provide their own uniforms and football. Schedule includes eight games plus playoffs. Fee includes eight-game schedule, playoffs, awards, field rental and administration. Rules: www.howardcountymd.gov/football. (\$34 referee fee; \$68 forfeit fee.). Info: Will Dunmore, 410-313-1697 or wdunmore@howardcountymd.gov.

18 yrs +Winter Co-Rec Foorball LeagueRegister by 1/5Games: 6RP5301.601Rockburn Branch PkJan 139am-2pmSa\$23018 yrs +Spring Co-Rec Football LeagueRegister by 3/19Games: 8RP5301.701Blandair PkMar 276:30-10pmTu\$300

Men's Run & Shoot Football League

Football enthusiasts, come play this fast-action, low-contact version of touch football. Teams play six on defense and five on offense. Fee includes games, playoffs, awards, field rental and administration. Teams provide uniforms and an official NFL-sized football. Teams are responsible for \$51 referee fee paid on-site to referee crew at each game (regular season only). If a team forfeits, the team must pay the referees for the forfeited game (\$102) prior to its next scheduled game. Failure to do so results in the team's removal from the league without refund. All teams qualify for playoffs. Team managers are updated with a league packet one week prior to start of games. (No game 4/1.) Info: Will Dunmore, 410-313-1697.

 18 yrs +
 6 games
 Register by Dec 12

 RP5300.601
 Rockburn Branch Pk
 Jan 14
 9am-2pm
 Su
 \$230

 18 yrs +
 8 games
 Register by Feb 12

 RP5300.701
 Rockburn Branch Pk
 Mar 11
 9am-2pm
 Su
 \$300

Golf

Youth

Backyard Golf - Indoors!

Join us for an exciting introduction into the world of golf. Enjoy the elements of golf in a modified form that makes it an easy and fun way to learn and play golf. Program builds on strong fundamentals of putting, chipping, pitching and full swing to develop playing ability quickly and effectively. All SNAG golf equipment is provided. Parent volunteers are encouraged to participate. Info: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov.

 4-7 years
 Classes: 5

 RP6319.601
 Meadowbrook Ath Comp
 Jan 24
 4:30-5:30pm
 W
 \$70

 RP6319.602
 Meadowbrook Ath Comp
 Jan 25
 4:30-5:30pm
 Th
 \$70

Junior Golf Spring Break Camp

Learn the fundamentals of how to play the game, including the swing, basic rules and etiquette. Play on the course the last day. No equipment or experience necessary. Info: Krista Billingsley, 410-313-4637 orkbillingsley@howardcountymd.gov.

7-14 yrs Days: 3

RP7324.701 Timbers at Troy Apr 2 8:30-11am M-W \$95

Gymnastics

Parent/Child Gymnastics

Be an active participant as your child develops self-awareness, coordination and locomotor movement. Toddlers use a variety of gymnastics equipment, songs, games and climbing activities in a fun and supportive atmosphere. Adult and child must register together. Child must be walking. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

1½-3 ½yrs	Classes: 6					
RP6351.601	Columbia Gymnastics	Jan 11	10-10:45am	Th	\$99	
RP6351.602	Columbia Gymnastics	Jan 12	10-10:45am	F	\$99	
RP6351.603	Columbia Gymnastics	Mar 1	10-10:45am	Th	\$99	
RP6351.604	Columbia Gymnastics	Mar 2	10-10:45am	F	\$99	

Preschool Gymnastics

In this introduction to gymnastics, boys and girls develop strength coordination and loco-motor movement, listening skills, and cooperation. Participants use all types of gymnastics and physical education equipment including bars, beams, mats, trampolines and a foam training pit. Emphasis is on fun in a safe and supportive atmosphere. Diapers or pull-ups are not allowed. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

3-5 yrs Clas	sses: 6				
RP6352.601	Columbia Gymnastics	Jan 8	5-5:45pm	М	\$99
RP6352.602	Columbia Gymnastics	Jan 9	2:30-3:15pm	Tu	\$99
RP6352.603	Columbia Gymnastics	Jan 9	4:30-5:15pm	Tu	\$99
RP6352.604	Columbia Gymnastics	Jan 10	9:15-10am	W	\$99
RP6352.605	Columbia Gymnastics	Jan 10	1-1:45pm	W	\$99
RP6352.606	Columbia Gymnastics	Jan 10	1:45-2:30pm	W	\$99
RP6352.607	Columbia Gymnastics	Jan 10	2:30-3:15pm	W	\$99
RP6352.608	Columbia Gymnastics	Jan 10	4:30-5:15pm	W	\$99
RP6352.609	Columbia Gymnastics	Jan 11	9:15-10am	Th	\$99
RP6352.610	Columbia Gymnastics	Jan 11	10:45-11:30am	Th	\$99
RP6352.613	Columbia Gymnastics	Jan 12	9:15-10am	F	\$99
RP6352.614	Columbia Gymnastics	Jan 12	10:45-11:30am	F	\$99
RP6352.615	Columbia Gymnastics	Jan 13	Noon-12:45pm	Sa	\$99
RP6352.616	Columbia Gymnastics	Feb 26	5-5:45pm	М	\$99
RP6352.617	Columbia Gymnastics	Feb 27	2:30-3:15pm	Tu	\$99
RP6352.618	Columbia Gymnastics	Feb 27	4:30-5:15pm	Tu	\$99
RP6352.619	Columbia Gymnastics	Feb 28	9:15-10am	W	\$99
RP6352.620	Columbia Gymnastics	Feb 28	1-1:45pm	W	\$99
RP6352.621	Columbia Gymnastics	Feb 28	1:45-2:30pm	W	\$99
RP6352.622	Columbia Gymnastics	Feb 28	2:30-3:15pm	W	\$99
RP6352.623	Columbia Gymnastics	Feb 28	4:30-5:15pm	W	\$99
RP6352.624	Columbia Gymnastics	Mar 1	9:15-10am	Th	\$99
RP6352.625	Columbia Gymnastics	Mar 1	10:45-11:30am	Th	\$99
RP6352.628	Columbia Gymnastics	Mar 2	9:15-10am	F	\$99
RP6352.629	Columbia Gymnastics	Mar 2	10:45-11:30am	F	\$99
RP6352.630	Columbia Gymnastics	Mar 3	Noon-12:45pm	Sa	\$99

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on Page 64-65. Review of this information is required by law before you are allowed to register for youth sports programs.

Please bring a reusable water bottle.



Build confidence and practice coordination at Beginning Gymnastics.

Beginning Gymnastics

Enjoy an introduction to the beginning skills and progressions of the vault, uneven bars, balance beam and floor exercise using a variety of equipment including trampolines and a foam training pit. Develop your confidence, fitness, strength and flexibility in a fun, supportive environment. (No class 3/10.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

_	, ,				
<u>6-12 yrs Bo</u>	ys Classes: 6				
RP6353.601	Columbia Gymnastics	Jan 11	6:30-7:30pm	Th	\$99
RP6353.602	Columbia Gymnastics	Mar 1	6:30-7:30pm	Th	\$99
6-12 yrs Gir	ls Classes: 6				
RP6353.611	Columbia Gymnastics	Jan 9	4:30-5:30pm	Tu	\$99
RP6353.612	Columbia Gymnastics	Jan 11	6:30-7:30pm	Th	\$99
RP6353.613	Columbia Gymnastics	Jan 12	6:30-7:30pm	F	\$99
RP6353.614	Columbia Gymnastics	Jan 13	11:45am-12:45pm	Sa	\$99
RP6353.615	Columbia Gymnastics	Feb 27	4:30-5:30pm	Tu	\$99
RP6353.616	Columbia Gymnastics	Mar 1	6:30-7:30pm	Th	\$99
RP6353.617	Columbia Gymnastics	Mar 2	6:30-7:30pm	F	\$99
RP6353.618	Columbia Gymnastics	Mar 3	11:45am-12:45pm	Sa	\$99

Jump Rope

Intermediate Jumpers with Kangaroo Kids

Jumpers, build on basic single and long rope skills and be introduced to precision group routines. Prerequisite: Minimum two sessions of Junior Jumpers and/or coach's approval. Info: Will Dunmore, 410-313-1697 or wdunmore@howardcountymd.gov.

6-14 yrs Classes: 12

RP6363.601	Meadowbrook Ath Comp	Jan 9	4:25-5:25pm	Tu	\$175
RP6363.602	Meadowbrook Ath Comp	Jan 9	5:30-6:30pm	Tu	\$175
RP6363.603	Meadowbrook Ath Comp	Jan 10	4:25-5:25pm	W	\$175

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on Page 64-65. Review of this information is required by law before you are allowed to register for youth sports programs.

Junior Jumpers with Kangaroo Kids

This beginning jump rope class is all about fun and fitness. Learn basic single rope, Double Dutch and long rope skills. Jump rope fee is \$7 for first-time participants due at first class. Returning jumpers should bring their beaded jump ropes. Info: Will Dunmore, 410-313-1697 or wdunmore@howardcountymd.gov.

6-14	yrs	Classes: 12

RP6361.601	Meadowbrook Ath Comp	Jan 9	4:25-5:25pm	Tu	\$175
RP6361.602	Meadowbrook Ath Comp	Jan 9	5:30-6:30pm	Tu	\$175
RP6361.603	Meadowbrook Ath Comp	Jan 10	4:25-5:25pm	W	\$175
RP6361 604	Meadowhrook Ath Comp	lan 10	5·30-6·30nm	W	\$175

Preparation to Perform with Kangaroo Kids

Jumpers with a desire to perform at public events build on single and long rope skills, precision routines and develop showmanship skills. No performing requirements. Returning jump ropers should bring their beaded jump ropes. Prerequisite: Minimum two sessions of Intermediate Jumpers and/or coach's approval. Info: Will Dunmore, 410-313-1697 or wdunmore@howardcountymd.gov.

2	1 (Classes	11
5-	16 vrs	Classes:	12

RP6364.601	Meadowbrook Ath Comp	Jan 9	4:25-5:25pm	Tu	\$175
RP6364.602	Meadowbrook Ath Comp	Jan 10	5:30-6:30pm	W	\$175

Lacrosse

Mighty LAXers Lacrosse

This high energy curriculum introduces children to important fundamentals of lacrosse such as scooping, cradling, and shooting. Age appropriate equipment is used to provide children with a safe and fun experience in every LAXers class! Parents are also encouraged to follow the coach's instructions to assist in the games and activities. (No class 2/17, 2/19.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

3-4 yrs Classes: 6

RP6972.601	N Laurel Comm Ctr	Jan 29	1:30-2:15pm	М	\$75
RP6972.602	Meadowbrook Ath Comp	Jan 30	12:30-1:15pm	Tu	\$75
RP6972.603	Phelps Luck ES	Jan 30	5-5:45pm	Tu	\$75
RP6972.604	Meadowbrook Ath Comp	Jan 31	10:30-11:15am	W	\$75
RP6972.605	Meadowbrook Ath Comp	Feb 1	1:230-1:15pm	Th	\$75
RP6972.606	N Laurel Comm Ctr	Feb 1	1:30-2:15pm	Th	\$75
RP6972.607	Dayton Oaks ES	Feb 3	9:30-10:15am	Sa	\$75

Lacrosse Introduction

This program is for first-time players or those wanting to improve skills and lacrosse fundamentals. Enhance your stick work, shooting, ground balls and basic lacrosse concepts. Fee includes t-shirt and the use of lacrosse equipment, including protective eye wear for girls (mandated by U.S. Lacrosse). (No class 2/18.) Info: Ray Hall, 410-313-1689 or arhall@howardcountymd.gov.

Meadowbrook Ath Comp	Jan 14	Su	\$85	Classes: 6

5-6 yrs	9-10am	RP6505.601	Boys	RP6506.601	Girls
7-8 yrs	10:15-11:15am	RP6505.602	Boys	RP6506.602	Girls
9-10 yrs	11:30am-12:30pm	RP6505.603	Boys	RP6506.603	Girls

Lacrosse Winter Tune-Up

Get ready for the spring season! Improve stick work, shooting, ground ball skills, and conditioning. Have fun while working on all aspects of your game. Players must provide equipment. (No class 2/18.) Info: Ray Hall, 410-313-1689 or arhall@howardcountymd.gov.

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RP6503.601	7-10 yrs	Boys	Jan 14	9-10am	Su	\$85
RP6503.602	11-14 yrs	Boys	Jan 14	9-10am	Su	\$85
RP6504.601	10-13 yrs	Girls	Jan 14	10-11am	Su	\$85
RP6504.602	14-18 yrs	Girls	Jan 14	10-11am	Su	\$85



Come learn how to play lacrosse this winter!

Martial Arts

Youth

TKA Karate

Boys and girls of all skill levels, come learn karate and jujitsu. One week is spent taking or viewing the test or participating in a refresher class. If a class is not listed as beginner or intermediate, it is for all level students. Black-belt instructors emphasize safety. (No class 1/15, 2/19.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

5-12 yrs Classes: 9 See page 78 for 13 yrs + classes

<u>J-12 y13 Cla</u>	13363.7 366 page 70 101 13	yrs T class	<u> </u>		
RP8730.601	Gary J Arthur Comm Ctr	Jan 8	6:30-7:30pm	Μ	\$56
RP8730.602	Oakland Mills MS	Jan 8	7-8pm	М	\$56
<u>5-12 yrs Cla</u>	sses: 11 See page 78 for 1	3 yrs + clas	ses		
RP8730.603	Worthington ES	Jan 9	7-8pm	Tu	\$68
RP8730.605	Longfellow ES	Jan 9	7-8pm	Tu	\$68
RP8730.606	Beginner Fulton ES	Jan 10	6-7pm	W	\$68
RP8730.616	Advanced Fulton ES	Jan 10	7-8pm	W	\$68
RP8730.607	Northfield ES	Jan 10	7-8pm	W	\$68
RP8730.608	Beginner Ilchester ES	Jan 10	6-7pm	W	\$68
RP8730.609	Advanced Ilchester ES	Jan 10	7-8pm	W	\$68
RP8730.610	Hammond ES	Jan 11	7-8pm	Th	\$68
RP8730.611	Manor Woods ES	Jan 11	7-8pm	Th	\$68
RP8730.612	Pointers Run ES	Jan 11	7-8pm	Th	\$68

D & S Karate

Improve coordination, confidence, flexibility, balance, agility and focus while learning the art of karate and jujitsu. Our certified black belt instructors are nationally ranked experts in martial arts with years of classroom experience instructing children in the art of self-defense and personal accomplishment. (No class 1/15, 2/19.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

6-13 yrs Classes: 9

RP8710.603 Centennial Lane ES

RP8710.601 N Laurel Comm Ctr Jan 8 7-8pm M \$52 6-13 yrs Classes: 11 RP8710.602 Hammond ES Jan 10 7-8pm W \$64

Please bring a reusable water bottle.

Jan 11

\$64



Learn the art of karate and jujitsu at D&S Karate.

Kuk Sool Won w/ Darren Fulmore

Kuk Sool Won is a systematic study of all the traditional fighting arts, which together comprise the martial arts history of Korea. This extremely well-organized class seeks to integrate and explore the entire spectrum of established Asian fighting arts and body conditioning techniques, which consist of kicking, punching, martial acrobatics and self-defense techniques, into a beautiful and dynamic hard/soft style focusing on discipline and respect. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov. 6 yrs + Classes: 22

RP8760.601 Beg. N Laurel Comm Ctr Jan 9 6:30-7:30pm Tu,Th \$72 RP8760.602 Adv. N Laurel Comm Ctr Jan 9 7:30-8:30pm Tu,Th \$72

Adult (13 Years +)

Basic Defensive Tactics Page 57

Shotokan Karate with Steve Morris

Learn a repertoire of techniques and the optimal safe positions for self-defense based upon the movement of your opponent(s), all in the context of traditional Shotokan karate. Learn and master blocks, punches, kicks, throws, submissions and take-downs. Special attention is given to low-impact physical conditioning and personal safety. Sensei Steve is a master in Shotokan karate and has taught karate and self-defense in Howard County for 30 years. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

13 yrs + Classes: 11

RP8791.601	Roger Carter Comm Ctr	Jan 11	7-8pm	Th	\$83	
RP8791.602	Roger Carter Comm Ctr	Jan 11	8:05-9:05pm	Th	\$83	
<u>13 yrs + Cla</u>	asses: 10					
RP8791.603	Roger Carter Comm Ctr	Jan 13	10-11am		Sa	\$76
RP8791.604	Roger Carter Comm Ctr	Jan 13	11:05am-12:05	pm	Sa	\$76

Aikido with Ki by Russ Dauber

Martial Art and Ki training, taught by Japan's Shin Shin Toitsu Aikikai, promotes dynamic movement with unified mind and body. The Ki part is low-impact. The Aikido part involves practice with partners and rolling on mats. Effective self-defense techniques flow with and lead attackers' movements. We develop the benefits of keeping one point and extending ki. We emphasize safety, knowledge and enjoyment. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

18 yrs + Classes: 22

RP8880.601 Ellicott Mills MS Jan 9 7-9pm Tu,Th \$64



Stop in for some fun at the MAC Pre- Drop-In Play.

Tai Chi

Tai Chi offers a variety of health benefits, including joint stability, balance and coordination. It improves mental focus, increases energy and releases stress. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

<u>18 yrs + Instructor: Tim Kwei Classes: 11</u>								
RP8850.601	Beg	Dunloggin MS	Jan 10	7-8pm	W	\$85		
RP8850.602	Adv	Dunloggin MS	Jan 10	8:05-9:05pm	W	\$85		
18 yrs + In	structo	r: Scott Vandame	Classes:	11				
		ii beott raniaanie	e.usses.					
RP8850.603		Murray Hill MS			Th	\$85		

TKA Karate

Develop your physical condition as you learn karate and jujitsu in a relaxed environment. One week is spent taking or viewing the test or participating in a refresher class. Wear comfortable clothing or gi. Black-belt instructors emphasize safety. (No class 1/15, 2/19.) Info: Amanda Bartell,

410-313-1694 or abartell@howardcountymd.gov

13 yrs + Classes: 9 See page // for 5-12 yrs classes					
RP8731.601	Gary J Arthur Comm Ctr	Jan 8	7:30-9pm	М	\$65
RP8731.602	Oakland Mills MS	Jan 8	8-9:30pm	Μ	\$65
<u>13 yrs + (</u>	Classes: 11 See page 77 fo	r 5-12 yrs	<u>classes</u>		
RP8731.603	Worthington ES	Jan 9	8-9:30pm	Tu	\$80
RP8731.605	Longfellow ES	Jan 9	8-9:30pm	Tu	\$80
RP8731.606	Fulton ES	Jan 10	8-9:30pm	W	\$80
RP8731.607	Northfield ES	Jan 10	8-9:30pm	W	\$80
RP8731.608	llchester ES	Jan 10	8-9:30pm	W	\$80
RP8731.609	Hammond ES	Jan 11	8-9:30pm	Th	\$80
RP8731.610	Manor Woods ES	Jan 11	8-9:30pm	Th	\$80
RP8731.611	Pointers Run ES	Jan 11	8-9:30pm	Th	\$80

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on Page 64-65. Review of this information is required by law before you are allowed to register for youth sports programs.

Multi-Sport

MAC Pre-K Drop-In Play

This fall and winter, drop-in play days are full of fun and exciting activities in a safe and non-competitive environment. The MAC staff provides equipment for activities including mini basketball, floor hockey, soccer, lacrosse, jump rope, hula-hoops, big wheel trikes, scooters, and much more! Daily fee is collected at the MAC. Parent involvement required. Info: Greg Meyd, 410-313-1162 or gmeyd@howardcountymd.gov.

2-5 yrs \$4 per parent/child per day; \$2 additional child per day

Meadowbrook Ath Comp Continues through Mar 30 9:30am-noon M,W,F

Jump Bunch Kids

JumpBunch classes are a wonderful opportunity for parents and children to interact in a fun, engaging and noncompetitive environment during an introduction to multiple sports and fitness activities. Warm-up exercises are designed to improve balance, increase coordination and develop body awareness. This season's sports include football, soccer, hockey, basketball, volleyball and tennis. Children, enjoy using and exploring child-friendly equipment provided by JumpBunch each week while being introduced to each of these fun sports. (No class 2/17.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

<u>2-3 yrs Clas</u>	sses: 6				
RP6313.601	St. John's Lane ES	Jan 27	10-10:45am	Sa	\$75
3-5 yrs Clas	sses: <u>6</u>				
RP6313.602	St. John's Lane ES	Jan 27	11-11:45am	Sa	\$75

Learn-N-Play Sports

Children, play a variety of age-appropriate sports that help develop large motor and socialization skills in a fun atmosphere! Each week, focus on different activities that combine positive social interactions, good listening skills, taking turns, and teamwork. Activities include bowling, parachute games, sports stations, relay races, and more! Parents are encouraged to follow the coach's instructions to assist in the games and activities. (No class 2/19.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

3-4 yrs Clas	sses: <u>6</u>				
RP6970.601	N Laurel Comm Ctr	Jan 29	12:30-1:15pm	Μ	\$75
RP6970.602	N Laurel Comm Ctr	Jan 30	10:30-11:15am	Tu	\$75
RP6970.603	Meadowbrook Ath Comp	Jan 31	1:30-2:15pm	W	\$75
RP6970.604	Meadowbrook Ath Comp	Feb 2	10:30-11:15am	F	\$75

Little Big Shots

This multi-sport program introduces children to basketball, tee ball and soccer through a curriculum full of exciting and engaging games and activities. Parents are encouraged to follow the coach's instructions to assist in the games and activities. (No class 2/16, 2/17, 2/19.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

3-4 yrs Clas	<u>585. 0</u>					
RP6314.601	Guilford ES	Jan 29	5-5:45pm	Μ	\$75	
RP6314.602	N Laurel Comm Ctr	Jan 30	9:30-10:15am	Tu	\$75	
RP6314.603	N Laurel Comm Ctr	Jan 30	6-6:45pm	Tu	\$75	
RP6314.604	Atholton ES	Jan 31	6-6:45pm	W	\$75	
RP6314.605	Meadowbrook Ath Comp	Feb 1	1:30-2:15pm	Th	\$75	
RP6314.606	Meadowbrook Ath Comp	Feb 2	9:30-10:15am	F	\$75	
RP6314.607	Ducketts Lane ES	Feb 3	9:30-10:15am	Sa	\$75	
RP6314.608	Gorman Crossing FS	Feb 3	2:30-3:15pm	Sa	\$75	

Please bring a reusable water bottle.

Little Big Wheelers

Parents, bring your children indoors to experience the most fun possible on three wheels! They have a blast on their Big Wheels trike as they ride around the courts in a fun-filled safe environment. Staff provide Big Wheel trikes, instruction and leadership as your little speed racers enjoy obstacle courses, individual and team races and other fun activities. Helmets are mandatory and must be brought by the participants. Info: Greg Meyd, 410-313-1162 or gmeyd@howardcountymd.gov.

4-5	yrs	Classes: (5

RP6402.601	Meadowbrook Ath Comp	Jan 9	10-10:50am	Tu	\$65
RP6402.602	Meadowbrook Ath Comp	Jan 11	11-11:50am	Th	\$65
RP6402.603	Meadowbrook Ath Comp	Feb 20	10-10:50am	Tu	\$65
RP6402.604	Meadowbrook Ath Comp	Feb 22	11-11:50am	Th	\$65

Planet Recreation Spring Break Camp

Need fun, exciting, and safe full-day child care for Spring Break? This camp is offered at two of our finest recreational facilities. Campers, participate in a variety of activities, including sports, fitness, arts and crafts, nature, and much more. Activities take place both indoors and outdoors. Pool and swimming activities are also included in the camp's schedule! The focus is on having fun, staying fit, building character and boosting self esteem. Instructors are American Sport Education Program certified coaches. Schedule is subject to change; camp is held rain or shine. Info: Greg Meyd, 410-313-1162 or gmeyd@howardcountymd.gov.

6	des K-	Γ	lasses: 5
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RP7006.701	Roger Carter Comm Ctr	Apr 2	8am-3pm	M-F	\$185
RP7006.702	N Laurel Comm Ctr	Apr 2	8am-3pm	M-F	\$185

Planet Recreation Extended Spring Break Camp

Extend your child's day at this camp. After-camp care includes a variety of sports, games and other group activities. Campers must be enrolled in RP7006.

Ultimate Sports & Games Spring Break Camp

Spend your spring break with us. Develops skills in basketball, flag football, kickball, lacrosse, baseball, soccer, and much more in this co-ed camp. Have fun, stay fit, build character and boost self-esteem. Activities take place both indoors and outdoors. Campers bus to the Roger Carter Community Center for a day of swimming activities! Instructors are American Sport Education Program certified coaches. Camp runs rain or shine. Bring a non-perishable lunch(no nut products) and a water bottle. An extended camp option is available. Info: Greg Meyd, 410-313-1162 or gmeyd@howardcountymd.gov.

8-13 yrs Classes: 5

RP7001.701	Meadowbrook Ath Comp	Apr 2	8am-3pm	M-F	\$169
RP7001.702	N Laurel Comm Ctr	Apr 2	8am-3pm	M-F	\$169

Ultimate Sports & Games Extended Spring Break Camp

Extend your child's day at this camp. After-camp care includes a variety of sports, games and other group activities. (Muust be enrolled in this camp below aftercare.)

RP7004.701 Meadowbrook Ath Comp Apr 2 3-6pm M-F \$89 RP7004.702 N Laurel Comm Ctr Apr 2 3-6pm M-F \$89

School's Out Junior Sports Camp

School is out and we're open for play! Young athletes, develop skills in any of the following sports: basketball, kickball, tee ball, soccer, tennis, flag football or floor hockey at this co-rec camp. Sports and games are adapted to the size and abilities of young children to make learning fun and foster development of motor skills. Activities take place indoors. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

5-7 vrs Classes: 1

<u>J-7 y13 Clas</u>	<u> </u>				
RP7008.601	Roger Carter Comm Ctr	Feb 16	8:30am-12:30pm	F	\$40
RP7008 602	Roger Carter Comm Ctr	Feh 19	8·30am-12·30nm	M	\$40



Find your fun in daily rotations of sports, fitness, arts, nature and games at Winter Mix Camp.

Winter Mix Camp

One, two, three, or four days of fun! Participate in a wide variety of activities including sports, fitness, arts and crafts, nature, games, and special surprises. Follow an exciting daily rotation designed to allow your child to select activities of their choice to build their own program. Rotate in ageand skill-appropriate groups. The focus is on having fun, staying fit, building character, and boosting self-esteem. Register for one, two, three, or four days. Info: Greg Meyd, 410-313-1162 or gmeyd@howardcountymd.gov. 5-13 vrs Classes: 1

RP6404.601	Meadowbrook Ath Comp	Dec 26	8am-5:30pm	Tu	\$59
RP6404.602	Meadowbrook Ath Comp	Dec 27	8am-5:30pm	W	\$59
RP6404.603	Meadowbrook Ath Comp	Dec 28	8am-5:30pm	Th	\$59
RP6404.604 Meadowbrook Ath Comp		Dec 29	8am-5:30pm	F	\$59
<u>5-13 yrs Cla</u>	isses: 4				
RP6404.605	Meadowbrook Ath Comp	Dec 26	8am-5:30pm	Tu-F	\$199

Home School Gym Class

Join in on an exciting gym class program that meets the physical activity needs of our local home school families! We provide staff leadership and all the equipment for a variety of sport and fitness activities. Children improve skills and learn the fundamentals of teamwork as they play basketball, soccer, volleyball, floor hockey, badminton and other sport requests the staff can provide. Have fun, stay fit, build character and boost self-esteem. Info: Greg Meyd, 410-313-1162 or gmeyd@howardcountymd.gov.

<u>5-10 yrs Classes: 12</u>								
	RP6405.601	Meadowbrook Ath Comp	Jan 3	11am-noon	W	\$108		
	RP6405.603	Meadowbrook Ath Comp	Jan 2	1-2pm	Tu	\$108		
	<u>11-14 yrs</u> C	lasses: 12						
	RP6405.602	Meadowbrook Ath Comp	Jan 3	11am-noon	W	\$108		
	RP6405.604	Meadowbrook Ath Comp	Jan 2	1-2pm	Tu	\$108		



Test your American Ninja Warrior skills at an obstacle course with NinjaBE.

School's Out Sports and Swim Camp

School is out and we're open for play! Young athletes, develop skills in any of the following sports: basketball, kickball, tee ball, soccer, tennis, flag football or floor hockey at this co-rec camp. Sports and games are adapted to the size and abilities of young children to make learning fun and foster development of motor skills. Activities take place indoors. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

8-13 yrs Classes: 1

RP7007.601	Roger Carter Comm Ctr	Feb 16	8:30am-6pm	F	\$70
RP7007.602	Roger Carter Comm Ctr	Feb 19	8:30am-6pm	М	\$70

Obstacle Sports

- In the 2020 Olympics, obstacle sports will be part of the pentathlon. Those interested in American Ninja Warrior, obstacle sports and fun, alternative exercise, are sure to find something below.
- Participation requires NinjaBE safety socks (\$1.99). Can purchase in advance in facility or on www.ninjabe.com.
- Info: Jamie Brentlinger, 410-313-1665 or jbrentlinger@howardcountymd.gov.

Preschool

Tiny Ninja

In this introduction to Ninja Warrior training, young boys and girls develop body strength, agility, coordination, speed, listening and collaborative skills. Tiny Ninjas complete fun exercises on isolated trampoline sections. These exercises challenge listening and motor skills. Parents must be on site at all times during class. (No class 2/19.)

<u>3-5 yrs Clas</u>	<u>sses: 6</u>				
RP5170.601	NinjaBE	Jan 22	10-10:45am	M	\$99
RP5170.602	NinjaBE	Jan 22	11-11:45am	M	\$99
RP5170.603	NinjaBE	Jan 9	10-10:45am	Tu	\$99
RP5170.604	NinjaBE	Jan 9	11-11:45am	Tu	\$99
RP5170.605	NinjaBE	Feb 20	10-10:45am	Tu	\$99
RP5170.606	NinjaBE	Feb 20	11-11:45am	Tu	\$99
RP5170.607	NinjaBE	Jan 24	10-10:45am	W	\$99
RP5170.608	NinjaBE	Jan 24	11-11:45am	W	\$99
RP5170.609	NinjaBE	Jan 13	8-8:45am	Sa	\$99
RP5170.610	NinjaBE	Jan 13	9-9:45am	Sa	\$99
RP5170.611	NinjaBE	Feb 24	8-8:45am	Sa	\$99
RP5170.612	NinjaBE	Feb 24	9-9:45am	Sa	\$99

Youth

 Must be 42 inches or taller to participate in Youth and Adult classes.

Obstacle Racing Training Class with NinjaBE

Learn how to master popular American Ninja Warrior Obstacles. Let our experienced instructors help you train your muscles to glide through challenging, NinjaBE obstacles. Objectively measure your improvement by timed runs through our Ninja Warrior obstacle course. Get fit and have fun at NinjaBE!

6-8 yrs Classes: 6

o o y i o Ciu	<u> </u>				
RP5172.601	NinjaBE	Jan 9	6-7pm	Tu	\$125
RP5172.606	NinjaBE	Feb 20	6-7pm	Tu	\$125
RP5172.611	NinjaBE	Jan 10	6-7pm	W	\$125
RP5172.616	NinjaBE	Feb 21	6-7pm	W	\$125
RP5172.621	NinjaBE	Jan 13	8-9am	Sa	\$125
RP5172.626	NinjaBE	Feb 24	8-9am	Sa	\$125
9-10 yrs Cl	asses: 6				
RP5172.602	NinjaBE	Jan 9	6-7pm	Tu	\$125
RP5172.607	NinjaBE	Feb 20	6-7pm	Tu	\$125
RP5172.612	NinjaBE	Jan 10	6-7pm	W	\$125
RP5172.617	NinjaBE	Feb 21	6-7pm	W	\$125
RP5172.622	NinjaBE	Jan 13	8-9am	Sa	\$125
RP5172.627	NinjaBE	Feb 24	8-9am	Sa	\$125
11-12 yrs (lasses: 6				
RP5172.603	NinjaBE	Jan 9	6-7pm	Tu	\$125
RP5172.608	NinjaBE	Feb 20	6-7pm	Tu	\$125
RP5172.613	NinjaBE	Jan 10	6-7pm	W	\$125
RP5172.618	NinjaBE	Feb 21	6-7pm	W	\$125
RP5172.623	NinjaBE	Jan 13	8-9am	Sa	\$125
RP5172.628	NinjaBE	Feb 24	8-9am	Sa	\$125
13-14 yrs (lasses: 6				
RP5172.604	NinjaBE	Jan 9	7-8pm	Tu	\$125
RP5172.609	NinjaBE	Feb 20	7-8pm	Tu	\$125
RP5172.614	NinjaBE	Jan 10	7-8pm	W	\$125
RP5172.619	NinjaBE	Feb 21	7-8pm	W	\$125
RP5172.624	NinjaBE	Jan 13	9-10am	Sa	\$125
RP5172.629	NinjaBE	Feb 24	9-10am	Sa	\$125
15-17 yrs (Classes: 6				
RP5172.605	NinjaBE	Jan 9	7-8pm	Tu	\$125
RP5172.610	NinjaBE	Feb 20	7-8pm	Tu	\$125
RP5172.615	NinjaBE	Jan 10	7-8pm	W	\$125
RP5172.620	NinjaBE	Feb 21	7-8pm	W	\$125
RP5172.625	NinjaBE	Jan 13	9-10am	Sa	\$125
RP5172.630	NinjaBE	Feb 24	9-10am	Sa	\$125

See adults 18 yrs + in adults section

NinjaBE Games League

The NinjaBE Games are an "Olympic-Game" fitness challenge that includes multiple unique and challenging obstacles that must be precisely maneuvered to achieve a champion-worthy completion time. Each NinjaBE game contains three events announced 15 minutes before the start of the competition. Participants, experience the thrill of achievement and competition while improving your leaping, climbing, running, jumping, hanging, and body management skills while increasing mental acuity. Each team can have four players and two alternate.

See adults 18 yrs + in adults section								
RP5179.603	13-14 yrs	RP5179.604	15-17 yrs					
RP5179.601	9-10 yrs	RP5179.602	11-12 yrs					
<u>individual</u>	<u>Ninjabe Jan I I</u>	<u>6-/pm In</u>	\$62 Weeks: 8					



Meet Maryland State Fitness Curriculum requirements at a NinjaBE Home School Workout Class.

NinjaBE Home School Workout Class

Calling all homeschoolers! Looking for a fun way to meet MSDE requirements for Physical Fitness? NinjaBE offers a class that matches obstacle training with the MD State Fitness Curriculum. Each lesson focuses on developing mind and body fitness through FitGames and Ninja Warrior obstacle activities. (No class 2/19.)

7-8 yrs Clas	ses: 6					
RP5171.607	NinjaBE	Jan 9	Noon-1pm	Tu	\$125	
RP5171.613	NinjaBE	Feb 20	Noon-1pm	Tu	\$125	
RP5171.601	NinjaBE	Jan 22	11am-noon	М	\$125	
<u>8-9 yrs</u>						
RP5171.608	NinjaBE	Jan 9	Noon-1pm	Tu	\$125	
RP5171.614	NinjaBE	Feb 20	Noon-1pm	Tu	\$125	
RP5171.602	NinjaBE	Jan 22	11am-noon	М	\$125	
<u>9-10 yrs</u>						
RP5171.609	NinjaBE	Jan 9	Noon-1pm	Tu	\$125	
RP5171.615	NinjaBE	Feb 20	Noon-1pm	Tu	\$125	
RP5171.603	NinjaBE	Jan 22	11am-noon	М	\$125	
<u>10-11 yrs</u>						
RP5171.610	NinjaBE	Jan 9	Noon-1pm	Tu	\$125	
RP5171.616	NinjaBE	Feb 20	Noon-1pm	Tu	\$125	
RP5171.604	NinjaBE	Jan 22	11am-noon	M	\$125	
<u>11-12 yrs</u>						
RP5171.611	NinjaBE	Jan 9	Noon-1pm	Tu	\$125	
RP5171.617	NinjaBE	Feb 20	Noon-1pm	Tu	\$125	
RP5171.605	NinjaBE	Jan 22	11am-noon	М	\$125	
<u>12-13 yrs</u>						
RP5171.612	NinjaBE	Jan 9	Noon-1pm	Tu	\$125	
RP5171.618	NinjaBE	Feb 20	Noon-1pm	Tu	\$125	
RP5171.606	NinjaBE	Jan 22	11am-noon	M	\$125	

School's Out with NinjaBE

Looking for something unique and exciting to do when school is out? Come and visit us! A day of fun-filled attractions includes Ninja Warrior obstacle racing, interactive bouldering games, and much more. All in a safe fun-filled environment. Don't be an iPhone zombie; get out, get fit, have fun at NinjaBE. Bring a non-perishable lunch (no nut products).

6-14 yrs

RP5181.601	NinjaBE	Jan 15	9am-4pm	М	\$65
RP5181.602	NinjaBE	Feb 16	9am-4pm	F	\$65
RP5181.603	NinjaBE	Feb 19	9am-4pm	М	\$65
RP5181.701	NinjaBE	May 18	9am-4pm	F	\$65

Winter & Spring Break Program with NinjaBE

Looking for something unique and exciting to do when school is out? Enjoy fun-filled activities that include Ninja Warrior obstacle racing, interactive bouldering games, and more in a safe, fun-filled environment. Don't be an iPhone zombie; get out, get fit, have fun at NinjaBE!

<u>6-14 yrs Wi</u>	Classes:	: 1,2,3 or 4			
RP5182.601	NinjaBE	Dec 26	9am-4pm	Tu-F	\$224
RP5182.602	NinjaBE	Dec 26	9am-4pm	Tu	\$65
RP5182.603	NinjaBE	Dec 28	9am-4pm	W	\$65
RP5182.604	NinjaBE	Dec 28	9am-4pm	Th	\$65
RP5182.605	NinjaBE	Dec 29	9am-4pm	F	\$65
<u>6-14 yrs Sp</u>	<u>ring Break I</u>	rogram v	with NinjaBe	Classes:	<u>5</u>
RP5183.701	NinjaBE	Apr 2	9am-4pm	M-F \$3	300

Adults

NinjaBE Games League

Read descripon under Youth Section, page 80

Individual 18 yrs + Weeks: 8

18-49 yrs Classes: 6

RP5180.60 NinjaBE Jan 11 8-9pm Th \$62

NinjaBE Obstacle Racing Training Class

Read description under Youth Section, page 80.

<u>18-49 yrs</u> C	lasses: 6				
RP5173.604	NinjaBE	Jan 9	7-8pm	Tu	\$125
RP5173.605	NinjaBE	Feb 20	7-8pm	Tu	\$125
RP5173.606	NinjaBE	Jan 10	7-8pm	W	\$125
RP5173.607	NinjaBE	Feb 21	7-8pm	W	\$125
RP5173.609	NinjaBE	Jan 13	9-10am	Sa	\$125
RP5173.610	NinjaBE	Feb 24	9-10am	Sa	\$125
50 yrs + Cl	asses: 6				
RP5173.601	NinjaBE	Jan 22	6-7pm	М	\$125
RP5173.602	NinjaBE	Jan 22	7-8pm	М	\$125
RP5173.603	NinjaBE	Jan 9	9-10am	Tu	\$125
RP5173.608	NinjaBE	Jan 11	10-11am	Th	\$125

Obstacle Core Circuit Class With NinjaBE

Building or shaping core muscles does not have to begin and end with the same old exercises. NinjaBE fitness training offers a unique opportunity to workout your core by navigating unique elements using techniques that can change every attempt. Workout your core on NinjaBE's salmon ladder, traverse wall, hanging bungees, and more. Adult only class. (No class 2/19.)

10-47 y13 C	<u>1033C3. U</u>				
RP5174.601	NinjaBE	Jan 22	6-7am	M	\$125
RP5174.603	NinjaBE	Jan 9	7-8am	Tu	\$125
RP5174.605	NinjaBE	Feb 20	7-8am	Tu	\$125
<u>50 yrs + Cla</u>	asses: 6				
RP5174.602	NinjaBE	Jan 22	6-7am	М	\$125
RP5174.604	NinjaBE	Jan 9	7-8am	Tu	\$125
RP5174.606	NinjaBE	Feb 20	7-8am	Tu	\$125

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on Page 64-65. Review of this information is required by law before you are allowed to register for youth sports programs.

Please bring a reusable water bottle to class.



Introduce your little one to the world's most popular sport at U.K. Elite Petite Soccer.

Obstacle Lower Body Circuit Class With NinjaBe

Building or shaping lower body muscles does not have to begin and end with the same old exercises. NinjaBE fitness training offers a unique opportunity to workout your lower body by navigating unique elements using techniques that can change every attempt. Workout your lower body on NinjaBE's spider wall, Sea of Poles, Sea of Wide swings, and more.

<u> 18-49 yrs</u> Ci	iasses: 6				
RP5176.601	NinjaBE	Jan 22	6-7am	М	\$125
RP5176.603	NinjaBE	Jan 9	7-8am	Tu	\$125
RP5176.605	NinjaBE	Feb 20	7-8am	Tu	\$125
50 yrs +Classe	<u>es: 6</u>				
RP5176.602	NinjaBE	Jan 22	8-9am	М	\$125
RP5176.604	NinjaBE	Jan 9	7-8am	Tu	\$125
RP5176.606	NinjaBE	Feb 20	8-9am	Tu	\$125

Obstacle Upper Body Circuit Class With NinjaBE

Building or shaping upper body muscles does not have to begin and end with the same old exercises. NinjaBE fitness training offers a unique opportunity to workout your core by navigating unique elements using techniques that can change every attempt. Workout your upper body on NinjaBE's Cannonball Alley, trapeze bars, traverse box, and much more.

<u>18-49 yrs C</u>	<u>lasses: 6</u>				
RP5175.601	NinjaBE	Jan 22	7-8am	M	\$125
RP5175.603	NinjaBE	Jan 9	6-7am	Tu	\$125
RP5175.605	NinjaBE	Feb 20	6-7am	Tu	\$125
<u>50 yrs + Cla</u>	asses: 6				
RP5175.602	NinjaBE	Jan 22	7-8am	M	\$125
RP5175.604	NinjaBE	Jan 9	6-7am	Tu	\$125
RP5175.606	NinjaBE	Feb 20	6-7am	Tu	\$125

Ultimate Dodgeball League with NinjaBE

The Ultimate Dodgeball League is a great way for all ability levels to stay active, be a part of a team, and have fun! Grab your sweatbands and your neon nylon shorts: it's time for ultimate dodgeball! Whether you're a free agent looking for a team or a captain already in charge, come play Ultimate Trampoline Dodgeball at NinjaBE. All teams are co-ed with 6 people on the court; max roster of 12 people, minimum 2 females. The league is 7 weeks long with a double elimination championship on week 8. Three 8-minute match games per night. Contact Jamie Brentlinger at

jbrentlinger@howardcountymd.gov or 410-313-1665 if you are an individual and would like to join a team.

18 yrs + Team, Co-Ed Registration Classes: 8 RP5177.601 NinjaBE Jan 9 7-8pm Tu \$499

Pickleball

For more info on programs, classes, leagues, and tournaments, visit www.howardcounytmd.gov/pickleball.

Running

Youth Distance Runners

Don't miss out on your opportunity to train this winter! Join Rec & Parks, Howard County Junior Striders, and Bullseye Running for an indoor training program offering runner-specific training and conditioning. Each participant receives a t-shirt. Info: Will Dunmore, 410-313-1697 or wdunmore@howardcountymd.gov.

7-18 yrs Classes: 8

RP6953.601 Meadowbrook Ath Comp Jan 13 6:30-8pm Sa \$75

Soccer

Youth Instructional

U.K. Elite Petite Soccer

This is a mini-taste of the U.K. Elite experience! Hour-long program of soccer fun and games is designed to introduce the youngest of players to the greatest of games. The emphasis is on having fun with a soccer ball. Parent involvement is encouraged at times. Shin guards are required. Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

2-3 yrs Clas	<u>ses: 6</u>				
RP6710.601	Meadowbrook Ath Comp	Jan 9	9:30-10:30am	Tu	\$105
RP6710.604	Meadowbrook Ath Comp	Jan 11	9:30-10:30am	Th	\$105
RP6710.606	Meadowbrook Ath Comp	Feb 20	9:30-10:30am	Tu	\$105
RP6710.608	Meadowbrook Ath Comp	Feb 22	9:30-10:30am	Th	\$105
3-5 yrs Clas	<u>ses: 6</u>				
RP6710.602	Meadowbrook Ath Comp	Jan 9	10:30-11:30am	Tu	\$105
RP6710.603	Meadowbrook Ath Comp	Jan 9	1:30-2:30pm	Tu	\$105
RP6710.605	Meadowbrook Ath Comp	Jan 11	10:30-11:30am	Th	\$105
RP6710.607	Meadowbrook Ath Comp	Feb 20	10:30-11:30am	Tu	\$105
RP6710.609	Meadowbrook Ath Comp	Feb 22	10:30-11:30am	Th	\$105
RP6710.610	Meadowbrook Ath Comp	Feb 22	1:30-2:30pm	Th	\$105

Mighty Kickers Soccer

2 Aure Classos: 6

GOAL! Coaches provide a high-energy, fun introduction to soccer. Mighty Kickers uses a creative, age-appropriate curriculum to introduce basic soccer skills to kids including dribbling, passing and shooting while providing an entertaining and friendly atmosphere! Parents are encouraged to follow the coach's instructions to assist in the games and activities. (No class2/16, 2/17, 2/19.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

3-4 yrs Clas	<u> </u>				
RP6705.601	Meadowbrook Ath Comp	Jan 30	1:30-2:15pm	Tu	\$75
RP6705.602	Meadowbrook Ath Comp	Jan 31	9:30-10:15am	W	\$75
RP6705.603	Atholton ES	Jan 31	5-5:45pm	W	\$75
RP6705.604	Meadowbrook Ath Comp	Feb 1	10:30-11:15am	Th	\$75
RP6705.605	Thunder Hill ES	Feb 1	5-5:45pm	Th	\$75
RP6705.606	Ducketts Lane ES	Feb 3	10:30-11:15am	Sa	\$75
RP6705.607	Hollifield Station ES	Feb 3	2:30-3:15pm	Sa	\$75

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on Page 64-65. Review of this information is required by law before you are allowed to register for youth sports programs.

Kiddie Indoor Soccer

Are you ready to play the world's most popular game? Boys and girls, learn basic skills such as dribbling, trapping, passing, shooting, defense and team play, all in a fun and encouraging environment. Meet in the gym. (No class 2/19.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

5-7 yrs Clas	ses: 8				
RP6700.602	Waterloo ES	Jan 22	5-6pm	М	\$67
5-7 yrs Clas	ses: 9				
RP6700.601	Hollifield Station ES	Jan 22	4:25-5:25pm	М	\$75
RP6700.603	Clemens Crossing ES	Jan 16	4:55-5:55pm	Tu	\$75
RP6700.604	Talbott Springs ES	Jan 16	4:20-5:20pm	Tu	\$75
RP6700.605	Meadowbrook Ath Comp	Jan 17	5:05-6pm	W	\$75
RP6700.606	Elkridge ES	Jan 17	5-6pm	W	\$75
RP6700.607	Manor Woods ES	Jan 18	4:25-5:25pm	Th	\$75
RP6700.608	Veterans ES	Jan 18	5-6pm	Th	\$75

After-School Indoor Soccer

The world's most popular game awaits you. Boys and girls, learn and improve basic skills such as dribbling, trapping, shooting, passing, defense and team play. Coaches use a variety of drills, games and scrimmages to make learning fun and exciting. Meet outside school office; coaches escort players to the gym. (No class 2/19.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

<u>isses: 8</u>				
Waterloo ES	Jan 22	4-5pm	M	\$67
isses: 9				
Hollifield Station ES	Jan 22	3:20-4:20pm	M	\$75
Clemens Crossing ES	Jan 16	3:50-4:50pm	Tu	\$75
Talbott Springs ES	Jan 16	3:15-4:15pm	Tu	\$75
Meadowbrook Ath Comp	Jan 17	4:10-5:05pm	W	\$75
Elkridge ES	Jan 17	4-5pm	W	\$75
Manor Woods ES	Jan 18	3:20-4:20pm	Th	\$75
Veterans ES	Jan 18	4-5pm	Th	\$75
	Waterloo ES asses: 9 Hollifield Station ES Clemens Crossing ES Talbott Springs ES Meadowbrook Ath Comp Elkridge ES Manor Woods ES	Waterloo ES Jan 22 Sisses: 9 Hollifield Station ES Jan 16 Talbott Springs ES Jan 16 Meadowbrook Ath Comp Jan 17 Elkridge ES Jan 17 Manor Woods ES Jan 18	Waterloo ES Jan 22 4-5pm In the state of ES Jan 22 3:20-4:20pm Hollifield Station ES Jan 16 3:50-4:50pm Talbott Springs ES Jan 16 3:15-4:15pm Meadowbrook Ath Comp Jan 17 4:10-5:05pm Elkridge ES Jan 17 4-5pm Manor Woods ES Jan 18 3:20-4:20pm	Waterloo ES Jan 22 4-5pm M SSSESS: 9 Hollifield Station ES Jan 22 3:20-4:20pm M Clemens Crossing ES Jan 16 3:50-4:50pm Tu Talbott Springs ES Jan 16 3:15-4:15pm Tu Meadowbrook Ath Comp Jan 17 4:10-5:05pm W Elkridge ES Jan 17 4-5pm W Manor Woods ES Jan 18 3:20-4:20pm Th

Youth Leagues

Spring Youth Soccer League

Boys and girls, have fun playing soccer while learning the fundamentals of the world's most popular sport. The Department forms teams, which practice once a week on a weeknight beginning the week of April 8. Coaches contact participants regarding practice days and times one week prior to the beginning of the program. One-hour games are on Saturdays, starting April 21, between 9 AM and 5 PM. Shin guards are required. Fee includes participation award, soccer jersey and a soccer ball from Play It Again Sports® in Ellicott City. Volunteer coaches are needed. Head coach's child receives a discount. Individual registration only, no team entries. Registration deadline: March 9. Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

_	, ,	
4 yrs Meadowbrook Pk	Apr 21 9:30-3pm Sa	
RP5701.701 \$90	RP5701.702 (Head Coach's Child)	\$60
5-6 yrs Meadowbrook Pk	Apr 21 9:30-3pm Sa	
RP5701.711 \$90	RP5701.712 (Head Coach's Child)	\$60
7-8 yrs HC Ctr for the Arts	Apr 21 9:30-3pm Sa	
RP5701.721 \$90	RP5701.722 (Head Coach's Child)	\$60

Winter Indoor Soccer League

Boys and girls, play soccer indoors while learning the basic skills of the sport. The Department forms teams. Fee includes soccer jersey, socks and participation trophy. Sneakers and shin guards required. Individual registrations only, no team entries. This is a Sunday afternoon-only program. No weeknight practices. Volunteer coaches are needed. Head coach's child receives a discount. Registration deadline is December 8. Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.



Have fun in our spring youth soccer league!

4 yrs Harpers Choice MS	Jan 7 Noon-7pm Su Classes: 8	
RP5702.601 \$84	RP5702.602 (Head Coach's Child) \$5	54
5-6 yrs Harpers Choice MS	Jan 7 Noon-7pm Su Classes: 8	
RP5702.611 \$84	RP5702.612 (Head Coach's Child) \$5	54
7-8 yrs Harpers Choice MS	Jan 7 Noon-7pm Su Classes: 8	
RP5702.621 \$84	RP5702.622 (Head Coach's Child) \$5	54

Instructional Indoor Soccer League

First-time players or those wanting to improve their fundamental skills, play small-sided games in this instructional league. Focus is on skill development through drills, game rules and scrimmages. Practice for four weeks and play four games against teams from the other sites (schedule TBD). Fee includes t-shirt. Shin guards required. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

, -	, ,					
5-6 yrs beginn	ers Classes: 8					
RP6702.601	Centennial Lane ES	Jan 20	1-2pm	Sa	\$80	
RP6702.603	Gorman Crossing ES	Jan 20	1-2pm	Sa	\$80	
RP6702.602	Jeffers Hill ES	Jan 20	1-2pm	Sa	\$80	
RP6702.604	Waterloo ES	Jan 20	1-2pm	Sa	\$80	
6½ yrs advanc	ed-8½ yrs beginners	Classes: 8				
RP6703.601	Centennial Lane ES	Jan 20	2:15-3:1	5pm	Sa	\$80
RP6703.603	Gorman Crossing ES	Jan 20	2:15-3:1	5pm	Sa	\$80
RP6703.602	Jeffers Hill ES	Jan 20	2:15-3:1	5pm	Sa	\$80
RP6703.604	Waterloo ES	Jan 20	2:15-3:1	5pm	Sa	\$80
8 yrs advanced	I-10 yrs Classes: 8					
RP6704.601	Centennial Lane ES	Jan 20	3:30-4:3	0pm	Sa	\$80
RP6704.603	Gorman Crossing ES	Jan 20	3:30-4:3	0pm	Sa	\$80
RP6704.602	Jeffers Hill ES	Jan 20	3:30-4:3	0pm	Sa	\$80
RP6704.604	Waterloo ES	Jan 20	3:30-4:3	0pm	Sa	\$80

Adult Leagues

Adult Soccer Leagues

Continue your soccer year with this eight-game winter season played on synthetic turf fields. Registration is first-come, first-served. All teams are required to pay officials on-site prior to each game. Referee fees, rules and league info are available at www.howardcountymd.gov/soccer. League fee includes league administration, referee assignment and field use. Managers are updated with league information one week prior to the start of the season. **Spring league in late March.** Info: Patrick McGinnis, 410-313-4716 or pmcginnis@howardcountymd.gov.

<u> 18 yrs + Co</u>	o-kec w	<u>eeks: 8</u>			
RP5700.601	Jan 16	6:30-11pm	Tu	\$155	Co-Rec
RP5700.602	Jan 19	11-2pm	F	\$155	Men's



Whether an advanced beginner or intermediate tennis player, come hit some balls with us this spring break!

Softball

Baseball, Softball & Tee Ball Page 69

Tennis

Semi-Private Indoor Tennis Lessons with Shantha Chandra

Individual and small group lessons (1:4 ratio) for 10 years and under QuickStart Tennis Players. Drills, instruction and QuickStart tennis techniques designed by the USTA are used for beginning players to learn tennis fundamentals, balance and coordination skills. This is an exciting new play format for learning tennis, designed to bring kids into the game by using specialized equipment, shorter court dimensions, and simplified scoring, all tailored to match youth age and size. Bring a junior-size racket. All lessons run for 45 minutes. (No class 1/26.) Info: Krista Billingsley, 410-313-4637 or kbillinsgley@howardcountymd.gov.

6-8 yrs Mea	dowbrook Ath Comp	Classes: 4			
RP6872.601	Beginner	Jan 22	4:10-4:55pm	Μ	\$94
RP6872.605	Beginner	Feb 26	4:10-4:55pm	М	\$94
RP6872.602	Advanced Beginner	Jan 23	4:10-4:55pm	Tu	\$94
RP6872.606	Advanced Beginner	Feb 27	4:10-4:55pm	Tu	\$94
9-10 yrs Me	eadowbrook Ath Comp	Classes: 4			
RP6872.603	Advanced Beginner	Jan 19	4:10-4:55pm	F	\$94
RP6872.607	Advanced Beginner	Mar 2	4:10-4:55pm	F	\$94
RP6872.604	Intermediate	Jan 19	4:10-4:55pm	F	\$94
RP6872.608	Intermediate	Mar 2	4:10-4:55pm	F	\$94

TGA Premier Youth Tennis After School

The US Tennis Association Mid-Atlantic Section (USTA MAS) proudly presents TGA Premier Youth Tennis, the first and only national tennis enrichment program in the country. Students, develop tennis skills utilizing kid-friendly equipment in a play-to-learn style that gets you rallying and having fun right away. In addition, learn relevant enrichment skills such as sportsmanship, math, science, technology, history, and more as they advance through our five-level program. Parents receive weekly email updates and progress report at the end. Program is taught by USTA-trained coaches. We provide all tennis equipment including racquet and balls. Fee includes hat, wristband, and student handbook. (No class 1/26, 2/16, 2/19.) Info: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov.

6-10 yrs Cla	isses: 6				
0-10 yis Cia	<u>15585. U</u>				
RP6876.601	Clemens Crossing ES	Jan 19	3:50-4:50pm	F	\$75
RP6876.602	Elkridge ES	Jan 22	4-5pm	М	\$75
RP6876.604	Hollifield Station ES	Jan 23	3:20-4:20pm	Tu	\$75
RP6876.605	Waverly ES	Jan 23	3:50-4:50pm	Tu	\$75
RP6876.606	Hammond ES	Feb 7	3:35-4:35pm	W	\$75
RP6876.607	St. Johns Lane ES	Jan 25	3:20-4:20pm	Th	\$75
RP6876.608	Pointers Run ES	Jan 25	4-5pm	Th	\$75
RP6876.609	Talbott Springs ES	Feb 2	3:15-4:15pm	F	\$75
RP6876.610	llchester ES	Jan 22	4-5pm	М	\$75
RP6876.611	Gorman Crossing ES	Jan 25	4-5pm	Th	\$75
RP6876.612	Deep Run ES	Jan 24	4-5pm	W	\$75
RP6876.613	Jeffers Hill ES	Jan 22	3:35pm-4:35pm	М	\$75

Jr. Development Tennis Spring Break Camp with Shantha Chandra

Develop beginner and intermediate tennis skills. A QuickStart tennis format is used to play games. Enjoy the fun competition with players of the same skill level. Makeup rain day: Friday. Info: Krista Billingsley, 410-313-4637 or kbillinsgley@howardcountymd.gov.

7-13 yrs Days: 4

RP7012.701 Centennial Park Apr 2 9-11am M-Th \$90

Jr. USA Team Tennis Spring Break Camp with Shantha Chandra

Advanced beginners and intermediate players, come freshen-up on hitting ground strokes, serving, scoring, and playing matches. Makeup rain day: Friday. Info: Krista Billingsley, 410-313-4637 or kbillinsgley@howardcountymd.gov.

11-18 yrs Days: 4

RP7015.701 Centennial Park Apr 2 11:15am-1:15pm M-Th \$90

Volleyball

Spring Break Volleyball Academy

Practice makes perfect! This camp is designed for beginner-intermediate players who enjoy the exciting sport and want to learn more. Come improve existing skills and develop new ones. Lessons emphasize sportsmanship, skill technique, and hard work in a team atmosphere. Learn skills such as passing, hitting, setting, and serving. Instruction provided by Ofer Levy and staff. Info: Carson Nickell, 410 313-4720 or cjnickell@howardcountymd.gov. 9-15 yrs Days: 5

RP7892.701 Meadowbrook Ath Comp Apr 2 1-4pm M-F \$120

Instructional Volleyball

Designed for first-time players and those wanting to improve fundamental skills, this program includes skill development through drills and scrimmages. First 4 weeks are instructional practices; final 4 weeks involve game situations. Info: Carson Nickell, 410 313-4720 or cjnickell@howardcountymd.gov. 6-7 yrs beginner Classes: 8

RP5893.601	Roger Carter Comm Ctr	Jan 20	1-2:10pm	Sa	\$99
7 yrs advanced	d-9 yrs Classes: 8				
RP5893.602	Roger Carter Comm Ctr	Jan 20	2:20-3:30pm	Sa	\$99
8½ yrs advanced-10 yrs Classes: 8					
RP5893.603	Roger Carter Comm Ctr	Jan 20	3:40-4:50pm	Sa	\$99

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on Page 64-65. Review of this information is required by law before you are allowed to register for youth sports programs.



Come make friends, have fun, and perfect your volleyball skills!



Youth Volleyball League registration is January 7.

Volleyball Skills Development

Practice makes perfect! This program is for new players who enjoy this exciting sport and want to learn the basics. Develop skills and improve existing ones. Lessons emphasize sportsmanship, skill technique, hard work and fun in a team atmosphere. Learn skills such as passing, hitting, setting and serving. Info: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov. 8-12 yrs Classes: 8

RP5892.601	N Laurel Comm Ctr	Jan 22	6-7:30pm	M	\$130
RP5892.602	Gary J Arthur Comm Ctrr	Jan 17	7-8:30pm	W	\$130
RP5892.603	Roger Carter Comm Ctr	Jan 18	6-7:30pm	Th	\$130
<u>13-17 yrs</u> C	lasses: 8				
RP5892.611	N Laurel Comm Ctr	Jan 22	7:30-9:pm	M	\$130
RP5892.612	Gary J Arthur Comm Ctr	Jan 17	7-8:30pm	W	\$130
RP5892.613	Roger Carter Comm Ctr	Jan 18	7:30-9pm	Th	\$130

Youth Volleyball League

Experience the excitement and gain the skills necessary to enjoy this popular Olympic sport. This program provides a "Good Sports" atmosphere, bringing together aspiring players weekly in an effort to learn and practice the fundamentals of the game. Our ASEP-Certified Volunteer Parent Coaches provide a quality recreation environment for our players, parents, coaches, and spectators. Weekly practices are between 5-9pm on a weeknight at a Rec & Parks indoor facility. Matches are on Sundays between 10am-4pm at Meadowbrook. Players are placed on teams after a skills evaluation scheduled for Sunday, 1/14. Specific details on one-hour matches/practice times are communicated after each season's skills evaluation. The YVL is for novice to experienced players who wish to learn more about the sport. Coach requests are not accepted, please communicate any nights you are unavailable for practice upon registering. Registration deadline is 1/7. Info: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov.

10-11 yrs	Co-ed	Jan 14	Su	Weeks: 8	
RP5891.601	\$139	RP	5891	.602 (Head Coach's Child)	\$30
12-13 yrs	Co-ed	Jan 14	Su	Weeks: 8	
RP5891.611	\$139	RP	5891	.612 (Head Coach's Child)	\$30
14-17 yrs	Co-ed	Jan 14	Su	Weeks: 8	
RP5891.621	\$139	RP	5891	.622 (Head Coach's Child)	\$30
10-17 yrs	Boys	Jan 14	Su	Weeks: 8	
RP5891.631	\$139	RP	5891	.632 (Head Coach's Child)	\$30

Co-Rec Volleyball League

League plays 6-on-6, with rosters of up to 15 players. Schedule includes eight matches, participation in postseason playoffs, schedule, facility, awards, and administration. Teams are required to pay game official fees of \$20 on the court at each match. Register by **December 31**; or by **November 26** to receive a **10% discount**. Info: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov.

 18 yrs +
 Matches: 8 + playoffs

 RP5890.601
 Roger Carter Comm Ctr
 Jan 7
 4-10pm
 Su
 \$220

Drop-In Co-Rec Volleyball

Join athletes of various skill levels for volleyball scrimmages. Choose the night and location that best works for you. Games are self-officiated and site staff help form balanced teams. Driver's license required for admission. Refer to the Get Active Package (Page 9) to play multiple days. Some gyms may be canceled due to insufficient registration or attendance. (No session 1/15, 2/19.) Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

<u> 18 yrs + W</u>	<u>eeks: 10</u>				
RP6901.601	Burleigh Manor MS	Jan 8	8-10pm	М	\$44
RP6901.602	Burleigh Manor MS	Jan 11	8-10pm	Th	\$44
RP6901.603	Forest Ridge ES	Jan 10	8-10pm	W	\$44
RP6901.604	Rockburn ES	Jan 9	8-10pm	Tu	\$44
RP6901.605	Meadowbrook Ath Comp	Jan 10	9-11nm	W	\$44

Co-Rec Volleyball League

Join senior men and women of various skill levels for competitive and fun play. Previous volleyball experience helpful. Prior to registration, visit the Meadowbrook Athletic Complex and see if this program is for you. The program meets twice a week. The fee is based on when you register and is good through the end of the calendar year. Info: Curtis Gore 410-313-7281 or cgore@howardcountymd.gov

<u>55 yrs + Meadowbrook Ath Comp</u> RP5592.601 Jan 2 10:30am-12:30pm Tu, F \$76

Please bring a reusable water bottle to class.

General Information

Program information provided in this Guide is tentative. Consult www.howardcountymd.gov/rap for the most up-to-date information.

Registration

Program fees are established by determining the cost of supplies; fees for instructors, rentals, registrations and program administration; and the price of marketing in order to deliver high quality programs at an affordable price. See our "How to Register" section on Page 3.

*Waiver: In consideration of my (and/or my child's) participation in this activity, I hereby release and discharge the Organization, and its representatives, successors, and assigns, from any and all liability arising from accident, injury, and illness that I (he/she) may suffer as a result of my (our) participation in this activity. I (we) also will follow the rules and regulations set by the Organization and above named parties. Parent or guardian must sign for anyone age 18 and under. I do hereby grant and give these groups the right to use my or my child(s) photograph or image in conjunction with other persons or objects and presentations, advertising, publicity, and promotion relating thereto.

We reserve the right to cancel or postpone any program or activity due to inclement weather or low enrollment. A service fee will be imposed for all returned checks and could result in refusal of future participation. A service fee will be applied to all refunds and withdrawals with the exception of those due to program cancellation or medical/illness. There are no refunds for missed sessions. At a minimum a 20% administrative fee applies to refund requests; additional fees may be deducted. At least two weeks advance notice is required to avoid additional charges. Summer Camps have a different refund policy and can be found in the current year brochure. See brochure or website for details about all refunds and polices.

Participation

Only individuals who are registered may participate. Where age or grade restrictions apply, "age" usually refers to the age of the participant at the start of the program and "grade" to current grade. If any other standards apply, they will be noted in the Guide. We reserve the right to question grade or age and may request a birth certificate or other proof of eligibility.

For many programs, registrants or parents/legal guardians of minor registrants will be required to provide a signed Participant Information form at the first meeting. The purpose of this form is to ensure that participants willingly share responsibility for their own safety. All activities contain certain inherent risks that each participant assumes. Due to the strenuous nature of some activities, each participant is urged to consult his or her physician concerning his or her fitness to participate. Please note that many programs will require confirmation that immunizations are current.

A parent or legal guardian must accompany a child each day for both checkin and pick-up. It is your responsibility to sign your child in at the beginning of the program and sign your child out immediately following the program. Staff is not responsible for your child before or after scheduled activities. A fee may be assessed if your child is not picked up at the close of the program.

Children must remain with the program for the full period scheduled. To leave before a day's program is complete, a child must have written parental consent or the parent/legal guardian must pick the child up after notifying the program director. No refunds will be issued for time missed for this or from dismissals resulting from disciplinary action.

In determining whether child is ready to participate in these activities, **please be aware that our staff does not change diapers.**

Filled Programs

Space is limited in most activities — early registration is advised. If a program is filled when we receive your registration, we will contact you; you may then cancel your application at no charge, select an alternate program or place your name on a waiting list. There is no fee to be placed on a waiting list.

Canceled Programs

We don't like to cancel programs, but each one must meet its minimum enrollment. Don't be disappointed — register early and bring a friend! An activity may also be canceled due to circumstances beyond our control, such as the unavailability of an instructor or location. If a program is canceled, registrants will be contacted immediately and a full refund credited.

Financial Assistance

The Howard County Department of Recreation & Parks can provide limited financial assistance to Howard County Residents who qualify. The process requires verification of income using your 2016 or 2017 IRS Transcript. Complete details can be requested by calling the Registration Department at 410-313-7275. A 25% deposit is required at least one month prior to start date with the application and a registration form.

Make a Donation

You can make a tax-deductible contribution to our Scholarship Fund by www.howardcountymd.gov or call 410-313-4683. You may also donate online through our online registration site (click on "donation" button).

Refunds

We recognize that you may wish to withdraw for a variety of reasons, but our policy encourages early decisions so as to not affect other customers or our ability to efficiently deliver the programs. At a minimum, all refund requests are subject to a 20% administrative fee. Additional fees may be assessed to recover costs associated with the program. Class programs require at least two weeks advance notice of withdraw to avoid the additional fees. Trip refunds may reflect pre-paid admissions; but the option to transfer your ticket may be considered. Competitive sport program time frame for refunds reflects planning time and team selections; check refund details on website. There are no refunds for missed sessions.

Inclement Weather & Program Status Information

Check with your instructor about exceptions to the following circumstances and make-up dates for canceled sessions.

- If it rains, only some outdoor classes will be canceled.
- When it appears that lightning is a potential threat to participants, scheduled outdoor activities or activities in progress may be canceled.
- If it snows on a weekday and the snow emergency plan is in effect in Howard County, scheduled programs will be canceled. Drop-in programs at Recreation & Parks facilities may run, call the facility inclement weather number, 410-313-4452.
- If it snows on a weekend and the snow emergency plan is in effect at 7am, programs held in public schools for that day will be canceled. If a snow emergency is declared after 7am, programs in schools in progress may be completed but those later in the day will be canceled.
- If schools are closed or dismissed early due to inclement weather, programs in schools will not be held.

Inclement Weather/Program Status Lines
Programs (Events, Trips, Selected Sports,* Outdoor Rec,

Child Care & Therapeutic Rec)	410-313-4451
Gary J. Arthur Comm Ctr, Meadowbrook Athletic Complex, N	l Laurel
Comm Ctr, Robinson Nature Ctr & Roger Carter Comm Ctr	410-313-4452
Belmont Manor & Historic Park	410-313-0200
All School Fields	410-313-6827
Alpha Ridge, Western Regional	410-313-4372
Blandair	
Cedar Lane	
Centennial	
Cypressmede & Hollifield	410-313-4457
Dayton Oaks Parks & Schooley Mill	410-313-4458
Dickinson, Hammond, Hawthorn,	
Heritage Programs	410-313-0421
Huntington & Martin Road	
East Columbia Library, Guilford	
Savage & N Laurel Fields	410-313-4456
Howard County Center for the Arts,	
Hollifield Station, Rockburn Branch & Skills Park, Troy,	
Waterloo & Worthington Off-Leash	410-313-4455
Meadowbrook	410-313-2727

Snack Policy

Many of our children's activities request that you supply a snack or lunch. Due to health concerns, nut products are not served or permitted.

Rules of Conduct

The following rules must be observed while participating in Recreation & Parks programs. Specific rules may be added for individual programs and needs.

- No food or beverages in unauthorized areas; glass containers are prohibited.
- No smoking in buildings or on school property.
- · No soliciting or loitering.
- No interference with employee or volunteer duties.
- No harassment or inappropriate or indecent conduct or language.
- No unauthorized use of drugs, intoxicants or weapons.
- No parking in unauthorized areas or driving/parking on field areas.
- No alteration or installation of equipment (eq. basketball hoops, fences.)
- No defacing of property, indoors or outdoors.
- No conduct that may jeopardize the safety of others.

Accommodations for People with Disabilities

The Department of Recreation & Parks is a recognized leader in opportunities for individuals with disabilities and is pleased to comply with Americans with Disabilities Act (A. D. A.) Regulations.

Individuals with disabilities are encouraged to register for general recreation programs. With your registration, please include information regarding your disability and any accommodations needed. We will make every effort to provide reasonable accommodations on an individual basis. Interpretive services are available for people who are deaf, hard of hearing or have speech disabilities. These and other accommodations can be provided to Howard County residents at no additional cost. To assure the best experience for all participants, we need your accommodation request along with your registration a minimum of two weeks in advance of the first program date.

For transportation, contact HT Ride Para transit Certification at 1-800-270-9553. For more information, contact Therapeutic Recreation Manager, Susan Potts at 410-313-4628 or spotts@howardcountymd.gov.

Other Policies

Additionally, the Department reserves the right

- to cancel a program for any reasonable cause;
- to deny registration or entry into a program when it deems necessary to assure public safety;
- to suspend a child from a program with no refund, after notifying a parent of disciplinary problems;
- to photograph programs, participants and volunteers for publicity purposes; and/or
- to adjust any program details printed in this brochure including fees, locations, instructors, times, days and starting dates.

Public Meetings

For information about Howard County Recreation & Parks Board meetings, call 410-313-4640. Your comments are welcome at these sessions. Park Board members are Dr. Joel Goodman (Chair), Ms. Sylvia Ramsey (Vice Chair), Mr. John R. Byrd (Recording Secretary), Ananta Hejeebu (Board of Education Designee), Mr. David Brown (Board of Education Alternate), Mr. Edward Coleman (Planning Board Designee), Mr. Thomas Franklin, Ms. Joanne Kiebler, Mr. Daniel Tracy and Mr. Samuel Nitkin (Student).

Full-time, Part-time, Contingent and Contractor Employment

For an up-to-date listing of jobs within the Department, as well as a listing of jobs within Howard County Government, visit www.howardcountymd.gov and click on the "I want to" tab.

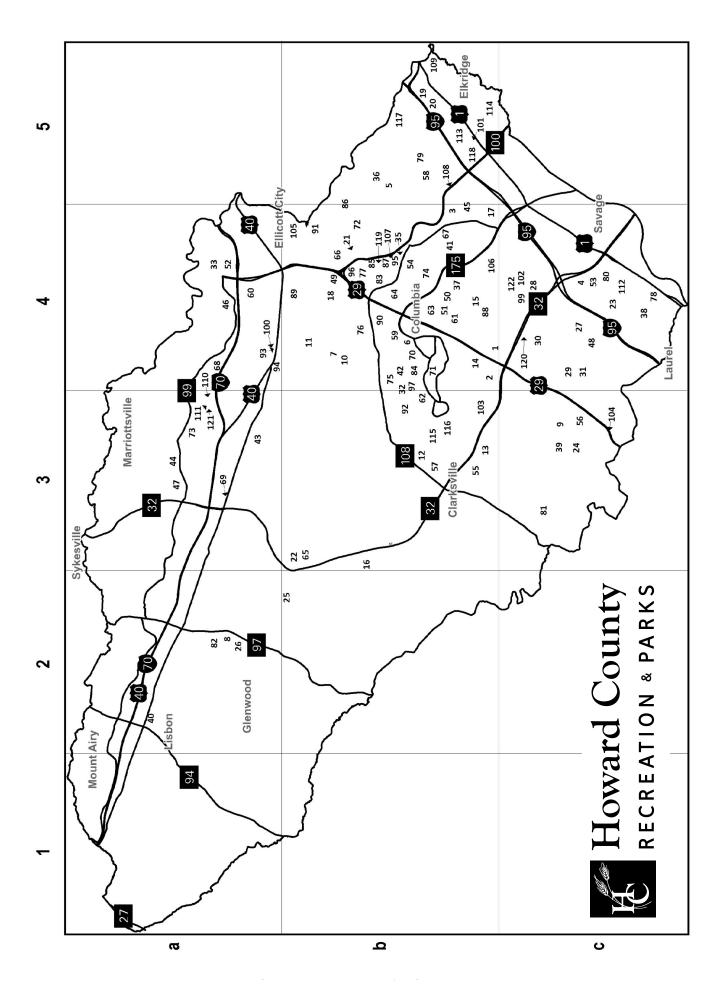
The Department of Recreation & Parks also needs dynamic leaders to develop and instruct programs such as art, crafts, cooking, dance, drama, language, music, science, sports or just plain fun! Do you have an interesting idea for a course or other program that could be offered to Howard County residents through the Recreation & Parks Department? We'd like to hear about it. For an informational letter, application and proposal form, visit www.howardcountymd.gov/rap and click on "Forms and Publications" or call 410-313-4639.

Volunteering

Volunteer opportunities are available in several areas including preschool and youth programs, sports, senior adult programs, natural resources, outdoor recreation and special events. If you'd like to share your time and talent, visit www.hocovolunteer.org to view opportunities and register.

Sponsorships

There are many opportunities to become involved in the activities of Howard County Recreation & Parks through sponsorships and advertising. For sports, outdoor and fitness sponsorships, call Al Harden at 410-313-4652. For special events or other recreation sponsorships, call Phil Bryan at 410-313-1668. For planetarium, exhibit, event and other sponsorship opportunities at the Robinson Nature Center, call Marisa Olszewski at 410-313-0672.



Program Locations

Schools

Atholton ES	1 (b-4)
Atholton HS	2 (b-4)
Bellows Spring ES	3 (b-4)
Bollman Bridge ES	4 (c-4)
Bonnie Branch MS	5 (b-5)
Bryant Woods ES	6 (b-4)
Burleigh Manor MS	7 (b-4)
Bushy Park ES	8 (a-2)
Cedar Lane School	9 (c-3)
Centennial HS	
Centennial Lane ES	11 (b-4)
Clarksville ES	
Clarksville MS	13 (b-3)
Clemens Crossing ES	
Cradlerock ES	
Dayton Oaks ES	
Deep Run ES	
Ducketts Lane ES	
Dunloggin MS	
Elkridge ES	
Elkridge Landing MS	
Ellicott Mills MS	
Folly Quarter MS	
Forest Ridge ES	
Fulton ES	
Glenelg HS	
Glenwood MS	26 (a-2)
Gorman Crossing ES	27 (c-4)
Guilford ES	28 (c-4)
Guilford ES	
	29 (c-4)
Hammond ES	29 (c-4) 30 (c-4)
Hammond ES Hammond HS Hammond MS	29 (c-4) 30 (c-4) 31 (c-4)
Hammond ES	29 (c-4) 30 (c-4) 31 (c-4) 32 (b-3)
Hammond ES Hammond HS Hammond MS Harper's Choice MS Hollifield Station ES	29 (c-4) 30 (c-4) 31 (c-4) 32 (b-3) 33 (a-4)
Hammond ES Hammond HS Hammond MS Harper's Choice MS Hollifield Station ES Homewood School	29 (c-4) 30 (c-4) 31 (c-4) 32 (b-3) 33 (a-4) 34 (b-3)
Hammond ES Hammond HS Hammond MS Harper's Choice MS Hollifield Station ES Homewood School Howard HS	29 (c-4) 30 (c-4) 31 (c-4) 32 (b-3) 33 (a-4) 34 (b-3) 35 (b-4)
Hammond ES Hammond HS Hammond MS Harper's Choice MS Hollifield Station ES Homewood School	29 (c-4) 30 (c-4) 31 (c-4) 32 (b-3) 33 (a-4) 34 (b-3) 35 (b-4) 36 (b-5)
Hammond ES Hammond HS Hammond MS Harper's Choice MS Hollifield Station ES Homewood School Howard HS Ilchester ES	29 (c-4) 30 (c-4) 31 (c-4) 32 (b-3) 33 (a-4) 34 (b-3) 35 (b-4) 36 (b-5) 37 (b-4)
Hammond ES Hammond HS Hammond MS Harper's Choice MS Hollifield Station ES Homewood School Howard HS Ilchester ES Jeffers Hill ES	29 (c-4) 30 (c-4) 31 (c-4) 32 (b-3) 33 (a-4) 34 (b-3) 35 (b-4) 36 (b-5) 37 (b-4) 15 (b-4)
Hammond ES Hammond HS Hammond MS Harper's Choice MS Hollifield Station ES Homewood School Howard HS Ilchester ES Jeffers Hill ES Lake Elkhorn MS	29 (c-4) 30 (c-4) 31 (c-4) 32 (b-3) 33 (a-4) 34 (b-3) 35 (b-4) 36 (b-5) 37 (b-4) 15 (b-4) 38 (c-4)
Hammond ES Hammond HS Hammond MS Harper's Choice MS Hollifield Station ES Homewood School Howard HS Ilchester ES Jeffers Hill ES Lake Elkhorn MS Laurel Woods ES	29 (c-4) 30 (c-4) 31 (c-4) 32 (b-3) 33 (a-4) 34 (b-3) 35 (b-4) 36 (b-5) 37 (b-4) 15 (b-4) 38 (c-4) 39 (c-3)
Hammond ES Hammond HS Hammond MS Harper's Choice MS Hollifield Station ES Homewood School Howard HS Ilchester ES Jeffers Hill ES Lake Elkhorn MS Laurel Woods ES Lime Kiln MS	29 (c-4) 30 (c-4) 31 (c-4) 32 (b-3) 33 (a-4) 34 (b-3) 35 (b-4) 36 (b-5) 37 (b-4) 15 (b-4) 38 (c-4) 39 (c-3) 40 (a-2)
Hammond ES Hammond MS Hammond MS Harper's Choice MS Hollifield Station ES Homewood School Howard HS Ilchester ES Jeffers Hill ES Lake Elkhorn MS Laurel Woods ES Lime Kiln MS Lisbon ES	29 (c-4) 30 (c-4) 31 (c-4) 32 (b-3) 33 (a-4) 34 (b-3) 35 (b-4) 36 (b-5) 37 (b-4) 15 (b-4) 38 (c-4) 39 (c-3) 40 (a-2) 41 (b-4)

Manor Woods ES	43 (a-3)
Marriotts Ridge HS	44 (a-3)
Mayfield Woods MS	45 (b-4)
Mt. Hebron HS	46 (a-4)
Mt. View MS	47 (a-3)
Murray Hill MS	48 (c-4)
Northfield ES	49 (b-4)
Oakland Mills HS	50 (b-4)
Oakland Mills MS	51 (b-4)
Patapsco MS	52 (a-4)
Patuxent Valley MS	_53 (c-4)
Phelps Luck ES	54 (b-4)
Pointers Run ES	55 (b-3)
Reservoir HS	56 (c-3)
River Hill HS	57 (b-3)
Rockburn ES	58 (b-5)
Running Brook ES	59 (b-4)
St. John's Lane ES	60 (a-4)
Stevens Forest ES	61 (b-4)
Swansfield ES	62 (b-3)
Talbott Springs ES	63 (b-4)
Thomas Viaduct MS	114 (b-5)
Thunder Hill ES	64 (b-4)
Triadelphia Ridge ES	65 (b-3)
Veterans ES	66 (b-4)
Waterloo ES	67 (b-4)
Waverly ES	68 (a-4)
West Friendship ES	69 (a-3)
Wilde Lake HS	70 (b-4)
Wilde Lake MS	71 (b-4)
Worthington ES	72 (b-4)

Parks

Alpha Ridge Park	73 (a-3)
Blandair Park	74 (b-4)
Cedar Lane Park	
Centennial Park	
Meadowbrook Park	77 (b-4)
Middle Patuxent Environment	al Area (MPEA),
Trotter Road_	115 (b-3)
Southwind Circle	116 (b-3)
North Laurel Park	78 (c-4)
Rockburn Branch Park	79 (b-5)
Savage Park	80 (c-4)
Schooley Mill Park	81 (c-3)
Troy Park	118 (b-5)
Western Regional Park	82 (a-2)

Other

·	
AXIS Sports Facility	83 (b-4)
Bain 50+ Center	84 (b-4)
Baldwin Commons Hall	112 (c-4)
Belmont Manor & Historic Park	117 (b-5)
Cedar Lane Rec Ctr	75 (b-4)
Columbia Gymnastics	<u>8</u> 5 (b-4)
Dance Connections, Inc.	86 (b-4)
DanceTEC Center	119 (b-4)
Drama Learning Ctr	<u>8</u> 7 (b-4)
East Columbia Library	88 (b-4)
Ellicott City Sr Ctr	89 (b-4)
Fairway Hills	90 (b-4)
Gary J. Arthur Comm Ctr	82 (a-2)
Historic Ellicott City	91 (b-4)
Hobbits Glen Golf Course	92 (b-3)
Kinetics Dance Theatre	93 (a-4)
Kiwanis-Wallas Hall	94 (a-4)
Let There Be Rock School	95 (b-4)
Long Gate Park & Ride	96 (b-4)
Meadowbrook Athletic Complex	77 (b-4)
Misako Ballet Studio	97 (b-3)
Misako Beats	121 (a-3)
NinjaBe	122 (c-4)
North Laurel Comm Ctr	78 (c-4)
Olenka School of Music	
Columbia	99 (c-4)
Ellicott City	100 (a-4)
PetStructor	120 (c-4)
Pfeiffer's Corner Schoolhouse	
Pump It Up — Elkridge	101 (b-5)
Recreation & Parks Headquarters	102 (b-3)
Robinson Nature Ctr	103 (b-3)
Rocky Gorge Golf Course	104 (c-3)
Roger Carter Comm Ctr	105 (b-4)
Studio Inspire	106 (b-4)
Synergy Fitness	107 (b-4)
Timbers at Troy	108 (b-5)
Volleyball/Soccer House	
Waverly Woods Golf Course	110 (a-3)
Waverly Mansion	111 (a-3)



Registration Form

Voice/Relay: 410-313-7275 www.howardcountymd.gov/rap

7120 Oakland Mills Road, Columbia, Maryland 21046

Fax: 410-313-4658

RP					
Course Number Program Title		P	Participant Name		
		С	□Male	☐ Female	/ /
Address if Different From Payer					Date of Birth
RP					
Course Number	Program Title	P	articipa	nt Name	
			□Male	☐ Female	1 1
Address if Different From Payer					Date of Birth
RP					
Course Number	Program Title	P	articipa	nt Name	
		С	□Male	☐ Female	1 1
Address if Different From Payer					Date of Birth
Cash/Check □(ash \$	ttn: Registration	Electronic Check Payment Routing #		□Checking Account #	□Savings
Credit Card DISCOV	ER Unastercard VISA	Account Holder Signature		Date	
Card #:Exp.	Date:CVC Code:	Account Holder Name (Print)			
Account Holder Signature Dat	te	Routing Number		unt Number	
Account Holder Name (Print)		□ I would like to contrib			holarship Fund.
		emale //			
Name of Payer	☐ Male ☐ Fe	Date of Birth		Н	ome Phone
Home Address: Street		Work Phone 1		C	ell Phone
City/State/Zip		Email Address			
Completing the registration process toda that you agree to all waivers and policies & Parks. These waivers and policies can be guides, online at www.howardcountymd on the bottom of your receipt. If you are to	of Howard County Recreation e found in our seasonal .gov/recandparksforms and unable to review this in our	Does the participant have a c that we need to know about If yes, please explain.	?		
activity guide or online, our registration c copies upon request.	iffice can provide you written	Does the participant have an If yes, please explain			
Signature	Date	-			



In the DOCS

OVER 30 WINERIES

MAY 19-20

> SYMPHONY WOODS Columbia, MD 2018

> > HIS EVENT IS FOR 21 & OVER. PHOTO ID REQUIRED. DESIGNATED DRIVER TICKET PROGRAM AVAILABLE.

TICKETS: 410-313-7275 or WINEINTHEWOODS.com









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